



East Ramapo Central School District

105 South Madison Avenue, Spring Valley, NY 10977

A Unified Community Educating the Whole Child ...

Dr. Clarence Ellis
Superintendent of Schools

Jessica Alexander
Assistant Superintendent for
Student Support Services

Janeen Dilkes, FNP
Coordinator of Health Services

From: Janeen Dilkes, FNP-BC
To: All Employees
Cc: Dr. Ellis, Executive Cabinet
Date: September 12, 2023
RE: COVID-19 GUIDANCE

Due to the recent surge in COVID-19 infections the following guidance, based on CDC guidelines regarding isolation and quarantine, are as follows:

1. If an individual tests positive for COVID-19, they must isolate and remain home for 5 days following the results. (5 days from the date of the test)
2. After 5 days, if the individual is asymptomatic, i.e. fever-free without medication, **they may return to work/school, however, they must wear a mask for 5 more days.**
3. A negative COVID-19 test is NOT required to return to work or school.
4. If the individual continues to have symptoms, they must remain at home until they are symptom-free for 24 hours.
5. No quarantine is required for individuals exposed to household or other contacts who have tested positive.
6. All employees **MUST** have a PCR test, not a home test, and must provide their results to Personnel, in order to qualify for COVID-19 days.

Any further questions or concerns, please contact Janeen Dilkes, Coordinator of Health Services at jdilkes@ercsd.org or 845-577-6049.