



# ST. AGNES ACADEMY BEAR NEWS



Week of Feb. 19th, 2024

## THIS WEEK AT ST. AGNES



Wednesday


St. Agnes Academy  
Ash Wednesday Mass



*God always forgives us*



# St. Agnes Activities & Service Projects


St. Agnes Academy 

## Baby Blanket & Book Drive

PK2- 3rd grade: Baby Board Books  
4th- 8th grade: Baby Blankets

We are collecting books & blankets for families with a baby in the Neonatal Intensive Care Unit (NICU).

All donations must be purchased from this [ICU Baby Amazon wishlist](#)



 WE INVITE YOU TO A

# St. Agnes Family Dinner



HOSTED & SERVED BY OUR 8TH GRADERS

THURSDAY | FEBRUARY 29 | 6 PM  
ST. AGNES AUDITORIUM

\$35 ADULTS  
\$20 CHILDREN

TICKETS MUST BE PURCHASED BY FEBRUARY 23

 **ST. AGNES SUMMER CAMP 2024**

**\$60 ONE-TIME REGISTRATION FEE + \$300 A WEEK**

MONDAY- FRIDAY  
9AM-1PM (SNACK INCLUDED)  
INCOMING PK-3 TO 4TH GRADE

SESSION 1: JUNE 17- JUNE 21  
SESSION 2: JUNE 24- JUNE 28  
SESSION 3: JULY 1- JULY 3  
& PARTICIPATE IN THE ST. AGNES SUMMER CAMP 4TH OF JULY FLOAT  
SESSION 4: JULY 8- JULY 12

ARTS & CRAFTS + SPORTS + WATER ACTIVITIES + EXPERIMENTS + FUN WITH FOOD  
DANCING + MOTOR SKILLS BUILDING + NATURE EXPLORATION + AND MUCH MORE..

REGISTRATION DEADLINE MAY 1, 2024

# Lent & The Way of The Cross

## Observing Lent With Purpose

### Prayer

- Spend time each day in prayer. This can be a few minutes in the morning or evening, or longer periods of time for deeper reflection.
- Try different kinds of prayer: traditional liturgical prayers, spontaneous prayers that come from the heart, and lectio divina (a practice of slow, meditative reading and reflection on a passage of scripture).

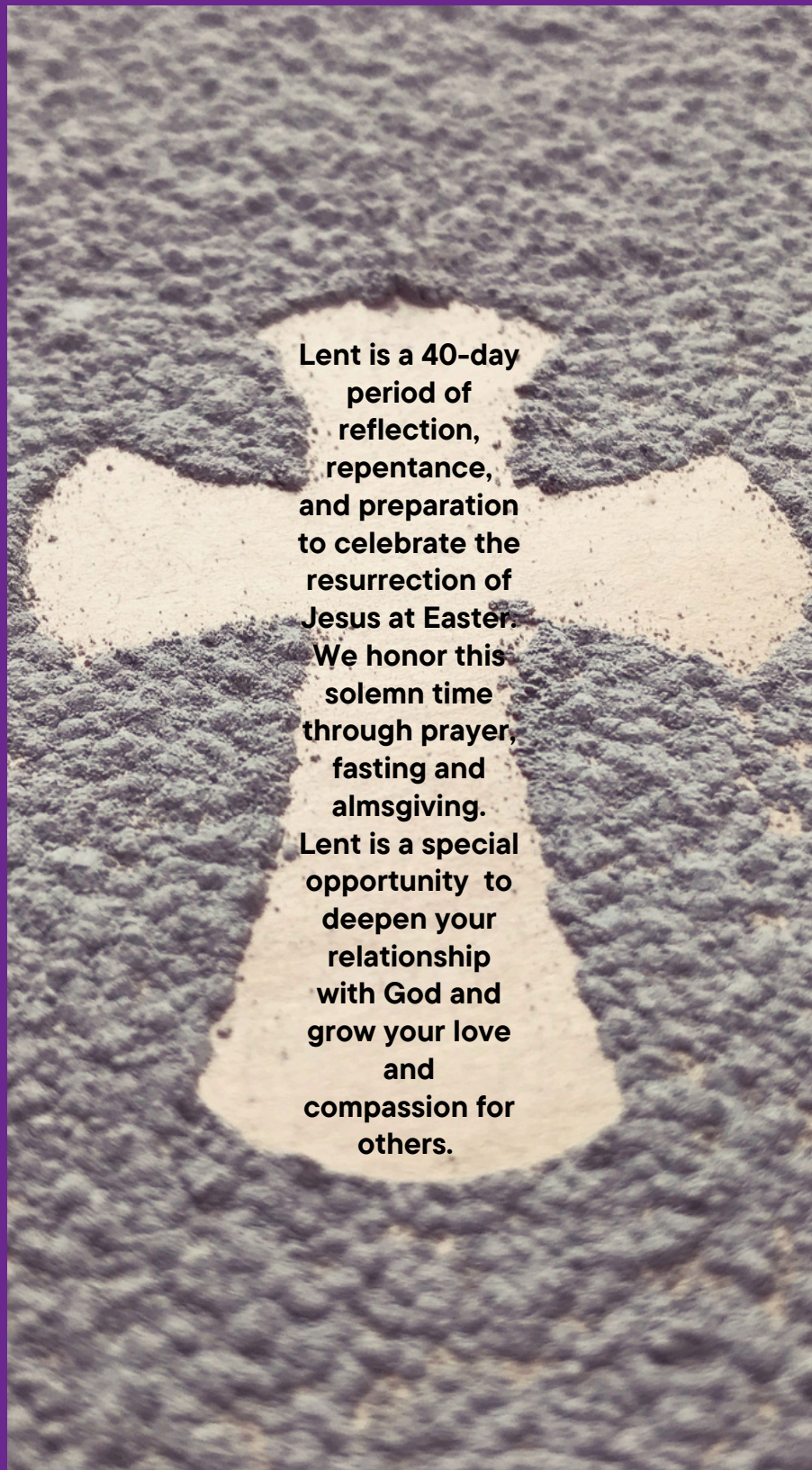
### Fasting

- Fasting during Lent includes giving up a particular food or activity for the 40-day period. You can eat one meal a day, & two smaller meals, which if added would not exceed one full meal.  
Days of Fasting:  
Ash Wednesday & Good Friday  
(Catholics 18-59 yrs old)
- Abstinence is refraining from eating meat.  
Days of Abstinence:  
Ash Wednesday, all Fridays of Lent & Good Friday  
(Catholics 14 yrs old +)

### Almsgiving

- This is the practice of giving to those in need, whether through donations or acts of service.
- Consider giving to organizations that support the poor, the sick, or other vulnerable populations.
- It is not just about giving money or time, but also about giving of yourself. Be open to the ways in which God may be calling you to serve others and to be a presence of love and compassion in the world.

# LENT



St. Agnes  
Catholic Church

## The Way of The Cross

### The Way of The Cross - Guided (inside church)

Every Friday  
During Lent  
7:30 AM - In English  
5:15 PM - In Spanish

### The Way of The Cross - Self Guided (outside church)

Visit the Way of the Cross displayed in marble around the outdoor ramp of the church next to the school.

**For you are dust,  
and to dust  
you shall  
return.  
Genesis 3:19**

# Join Hallow App During Lent

PRAY WITH  
US THIS

LENT



Great news! St. Agnes is excited to invite our parishioners to access the Hallow prayer app this Lent. Sign up today to access Hallow's premium app content beginning now through Easter Sunday for FREE! Through prayer and meditation rooted in the Catholic faith, Hallow helps people grow closer to God and find peace. Follow the steps below to access your free content.

## Hallow

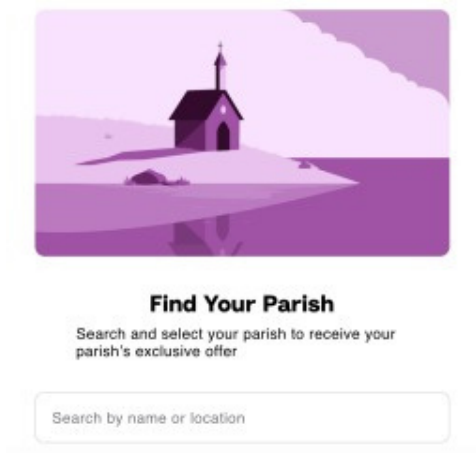
### Step-by-Step Registration Process

How to Access Hallow Plus through Easter:

**Step 1:** Follow this link to find your parish page:

<http://hallow.com/holyday>

**Step 2:** Search for your parish by name or location in the search box. Click Continue.

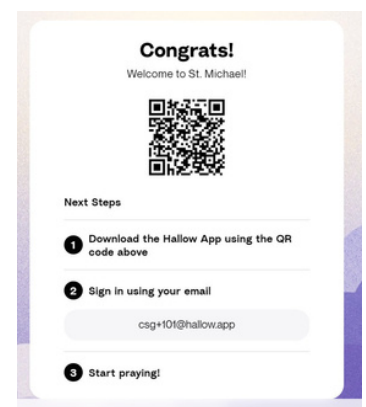
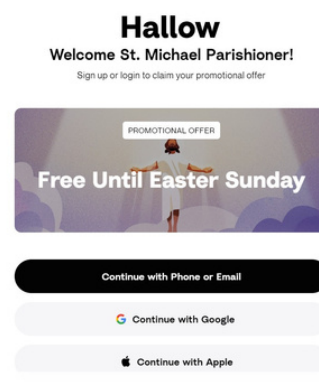


St. Agnes Catholic Church Key Biscayne

*The annual, monthly, and family subscription options are not relevant during the signup process as the parish has made Hallow Plus available for free through the start of Easter!*

**Step 3:** If you have an existing account please log into it. If you don't have an account you can create one by choosing any of your three options here. (Note: if you have an account with an email already and you login with the wrong password you will get the error that this account already exists, simply reset your password and try again)

**Step 4:** After you hit register you will come to this screen and now all you need to do is download the hallow app and login the same way you just did.



**Step 5:** Confirm in your Account Settings that you have a free subscription through Easter!

# St. Agnes Outdoor Stations of The Cross



## The Way of the Cross

We invite you to pray the Way of the Cross Fridays during Lent in the church at 7:30AM in English & 5:15PM in Spanish or on your own. The images depicted are found at the north side of the plaza between the church and the school building.

The Way of the Cross is prayed standing, and at times kneeling. It should be done walking, stopping at each station, to remember Jesus' path to Calvary.

+ In the name of the Father + the Son + and the Holy Spirit. Amen

Lord, May the meditation of your Passion and Death encourage us and help us to take up the cross of each day and follow you, to one day rise with you in glory. Amen.

After each station say: We adore you, O Christ, and we praise you. (genuflect)  
Because by your holy cross You have redeemed the world.(Our Father, Hail Mary and Glory)



### The First Station: Jesus Is Condemned To Death (Mark 15:1-5, 15)

And as soon as it was morning the chief priests, with the elders and scribes, and the whole council held a consultation; and they bound Jesus and led him away and delivered him to Pilate. And Pilate asked him, "Are you the King of the Jews?" And he answered him, "You have said so." And the chief priests accused him of many things. And Pilate again asked him, "Have you no answer to make? See how many charges they bring against you." But Jesus made no further answer, so that Pilate wondered. So Pilate, wishing to satisfy the crowd, released for them Barab'bas; and having scourged Jesus, he delivered him to be crucified.



### The Second Station: Jesus Carries The Cross (John 19:6, 15-17)

When the chief priests and the officers saw him, they cried out, "Crucify him, crucify him!" Pilate said to them, "Take him yourselves and crucify him, for I find no crime in him." They cried out, "Away with him, away with him, crucify him!" Pilate said to them, "Shall I crucify you King?" The chief priests answered, "We have no king but Caesar." Then he handed him over to them to be crucified. So they took Jesus, and he went out, bearing his own cross, to the place called the place of a skull, which is called in Hebrew Gol'gotha.



### The Third Station: Jesus Falls For The First Time (John 19:1-3)

Then Pilate took Jesus and had him scourged. And the soldiers wove a crown out of thorns and placed it on his head, and clothed him in a purple cloak, and they came to him and said, "Hail, King of the Jews!" And they struck him repeatedly.



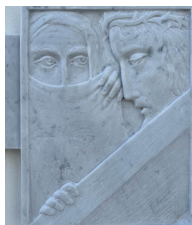
### The Fourth Station : Jesus Meets His Mother (John 19: 25-27)

So the soldiers did this. But standing by the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Mag'dalene. When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, "Woman, behold, you son!" Then he said to the disciple, "Behold, your mother!" And from that hour the disciple took her to his own home.



### The Fifth Station: Simon Helps Jesus Carry His Cross (Mark 15:21)

And they compelled a passer-by, Simon of Cyre'ne, who was coming in from the country, the father of Alexander and Rufus, to carry his cross.



### The Sixth Station: Veronica Wipes The Face Of Jesus (Isaiah 53:2-3)

He had no form or comeliness that we should look at him, and no beauty that we should desire him. He was despised and rejected by men; a man of sorrows, and acquainted with grief and as one from whom men hide their faces he was despised, and we esteemed him not.



**The Seventh Station: Jesus Falls A Second Time** (Romans 8:31-39)

If God is for us, who can be against us? God who did not spare his own Son but handed him over for us all, how will he not also give us everything else along with him? What will separate us from the love of Christ? Will anguish, or distress, or persecution, or famine, or nakedness, or peril, or the sword? No, in all these things we conquer overwhelmingly through him who has loved us. For I am convinced that neither death, nor life, nor angels, nor principalities, nor present things, nor future things, nor powers, nor height, nor depth, nor any other creature will be able to separate us from the love of God in Christ Jesus our Lord.



**The Eighth Station: Jesus Meets The Women Of Jerusalem** (Luke 23:27-31)

And there followed him a great multitude of the people, and of women who bewailed and lamented him. But Jesus turning to them said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children. For behold, the days are coming when they will say, Blessed are the barren, and the wombs that never bore, and the breasts that never gave suck! Then they will begin to say to the mountains, 'Fall on us'; and to the hills, 'Cover us.' For if they do this when the wood is green, what will happen when it is dry?"



**The Ninth Station: Jesus Falls A Third Time** (Psalm 38)

I am overwhelmed by a burden beyond my strength. I am stooped and deeply bowed; all day I go about mourning. My heart shudders, my strength forsakes me; the very light of my eyes has failed. Friends and companions shun my pain; my neighbors stand far off. Those who seek my life lay snares for me; they seek my misfortune, they speak of ruin; they plot treachery all the day. I am very near to falling; my pain is with me always. Come quickly to help me, my Lord and my salvation.



**The Tenth Station: Jesus Is Stripped Of His Garments** (John 19:23-24)

When the soldiers had crucified Jesus they took his garments and made four parts, one for each soldier; also his tunic. But the tunic was without seam, woven from top to bottom; so they said to one another, "Let us not tear it, but cast lots for it to see whose it shall be." This was to fulfill the scripture, "They parted my garments among them, and for my clothing they cast lots."



**The Eleventh Station: Jesus Is Nailed To The Cross** (Luke 23:33-34)

And when they came to the place which is called The Skull, there they crucified him, and the criminals, one on the right and one on the left. And Jesus said, "Father, forgive them; for they know not what they do." And they cast lots to divide his garments.



**The Twelfth Station: Jesus Dies On The Cross** (Luke 23:44-46 - please kneel)

It was now about the sixth hour, and there was darkness over the whole land until the ninth hour, while the sun's light failed; and the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said, "Father, into thy hands I commit my spirit!" And having said this he breathed his last.



**The Thirteenth Station: Jesus' Body Is Removed From The Cross** (John 20:38-42) Now there was a virtuous and righteous man named Joseph who went to Pilate and asked for the body of Jesus. Pilate permitted it. So Joseph came and took his body. Nicodemus also came. They took the body of Jesus and bound it with burial cloths along with spices, according to the Jewish burial custom.



**The Fourteenth Station: Jesus Is Laid In The Tomb** (Matthew 27:57-60)

And Joseph took the body, and wrapped it in a clean linen shroud, and laid it in his own new tomb, which he had hewn in the rock; and he rolled a great stone to the door of the tomb, and departed.

# Garden of The Blessed Virgin Mary

## St. Agnes Catholic Church

### Garden of The Immaculate Conception Of The Blessed Virgin Mary

You are invited to come pray and meditate in our lovely St. Agnes Garden featuring a beautiful antique marble image from the 1900's of The Immaculate Conception of The Blessed Virgin Mary. The garden is located between the church and the academy.



“What does the Lord, your God, ask of you but to fear the Lord, your God, to follow in all his ways, to love and serve the Lord, your God, with your whole heart and with your whole being.”  
Deuteronomy 10:12

# St. Agnes Valentine's Day



love



All around St. Agnes everyone was sharing the love.





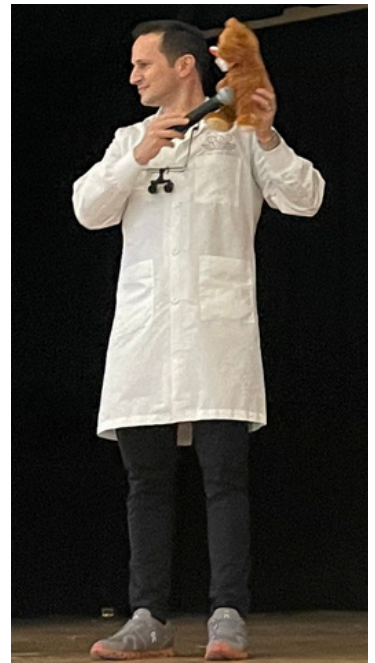
# St. Agnes Valentine's Day



# St. Agnes Dental Presentation

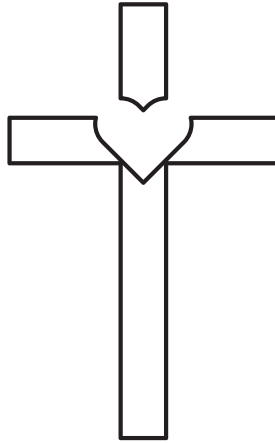
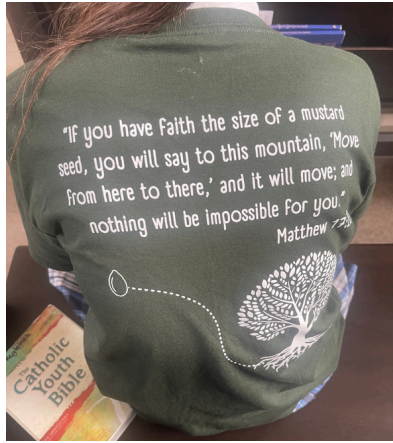
## DENTAL PRESENTATION FOR LITTLE ONES

A VISIT FROM DR. NEIL FRIEDMAN



Local Key Biscayne dentist, Dr. Neil Friedman gave an informative presentation to our students from PK3 - 3rd grades on the importance of dental care and hygiene.

# St. Agnes 6th Grade Retreat



*let  
go  
and  
let  
God*



Our 6th Graders had their special spiritual retreat this past week.



# St. Agnes Miraculous Medals



**Miraculous Medals are one of the most powerful sacramentals that Our Lord has given us through Our Lady!**

**At the beginning of this month, 7th grade placed miraculous medals around our school campus while praying the rosary. They concluded with a special prayer of protection which Our Lady inspired Mother Adela Galindo, SCTJM Foundress, to write.**

**2nd grade also celebrated the feast of Our Lady of the Miraculous Medal by learning about her apparition in France, praying the prayer of the miraculous medal, and receiving miraculous medals.**

**Our Lady inspired Mother Adela to begin a campaign to place medals around our coasts and homes to protect from natural disasters and all harm. May love always triumph!**