

WEEK 15 Writing From the Heart



Dear Parent/Guardian,

This week, students are developing the valuable skill of written communication. While kindergartners are often too young to fully express their feelings through written words, they can learn the basics of expressing their thoughtfulness towards others by drawing or painting a picture for them.

You can help reinforce your child's development of thoughtfulness in direct ways. Try some of these small activities at home this week:

- Your child is making a picture in class that he is being encouraged to give away. Ask your child who he created the picture for and help him give it away this week. Spend time talking with your child about his picture and the message he wants it to send to the recipient.
- Talk to your child about different ways you show others you are thinking of them. Here are some examples:
 - Sending flowers on Mother's Day; writing a letter to an old friend; buying a Valentine's Card for a loved one; writing a card to thank someone for a gift or service. Point out to your child different times you are doing something special to show someone you are thinking of them or that you appreciate them.
- Kindergartners are not too young to learn the importance of thank-you cards. Teach your child how to express her thankfulness for birthday or Christmas gifts by drawing a picture or writing a card for each person who buys her a gift. Help her to address and mail the picture or card. Help your child remember to do this after each birthday or holiday in years to come!

From our hearts to yours,



PS Don't forget to ask what **THOUGHTFUL** and **EXPRESSIVE** mean to your child.



THOUGHTFUL—Looking for ways to make others feel loved

EXPRESSIVE—Showing what is in my heart