



In Our Learning & Fun Era

Register at www.prcommunityed.org or scan code



In Our Learning & Fun Era

Fall fun and learning is heading to a location near you ...are you ready for it? Be fearless and try one of our *enchanting* Community Ed experiences! Browse this guide or scan a code below to get off the bleachers and plan your fall with Community Ed!

SEARCH BY NEIGHBORHOOD

BABLER STATE PARK



BALLWIN/MANCHESTER



CHESTERFIELD/TOWN & COUNTRY



CREVE COEUR/MARYLAND HEIGHTS



ELLISVILLE



EUREKA/WILDWOOD



FENTON



SEARCH BY AGE



YOUTH



ADULT



FAMILY

WE'RE HIRING!

LOCAL, FLEXIBLE, FUN!

Great jobs for high school students, college students, parents, retirees or anyone looking to make extra money while having fun and making a difference!

CURRENT PART-TIME OPENINGS INCLUDE:

- Adventure Club activity assistants (age 16+) | \$15/hr
- Adventure Club assistant facilitator (age 18+) | \$17/hr
- Art/enrichment/outdoor ed/sports/fitness instructors (age 18+) | \$21/hr
- Gym/Field supervisors (age 18+) | \$21/hr
- Sports league scorekeepers (age 14+) | \$12.30/hr
- Swim School instructors (age 14+) | \$15/hr
- Swim School site supervisors (age 18+) | \$17/hr
- Theater technicians (age 14+) | \$15/hr
- Theater managers (age 18+) | \$25/hr

Text HIREME to 636-891-6644 or scan this code to get started!



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SPORTS & FITNESS



On the field, court or diamond, find the perfect sports league or program this fall.
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ADVENTURE CLUB



Looking for before and/or after school care? Our Adventure Club program is the place to be! Offered at all Parkway & Rockwood elementary schools.
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GOLD & SILVER CARD - NOW FOR AGES 50+



Our FREE Gold and Silver Card memberships are now open to adults ages 50 and up! Get great discounts on programs while staying active, engaged and having fun.
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HEADS UP!

Community Ed staff have made every effort to assure that the information distributed in this program guide is as accurate as possible. However, circumstances may require that adjustments be made to programs, fees and schedules. Community Ed reserves the right to make these changes. Online registration pages for each class will be updated accordingly should changes be needed.

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Please note: Program details are subject to change. For the most updated information visit www.prcommunityed.org or call or text 636.891.6644 for more information.

ABOUT US

Parkway-Rockwood Community Ed is a partnership between the Parkway and Rockwood School Districts that provides high quality programs and services to enhance the quality of life for residents.



WHAT WE DO

Provide experiences for today, tomorrow and life.

OUR PLEDGE TO THE COMMUNITY

We care about your experience. At Community Ed, we constantly strive to make programs more enriching, accessible and engaging so you have the best experience possible while learning and having fun.

Pre-K Basketball

Working one-on-one with their parent, kids ages 4 to 5 will learn the game of basketball in a fun, no-pressure environment. Children will learn a variety of basketball skills including dribbling, passing, shooting and footwork. Instructor: Community Ed Staff

Ages 4-5 • Saturdays • Dec. 7-Feb. 1 • 8:30-9:30a
Babler or Kellison Elem • \$49

Mighty Mites Basketball

Young and beginning players will have a ball while learning fundamental skills and the rules of the game. Instructor: Totally Groomed Pros Sports

Grades K-5 • Tuesdays • Sept. 10-Oct. 15 • 6:15-7:15p
Parkway West Middle or Henry Elem • \$119

Developmental Basketball

Looking to try out for the team for the first time or want to improve your game? Our enthusiastic pro instructor will teach skill-building drills and team play strategies. Instructor: Totally Groomed Pros Sports

Grades 6-8 • Wednesdays
Sept. 18-Oct. 23 • 6:30-7:45p
Oct. 30-Dec. 18 • 6:30-7:45p
Parkway South Middle • \$119

Developmental Soccer

Designed to help players transition into competitive soccer, all programs focus on individual ball skills, developing proper technique, and gaining exposure to SLSG curriculum and staff. Instructor: St. Louis Scott Gallagher Soccer Club

Ages 2-10 • 6-7p • \$89
Tuesdays • Sept. 10-Oct. 15 • Wren Hollow Elem
Wednesdays • Sept. 11-Oct. 16 • Westridge Elem
Thursdays • Sept. 19-Oct. 24 • Henry Elem

Futsal/Indoor Soccer League

Team-building exercises, drills and individual ball skills are emphasized during training sessions to build your child's self-confidence. Those skills are then put into action during Sunday games. Instructor: St. Louis Scott Gallagher Soccer Club

Grades K-5 • Vetta Manchester • \$139
Practices • Wednesdays • Dec. 4-Jan. 29 • 6-6:55p
Games • Sundays • Dec. 8-Jan. 26

Youth, Junior and Adult Golf: Beginner

Want to learn the game of golf or to simply improve your skills? This 5-session class for beginner golfers covers all basics from putting to full swings. Beginner course. Instructor: Golf Instructor Maria Palozola

Grades 1-6 • Saturdays • Sept. 21-Oct. 19 • 9-10a
Ages 13+ • Saturdays • Sept. 21-Oct. 19 • 10-11a
The Landings at Spirit Golf • \$155 class only
\$180 with club rental

Youth Golf: Intermediate

Improve your golf skills from full swing to short game (putting, chipping, pitching, sand) in this 5-session class for intermediate golfers. Instructor: Golf Instructor Maria Palozola

Grades 1-6 • Saturdays • Sept. 21-Oct. 19 • 11a-12p
The Landings at Spirit Golf • \$155 • \$180 with club rental

Youth Golf Clinics

Designed to develop the all-around game of golf, putting, chipping, driving, mid-range irons, long-range irons, game management, rules and golf etiquette. Instructor: Totally Groomed Pros Sports

Grades K-5 • 5-5:50p
Grades 6-8 • 6-6:50p
Sundays • Sept. 15-Oct. 6 • Creve Coeur Golf Course • \$109

Rainout Line

Customize the way you want to receive cancellation and up-to-date information by visiting our RainoutLine homepage at www.bit.ly/CErainout.



Scan to Register!

PARKWAY ROCKWOOD BASKETBALL LEAGUE



Grade 1-8 Basketball League

Love to play basketball with friends for fun or wanting to elevate your game? This league is for you!

- Boys and Girls Divisions in Grades 1-8
- Two levels of play - Rec & Rec Plus

- Practices begin week of Nov. 4
- Sign up as an individual or with friends as a team
- 8-game schedule begins Dec. 7

- Held in Parkway and Rockwood gyms

- \$129 before Oct. 1; \$149 after

- Volunteer coaches needed



Register early to save! Leagues for Grades 2-8 and high school!

High School Basketball League

Play basketball with your friends in a recreational setting! Sign up as an individual or with friends as a team.

- 8-game schedule
- Practices start week of Nov. 4
- Games begin Dec. 7
- Parkway and Rockwood gyms
- \$129 before Oct. 1; \$149 after

PARKWAY ROCKWOOD FALL VOLLEYBALL LEAGUE

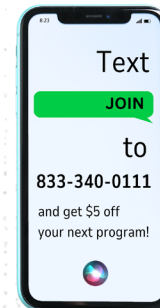


Volleyball leagues return this fall! Registration is open now.

Girls League • Grades 3-9 Boys League • Grades 4-8

Join a league to develop fundamental skills through practice and competition. Leagues include practice slots and an 8-game season. Sign up as a team or as an individual.

- Practices begin week of Aug. 19
- Saturday matches begin Sept. 7
- Parkway and Rockwood gyms
- \$109 before Aug. 1; \$129 after Aug. 1
- Volunteer coaches needed



Want to get the latest information from Community Ed?

Sign up for our Text Club!

Get great deals and the latest updates on Community Ed programs in the palm of your hand. Join the TEXT CLUB today!

Msg & data rates may apply. Get up to 4 messages per month. Text STOP to stop. One \$5 discount per family account.

Flag Football Clinics

Along with techniques, offensive and defensive strategies, and team sportsmanship, our instructor will teach throwing, catching and footwork. Instructor: Totally Groomed Pros Sports

Grades K-5 and 6-8 • Saturdays • Sept. 14-Oct. 5
12:45-2p • Parkway West Middle • \$119

Micro T-Ball

Working one-on-one with a parent, Micro T-Ball prepares your child for baseball/softball in a fun setting. Children will learn a variety of skills including throwing, catching, batting and running. Instructor: Community Ed Staff

Ages 4-5 • Tuesdays • Sept. 17-Oct. 22 • 6-6:45p
Ellisville or Kellison Elem • \$79

Lacrosse

Athletes will learn the fundamentals of stick handling, cradling, passing and shooting in a fun, non-checking environment. Instructor: Skyhawks Sports Academy

Grades K-5 • 6-6:45p
Grades 6-8 • 5-5:45p
Mondays • Sept. 9-30 • Crestview Middle • \$85

Track & Field

Track and field techniques are taught for events like javelin, discus, shot put, hurdles, long jump, triple jump and various running and relay events (activities may vary by area). Participants also learn positive skills such as teamwork and sportsmanship. Instructor: Skyhawks Sports Academy

Grades K-8 • 6-6:45p
Wednesdays • Sept. 11-Oct. 2 • LaSalle Middle • \$85



Calling all coaches!

Volunteer Coaches Needed!

Help impact the lives of youth by being a volunteer coach in our basketball and volleyball leagues. You'll have as much fun as the kids!

- No previous/game experience necessary
- All training provided
- Hours can be applied to student practicums

Get Started!

Scan code for more information.



Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call or text 636-891-6644 for more information.

Outdoor Tennis

Focused on fun, coaches teach the rules of tennis, develop stroke fundamentals, improve hand/eye coordination and more. Proper rallying and serving is explored while learning game rules. Instructor: Vetta Sports

Ages 5-8 • 9-10a
 Ages 9-12 • 10-11a
 Ages 13-18 • 11a-12p
 Saturdays • Sept. 14-Oct. 19 • Parkway South High • \$109
 Saturdays • Sept. 14-Oct. 26 • Lafayette High • \$109

Junior Indoor Tennis

The perfect way to begin learning and loving tennis! Vetta Racquets Sports' USPTA and USPTR pros focus on fun, helping youth grow as players and people. Instructor: Vetta Sports

Ages 7-8 • 9:30-10:30a • Vetta Sunset • \$240
 Ages 9-10 • 11:30a-1p • Vetta Concord • \$350
 Ages 11-12 & 13-18 • 1-2:30p • Vetta Concord • \$350
 Saturdays • Sept. 14-Nov. 16

Archery

Ready, aim, fire! Learn the basic archery skills that you can take to ranges across Saint Louis County. All equipment is provided. Instructor: Community Ed Staff

Grades 4-8 • Fridays • Sept. 27-Oct. 25 • 5-6p
 Babler State Park • \$59

Beginner Fencing

Improve your speed, strength and strategic skills and try a great new sport like fencing! In this class, you will learn basic footwork and blade work. Class culminates with a tournament. Instructor: Parkway Fencing Club

Ages 10-14 • Mondays • Sept. 9-Oct. 21 • 6:30-8p
 Crestview Middle • \$145

Intermediate Fencing

Advance your fencing skills, improve speed, strength and strategy. Learn footwork and blade work. Class will culminate with a class tournament. Must complete beginner class first. Instructor: Parkway Fencing Club

Ages 10-14 • Mondays • Oct. 28-Dec. 2 • 6:30-8:30p
 Crestview Middle • \$165

Kids Karate

Develop confidence, self-control and peace while learning self-defense. Black belt instructor encourages rather than intimidates, and teaches hand/foot techniques including breaking free from an attacker or bully. Instructor: The Arch Shidokan Karate

Tiny Tigers • Ages 4-6 • 5-6p
 Kids Karate • Ages 7-13 • 6-7p
 Advanced • Ages 7-13 • 7-8p
 Mondays • Sept. 9-Oct. 21 or Oct. 28-Dec. 9
 Parkway Northeast Middle • \$95
 Tuesdays • Sept. 10-Oct. 15 or Oct. 22-Dec. 17
 Selvidge Middle • \$95

Multi-Sport Tots

Multi-Sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion and teamwork. Instructor: Skyhawks Sports Academy

Ages 2-3.5 yrs. • 5-5:45p • \$109
 Ages 3.5-5 yrs. • 6-6:45p • \$109
 Thursdays • Sept. 12-Oct. 24 • Parkway Southwest Middle or LaSalle Middle
 Thursdays • Oct. 24-Dec. 12 • Parkway West Middle
 Mondays • Oct. 28-Dec. 2 • Selvidge Middle

Cheerleading

Young athletes are given the essential skills to lead the crowd and support the home team! Learn cheers, proper hand/body movements and jumping techniques. There is no stunting, just a big focus on fun, teamwork and leadership. Instructor: Skyhawks Sports Academy

Tuesdays • Sept. 10-Oct. 1
 Grades K-5 • 6-6:45p
 Grades 6-8 • 7-7:45p
 Parkway Central Middle • \$85

Tuesdays • Oct. 1-22
 Grades K-5 • 6:15-7p
 Grades 6-8 • 7:15-8p
 Selvidge Middle • \$85

20+ DANCE CLASSES



Leap, tap, pirouette or salsa your way into one of our artistic and energetic dance classes this fall! 20+ programs to choose from for toddlers, kids, teens and adults. Instructor: St. Lou Dance Crew

Scan QR Code to learn more.



Intro to Baton Twirling

Experience the fun and excitement of baton twirling. Our intro twirling class introduces students to basic twirling skills in a high-energy, positive format. Students will explore this unique sport while building coordination, creativity and timing. Instructor: Lisa Bartfeld

Grades K-2 • 6:15-7p
 Grades 3-6 • 7-7:45p
 Thursdays • Sept. 12-Oct. 17 or Oct. 24-Dec. 5
 Ellisville Elem • \$69

Youth Baton Twirling

Practice flat spin, side spin, elbow roll, marching and more. Class even includes a baton! Instructor: St. Lou Dance Crew

Ages 7-12 • Mondays • Sept. 16-Oct. 21 or Nov. 4-Dec. 16
 6-6:45p • St. Lou Dance Crew Studio • \$135

Modeling for Fun

Practice hand positions, mock interviews and walk styles down the "runway." Class will also include makeup, skincare and hairstyle advice. Instructor: St. Lou Dance Crew

Ages 8-14 • Mondays • Sept. 16-Oct. 21 or Nov. 4-Dec. 16
 5:15-6p • St. Lou Dance Crew Studio • \$135

Middle School Yoga

Students will be introduced to yoga, a wide variety of poses, breathing techniques and meditation/relaxation exercises. Instructor: Community Ed Staff

Grades 6-8 • Saturdays • Sept. 14-Oct. 5 or Oct. 12-Nov. 9
 10-11a • LaSalle Middle • \$55

Rockwood Thunder Volleyball Club

#1 Club in Missouri • #1 Club in Gateway Region

A premier select volleyball club focused on developing and enhancing the lives of athletes and their families on and off the court. One of the largest clubs in the Gateway Region of USA Volleyball with over 400 players competing at the highest level in all U9-U18 age groups. Rockwood Thunder Volleyball Club is open to individuals throughout the Saint Louis region and beyond.

U9-U14 COMPETITIVE TEAMS

A competitive program where teams are formed and divided by age and skill level. Teams compete in multiple tournaments during the season both in and out of state.

• Tryout Information

Girls U9-U14 • October 25-27

• Tryouts are open to all athletes who meet the Gateway age requirements. Tryout times and locations will be determined in early September and posted online at www.rockwoodthundervbc.com. Online registration is preferred.

You DO NOT have to live in Rockwood to participate in Rockwood Thunder programs or try out for teams.



Rockwood Thunder is the premier volleyball club in the area. Learn more at www.rockwoodthundervbc.com.

Open Gyms

Open gyms give players the opportunity to practice and work on skills outside of scheduled practices. All open gyms are supervised by Club coaches and are available starting in September at Crestview Middle and Center of St. Louis. Cost is \$25 per player. Register online or walk in.

Visit www.rockwoodthundervbc.com for schedule.

Pre-Season Volleyball Camp

For boys and girls interested in preparing for Gateway Region club tryouts. This intense camp under the leadership of Club Director Gretchen Moser and Club coaches will provide the type of experience athletes will encounter at club tryouts.

U9-U12 • Sept. 23-25 • 7-9p
 U13-U14 • Sept. 30-Oct. 2 • 7-9p
 Crestview Middle • \$125

Pre-Season Volleyball Skills Clinics

Interested in developing specific skills such as attacking, defense, setting and serve/serve receive? Club coaches conduct the clinics and work individually with each athlete. Clinics start in September and are held at Crestview Middle, Rockwood Admin Annex or Center of St. Louis. Cost is \$50 per clinic. View schedule and register online at www.rockwoodthundervbc.com.

Masters Clinics

Designed for experienced players, U12-U14 participants must have high level club experience. U9-U11 must have played on a competitive team or gone through a training program. Clinics start in October at Crestview Middle. Cost is \$65 per clinic. View schedule and register online at www.rockwoodthundervbc.com.

Open House

Join us for an open house to learn more about Rockwood Thunder Volleyball. Club coaches will be in attendance and you'll have an opportunity to ask questions.

October 1 • 5:30p • Crestview Middle

Visit www.rockwoodthundervbc.com for complete details on tryouts, camps, clinics and programs and to register online today!



VolleyTotz

An introductory program for boys and girls with a focus on fun, basic volleyball technique, hand-eye coordination and more. No previous volleyball experience required.

Gr. K-1 • Wednesdays • Jan. 15-Feb. 12 • 5:15-6:30p
 Parkway West Middle • \$99

U8 Program

Intensive technical skills development is the focus of this program. Work ethic will be developed through mini-games.

Grade 2 • Mondays • Dec. 2-Feb. 10 • 5-6:15p
 Crestview Middle • \$155

U9 Program

A concentration on motor skill development and hand-eye coordination through game play. The foundations of teamwork, gamesmanship and work ethic are taught through mini-games and scrimmages.

Grade 3 • Thursdays • Dec. 5-Feb. 20 • 5-6:15p
 Parkway West Middle • \$189

U10 Program

Build your technical proficiency with an emphasis on progression toward competitive game play. Accountability and good practice habits are developed as teams compete at in-house tournaments as well as the regional U10 tournament. Select the location that works best for you!

Grade 4 • Mondays • Nov. 13-Mar. 1 • 4:45-6:15p
 Crestview Middle • \$275

Grade 4 • Wednesdays • Nov. 13-Mar. 1 • 5-6:30p
 Parkway West Middle • \$275

Grade 4 • Thursdays • Nov. 14-Mar. 1 • 4:45-6:15p
 Crestview Middle • \$275

MIDDLE SCHOOL STRATEGY PROGRAMS

New! Chess Club

Checkmate! Do you have a middle-school student who loves chess and wants to play with friends AND share their knowledge? Designed to develop strategic-thinking and leadership skills, kids can engage with others by choosing the way they play!

Gr. 6-8 • Wednesdays • Sept. 11-Oct. 16 • 6:15-7:15p
Selvidge Middle • \$99

New! Dungeons & Dragons

Players lead the program to create characters and embark on thrilling quests through storytelling, improvisation and problem-solving. Participants are empowered to make critical decisions, communicate and exercise teamwork within their gaming groups. Instructor: Community Ed Staff

Gr. 6-8 • Thursdays • Sept. 12-Oct. 17 • 6:15-7:15p
Parkway West Middle • \$99

New! LEGO Masters

Explore construction, design, innovation & FUN and choose the way you want to play. Kids can participate in advanced LEGO structure ideas or they can create their own. Work with friends to build joint masterpieces or challenge a partner in a creative building game. Instructor: Community Ed Staff

Gr. 6-8 • Tuesdays • Oct. 29-Dec. 3 • 6:15-7:15p
Parkway Northeast Middle • \$99

New! Harry Potter: Muggle Mania!

Join us for a spellbinding adventure as you test your wizarding knowledge and unlock secrets hidden within the castle walls. Instructor: Community Ed Staff

Gr. K-5 • Tuesdays • Sept. 10-Oct. 15 • 6:15-7:15p
Westridge Elem • \$99

New! Pokemon: Training the Trainers

Participants will study Pokemon characters and engage your player in simple Pokemon games, improve battling skills and become the ultimate Pokemon Champion. Instructor: Community Ed Staff

Gr. K-5 • Thursdays • Sept. 12-Oct. 17 • 6:15-7:15p
Uthoff Valley Elem • \$99

New! Avengers Unite!

Explore heroes and super villains, create characters and comics, and challenge your friends in a "Hulk Smash" experiment. Come dressed as your favorite characters (optional) and step into a world of all-things-Marvel! Instructor: Community Education staff

Gr. K-5 • Wednesdays • Nov. 6-Dec. 18 • 6:15-7:15p
LaSalle Springs Middle • \$99

New! Drama Discovery

Discover the world of theatrical arts! Participants will explore acting, improvisation, storytelling and character development while fostering personal growth and self expression. No prior theatre experience needed. Instructor: Community Ed Staff

Gr. K-5 • 6:30-8p • \$35
Monday • September 23 • McKelvey Elem
Monday • December 9 • Geggie Elem

New! Scripts, Skits and Short Plays

Let your creativity take center stage! Kids will use imagination and self-expression while reading scripts, acting in short plays, and creating entertaining skits. Students will perform in a showcase for family and friends on Oct. 17 at 6:15 p.m. Instructor: Rockwood Elementary Music Teacher, Rachel Johnson

Gr. K-5 • Thursdays • Sept. 12-Oct. 17 • 6:15-7:15p
Wild Horse Elem • \$99

New! Music Appreciation Through the Decades

Participants move and groove back in time to learn about music from the 1950s through the 2000s. Instructor: Rockwood Elementary Music Teacher, Rachel Johnson

Gr. K-5 • Tuesdays • Sept. 10-Oct. 15 • 6:15-7:15p
Hanna Woods Elem • \$99

New! Holiday Music from Around the World: Sing-a-long

Honoring traditions from around the globe, kids learn holiday songs from many countries and cultures. Instructor: Rockwood Elementary Music Teacher, Rachel Johnson

Gr. K-5 • Tuesdays • Oct. 29-Dec. 3 • 6:15-7:15p
Bellerive Elem • \$99

New! S.T.E.A.M.: Recycled Instruments

Combine your love for music and S.T.E.A.M. (science, technology, engineering, arts, and mathematics) in one dynamic program. Kids create musical instruments using household recycled materials. Bring any recycled items to class and get ready for some creative sounds! Instructor: Rockwood Elementary Music Teacher, Rachel Johnson

Gr. K-5 • Thursdays • Nov. 7-Dec. 19 • 6:15-7:15p
Craig Elem • \$99

Play with Clay: Youth Pottery

Let's play with clay! Students will create their own unique pottery from start-to-finish, including the final steps of glazing their masterpieces. Instructor: Community Ed instructor, Linda Brattain

Gr. 3-5 • Mondays • Sept. 9-Oct. 21 • 4:30-6p
Parkway North High • \$125

New! Acrylic Painting: Pet Portraits

Combine your passion for painting with the love for your furry friend by creating a portrait of your pet! Participants will learn technical skills for painting pet portraits and take home a masterpiece at the end of the program. Instructor: Community Ed Staff

Gr. 6-8 • Wednesdays • Sept. 11-Oct. 23 • 6:30-8p
Crestview Middle • \$125

New! Drawing: My Favorite Things

Candy bars, coffee cups, stuffed animals and more! Learn how to draw still-life objects and bring your favorite items to life on the page. Instructor: Community Ed Staff

Gr. 6-8 • Wednesdays • Oct. 30-Dec. 11 • 6:30-8p
Babler Elem • \$125

New! Ceramics: Wheelmasters

Discover the art of pottery or refine your wheel-throwing techniques. Sit behind the wheel and spin, shape and create a tangible item to take home. All experience levels welcome. Instructor: Community Ed Staff

Gr. 6-8 • Tuesdays • Oct. 29-Dec. 3 • 6:30-8p
Parkway West Middle • \$125

STAND UP AND SING



New! Eras Tour: Sing-a-long

Whether you're a diehard Swiftie or discovering Tay's catchy tunes for the first time, kids will explore music from her country roots to her chart-topping pop anthems! ... Ready for it? Instructor: Community Ed Staff

Gr. K-5 • 6:30-8p • \$35
Monday • September 16 • Chesterfield Elem
Thursday • November 7 • Babler Elem

New! Community Ed Choir

Voices come together in harmony to create music, friendship, and FUN! Singers at all levels who share a passion for music are welcome. Kids will learn new skills and perform in a showcase for friends and family on December 2 at 6:15 p.m. Instructor: Community Ed Staff

Gr. K-5 • Mondays • Oct. 28-Dec. 2 • 6:15-7:15p
Selvidge Middle • \$115

New! Broadway Hits: Sing-a-long

Find your inner Broadway star! Kids learn and perform iconic songs from popular musicals. No experience necessary. During the last class of the program, participants will perform for friends and family in a showcase. Instructor: Community Ed Staff

Gr. K-5 • 6:15-7:15p • \$99
Wednesdays • Sept. 11-Oct. 16 • Green Pines Elem
Mondays • Oct. 28-Dec. 2 • Highcroft Elem

New! Holiday Hits: Sing-a-long

Get in the holiday spirit! Participants learn classic holiday hits, discover new pop versions, and create a showcase they can perform for friends and family throughout the season! Instructor: Community Ed Staff

Gr. K-5 • Tuesday • December 10 • 6:30-8p
Claymont Elem • \$35



For Current Parkway & Rockwood Elementary Students

Engage your imagination or discover a new skill in our e-hour before- and after-school programs! Choose from a variety of enriching 6-week courses available to students in grades K-5. Sign up today for:

- LEGO Architecture 101
- The Scientist in Me
- Chess Club & Beyond
- Crayola® Legends and Lore
- Basketball, Volleyball and More!

E-hour classes meet one day per week for six weeks during the following sessions:

- Session 1: Sept. 9-Oct. 18
- Session 2: Oct. 28-Dec. 6
- Session 3: Jan. 20-Feb. 28
- Session 4: Mar. 31-May 9

Visit our website for a list of classes at your child's school and to register.



E-Hour programs are offered at every elementary school in Parkway and Rockwood.

New! Ceramics: Hand-Building 101

Roll coils, practice slip and score and learn new pottery skills as we walk through the basics of ceramics hand-building. Create your own masterpiece to take home at the end of the session. All experience levels welcome. Instructor: Community Ed Staff

Gr. 6-8 • Tuesdays • Sept. 10-Oct. 15 • 6:15-7:15p
Selvidge Middle • \$99

Fast Food Favorites

Make your fast food favorites right in your own kitchen! Each week, participants will create a new recipe that is a copy-cat of classic menu items. Instructor: Community Ed Staff

Gr. 6-8 • Mondays • Oct. 28-Dec. 2 • 6:30-8p
Crestview Middle • \$105

Kids Baking Club: Cookie Edition

Kids Baking Club is back! Each week, try a new cookie recipe, challenges and creations that will have you going cookie-crazy. Instructor: Community Ed Staff

Gr. K-5 • Thursdays • Nov. 7-Dec. 19 • 6-7p
Parkway Northeast Middle • \$105

Itty Bitty Bakers: Colors of the Rainbow

Designed with our littlest learners in mind, we provide a safe and fun introduction to the kitchen! Using the colors of the rainbow, participants gain basic baking skills like pouring and mixing, focus on safety and kitchen awareness, and engage in sensory play with baking ingredients. Each week, our bakers will try simple recipes that can be recreated at home! Instructor: Community Ed Staff

Ages 2-5 • Tuesdays • Sept. 10-Oct. 15 • 5-6p
Parkway Southwest Middle • \$105

New! Holiday Bake-a-thon

Mix, measure and decorate your way into the holiday spirit! Kid chefs try holiday recipes with friends (while parents have time to get some last minute shopping done)! Recipes include: melted snowmen, gingerbread graham-cracker houses and Grinch Rice Krispies! Instructor: Community Ed Staff

Gr. K-5 • Saturday • December 14 • 10a-12p
Rockwood South Middle • \$29

KIDS NIGHT OUT PROGRAMS

All Kids Night Out programs led by Community Ed staff.

New! Kids Night Out: Monster Mash

Prepare for a spooktacular evening of games and crafts. Create monster masks, ooey-goey slime, and end the night with monster-mash tunes and a monster-match game.

Gr. K-5 • Friday • October 18 • 6:30-8:30p
Henry Elem • \$29

Kids Night Out: Messy Art Masters

Let's get messy! Fingers are paint brushes and bubbles turn to paint. Young artists unleash their creativity with non-traditional art projects.

Gr. K-5 • Friday • September 20 • 6:30-8:30p
Bellerive Elem • \$29

Kids Night Out: LEGOs, LEGOs, LEGOs!

Master builders are guided through S.T.E.M. LEGO challenges including tower-building, marble mazes, boat races and more while parents enjoy a night off.

Gr. K-5 • Friday • October 4 • 6:30-8:30p
Ellisville Elem • \$29

Kids Night Out: Nerf Battle

Join us for a Nerf battle to test your skills. Team up with friends for a Nerf war while parents enjoy a night off!

Gr. K-5 • Friday • December 6 • 6:30-8:30p
Geggie Elem • \$29

Kids Night Out: Slime-a-thon

Put your slime-science skills to the test and explore the varieties of slime recipes including: Unicorn Slime, Fluffy Slime and more!

Gr. K-5 • Friday • November 15 • 6:30-8:30p
Uthoff Valley Elem • \$29

New! Kids Night Out: S.T.E.M.-a-thon

Young scientists, engineers and innovators come together for an evening of hands-on exploration and exciting S.T.E.M. challenges.

Gr. K-5 • Friday • September 27 • 6:30-8:30p
Green Trails Elem • \$29

Kids Night Out: Pajama Jams

Wear your best PJs and let's JAM. Kids will engage in PJ-themed activities, decorate pillowcases and create their own bedtime stories.

Gr. K-5 • Friday • December 13 • 6:30-8:30p
Wild Horse Elem • \$29

New! Kids Night Outside: Glow

Kids can bring a flashlight and their sense of adventure as they complete a glow scavenger hunt, play flashlight tag and more.

Gr. K-5 • Friday • October 11 • 6:30-8:30p
Babler State Park • \$35

Kids Night Out: Kickball

It's time for a night of kicks, catches, and FUN. A perfect chance for your kids to make new friends, build teamwork and play friendly games.

Sept. 13 • Ellisville Elem
Nov. 1 • Henry Elem
Grades K-5 • Friday • 6-8p • \$39

Kids Night Out: Yard Games

Get ready for a fun-filled evening of classic yard games. We provide the games, kids can bring their laughter and competitive spirit!

Oct. 11 • Kellison Elem.
Oct. 25 • Wren Hollow Elem
Grades K-5 • Friday • 6-8p • \$39

EVENING DRIVER EDUCATION

Feeling stressed out teaching your teen to drive? Leave it to the professionals. Our Instructor will teach your student to be a responsible driver through online instruction and six hours of behind-the-wheel drive time. Students will receive a certificate for successful completion of this non-credit course. This course is open to all residents in the St. Louis County area. Instructor: Trevor Grimshaw

Must be at least 15 years of age by Sept. 10 • Tues & Wed • Sept. 10-Oct. 17 • 6:30-8:30p
Rockwood Summit High • \$395

SMOKY MOUNTAINS ADVENTURE



Rockwood fifth grade students will venture to Great Smoky Mountains National Park for an adventure-packed, science-focused four-day trip. Deep in the wilderness, explorers will search for wildlife, discover their environmental impact and develop leadership skills! Students will stay at Great Smoky Mountains Institute at Tremont, an environmental education center nestled inside the national park.

2025 Trip Dates by School

March 7-10: Ridge Meadows, Wild Horse, Woerther
March 28-31: Ballwin, Fairway, Green Pines
April 4-7: Babler, Chesterfield, Pond
April 25-28: Blevins, Eureka, Geggie
May 2-5: Ellisville, Kehrs Mill, Westridge
May 16-19: Bowles, Kellison, Stanton, Uthoff Valley
Trip departure will take place Friday morning at 6 a.m.

\$725 • \$225 deposit due at time of registration;
four installments payments of \$125

Registration

A random draw lottery will be used to ensure all students have an equal chance to attend their school's trip. Families can register for the lottery July 16 through September 30. Students will be drawn on October 1 and families will be notified of their status for the trip.

Learn more:



SWIM SCHOOL



Love to swim and want to teach others? Join our Parkway-Rockwood Swim School Instructor Team! Immediate openings at Crestview Middle, Rockwood Summit & Kirkwood High! Text HIREME to 636-891-6644 to get started.

Parkway-Rockwood Swim School offers learn-to-swim class opportunities for children ages six months and older. Group lessons are taught at six stations, where new swimmers are evaluated and placed based on their skill level. Students advance from station to station at their own pace. Instructors emphasize correct body position, stroke and kick, breathing, and timing of strokes while focusing on basic water safety, fitness and FUN!

Parent/Child Classes (Ages 6 months-2 years)

Preschool Classes (Ages 3-4 years)

Swim School Classes (Ages 4-17)

Private Lessons (Ages 3 and up)

Adaptive Lessons (Ages 4 and up)

Designed for youth with cognitive, developmental and physical disabilities.

All classes meet one day per week on the same day each week.

SWIM SCHOOL SCHEDULE

Sessions start week of:
August 19, September 30 and November 4
Crestview Middle, Kirkwood High
and Rockwood Summit High

Infant Swimming Resource (ISR)

(Ages 6 months-6 years)

Your child will learn valuable skills and techniques to help them survive should they find themselves in the water alone. For more information, visit info@gatewayisr.com.

Pre-Competitive Swim Team

Perfect for the swimmer who does not have the time to commit to a competitive program, but wants to learn more than lessons.

Qualifications: 50 yards freestyle, 25 yards backstroke and have an idea of how to swim breaststroke and butterfly; or be in station 6 in Swim School.

Mondays & Wednesdays • Aug 19-Dec 18
7:30-8:15p • Grades 1-5
8:20-9:05p • Grade 9-12
Crestview Middle • \$528

Tuesdays & Thursdays • Aug 20-Dec 19
7:30-8:15p • Grades 1-5
8:20-9:05p • Grade 9-12
Crestview Middle • \$512

Tuesdays & Thursdays • Aug 20-Dec 19
7:30-8:15p • Grades 1-12
Kirkwood High • \$512

Saturdays • Aug 19-Dec 18
9:15-10a • Grades 1-12
Rockwood Summit High • \$224

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call or text 636-891-6644 for more information.

SWIM CLUBS



Take your swimming to the next level! Community Ed offers two competitive swim programs. Both programs are open to all residents of the Parkway and Rockwood School Districts and beyond.

PARKWAY SWIM CLUB

Through training and guidance, the Parkway Swim Club aims to develop a swimmer's skills in a supportive and enthusiastic environment. For more information, please visit www.pkwy.org.



Parkway Swim Club



ROCKWOOD SWIM CLUB

Rockwood Swim Club strives to give swimmers the personal attention required for continued improvement and success in the pool and life. Please visit www.rockwoodswim.org for more information.

Beginning in August of 2025, the Parkway and Rockwood Swim Clubs will combine and operate as the Parkway-Rockwood Swim Club.

Scan to Register!



Youth School-Age Care



Join the fun before and after school with Adventure Club!

Before and After School Care

Fun and learning continue beyond the bell with Adventure Club! Adventure Club is the before and after care program in Parkway and Rockwood elementary schools where there is an emphasis on play, socialization, and safety. Experienced, caring staff strives to build trusting relationships with both the child and the family.

- Available in all Parkway and Rockwood elementary schools
- Choose a schedule of 1-5 days per week before and/or after school
- Extended hours allow drop off as early as 6:30a.m. and pick up until 6 p.m.

“Adventure Club is more than before and after school care. It’s provided my new elementary schooler with a fun and safe environment to make new friends, learn new skills, create and PLAY!”
—Susan N., Adventure Club Parent



WE'RE HIRING!

LOCAL, FLEXIBLE, FUN!

Great jobs for high school students, college students, parents, retirees or anyone looking to make extra money while having fun and making a difference!

CURRENT PART-TIME OPENINGS INCLUDE:

- Adventure Club activity assistants (age 16+) | \$15/hr
- Adventure Club assistant facilitator (age 18+) | \$17/hr
- Art/enrichment/outdoor ed/sports/fitness instructors (age 18+) | \$21/hr
- Gym/Field supervisors (age 18+) | \$21/hr
- Sports league scorekeepers (age 14+) | \$12.30/hr
- Swim School instructors (age 14+) | \$15/hr
- Swim School site supervisors (age 18+) | \$17/hr
- Theater technicians (age 14+) | \$15/hr
- Theater managers (age 18+) | \$25/hr

Text HIREME to 636-891-6644 or scan this code to get started!



Youth Early Childhood

PARKWAY EARLY CHILDHOOD

Parents as Teachers (PAT)

Prenatal–Age 5

Give your child the best possible start with this program that includes: degreed and certified parent educator, personal visits with parent educator, parent workshops, family activity sessions to enjoy with your child and screenings to check your child’s development. Free to Parkway residents. Call 314-415-6973.

Partners in Play

Give your child the gift of music, art, movement and more with these affordable classes. Your little one will be accompanied by a lucky grown-up to enjoy classes together. Topics include yoga, science, math and other high interest, fun subjects. There are morning, afternoon and evening options available which are open to anyone. Call 314-415-6954.

Kids Morning Out Program

This is a fun and budget-friendly preschool experience for children who turn two years old by July 31. Parents drop off their children for this two-hour and fifteen-minute program that blends developmentally appropriate curriculum with opportunities for social growth. Classes taught by certified teacher and teacher’s assistant. Call 314-415-6954.

Preschool Programs

Preschool is a tuition-based program for children 3-5 years of age. Certified teachers implement a developmentally appropriate rich curriculum. Children may attend between 2-5 half days or five full days per week. Call 314-415-6970.

Play-Base Screenings

For Parkway Residents Only - Free

This child-friendly approach to screening allows parents to learn about their child’s development. Children ages 3-5 play in small groups. Hearing and vision are also screened. Call 314-415-6969.

Special Education Classes

Classes and therapy are available for 3-5 year olds who qualify for special education services. Offered by St. Louis County Special School District in various locations. Free to Parkway Residents. Call 314-415-4983.

Visit www.parkwayschools.net or call 314-415-6955 for more information.

ROCKWOOD EARLY CHILDHOOD



Parents as Teachers (PAT)

Prenatal–Age 5

Give your child the best possible start with this program that includes: personal home visits with a degreed and certified parent educator, annual health and developmental screenings, group connections and a resource network. Free to Rockwood residents: Call 636-891-6276.

Screenings

Health, Hearing & Vision (Three Months–3 Years)

Review of overall health plus vision/hearing assessment.

Developmental screening (3 Years–Pre-K)

Assesses: motor, concepts and language plus hearing/vision. Free to Rockwood residents. Call 636-891-6200.

Mini Preschool

Mini Preschool is a tuition-based preschool program for children who turn 30 months between August 1, 2024 and July 31, 2025. Short-term classes focus on social development and interactive play. Check the early childhood website for online enrollment patriots (May/November). Call 636-891-6260.

Half-Day Preschool

Ages 3-5

This school term tuition-based program provides a variety of options for families looking for a three-hour preschool. All teachers are certified by the State of Missouri. Class size is limited to 14 to promote student/teacher interaction. Children must be at least 3 by August 1, 2024. Online enrollment. Call 636-891-6260.

Full-Day Preschool

Ages 3-5

The tuition-based Full Day Preschool combines preschool and childcare for families needing full day services. School year teachers are certified by the State of Missouri. Children must be at least 3 by August 1, 2024. Online enrollment. Call 636-891-6260.

Special Education Classes

Ages 3-5

Classes and therapy are available for 3-5 year olds who qualify for special education services. Call 636-891-6200.

Visit www.rsdmo.org/early-childhood or call 636-891-6200 for more information.

Bring Your Group to the Babler Outdoor Education Center



The Babler Outdoor Education Center (OEC) is a 300-acre retreat located inside Dr. Edmund A. Babler State Park in Wildwood.

The Babler OEC is a fully accessible facility for people of all abilities and is available for day, overnight, weeklong, weekend and hourly use by organized groups including summer camps, school programs, Scout groups, retreat groups and community organizations.

Whether you are looking to rent the facility and manage your own program or you are interested in working with our staff to create a customized program, the Babler OEC offers a convenient and affordable location for your camp, field trip, retreat, team building activity, meeting and more.

Have your child's birthday party at the Babler OEC for an experience everyone is sure to remember!

The Babler OEC is operated by Parkway-Rockwood Community Ed in partnership with Missouri State Parks.

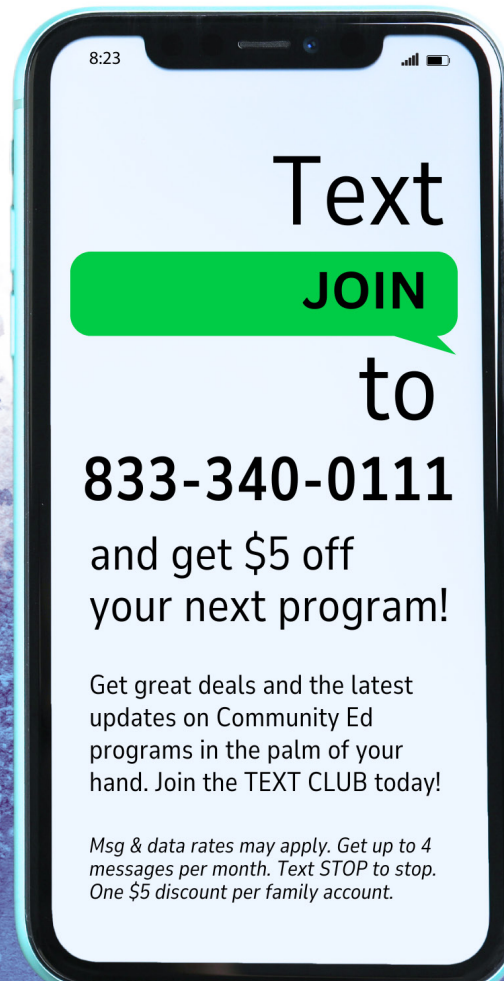
Scan to learn more about the Babler OEC.



www.bableroec.org

Want to get the latest information from Community Ed?

Sign up for our Text Club!



BIRTHDAY PARTIES AT BABLER STATE PARK



Tired of the same old birthday parties and looking for something unique? Give your child and their friends an outdoor birthday EXPERIENCE they won't soon forget! Kids, ages 5-12 will enjoy archery, geocaching, Nerf, Survival Skills and more. Along with the experience, a dedicated space is reserved for cake and presents. For more information, please visit bableroec.org.

AMAZING FAMILY RACE: OUTDOOR EDITION



Ready, set, go get your whole family and prepare for an amazing adventure! Teams will encounter pit stops, detours and challenges. Join this unique outdoor family adventure. Instructor: Community Staff Ed

All ages • Sunday • October 13 • 2-5p
Babler State Park • \$12/person



Family Archery

Ready, aim, fire! Families are invited to learn the basic archery skills that they can take to ranges across St. Louis County. All equipment is provided. Instructor: Community Ed Staff

Ages 10-Adult • Friday • September 20 • 5-6p
Babler State Park • \$9/person

New! Bike Safety

This comprehensive bicycle safety class equips the rider with skills and knowledge to navigate streets and paths with confidence. Seasoned cyclist or a curious newcomer, this class will make you a safe, more visible rider. Instructor: Community Ed Staff

Ages 5-Adult • Saturday • October 5 • 9-10a
Parkway West Middle • \$19/family

New! Bike Repair

Equipping you with the knowledge and skills to maintain your bicycle, this hands-on class will tackle common roadside repairs. Experienced instructors teach in a supportive workshop environment. Instructor: Community Ed Staff

Ages 5-Adult • Saturday • September 21 • 9-10a
Parkway West Middle • \$19/family

New! Plant-Based Living

Discover more ways to increase your greens and vegetable intake. Hands-on instruction including healthy desserts made by YOU. Taste samples of main and side dishes and take home recipes. Instructor: St. Lou Dance Crew

All ages • Mondays • Oct. 7-28 or Nov. 4-25 • 6:45-7:30p
St. Lou Dance Crew • \$129/family

New! Aerial Adventure Climbing for Confidence and Fitness

Safely master the exciting RYZE Aerial Adventure Tower. Participants enjoy an adventure custom-tailored to abilities and height tolerances. Challenge yourself to an aerial adventure in a relaxing outdoor setting. Instructor: RYZE Staff

Ages 8-Adult • RYZE Adventure Park
\$49 ages 8-17/\$55 adult
Wednesday • September 25 • 6-8p
Saturday • October 5 • 10a-12p

New! Starry Night

Step out into the night air and experience the sky like never before! Learn to read the night sky and discover constellations, planets and the moon. Dates subject to change due to weather. Instructor: Kevin Roenecker

All ages • Sept. 19 or Dec. 12 • 7:30-8:30p
Babler State Park • \$9/person

New! Geocaching: Harry Potter

A unique Harry Potter event like no other. Dress in your best wizard gear as our professors introduce you to magical directional devices to use on a quest to discover secret destinations. Surprises await you and your entire family! Instructor: Community Ed Staff

All ages • Saturday • October 26 • 9a-12p or 1-4p
Babler State Park • \$9/person

Bonfire Night: Glow Hunt

Grab a lawn chair! Bonfire nights are the perfect chance to experience something fun and unique. Sit fireside with family and friends. Then, set out for adventure on a self-led Glow in the Dark Scavenger Hunt! It's a perfect family-friendly night outdoors. Instructor: Community Ed Staff

All ages • Saturday • September 28 • 6-9p
Babler State Park • \$12/person

New! Bonfire Night: Night Hikes

Bonfire nights give your family the chance to experience something fun and unique. Sit fireside with family and friends. Our instructor will then lead you on a night time hike complete with interactive activities and discovery. What a great family-friendly night outdoors! Instructor: Community Ed Staff

All ages • Saturday • October 5 • 6-9p
Babler State Park • \$12/person

New! Bonfire Night: Astronomy

Stargazers, bonfire nights are a fun and unique experience. Sit fireside with family and friends. Then, head away from the light and experience the night sky. Take a look through a telescope and learn about our universe! It's a stellar family-friendly night. Instructor: Community Ed Staff

All ages • Saturday • October 12 • 6-9p
Babler State Park • \$12/person

Family Programs & Events

Family Candy Cane Hunt

Set out on amazing candy cane hunts around the Babler Outdoor Education Center. Step inside to make festive crafts, sip on hot cocoa and win cool prizes! Instructor: Community Ed Staff

All ages • Saturday • December 7 • 5:30-7p
Babler State Park • \$9/person

The Night Sky: Meteor Shower

Witness one of nature's great shows in the sky! Learn about a meteor shower's impact during this fun experience. Instructor: Kevin Roenecker

All ages • Saturday • Oct. 17 or Nov. 16 • 7:30-8:30p
Babler State Park • \$9/person

Science with Santa

Ho ho ho! Experiment with science and spend quality time with Santa! More memorable than a photo op, get one-on-one time with Mr. Claus. Instructor: Community Ed Staff

All ages • Saturday • December 14 • 9:30-11:30a
Parkway Southwest Middle • \$19/child

Daddy/Daughter Dance: In My Dance Era

Dads, dress for your favorite era and encourage your daughters to shimmer like a pop star. Our DJ will spin tunes from across the decades. Dance, craft and snack while creating unforgettable memories! Instructor: Community Staff Ed

All ages • Friday • November 8 • 6:30-8:30p
Selvidge Middle • \$12/person

New! Little Explorers: Sensory Play

We're looking for little explorers! Accompanied by their adult, kiddos engage in hands-on activities carefully crafted to ignite exploration and inspire creativity. Instructor: Community Ed Staff

Ages 2-5 • Monday • September 23 • 9-10:30a
Community Ed Office • \$35

New! Little Explorers: Songs & Stories

Little Explorers, we need you. Accompanied by an adult, little ones engage in song and story and participate in rhythmic activities to promote language development and early literacy skills. Instructor: Community Ed Staff

Ages 2-5 • Friday • September 13 • 9-10:30a
Parkway Welcome Center • \$35

New! Little Explorers: Music & Movement

Accompanied by an adult, Little Explorers will embark on an exploration through lively music and movement to promote coordination, cognitive development and social interaction. Instructor: Community Ed Staff

Ages 2-5 • Monday • October 7 • 9-10:30a
Community Ed Office • \$35

New! Little Explorers: Parachute Play

Little Explorers, accompanied by an adult, will take an imaginative journey through interactive parachute activities and games promoting sensory exploration, social interaction, and spatial awareness. Instructor: Community Ed Staff

Ages 2-5 • Wednesday • December 11 • 9-10:30a
Community Ed Office • \$35

New! Little Explorers: Garden Exploration

Alongside their adult, Little Explorers are immersed in hands-on gardening, plants and outdoor exploration. Connect with nature and experience growth and discovery. Instructor: Community Ed Staff

Ages 2-5 • Wednesday • October 30 • 9-10:30a
Community Ed Office • \$35

New! Little Explorers: Imaginative Play

Imaginative Little Explorers! Accompanied by an adult, little ones will enter a world of make-believe, storytelling and role-playing in a supportive and stimulating environment. Instructor: Community Ed Staff

Ages 2-5 • Monday • November 11 • 9-10:30a
Community Ed Office • \$35

New! Play with Clay: Adult & Me

Get creative as a family while fostering connections and shared memories through the art of pottery! Learn the basics of air-dry clay and create a piece to take home. Instructor: Community Ed Staff

All ages • Saturday • October 19 • 10-11:30a
Parkway West Middle • \$19/person

New! Tea for Two: Adult & Me

Pinkies up! Adult and child pairs enjoy a cozy and interactive tea-themed gathering, engage in crafts, and decorate their own tea mug to take home! Instructor: Community Ed Staff

All ages • Saturday • September 28 • 10-11:30a
Parkway Southwest Middle • \$19/person

New! Family Baking Night: Monster Cupcakes

Come together with the family and transform ordinary cupcakes into friendly monsters. Before tasting their creepy creations, each family will showcase their monster cupcakes to the group. Instructor: Community Ed Staff

All ages • Wednesday • October 16 • 6-7:30p
Crestview Middle • \$19/person

New! Family Baking Night: Gingerbread Bake-Off

Kick-off the holidays with a friendly competition to build the ultimate gingerbread masterpiece. At the end of the activity, families will vote for the gingerbread house that brings the most joy! Instructor: Community Ed Staff

All ages • Friday • December 6 • 6:30-8:30p
LaSalle Springs Middle • \$19/person

New! Family Bingo and Pizza Night

It's a night of Bingo and fun! Play the classic game, engage with friends, meet new families, and be the next to yell "BINGO!". Instructor: Community Ed Staff

All ages • Friday • October 4 • 6:30-8:30p
Selvidge Middle • \$19/person

New! Disney Trivia and Pizza Night

Your family can test their Disney knowledge to determine if you are the ultimate Disney Trivia champions! Pizza and lemonade will be served. Instructor: Community Ed Staff

All ages • Friday • November 15 • 6:30-8:30p
Community Ed Office • \$19/person

New! Family Mystery Night

Your family is invited to join us for a night of mystery! Play a role, solve mysteries, and work together to discover "who done it?". Instructor: Community Ed Staff

All ages • Friday • September 20 • 6:30-8:30p
Parkway Northeast Middle • \$19/person

Adult Co-Ed Volleyball Open Play

Don't belong to a team? No problem! Meet new people while playing volleyball. Register as an individual and be placed on a team each week. All skill levels welcome. Supervision: Community Ed Staff

Ages 18+ • Thursdays • Sept. 12-Nov. 14 • 7-9p
Parkway West Middle • \$55

New! Date Night: Beach Volleyball

Spike up your date night! Dig into some fun and togetherness with beach volleyball. Get active, laugh and enjoy friendly competition with your significant other. No experience needed! Instructor: Community Ed Staff

Ages 18+ • Friday • October 4 • 6-8p
Selvidge Middle • \$29/person

Adult Golf Clinic

Designed to develop the all-around game of golf including putting, chipping, driving, mid-range irons, long-range irons, game management, rules and golf etiquette. Instructor: Totally Groomed Pros Sports

Ages 18+ • Thursdays • Sept. 12-Oct. 3 • 6-7p or 7-8p
Creve Coeur Golf Course • \$109

New! Adult Golf League

Tee up for fun this fall and enjoy friendly competition on the course. Improve your golf skills in a casual setting with people who share your love for the game. Sign up for this co-ed league where all skill levels are welcome from beginner to seasoned player. Instructor: Riverside Golf

Tuesdays • Sept. 10-Oct. 1 • 3p
Riverside Golf Club • \$35/session or \$140/4 sessions

Adult Tennis

Tennis anyone? No matter your skill level, improve your game in a program designed in coordination with the United Tennis Association. Instructor: Vetta Sports

Ages 18+ • Saturdays • Sept. 14-Oct. 19 • 11a-12p • \$109
Sept. 14-Oct. 19 • Parkway South
Sept. 14-Oct. 16 • Lafayette

Adult Sports & Fitness

Intro to Pickleball

Want to learn the basics of pickleball? Instructor will introduce you to the hottest game in the country. No experience is necessary. Instructor: Vetta Sports

Ages 18+ • Saturdays • 12:30-2p • Vetta Sports Sunset
Sept. 28-Oct. 26, Nov. 2-30, Dec. 7-Jan. 4 • \$150

Novice Pickleball League

Already know how to play pickleball? Join doubles match play in a relaxed environment to gain experience and advance skills. This is a doubles league, but you do not need a partner to register. The round-robin format provides exposure to a variety of styles of play. Coaching and tips offered where appropriate. Instructor: Vetta Sports

Ages 18+ • Sundays • Sept. 29-Oct. 27 or Nov. 3-Jan. 5
4:30-6p • Vetta Sports Sunset • \$180

New! Novice Pickleball Clinic

This valuable clinic is designed for players who are comfortable with the rules and have moderate experience. Build on your previous experience with new lessons covering pickleball strategy and play. Instructor: Vetta Sports

Ages 18+ • Tuesdays • Sept. 24-Oct. 22 or Oct. 29-Jan. 14
7:30-9p • Vetta Sports Sunset • \$300

Intermediate Pickleball League

Obsessed with pickleball? Join doubles match play to gain more experience and advance your skills. This is a doubles league, but you do not need a partner to register. The round-robin format is designed to improve the learning experience. Coaching and tips offered where appropriate. Instructor: Vetta Sports

Ages 18+ • Sundays • Sept. 29-Oct. 27 or Nov. 3-Jan. 5
6-7:30p • Vetta Sports Sunset • \$180

New! Cornhole Tournament

Cornhole enthusiasts and curious newcomers, you are welcome to a friendly cornhole competition. The tournament is ideal for individuals or teams of two. All skill levels are welcome to join. Instructor: Community Ed Staff

Ages 18+ • Saturday • October 19 • 4-7p
Babler State Park • \$59/person

Beginning Line Dancing 1

Grab your friends, get exercise and learn introductory line dances in a progressive format. Be sure to wear shoes that allow you to slide and glide. Instructor: Beth Goyer

Ages 18+ • Mondays • Sept. 9-Nov. 25 • 6-7:30p
Parkway West Middle • \$75 • Gold/Silver Card rates apply

Beginning Line Dancing 2

Love to country line dance? Step into a wide variety of country line dances to advance your skills and get you moving! Must take Beginner 1 course in order to participate. Instructor: Beth Goyer

Ages 18+ • Wednesdays • Sept. 11-Dec. 4 • 6-7:30p
Parkway West Middle • \$75 • Gold/Silver Card rates apply

Line Dancing

Improve balance, coordination, memory and mobility with our traditional line dance course. The course will cover line dance terminology and with progressive lessons, you can build endurance and memorization skills. Appropriate for active adults from beginners to experienced. No partner or experience required. Instructor: Sandy Derickson

Ages 18+ • Thursdays • Sept. 12-Oct. 17 or Oct. 24-Dec. 5
7-8p • Rockwood Summit High • \$85

New! Cardio Dance Jam

Sweat, smile, and have a blast with Cardio Dance Jam! The perfect way to get your heart pumping, body moving and spirits soaring! This high-energy program is designed for all fitness levels and welcomes anyone who loves to move to the music. Instructor: Community Ed Staff

Ages 18+ • Thursdays • Oct. 24-Dec. 5 • 6:15-7:15p
Eureka Elem • \$75 • Gold/Silver Card rates apply

Zumba

Zumba is an excellent way to burn calories, tone muscles and have a great time. Taught using Latin steps, no dance experience required. Both men and women are welcome. Instructor: Julie Williams

Ages 18+ • Tuesdays • Sept. 10-Nov. 19 • 7-8p
Hanna Woods Elem • \$75 • Gold/Silver Card rates apply

Adult Sports & Fitness

New! Hula Hoop Fitness

Unleash your inner dancer with Hula Hoop Fitness! Have a blast and get fit at the same time. Perfect for all experience levels, from beginners to seasoned hoopers. Instructor: Community Ed Staff

Ages 18+ • Wednesdays • Oct. 30-Dec. 18 • 7-8p
Crestview Middle • \$59 • Gold/Silver Card rates apply

New! Adult Baton Twirling

Miss twirling or always wanted to try? Join us as we march, twirl and roll! Meet new friends and reach your fitness goals. Instructor: St. Lou Dance Crew

Ages 18+ • Mondays • Oct. 7-28, Nov. 4-25 or Dec. 2-23
7:30-8:15p • St. Lou Dance Crew • \$99

Adult Fit Hop

Cardio work-out class guaranteed to make you sweat. Work every part of your body while learning a Hip Hop dance routine using basic steps in combination with fitness. Instructor: St. Lou Dance Crew

Ages 18+ • Mondays • Nov. 11- Dec. 9 • 6:45-7:30p
St. Lou Dance Crew • \$75

New! Adult Wall-ates

Use the wall and your body weight to add resistance in this variation of a Pilates class. Feel good after you lengthen, tone and stretch. Instructor: St. Lou Dance Crew

Ages 18+ • Mondays • Oct. 7-28 • 6:45-7:30p
St. Lou Dance Crew • \$75

Baby Weights

Are you a new mom? Use your baby as a "weight" as you kickstart your journey to getting back into shape. This course is for moms with babies, ages 4 weeks to 2 years old. Must be cleared by a doctor to participate. Instructor: St. Lou Dance Crew

Tuesdays • Sept. 17-Oct. 22 or Oct. 29-Dec. 10
9:30-10:15a • St. Lou Dance Crew • \$105

Stretching and Flexibility

Increase flexibility in your entire body to protect you from injury, ease everyday tasks and make you feel good. Adjustments can be made to movements to match your own pace. Men and women are welcome. Instructor: Julie Williams

Ages 18+ • Tuesdays • Sept. 10-Nov. 19 • 6-7p
Hanna Woods Elem • \$75 • Gold/Silver Card rates apply

Tai Chi 24

Practicing Tai Chi improves your balance, cardio-vascular health, and promotes harmony and health. Tai Chi-24 is the most widely practiced and specifically designed for beginners as a path to wellness. Some movements are modified to make them easier to learn. Instructor: Yan Xie

Ages 18+ • Thursdays • Sept. 12-Dec. 5 • 6:15-7:45p
Uthoff Valley Elem • \$75 • Gold/Silver Card rates apply

Become a Gold Card Member and Save!

The Gold Card provides discounts on select Community Education programs. Membership is free to all Parkway and Rockwood residents age 50 and older and other benefits! See page 23 for more details.

Don't Live In Parkway or Rockwood?

You can now save with a Silver Card membership!

The Silver Card program provides discounts on select Community Education programs and is FREE to individuals age 50 and older throughout the Saint Louis metropolitan area. See page 23 for more information.

Scan
to
Register!



YOGA CLASSES



Let our instructors guide you through a yoga practice to increase flexibility, stability and peace of mind. With Vinyasa Yoga, connect your mind, body and spirit as you target muscles leading to a dynamic and challenging flow. In the slower-paced Yin Yoga course, you can target the connective tissues such as ligaments, bones and joints. It's the perfect complement to the dynamic and muscular (yang) styles. More yoga classes offering a variety styles are available for registration at www.prcommunityed.org.



New! Car Care for Geniuses

Understand the operating principles of your vehicle to protect your investment. Learn how cars work and how to perform basic maintenance like changing filters, fluids and much more. Gain the knowledge to speak with a mechanic with confidence. Instructor: Mike Howard

Ages 18+ • Community Ed Office • \$29
Tuesday • November 12 • 6:30-8p
Saturday • November 16 • 9-10:30a

New! INTRO TO GOLD CARD CLUB: SNACK AND SHARE INFORMATIONAL NIGHT

Are you a current Community Ed Gold Card member looking to get more involved? Are you a new member wanting more information? Learn more about the Gold Card Club, upcoming classes and how to get more involved. Share your previous experiences and bring ideas for classes you would like to see, meet other members, and enjoy light refreshments!

Ages 50+ • Wednesday • October 16 • 6-8p
Community Ed Office • FREE

New! Recipe Swap: Cookie Exchange

Looking to expand your cookie recipe collection? Have a great cookie recipe to share? Enjoy refreshments and connect with other cookie enthusiasts to exchange favorite cookie recipes and create a mini "cookbook" to take home full of new recipes to try. Instructor: Community Ed Staff

Ages 50+ • Tuesday • October 1 • 10a-12p
Community Ed Office • \$29 • Gold/Silver rates apply

New! Recipe Swap: A Taste of Childhood

Do you have a recipe that brings you right back to your childhood? Connect with others by exchanging the recipes that take you back in time and share the story that goes with it. Participants will create a mini "cookbook" to take home full of new recipes to try. Instructor: Community Ed Staff

Ages 50+ • Friday • November 15 • 2-4p
Parkway Welcome Center • \$29 • Gold/Silver rates apply

Adult Art & Enrichment

New! Canasta Club

Canasta fans of all skill levels are invited to connect, socialize, and of course, play the game! Instructor: Community Ed Staff

Ages 50+ • 10a-12p • \$29 • Gold/Silver rates apply
Wednesday • September 11 or November 13
Community Ed Office
Thursday • October 3 • Parkway Welcome Center

New! Crochet Circle

Grab your crochet hooks and meet other crochet-lovers to share tips, techniques and patterns. Beginners will receive guidance and support to develop their skills. Pick a pattern and enjoy the camaraderie of crafting together! Instructor: Community Ed Staff

Ages 50+ • Friday • 10a-12p • \$29 • Gold/Silver rates apply
September 27 or December 13 • Community Ed Office
November 1 • Parkway Welcome Center

New! Music Appreciation: Through the Decades

Embark on a musical journey spanning multiple eras and genres with a focus on key artists, iconic songs and cultural influence that shaped the musical landscape of that time. Instructor: Richard Losciale

Ages 50+ • Tuesday • November 19 • 10a-12p
Community Ed Office • \$29 • Gold/Silver rates apply

Winning the Senior Dating Game

Explore the new realities of dating for seniors, including a look into the world of online dating sites. Personal safety, boundaries, and best practices will be discussed. Instructor: Richard Losciale

Ages 50+ • Friday • September 20 • 10a-12p
Parkway Welcome Center • \$29 • Gold/Silver rates apply

New! Reverse Bucket and Unbucket Lists

We all know what a Bucket List is. Now, learn what a Reverse Bucket List and an Unbucket List are ... and how to write your own! Instructor: Richard Losciale

Ages 50+ • Wednesday • November 6 • 2-4p
Community Ed Office • \$29 • Gold/Silver rates apply

It's Not Your Lifespan that Matters, it's your Healthspan

Full of facts about metabolic syndrome, this class teaches how to avoid it and the common lifestyles to maximize our health span. Explore how to turn your lifestyle into therapy! Instructor: Richard Losciale

Ages 50+ • Wednesday • October 9 • 10a-12p
Parkway Welcome Center • \$29 • Gold/Silver rates apply

10+ Tips for Retirement

Retirement is a big deal with many changes. Enjoy a fast-paced exploration of a broad range of proven tips and tricks to optimize what is your Golden Years. Instructor: Richard Losciale

Ages 50+ • Thursday • October 17 • 6-8p
Selvidge Middle • \$29 • Gold/Silver rates apply

New! Mystery Theatre: Old Time Radio

Play a part as we dramatically perform an old-time radio mystery. You might be the detective, the private eye, the criminal, the victim, the sound effects or more! Instructor: Richard Losciale

Ages 50+ • Tuesday • November 26 • 10a-12p
Community Ed Office • \$29 • Gold/Silver rates apply

New! Volunteering for Seniors: Finding your Fit

Volunteerism improves the community, the cause and the volunteer. Learn what your volunteer style is and how to discover, vet and apply for your ideal volunteer experience. Instructor: Richard Losciale

Ages 50+ • Monday • November 11 • 10a-12p
Parkway Welcome Center • \$29 • Gold/Silver rates apply

Part-Time Work for Full-Time Retiree

Discover the perfect part-time work experience. Baby Boomers are redefining retirement by bringing their deep and unique talents to the part-time work world. Dive into online resources for opportunities and find your fit. Instructor: Richard Losciale

Ages 50+ • Monday • September 9 • 2-4p
Community Ed Office • \$29 • Gold/Silver rates apply

New! Date Night: Bad Art Night

No art experts needed! Couples are invited to embrace imperfection and let go of artistic inhibitions as they create intentionally "bad" art together. This lighthearted and fun-filled experience is perfect for couples looking to unwind, connect and share lots of laughs. Instructor: Community Ed Staff

Ages 18+ • Friday • September 27 • 6:30-8:30p
Parkway West Middle • \$29/person

New! Date Night: Painting in the Dark

Lights out! Couples take turns wearing opaque eyewear and paint without being able to see. Their partner will guide them, giving directions on where the paint and canvas are located and which strokes to make with their brush. When the timers go off, couples switch and trade places! Get ready for a night of laughter and masterpieces to take home. Instructor: Community Ed Staff

Ages 18+ • Friday • November 15 • 6:30-8:30p
Rockwood South Middle • \$29/person

New! Date Night Cooking: French Bistro Favorites

Cook up some culinary excitement in the kitchen! Bring your partner and an appetite as you work together to prepare dinner. Your tastebuds will love the Raspberry Brie Bites and French Onion Soup. Instructor: Community Ed Staff

Ages 18+ • Friday • October 18 • 6:30-8:30p
Crestview Middle • \$29/person

New! Date Night Cooking: Southern Comfort Foods

Serve up some southern culinary fun in the kitchen! Bring your partner and an appetite as you work together to prepare dinner. Head down south with Louisiana-Style Red Beans & Rice and Southern Green Beans. Instructor: Community Ed Staff

Ages 18+ • Friday • December 13 • 6:30-8:30p
Parkway Central Middle • \$29/person

New! Date Night Baking: Thanksgiving Sweets

Gather together for a date night in the kitchen filled with holiday spirit! Work together with your partner to create a Thanksgiving treat that will impress your grateful guests. Instructor: Community Ed Staff

Ages 18+ • Friday • November 22 • 6:30-8:30p
Parkway Southwest Middle • \$29/person

New! Holiday Hits: Sing-a-long

Celebrate the season by dropping in on our Holiday Hits Sing-a-long where you will pick up music, meet friends, and sing along together to your favorite holiday hits! Instructor: Community Ed Staff

Ages 18+ • 6:30-8p • \$29
Monday • November 18 • Rockwood South Middle
Friday • December 6 • Selvidge Middle

New! Cabaret Classics: Sing-a-long

Step into the world of cabaret! Enjoy a sing-a-long experience with friends and belt out your favorite cabaret classics, such as "New York, New York," "Over the Rainbow" and more show-stoppers. Instructor: Community Ed Staff

Ages 18+ • 6:30-8p • \$29
Wednesday • September 18 • Crestview Middle
Tuesday • October 8 • Lafayette High

New! Jam Band: Jazz Edition

Grab your instrument and let's play Jazz! Collaborate with fellow musicians, improvise and exchange musical ideas. Build on melodies and rhythms while playing along to your favorite jazz tunes. Use the music provided or go freestyle in this all-inclusive space to jam out! Instructor: Community Ed Staff

Ages 18+ • Wednesday • November 13 • 6:30-8p
Parkway Northeast Middle • \$29

New! Jam Band: I Love Rock & Roll

Grab your instrument and let's rock and roll! Collaborate with fellow rockers, improvise and exchange musical ideas. Build on melodies and rhythms while playing along to your favorite rock and roll hits. Use the music provided or go freestyle in this all-inclusive space to jam out! Instructor: Community Ed Staff

Ages 18+ • Tuesday • October 15 • 6:30-8p
Parkway Central Middle • \$29

New! Jam Band: Strings Edition

With your favorite orchestra strings instrument, collaborate with fellow musicians to improvise and exchange musical ideas. Build on melodies and rhythms while playing along to your musical pieces. Use the music provided or go freestyle in this all-inclusive space to jam out: string-style! Instructor: Community Ed Staff

Ages 18+ • Monday • September 23 • 6:30-8p
Parkway West Middle • \$29

New! Intro to Ceramics

Offering a comprehensive foundation in the techniques involved in creating ceramic art, this program includes hand-building, wheel-throwing, surface decoration and glazing/kiln firing. All experience levels are welcome. Instructor: Community Ed Staff

Ages 18+ • Wednesday • Oct. 30-Dec. 11 • 6:30-8p
Parkway West Middle • \$125

Acrylic Painting: Golden Hibiscus

Become acquainted with Georgia O'Keeffe, the mother of American modernism. Known for her depiction of flowers, paint her golden hibiscus with acrylic paints on canvas. Instructor: Gayathri Seetharaman

Ages 18+ • Friday • September 20 • 10a-12p
Community Education Office • \$35

New! Acrylic Painting: Irises

Get to know Dutch artist Vincent Van Gogh, one of the greatest post-impressionist painters. Paint his famous "Irises" on canvas acrylic colors. Instructor: Gayathri Seetharaman

Ages 18+ • Tuesday • November 5 • 6-8p
Parkway Central Middle • \$35

New! Painting: Squares with Concentric Circles

Explore Kandinsky, the Bauhaus artist credited as one of the pioneers of abstract-modernism. Delve into his color theory and re-create his most recognized work, "Squares with Concentric Circles". Instructor: Gayathri Seetharaman

Ages 18+ • Friday • October 11 • 6-8p
Parkway West Middle • \$35

Watercolor Basics

Step into watercolor painting and learn about paints, brushes, paper, stretching, tips and techniques, and try your hand at painting watercolor poppies. Instructor: Gayathri Seetharaman

Ages 18+ • Tuesday • November 19 • 10a-12p
Parkway Welcome Center • \$35

New! Painting: Acrylic Basics

Explore the world of acrylic colors as we learn about paints, brushes, tools, priming the canvas, and finishing techniques and tips. Try your hand at painting the Missouri Hawthorne. Instructor: Gayathri Seetharaman

Ages 18+ • Tuesday • December 10 • 6-8p
Parkway West Middle • \$35

New! For the Love of Paper: Iris Paper Folding

Iris Paper Folding technique is as simple as folding strips of paper or ribbons and layering in a spiral design. Your fabulous folds are a finished work of art that can be framed or made into a greeting card. Instructor: Nancy Riehl

Ages 18+ • Tuesday • December 3 • 6-7:30p
Parkway Southwest Middle • \$29

New! Origami Gift Boxes

Have you ever wanted a unique small box to hold a gift card or cherished item? Learn to fold a box with a lid made out of craft paper (scrapbooking paper is ideal). If you can fold a piece of paper, you can achieve beautiful results. Instructor: Nancy Riehl

Ages 18+ • Wednesday • October 2 • 1-2:30p
Parkway Welcome Center • \$29

New! Tissue Paper Painting

Use your creative talents to design your own 4x4 canvas with easel. Be an instant artist! This method uses scraps of tissue paper as the artist's pallet. Your charming piece can be displayed on a tabletop, desk or hung on a wall. Instructor: Nancy Riehl

Ages 18+ • Thursday • September 26 • 6-7:30p
Selvidge Middle • \$29

New! Build a Terrarium and Bring Nature Inside

Do you like to collect rocks, shells and bits of nature when you walk? Create a terrarium to enjoy nature year-round. This self-contained garden includes interesting shapes, textures and colors. Supplies are included (jar, soil, plants rocks and shells). Instructor: Nancy Riehl

Ages 18+ • Tuesday • November 12 • 1-2:30p
Community Ed Office • \$29

Beginner Archery for Adults

Aim to discover a new precision sport! Designed for beginners, this course is for beginners with minimal experience. All equipment is provided. Instructor: Community Ed Staff

Ages 18+ • Wednesdays • Sept. 25-Oct. 23 • 9-10a
Babler State Park • \$59 • Gold/Silver Card rates apply

Falling Leaves & Cider Hikes

Enjoy the beautiful fall colors while hiking a different trail each week. Notice the changes which occur as we settle into autumn. Meet new friends and bond over a cup of spiced cider. All trails will be marked easy to moderate and will average 2-3 miles in length. Instructor: CE staff

Ages 18+ • Wednesdays • Oct. 2-Nov. 6
10:30a-12:30p or 1:30-3:30p • \$85

Wildflower Walks

Discover the early fall beauties that bloom in Missouri! Each week, visit a different trail featuring Missouri's native wildflowers. Hiking locations include state parks and conservation areas in the St. Louis region. All trails will be easy-to-moderate and will average 2-3 miles in length. Instructor: CE staff

Ages 18+ • Wednesdays • Sept. 4-18
10:30a-12:30p • \$85

Cookies & Cocoa at Castlewood

Ring in the holiday cheer with a festive hike along the merry Meramec River at Castlewood State Park. Hike for two miles along an easy trail while learning about the history of Castlewood and enjoying the beautiful sights. The experience concludes with a cup of hot cocoa and holiday cookies. Instructor: CE staff

Ages 18+ • Monday • December 9 • 12-2p
Castlewood State Park • \$35

Happy Hour Hiking Club

Start your weekend off right with your hiking boots! Each month, meet to socialize and hike a different trail. Charcuterie and seasonal mocktails will be provided; participants can bring their own beverages as well. All hiking levels are welcome. Sign up for one hike or all three!

Adults 18+ • Friday • 5-7p • \$35/hike or \$99/bundle
Gold/Silver Card rates apply
September 6 • Greensfelder County Park
October 4 • Rockwoods Reservation
November 8 • Babler State Park

New! Eureka Run Club: Couch-to-5K

This beginner couch-to-5K training program meets weekly on a track. Receive a comprehensive 8-week plan to motivate you to complete a 5K race with ease. Train with certified running coaches who guide novice athletes, provide footwear recommendations and teach proper warm-up and cool-down routines. Instructor: Eureka Run Club

Ages 18+ • Monday • Aug. 26-Oct. 21 • 6-7p
LaSalle Springs Middle • \$145

Scan
to
Register!



Adult Programs

ADULT ONLINE PROGRAMS



Adults 18 years and older can achieve professional success with our online programs. From building spreadsheets to speaking Spanish to mastering social media, choose a course to elevate your skill sets.

Register here:



- **New! QuickBooks Online - Level 1**
Sept. 3-28 • Online • \$195
- **Mastering Microsoft Word**
Oct. 7-Nov. 1 • Online • \$195
- **Mastering Microsoft Excel**
Sept. 3-28 • Online • \$195
- **Intermediate Microsoft Excel**
Oct. 7-Nov. 1 • Online • \$195
- **Beginning Conversational Spanish**
Sept. 3-28 • Online • \$290
- **Spanish for Medical Professionals**
Sept. 3-28 • Online • \$290
- **New! Video Marketing**
Sept. 3-28 • Online • \$245
- **New! Introduction to Social Media**
Sept. 3-28 • Online • \$195
- **New! Adobe Photoshop Essentials**
Oct. 7-Nov. 1 • Online • \$225

Scan
to
Register!



New! ADAPTIVE EXPERIENCES FOR ADULTS

Navigate relationships, get active and demonstrate your creativity with our series of Adaptive Experiences for Adults. Classes are set in an inclusive and adaptive environment geared towards participants with intellectual and/or physical disabilities.

Crafty Corner: Animal Art

Snack on animal crackers while you create projects out of paint, paper and air-dry clay. Instructor: Community Ed Staff

Ages 18+ • Tuesday • September 17 • 6-7p
Parkway Southwest Middle • \$25

Social Circle: Let's Talk Friendships!

Making friends can be hard. Keeping up with friendships can be even harder. Talk through the challenges of friendships, share your tips with peers, and maybe even make a new friend. Instructor: Community Ed Staff

Ages 18+ • Thursday • September 26 • 2-3p
Community Ed Office • \$25

Rec & Games: Badminton Battles

Whether you have experience or a first-time badminton-er, participants will review the basics of the game, practice skills, and have a blast! Game rules, speed of play and equipment can be altered depending on need. Instructor: Community Ed Staff

Ages 18+ • Tuesday • October 1 • 11a-12p
Community Ed Office • \$25

Crafty Corner: Finger Paint Fun!

Ditch the paint brushes and use fingers to create art! Enjoy finger foods and choose an abstract painting outline to recreate or create your own design. Instructor: Community Ed Staff

Ages 18+ • Thursday • October 10 • 2-3p
Community Ed Office • \$25

Rec & Games: Board Game On!

Chutes & Ladders, Sorry!, Monopoly and more! Participants will select a game and engage with peers to play board game classics. Traditional game rules and pieces can be modified to best fit the needs of the participants. Instructor: Community Ed Staff

Ages 18+ • Saturday • October 12 • 11a-12p
Community Ed Office • \$25

Rec & Games: Disney Trivia

Showcase your Disney knowledge, enjoy light snacks, and meet fellow Disney-loving friends. Instructor: Community Ed Staff

Ages 18+ • Saturday • November 2 • 11a-12p
Community Ed Office • \$25

Crafty Corner: Scribble Art

Scribbles + Art? What could be better? Snack on twisted-pretzels while creating twisty, scribbly masterpieces. Meet new pals and create fun art! Instructor: Community Ed Staff

Ages 18+ • Monday • November 4 • 6-7p
LaSalle Springs Middle • \$25

Rec & Games: Kickball

Ready for kickball? If you've played before or are a first-timer, review the basics of the game, play with friends and take turns kicking in the outfield. Game rules, speed and equipment can be altered based on need. Instructor: Community Ed Staff

Ages 18+ • Thursday • November 7 • 6-7p
Crestview Middle • \$25

Social Circle: Let's Talk Jobs!

Finding a job isn't always easy. And, finding a job you love can be even harder. Talk through the challenges of finding a job that fits your abilities, share your tips with peers, and make new connections. Instructor: Community Ed Staff

Ages 18+ • Wednesday • November 20 • 6-7p
Parkway West Middle • \$25

Crafty Corner: Snowflakes

Embrace the winter cold with cool snowflake crafts! Snack on chilly treats while creating snowflakes out of paint, paper and air-dry clay. Make new pals, create art, and celebrate the season! Instructor: Community Ed Staff

Ages 18+ • Wednesday • December 11 • 2-3p
Community Ed Office • \$25

Adult Master/Lap Fitness Swimming

Try our coached master swim program or customize your own workout. All swimming abilities and fitness levels are welcome. Workouts will be given to help adults who still compete, former swimmers, or triathletes looking to improve. Pre-registration required.

Ages 18+

Sessions: Sept 1-Dec. 31 • Session: \$350 Unlimited swims
Monday-Saturday • 5-6:30a • Marquette Indoor Pool
Sunday • 7-8:30a • Marquette Indoor Pool

Monday-Friday • 10:30a-12p (Midday) • Crestview Indoor Pool
The Crestview Outdoor pool may be used until mid-October, weather permitting.

Punch Card Prices:

12 swims: \$96 • 6 swims: \$54 • 3 swims: \$30 • No expiration date, if not registering for unlimited swims

Adult Beginner Swim Lessons

This class is for the true beginner age 18 and up. Taught in a small group setting, you will learn to float, kick, swim and be safe in the water.

Saturdays • Sessions start Aug. 24, Oct. 5, and Nov. 9 • 8-8:40a
Crestview Middle • \$63 for 3 weeks • \$84 for 4 weeks • \$105 for 5 weeks

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call or text 636-891-6644 for more information.



Become a Gold or Silver Card Member & Save! Now Open to Adults 50 and Up!

Gold and Silver Card members receive discounts on select Community Education programs. Gold Card membership is FREE to all Parkway or Rockwood residents, age 50 and older. Silver Card membership is FREE to individuals age 50 and older throughout the St. Louis metropolitan area, living outside the Parkway and Rockwood district boundaries.

Benefits include:

- Unlimited savings up to 50% for Gold Card and 15% for Silver Card on select Community Ed programs.
- Special email and gift from us during your birthday month.

Scan code below, visit www.prcommunityed.org or call/text 636-891-6644.

Gold Card:



Silver Card:



Adult Aquatics



Water Walking

Water walking takes place in, at, or around chest deep water; sometimes it may include shallow and deep water exposure. The class is comprised of various workouts with a focus on aerobic activity, strength and flexibility. Range of motion and proper technique will be the foundation of class. All levels and swimming experience welcome.



There are a variety of aquatics programs for adults at Crestview Middle School.

Tuesdays & Thursdays • Aug. 20-Dec. 19 • 8:45-9:30a • Crestview Middle
\$306 • Gold/Silver Card rates apply

Aqua Aerobics

This low impact workout challenges those who want to get in shape through low-impact cardio, muscle toning, strengthening and balance work.

Crestview Middle • Gold/Silver Card rates apply

Mondays/Wednesdays • Aug. 19-Dec. 18 • \$297
8-8:45a • Shallow water
8:45-9:30a • Deep water
Tuesdays/Thursdays • Aug. 20-Dec. 19 • \$306
8-8:45a • Shallow water
Fridays • Aug. 23-Dec. 13 • \$135
8-8:45a • Shallow water



ADULT LEARNING CENTER

The Missouri Adult Education and Literacy (AEL) Program provides assistance to help Missouri adults get the basic skills they need to be productive workers, family members, and citizens. All teachers hold Missouri Adult Education certification.



Need a High School Diploma? Looking for ways to improve your skills?

The Parkway-Rockwood Community Ed Adult Learning Center offers a variety of free adult education services for individuals 17 and older. Classes are individualized. Students work at their own pace on the skills they need.

In classes YOU will: By attending classes YOU can:

- Improve basic reading, writing, and math skills
- Develop workforce skills
- Prepare for the Missouri High School Equivalency Tests (HiSET/GED)
- Prepare for Postsecondary Education
- Prepare for the WorkKeys and Job Placement tests
- Invest in your future
- Improve your skills
- Earn your HS diploma/credential
- Qualify for a better job
- Get into college or a technical school

Class Schedule and Locations

Fall 2024 classes begin on Monday, Sept. 9. Classes are ongoing and new students are added to classes every month. Students must attend a testing and/or orientation session before beginning classes. Once our office reviews your application, a staff member will contact you regarding testing and/or orientation. For information about locations, class times, and registration, visit www.prcommunityed.org, or call or text 314-415-4940.

Prepare for Your High School Equivalency Online

The MOlearns online program offers FREE instruction in reading, math, and language. The program assists adults in preparing to take and pass the Missouri High School Equivalency Exam (HiSET or GED). Complete your lessons online, 24/7 at home, when it is convenient for your schedule. You will be assigned an online instructor to help you achieve your goals. Classes are available for Missouri residents 17 years of age and older. Visit www.molearns.com or call 314-415-4935 for more information.

ENGLISH AS A SECOND LANGUAGE

Are YOU motivated to succeed in the United States?

You want to feel confident when you interview for a job, apply to a university, or communicate with your physician or your child's teacher. Conquer your fears of understanding and speaking English. Your success in the U.S. depends on your ability to communicate effectively with native American speakers. Register now for FREE English classes to develop and/or improve your English grammar, reading, writing and speaking skills.



Class Schedule and Locations

Fall 2024 classes begin on Monday, Sept. 9. Classes are ongoing and new students are added to classes weekly. Students must attend a testing and/or orientation session before beginning classes. Once our office reviews your application, a staff member will contact you regarding testing and/or orientation. For information about locations, class times, and registration, visit www.prcommunityed.org, or call or text 314-415-4940.



Learn more about the benefits of our free English as a Second Language classes at www.prcommunityed.org

Participation 1 Information

Participant 1 Name: _____
 Birth Date: _____ Gender: Male Female
 Email: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____
 Gold Card/Golden Key Card Holder: Yes No

Program Registration

Program Name: _____
 Location: _____
 Program Name: _____
 Location: _____

Payment Information

Total Fee: \$ _____
 Payment Method: Cash Check (make payable to Parkway-Rockwood Community Ed) Credit Card (Discover MasterCard Visa)
 Card Number: _____ Exp Date: _____ Three-Digit Security Code: _____

Mail form and payment to: Parkway-Rockwood Community Ed, 1401 Froesel Drive, Ellisville, MO 63011

Participation Waiver

In exchange for the Parkway-Rockwood Community Education Program sanctioning the Program and providing district-paid staff members or other designees to supervise the Program, I hereby agree as follows:

1. I hereby acknowledge that I understand the nature of the Program, and believe that I am qualified and in proper physical condition to participate in the Program. I further agree that if at any time, I believe my participation in the Program is unsafe with respect to my physical condition, the equipment, or facilities, it shall be my responsibility to immediately discontinue my participation in the Program.
2. I further acknowledge that I am aware that participation in the Program involves the risk of illness, serious bodily injury (including the possibility of permanent disability, paralysis, or death), which may be caused by (a) my own actions or inactions, (b) the actions or inactions of others participating in the Program, (c) the condition of the equipment and/or facilities at which the Program is located, or (d) the actions or inactions of the entities and persons identified below; and I fully accept and freely assume all such risk and all responsibility for losses, costs, and damages I may incur as a result of my participation in the Program.
3. I acknowledge and agree that the Parkway-Rockwood Community Education Program may revise its procedures at any time in accordance with guidance and protocols issued by the Centers for Disease Control and Prevention, the Missouri Department of Health and Senior Services, the Missouri Department of Elementary and Secondary Education, and the St. Louis County Department of Public Health, due to a spread of a contagious or spreadable illness, including the participation restrictions set forth above, and further agree to comply with the Parkway-Rockwood Community Education Program's procedures at all times during my participation in the Program.
4. Accordingly, I hereby release and forever discharge, and waive the right to pursue any and all claims against the Parkway and Rockwood School Districts, together with their Boards of Education, officers, employees, volunteers, and agents (collectively, the "Releasees") of, from, and against all liability, claims, demands, losses, or damages for any death, illness, personal injury, or property damage arising out of or resulting from my participation in the Program, even if such death, illness, injuries, or property damage are alleged to be in whole or in part directly or indirectly the fault of or caused by the negligence or carelessness of the Releasees. I further agree that if, despite this release and waiver of liability agreement I, or anyone on behalf of myself, makes a claim released in this agreement, I will indemnify and hold harmless each Releasee from any and all litigation expenses, attorney fees, loss, liability, damage, or cost they may incur as the result of such claim.
5. I agree that in an emergency, any Parkway or Rockwood representative may transport or authorize the transportation of myself to a hospital/medical facility and I authorize any physician or other medical personnel to carry out any diagnostic procedures or emergency care deemed necessary. I understand that the cost of medical attention and ambulance are my responsibility.
6. I acknowledge I may be required to provide any pertinent information concerning myself (i.e. allergies, health conditions, disabilities, special needs, etc.). I acknowledge that without full disclosure of my needs, the Parkway-Rockwood Community Education Program may not be prepared to ensure my success and safety in the Program. I acknowledge that information about myself provided in this registration may be used by a Parkway or Rockwood representative or any individual or organization identified by the Parkway-Rockwood Community Education Program as needed in order to effectively execute the Program. I acknowledge my registration in the Program may not be activated until all pertinent information has been submitted to Parkway-Rockwood Community Education.
7. I acknowledge and agree to the fees as outlined in this registration and that I am not accepted in the Program until I receive confirmation from Parkway-Rockwood Community Education.
8. I acknowledge that from time to time, a Parkway-Rockwood Community Education employee/designee may photograph or videotape myself while involved in a Parkway-Rockwood Community Education Program or activity. These photographs or videotapes will solely be used by Parkway and Rockwood for the promotion and marketing of programs and activities and will not be sold. I understand that it is my responsibility to notify the Parkway-Rockwood Community Education Program in writing if I do not wish to be photographed or videotaped.

I have read this agreement as well as all Parkway-Rockwood Community Education, Parkway and Rockwood School District regulations, policies, procedures and consequences, fully understand its terms, and have voluntarily entered into this agreement of my own free will based only upon the terms and conditions included herein.

Participant 1 Signature: _____ Date: _____

Participant 2 Signature: _____ Date: _____

Please note: you cannot apply for Adventure club with this form. You must apply online.

ONLINE REGISTRATION

Online Registration is Quick & Easy

Online registration continues to be the most convenient way to register. Visit www.prcommunityed.org or scan this code to register.



CONNECT WITH US

Keeping up-to-date is just a like, follow or click away!

-  www.prcommunityed.org
-  @Parkway-Rockwood Community Ed
-  @PRComEd
-  @Parkway-Rockwood Community Ed
-  Sign up for our e-news via our website
-  Call or text us at 636.891.6644
-  Live chat with us at www.prcommunityed.org

Become a Gold Card Member and Save!

The Gold Card provides discounts on select Community Education programs. Membership is free to all Parkway and Rockwood residents age 50 and older and other benefits! See page 23 for more details.

Don't Live In Parkway or Rockwood?

You can now save with a Silver Card membership! The Silver Card program provides discounts on select Community Education programs and is FREE to individuals age 50 and older throughout the Saint Louis metropolitan area. See page 23 for more details.

Registration

Available online at www.prcommunityed.org.

Registration may also be submitted by mail.

Programs are filled on a first-come, first-serve basis.

An adult registration form is available on page 25.

Fees and Cancellation Policy

Most Community Ed programs are fee-based programs, as we are self-supporting. Unless otherwise noted, all necessary materials and supplies are included in the registration fee. When possible, online registration is encouraged. If registering by mail, include fees with the registration form. Checks should be made payable to Parkway-Rockwood Community Ed. Returned payments will be handled in accordance with Rockwood School District finance procedures and applicable fees may apply.

Cancellation of classes/programs will be at the discretion of Community Ed. If a class/program is cancelled due to low enrollment, participants will be notified and receive a full refund. Customer-initiated cancellations made at least three business days prior to start of class or program may qualify for a refund minus a 5% processing fee. Customer-initiated cancellations made two or less business days prior to start of class/program or prior to second meeting of class/program with multiple meeting dates may qualify for a 50% refund. No refunds will be made following the second meeting of class/program. Adventure Club, Rockwood Thunder, Trek & Travel and Early Childhood programs may have separate cancellation policies.

Nondiscrimination Policy

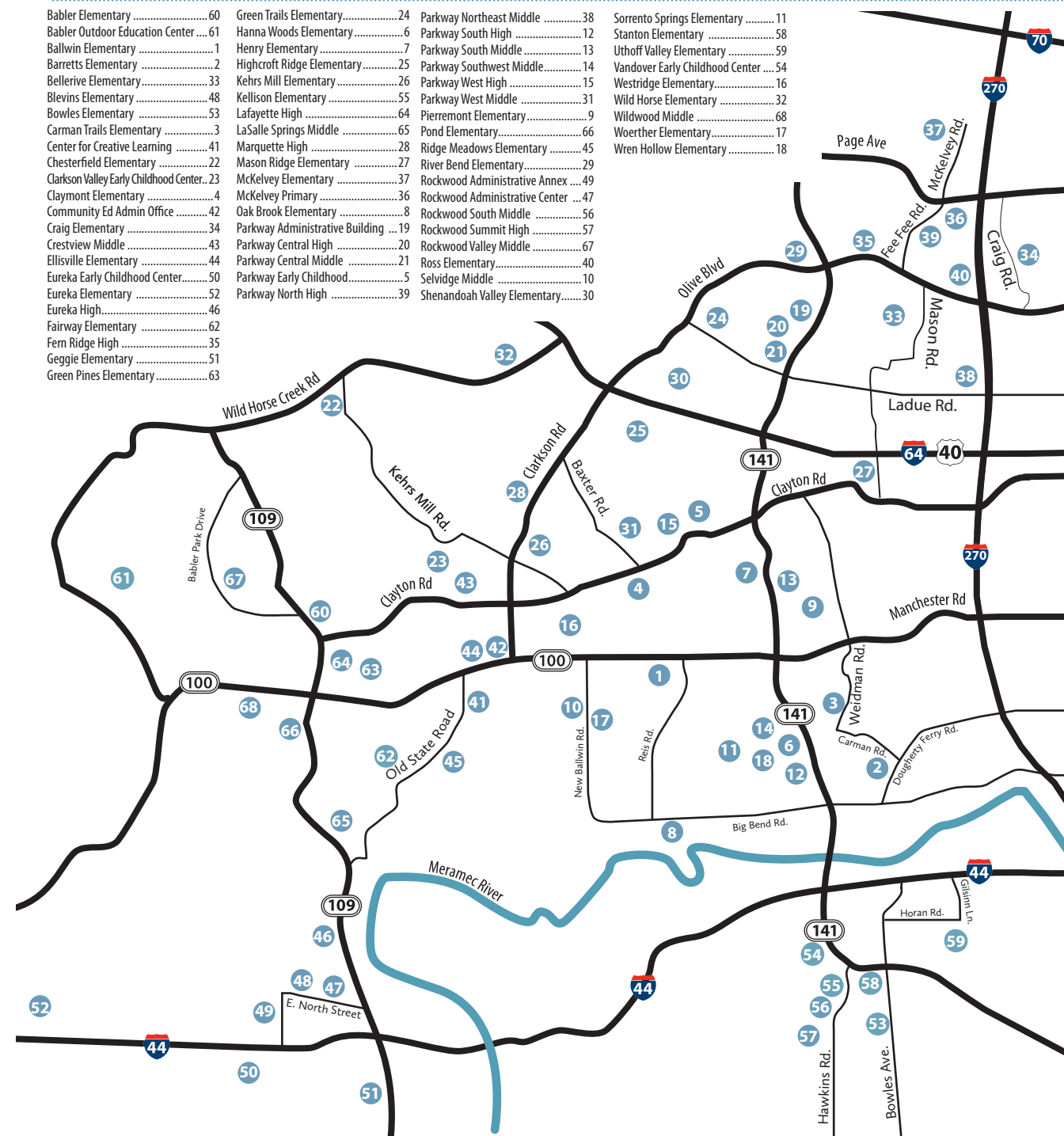
The Parkway and Rockwood School Districts have defined policies prohibiting discrimination against participants in programs and activities. To view the complete nondiscrimination policy of each district, visit www.parkwayschools.net (Parkway) or www.rsdmo.org (Rockwood).

Individuals with disabilities who require accommodations should call 636-891-6644. Reasonable accommodations will be made if they do not fundamentally alter the nature of the program.

Please note: Program details are subject to change. For the most updated information visit www.prcommunityed.org or call or text 636-891-6644 for more information.

FACILITY LOCATIONS

| | | | |
|--|---------------------------------------|--------------------------------------|--|
| Babler Elementary60 | Green Trails Elementary.....24 | Parkway Northeast Middle38 | Sorrento Springs Elementary 11 |
| Babler Outdoor Education Center61 | Hanna Woods Elementary6 | Parkway South High12 | Stanton Elementary58 |
| Ballwin Elementary1 | Henry Elementary7 | Parkway South Middle13 | Uthoff Valley Elementary59 |
| Barretts Elementary2 | Highcroft Ridge Elementary.....25 | Parkway Southwest Middle.....14 | Vandover Early Childhood Center54 |
| Bellerive Elementary.....33 | Kehrs Mill Elementary26 | Parkway West High15 | Westridge Elementary.....16 |
| Blevins Elementary48 | Kellison Elementary55 | Parkway West Middle31 | Wild Horse Elementary32 |
| Bowles Elementary53 | Lafayette High64 | Pierremont Elementary.....9 | Wildwood Middle68 |
| Carman Trails Elementary3 | LaSalle Springs Middle65 | Pond Elementary.....66 | Woerther Elementary.....17 |
| Center for Creative Learning41 | Marquette High28 | Ridge Meadows Elementary45 | Wren Hollow Elementary18 |
| Chesterfield Elementary22 | Mason Ridge Elementary27 | River Bend Elementary.....29 | |
| Clarkson Valley Early Childhood Center..23 | McKelvey Elementary37 | Rockwood Administrative Annex49 | |
| Claymont Elementary4 | McKelvey Primary36 | Rockwood Administrative Center ...47 | |
| Community Ed Admin Office42 | Oak Brook Elementary8 | Rockwood South Middle56 | |
| Craig Elementary34 | Parkway Administrative Building ...19 | Rockwood Summit High57 | |
| Crestview Middle43 | Parkway Central High20 | Rockwood Valley Middle67 | |
| Ellisville Elementary44 | Parkway Central Middle21 | Ross Elementary.....40 | |
| Eureka Early Childhood Center.....50 | Parkway Early Childhood.....5 | Selvidge Middle10 | |
| Eureka Elementary52 | Parkway North High39 | Shenandoah Valley Elementary.....30 | |
| Eureka High46 | | | |
| Fairway Elementary62 | | | |
| Fern Ridge High35 | | | |
| Geggie Elementary51 | | | |
| Green Pines Elementary63 | | | |



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