

# ST. AGNES ACADEMY **BEAR NEWS**



Week of Feb. 12th, 2024

## THIS WEEK AT ST. AGNES



We are thrilled that Mrs. Serratore will remain as our principal for the upcoming St. Agnes school year. We are confident that her experience, proven leadership, and her deep understanding of the importance of having rigorous academic standards coupled with the integral formation of students, will truly take our school to the next level of excellence. Please join us in thanking Mrs. Serratore for her commitment and dedication to St. Agnes.



## **ASH WEDNESDAY**

# LENT BEGINS

# Observing Lent With Purpose

#### **Prayer**

- Spend time each day in prayer.
   This can be a few minutes in the morning or evening, or longer periods of time for deeper reflection.
- Try different kinds of prayer: traditional liturgical prayers, spontaneous prayers that come from the heart, and lectio divina (a practice of slow, meditative reading and reflection on a passage of scripture).

#### **Fasting**

- Fasting during Lent includes giving up a particular food or activity for the 40-day period. You can eat one meal a day, & two smaller meals, which if added would not exceed one full meal.

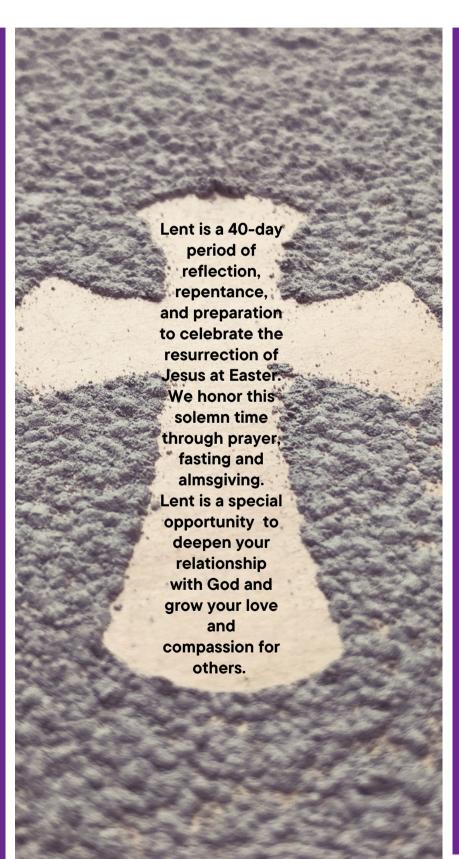
  Days of Fasting: Ash

  Wednesday & Good Fideway

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  - Wednesday & Good Friday (Catholics 18 to 59 yrs old)
- Abstinence is refraining from eating meat.
   Days of Abstinence:
   Ash Wednesday, all Fridays of Lent & Good Friday (Catholics 14 yrs old +)

#### **Almsgiving**

- This is the practice of giving to those in need, whether through donations or acts of service.
- Consider giving to organizations that support the poor, the sick, or other vulnerable populations.
- It is not just about giving money or time, but also about giving of yourself. Be open to the ways in which God may be calling you to serve others and to be a presence of love and compassion in the world.



Ash
Wednesday
School
Mass

9:00 AM

Parents welcome

For you are dust, and to dust you shall return. Genesis 3:19

# Valentine's Candygrams



- Candy Grams can be purchased online or in-person (cash) at lunch time for any student or faculty member at St. Agnes Academy.
- They must be purchased by this Wednesday and will be given to students on Friday (Candy Grams can be sent with a sender's name or anonymously).
- Please note that while candy grams do not have candy that contain nuts, some of the packaging states that they are made in facilities that also process nuts. If your child has an allergy, PLEASE email me.
- You may purchase candy grams for your child and their friends and family by logging into this link

https://giving.parishsoft.com/App/Form/6f4219d8-88b6-477a-89a6-aa856827b8eb

OR by sending your child to school with cash Monday, Tuesday or Wednesday of this week.

### ST. AGNES ACADEMY SERVICE PROJECT



PK2- 3rd grade: Baby Board Books 4th- 8th grade: Baby Blankets

We are collecting books & blankets for families with a baby in the Neonatal Intensive Care Unit (NICU).

All donations must be purchased from this ICU Baby Amazon wishlist



ICU baby is the largest nonprofit organization in Florida that supports families with a baby in the Neonatal Intensive Care Unit (NICU) and the only nonprofit in South Florida to do so. Founded in 2014, ICU baby's mission is to unite NICU families and provide emotional, financial and informational support so babies and families can thrive together in the NICU. ICU baby has now had 9 years of programming in the NICUs of South Miami Hospital and Holtz Children's

ICU baby was founded out of personal experiences of two St. Agnes families. Prematurity is common with 1 out of 10 babies being born premature in the United States. Several teachers and staff have had NICU experiences and many of our students were NICU babies. The organization also has a Youth Ambassador Group which several of our 8th grade students are a part of.

Hospital and serves as a model for other organizations nationally.

# PK3 Children Presentation To The Lord











Last week our PK3 families attended a special consecration mass of the children to the Pierced Hearts of Jesus and Mary.











"We pray that these children, consecrated now to the Pierced Hearts, may always live, in the heart of their family, in love, peace, joy and fidelity to God."





















## Corazones de Servicio Soccer Tournament



St. Agnes Academy was proud to partner with Corazones De Servicio (CDS), an organization championed by our own teacher, Ms. Chloe Labrada, to support its initiative to help generate substantial and sustainable change across rural communities in the Dominican Republic (DR) through collaborative projects.

This past weekend St. Agnes Academy students participated in the STAKB x CDS Soccer Tournament to raise funds for the organization's walkway project for students in a rural town in the DR. The tournament and the unwavering support it received from our St. Agnes community is a true testament to our Catholic commitment to giving and serving.



























# 4th Grade Archeologists













Our 4th graders enjoyed pretending to be archeologists by digging for fossils and rocks.







# PK4 WEEK FULL OF ACTIVITIES











PK4 had a busy week practicing reading, writing, learning about the letter "W" for "washing dishes and for "water" to baptize a baby, they did science experiments, and prepared for Valentine's Day by making cards.









