

# OLGC Preschool



## June 2024 Newsletter

Thank you, parents, for your assistance with our Spring Sing and Field Day. They would not have been successful without your help! Thanks, too, for all of the donations of treats for our staff room, and for your support in so many ways throughout the year. Most importantly, thank you for sharing your children with us!

During the course of the year, the children have become quite adept at cleaning up after themselves. Please encourage them to continue this at home. And, as classroom helpers, they have had “chores” to do to help the class run smoothly. If you’re not doing so already, this is a good time to assign chores at home. Some age appropriate tasks include helping set the table, putting dirty clothes in the hamper, and picking up toys. Here is a link for more ideas: <https://www.yourmodernfamily.com/age-appropriate-chores-for-kids/>.

Parents of returning students: Please complete the packet of forms for next year and return it to me. They are due back by July 26, but I am happy to take them before this school year ends. Returning students do not need a new VA Health Form. Our Open House for next fall will be held on the afternoon of August 21st. You will receive a letter in the mail in August with details.

### Why is “Down Time” so Important?

On the surface, “down time” may look like wasted time, but below the surface there’s a whole lot going on!

- Free play encourages divergent thinking, promoting problem-solving skills, creativity, and increased initiative.
- Children learn to deal with solitude (quiet time) – essential for mental restoration.
- Children learn to entertain themselves, make and carry out plans, and experience satisfaction in doing so.

So let’s give our children opportunities to lie on their backs outside and look for pictures in the clouds!

### Looking for things to do with your children this summer?

Check out this website for suggestions: <https://childhood101.com/category/kids-play-ideas/>. It’s a great resource for parents. And don’t forget the Fairfax County Library. Not only can you check out books, but they also offer a variety of story time programs. Frying Pan Park is another fun spot – and it’s free! Visit the farm there and check out the animals. There are usually babies this time of year! Whatever you do this summer, have fun and be safe!

### Important Dates:

6/5 Donuts with Dad Day 8:00-8:30

6/11 Last day of school, 11:15 dismissal.