

WEEK 6 **Appreciating Others**



Dear Parent/Guardian,

This week, students are learning the value of appreciating others. Kindergartners are engaged in the opportunity to cheer for classmates by learning the following:

- To congratulate others for a job well done.
- To give words of encouragement to others who fail.

To appreciate the efforts of others, kindergartners are also learning Wilbur's cheer poem:

I'll cheer for you, You cheer for me
What a great place this world can be!

The most powerful way to reinforce your child's development of appreciation involves modeling appreciative behavior. Here are some of our ideas:

- Say "thank you" to your child.
- Thank everyone you encounter for little kindnesses.
- Show appreciation for simple pleasures, such as good health, creation, kindness, a good night's rest, a good meal, etc.
- Show love and appreciation to your spouse. Say "thank you" for small kindnesses and expect your children to respect your spouse.
- Don't complain about minor annoyances or about wanting things you don't have.
- Take turns with your child giving and receiving compliments. Just be silly with it.
- Send your child a written "thank you" for an exceptional task completed.
- Watch your child's favorite television show with him or her.
- Try not to miss your child's events.
- Hug, hug, hug.

Watching appreciation of others in action is the best way for your child to learn how to do it themselves!

From our hearts to yours,



PS Don't forget to ask the definitions of ENCOURAGEMENT & APPRECIATION.

ENCOURAGEMENT—Offering words to others that builds their confidence

APPRECIATION—Recognizing value in people, places and things

