



# LFA

## EXPLORE

## *The World*

# 2024 - 2025 TRAVEL GUIDE



### Travel with Intention

Explore with purpose, grow through experience. Discover how travel shapes global citizens, fostering skills and understanding in our students' journey of personal development.



### Trip Details

Embark on an educational adventure spanning five continents with our unique blend of curricular and experiential travel destinations. Our programs offer a mix of service trips, cultural immersion, and environmental study.



### Registration

Enroll by completing the registration form by October 7. Registration closes when the trip roster is full. Program fees vary by trip and enrollment. A trip with financial aid involves an application and selection process.



#### CONTACT INFO

Erin English  
Director of Experiential Learning

[eeenglish@fanet.org](mailto:eeenglish@fanet.org)  
Stuart Center for Global Leadership



# TRAVEL

## *With Intention*



**EXPLORE WITH PURPOSE, GROW  
THROUGH EXPERIENCE**



**LFA**

Through experiential travel, students practice global leadership skills engaging with local, regional, national, and international communities. By exploring diverse perspectives, cultures, and challenges, students deepen their understanding and learn to respond compassionately and responsibly to global issues.



# TRIP DETAILS

## CURRICULAR

### New York City

Orchestra

MARCH  
6-9

### Bahamas

AP Environmental  
Science

MARCH  
15-22

### Martinique

AP French  
Francophone Culture PAP

MARCH  
15-21

## EXPERIENTIAL

**Belize** Limited Financial  
Aid Offered  
Community Service and  
Cultural Immersion

MARCH  
15-23

### Greece

Community Service and  
Cultural Immersion

MARCH  
15-25

### Peru

Culture, Landscape,  
History, Customs, Cuisine

MARCH  
15-24

### Puerto Rico

Community Support &  
Development, Culture &  
Conservation

MARCH  
15-21

### Singapore, Malaysia, Vietnam

Ancient traditions,  
contemporary influences,  
diverse landscapes

MARCH  
15-26







LFA

# REGISTER

## Travel Registration Form





# TRIP FEES

## *Experiential Travel*



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The cost of visas, passports, additional travel insurance, vaccinations, and trip specific supplies, if needed, are the responsibility of the student.

BELIZE	\$3,000 Trip Fee, less \$500 discount and financial aid consideration. Must apply for one of 8 spots.
GREECE	\$4,220
PERU	\$4,700 - \$5,200
PUERTO RICO	\$3,000
SINGAPORE, MALAYSIA, VIETNAM	\$5,100 - \$5,600



LFA





**MAKE AN IMPACT  
IN BELIZE!**

## **LAKE FOREST ACADEMY - GLOBAL IMPACT SQUAD**

**BELIZE COMMUNITY SERVICE & CULTURAL IMMERSION PROGRAM**  
**MARCH 15-22, 2025 (8-DAY)**



### **DAYS 1-2: BELIZE ARRIVAL AND COMMUNITY WELCOME**

The group flies into the Philip S. W. Goldson International Airport (BZE) located in Belize City where our staff meets the group and provides transport to our 'homebase lodging' outside of Belmopan. The following day enjoy a meet and greet with the school and an orientation to the projects and workshops in days ahead.



### **DAYS 3-6: SCHOOL IMPACT PROJECTS + WORKSHOPS**

Each morning, your Squad will volunteer in a school to improve educational outcomes through classroom support and small construction projects. In addition to providing valuable tutoring and classroom instruction, the group will complete a much needed school infrastructure project such as building bookshelves, furniture, courtyards, playground equipment, or painting educational murals. In addition the group will host educational workshops and recreational activities for students at the school.



### **AFTERNOON CULTURAL ACTIVITIES**

Each afternoon, enjoy guided cultural activities that may include cooking lessons-cassava pudding & darasa 'tamales', traditional colorful 'Cayetano' inspired artwork, traditional drum lessons, Garifuna language and culture lessons.



## DAY 7: MAYAN RUINS + CAVES BRANCH RIVER TUBING EXCURSION

After a week of unforgettable service enjoy exploring impressive Mayan ruins and a tubing float down the Caves Branch River to explore limestone caves and learn about the history and ecology of the region.

## DAY 8: RETURN HOME

On the last day, group sessions are facilitated to reflect on what will undoubtedly be a life-changing experience and to re-acclimate to life back home. Friends and family will be excited to hear of the many amazing stories, friendships, and discoveries you made in Belize!



## 18+ YEARS OF EMPOWERING SCHOOL GROUPS TO IMPROVE HEALTH AND EDUCATION OUTCOMES ABROAD!

### HOME-BASE ACCOMMODATIONS

At our private home-base, you'll enjoy authentic local cuisine, connection with our year-round staff, and space to enjoy your downtime. Squads stay in same-sex rooms, accommodating 4-6 people, with private bathrooms. Private rooms for teachers and chaperones are typical and based on availability.

### STAFFING

Our incredible team will be on call to support you every step of the way, as well as expertly-trained cooks, security guards, coordinators, and drivers. Our staff members (coordinators and translators) will be with the group at all times.

### COMMUNICATION

Our staff can be reached 24/7 in the event of an emergency. Students will have access to the internet and phone for set periods of time on most evenings.

*Squads Abroad is part of the 501c3 non-profit Global Brigades and all donations are eligible for a tax deduction*

### LFA SPONSORED TRAVEL

As part of its commitment to fostering the development of global citizenship skills among its students, LFA is providing limited financial assistance on this program. Students must apply and be selected to attend. Submit the application to the Travel Registration Form.

# Applications Due Sept 6, Decisions Released Sept 20

### Application Questions (Limit to 200 words per question):

1. What is your understanding of responsible travel and cultural sensitivity, and how will you apply these principles during the trip?
2. How has your involvement as a student at LFA prepared you for this experience?
3. In what ways do you hope the Belize trip will challenge and push you outside your comfort zone?



*\*A proud program of the 501c3 non-profit Global Brigades*

[www.squads.org](http://www.squads.org)

[info@squads.org](mailto:info@squads.org) | 559-761-0351





**MAKE AN IMPACT  
IN GREECE!**

## **LAKE FOREST ACADEMY - GLOBAL IMPACT SQUAD**

### **GREECE COMMUNITY SERVICE & CULTURAL IMMERSION PROGRAM**

**MARCH 15-25, 2025 (10-DAY)**



#### **DAY 1: ATHENS ARRIVAL AND ORIENTATION**

The group flies into the Athens International Airport where our staff meets the group and provides transport to the Home-base located in Glyfada, a beautiful and cosmopolitan suburb along the Athens coast. That evening, you will enjoy your first delicious meal and receive an orientation and overview of the week ahead.



#### **DAYS 2-6 EMPOWERING REFUGEE SHELTERS**

Alongside our experienced local staff, students volunteer in a local shelter for refugee youth in Athens. These shelters move children from the streets and camps to provide the safety and a holistic network of child protection services with the ultimate aim of social inclusion. The group will improve living conditions and access through much needed infrastructure projects such as building bookshelves, recreational facilities, gardens, or painting projects. Participate in educational workshops with the students and cultural and recreational exchanges with refugee youth.



#### **CULTURAL + EDUCATIONAL ACTIVITIES**

Meet with some of our refugee owned small businesses throughout the city and learn about the political and economic challenges faced by refugees. Enjoy guided cultural activities that include Greek conversational language lessons, Greek cuisine cooking lessons, local beaches, and recreational sport activities.

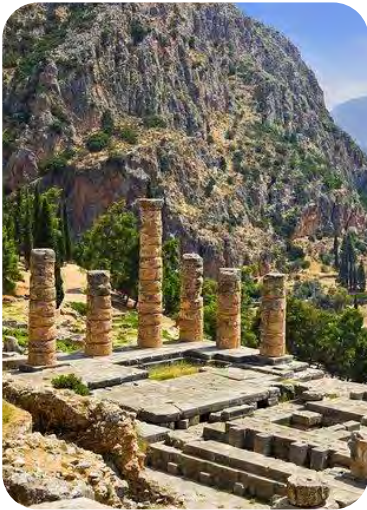


**DAYS 7-8: THE ACROPOLIS, SARONIC GULF OR CAPE SOUNION + POSEIDON TOURS**

After a week of unforgettable service, spend an extra couple days exploring the amazing sites of Athens! Full-day guided tours include famous Athens sites such as the Acropolis, Temple of Zeus, Panathenaic Stadium, Greek Parliament, and the famous Plaka for shopping and restaurants. Additionally the group will choose to experience a Saronic Gulf (Hydra – Poros – Aegina) Island Cruise and/or Cape Sounion & Poseidon Temple Tour.

**DAY 10: RETURN HOME**

On the last day, group sessions are facilitated to reflect on what will undoubtedly be a life-changing experience and to re-acclimate to life back home. Friends and family will be excited to hear of the many amazing stories, friendships, and discoveries you made in Greece!



**15+ YEARS OF EMPOWERING SCHOOL GROUPS TO IMPROVE HEALTH AND ECONOMIC OUTCOMES ABROAD!**

**HOME-BASE ACCOMMODATIONS**

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**LFA TRAVEL NOTES**

Review CDC travel guidelines: [Greece - Traveler view | Travelers' Health | CDC](#)

Travel visas and vaccination costs are in addition to the program fee.



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# Peru



## Itinerary Includes

English-speaking tour escort throughout

### Day 1: Arrival Lima

Arrival transfer

### Day 2: Lima - Cuzco

Departure transfer, Flight Lima-Cuzco, Arrival transfer

Half-day city sightseeing in Cuzco: Local Guide, Visits to the Inca sites of Puca Pucara, Tambomachay, Qenko and Sacsayhuaman

### Day 3: Cuzco

Visit to a local school (*subject to availability*)

### Day 4: Cuzco

Excursion to the Sacred Valley of the Incas: Visit to the Inca ruins in Pisac, Local Guide, Visit to the Ollantaytambo Fortress, Maras salt ponds

### Day 5: Cuzco

Excursion to Machu Picchu: Departure transfer, Round-trip train Ollanta-Aguas Calientes (Machupicchu Pueblo), Round-trip shuttle bus from train station to ruins, Visit to the Machu Picchu Citadel Ruins, Local Guide, Buffet lunch at the Machu Picchu Sanctuary Lodge, Arrival transfer

### Day 6: Cuzco

Excursion to the Lamay Community: Pachamanca Cooking Lesson with the Lamay Community

Dinner on own

### Day 7: Cuzco - Puno

Visit to the famous 17th-century Church of San Pedro, Visit to the Wiracocha Temple Ruins of Raqchi

### Day 8: Puno

Boat excursion to Lake Titicaca's Floating Islands: Round-trip transfers

### Day 9: Puno - Home

Visit to the pre-Inca tombs of Sillustani, Flight Juliaca-Lima



# Puerto Rico

Community Development in  
La Isla del Encanto



## DAY 1

### **¡Bienvenidos y Bienvenidas!**

Arrival in San Juan and transfer to hotel.

Welcome Dinner at El Jibarito and Orientation

## DAY 2

### **El Viejo San Juan: The Fortress Gem of the Spanish Empire**

A history of the island nation at the Universidad Carlos Albizu. Walking tour of Old San Juan, visit Castillo San Felipe del Morro.

## DAY 3

### **Biodiversity and Conservation**

Pinones Community and Mangrove Forest Reserve. El Yunque rain forest with guided hikes to La Mina Fall. Visit agroecological farm in Luquillo area.

## DAY 4

### **Community Support & Development**

Engage University of Puerto Rico students and visit Huerto de Semilla. Learn about community response after Hurricane Maria from the Centros de Apoyo Mutuo Caguas. Enjoy the Art Expression Workshop with Agua, Sol y Sereno Studio.

## DAY 5

### **Casa Pueblo Model**

Meet with Casa Pueblo, a grassroots organization protecting the natural, cultural, and human resources of Puerto Rico in Adjuntas. Community service in their coffee plantation.

## DAY 6

### **AfroRoots & Culture**

Excursion to Louiza for a historic overview and Bomba dance class. Artisan workshop to create keepsake Vejigantes mask. Farewell dinner with Puerto Rican Social and Solidarity Network.

## DAY 7

### **Adios con el corazón y el arte**

Transfer to SJU International Airport for return flight.



# SINGAPORE, MALAYSIA, VIETNAM

## 12-DAY ITINERARY



### DAY 1 - DEPARTURE

Depart Home for Singapore

### DAY 2 - SINGAPORE

Arrive in Singapore, hotel check in  
Lunch at the Maxwell Food Centre  
Visit the oldest temple in Singapore: Tian Hock Kent Temple  
Trace Singapore development at the Singapore City Gallery  
An orientation about the destination and the upcoming language/culture projects

### DAY 3- SINGAPORE

Visit Singapore's Botanical Gardens and Clark Quay area with a Singapore river cruise to the Merlion  
Onward to Little India and Marina Bay to see evening shows at Gardens by the Bay

\*Fun language activities throughout the day

### DAY 4 - SINGAPORE | MALACCA

Transfer to Malacca Malaysia (by bus)  
Half-day walking tour  
Learn about the Nyonya and Baba communities and visit the Malacca heritage centre  
"Welcome to Malacca" dinner

### DAY 5 - MALACCA| KUALA LUMPUR

Onward to Kuala Lumpur  
Explore Malaysia's largest mosque and dive into the heart of their national religion  
Welcome dinner

### DAY 6 - KUALA LUMPUR

Learn temple manners from locals at the famous Batu Caves  
Stop by the Pewter factory and experience the Batik workshop  
Return to the city and visit the Kuala Lumpur Tower to see the city from above!  
Enjoy group farewell dinner



### DAY 7 - KUALA LUMPUR | DA NANG

Arrive in Da Nang around noon  
Local culinary delight for lunch  
Explore vibrant Danang and enjoy pristine My Khe Beach  
Welcome dinner

### DAY 8 - DA NANG

Marvel at Bana Hills' breathtaking beauty.  
Uncover the vibrant charm of Hoi An Ancient Town  
Group dinner

### DAY 9 - DA NANG |HO CHI MINH CITY

Transfer to the airport to Ho Chi Minh City  
Airport pickup  
City walk tour  
Welcome dinner

### DAY 10 - HO CHI MINH CITY

Visit Cu chi Tunnels  
Transfer to Mekong Delta and experience authentic Vietnamese village life  
Closing dinner

### DAY 11 - HO CHI MINH CITY

Breakfast and hotel checkout  
Return home!

### DAY 12 - ARRIVE IN CHICAGO

Meet Real People, See



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+1-720-266-4666