

# Human Services Career Cluster

The Human Services career cluster focuses on preparing individuals for employment in career pathways that relate to families and human needs such as counseling and mental health services, family and community services, personal care services, and consumer services. This career cluster includes occupations ranging from community health workers to cosmetologists and nutritionists.

## Health and Family Services



The Health and Family Services program focuses on occupational and educational opportunities associated with promoting physical, emotional, and mental health and wellness. This program of study includes assisting patients in planning for their health and wellness, responding to crises, providing education or counseling, making referrals, and addressing barriers to accessing health and wellness services. This program of study also includes managing social and community services, managing family and consumer sciences, and understanding career paths in social work or therapy for children, families, or school communities.

### Secondary Courses for High School Credit

#### Level 1

- Principles of Human Services (8<sup>th</sup> grade)
- Dollars and Sense

#### Level 2

- Lifetime Nutrition and Wellness
- Interpersonal Studies
- Child Development
- Human Growth and Development

#### Level 3

- Applied Nutrition & Dietetics <sup>1</sup>
- Family and Community Services <sup>2</sup>

#### Level 4

- None



### Postsecondary Opportunities

#### Associates Degrees

- Nutrition Sciences
- Community Health Services/Liaison/Counseling
- Human Development and Family Studies
- Public Health

#### Bachelor's Degrees

- Social Work
- Mental Health Counseling/Counselor
- Human Nutrition and Foods

#### Master's, Doctoral, and Professional Degrees

- Nutrition Sciences
- Family Studies
- Exercise and Sports Nutrition

### Work-Based Learning and Expanded Learning Opportunities

Exploration Activities	Work-Based Learning Activities
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| <ul style="list-style-type: none"> <li>Participate in Family Career and Community Leaders of America (FCCLA)</li> </ul> | <ul style="list-style-type: none"> <li>Job shadow a dietitian or nutritionist</li> <li>Volunteer at a community center</li> <li>Intern for a non-profit organization</li> </ul> |
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### Industry-Based Certifications

- Pre-Professional Certification in Nutrition, Food, and Wellness <sup>1</sup>
- Community Health Worker <sup>2</sup>



### Aligned Occupations

Occupations	Median Wage	Annual Openings	% Growth
Community Health Workers	\$42,200	500	25%
Dietitians and Nutritionists	\$66,100	500	21%
Child, Family, and School Social Workers	\$49,800	2,300	14%

Successful completion of the Health and Family Services program of study will fulfill requirements of the Public Service endorsement. Revised – May 2024

# Health and Family Services Course Information

## Level 1

COURSE NAME	SERVICE ID	PREREQUISITES	GRADE LEVEL(S)
Principles of Human Services (8 <sup>th</sup> )	13024200 (1 credit)	None	8
Dollars and Sense	13024300 (.5 credit)	None	9

## Level 2

COURSE NAME	SERVICE ID	PREREQUISITES	GRADE LEVEL(S)
Lifetime Nutrition and Wellness	13024500 (.5 credit)	None	9
Interpersonal Studies	13024400 (.5 credit)	None	9
Child Development	13024700 (1 credit)	None	10
Human Growth and Development	13014300 (1 credit)	None	10 - 11

## Level 3

COURSE NAME	SERVICE ID	PREREQUISITES	GRADE LEVEL(S)
Applied Nutrition and Dietetics	N1302541 (1 credit)	Lifetime Nutrition and Wellness	11 - 12
Family and Community Services	13024900 (1 credit)	None	11 - 12

## Level 4

COURSE NAME	SERVICE ID	PREREQUISITES	GRADE LEVEL(S)
None	-	-	-

FOR ADDITIONAL INFORMATION ON THE HUMAN SERVICES CAREER CLUSTER,  
PLEASE CONTACT YOUR CAMPUS CTE COUNSELOR  
<https://tea.texas.gov/cte>

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