

WEEK 2 Introducing Good Deeds



Dear Parent/Guardian,

In this week's lesson, your child is receiving the foundation of others-centeredness upon which Manners of the Heart is based. We have found when children focus on how their words and actions affect others, they become more motivated to do the right thing. Your child is learning that following rules brings opportunities to do good deeds for others.

The three simple (rules) good deeds are:

- **Keep your hands and your feet to yourself.**
- **Raise your hand before talking in class.**
- **Follow your teacher's directions.**

When children grasp these three simple good deeds in the classroom, these good deeds become rules to live by at home, too!

Ask your child to teach you Wilbur's "Good Deeds" song, including the hand and body motions. Give it a try...your child will love your effort, even if it takes a few tries to get it right!

Good Deeds

I'll keep my hands to myself	(Hands folded in front)
And my feet on the ground.	(Stomp feet three times)
I'll raise my hand to talk	(Raise right hand)
Without making a sound.	(Cover mouth)
I'll listen to my teacher	(Place hands behind ears)
So I'll know what to do.	(Place hands out to the side, palms up)
I'll do the right thing	(Place fists on hips)
For Wilbur and you!	(Point to Wilbur and then others)

The more good deeds your child performs, the more the struggles in the heart become untangled; the more motivation they have to learn and the more they want to learn and grow because they understand they can help others learn and grow, too!

From our hearts to yours,



PS Ask your child what RESPECT means!



RESPECT—Treating others with dignity