




**EXCELLENCE IN DINING SERVICES...**  
**SHADY SIDE ACADEMY SENIOR SCHOOL**

**WEEK 5**  
**MONDAY, JULY 15TH - FRIDAY, JULY 19TH**

|   | <b>MONDAY</b>   | <b>TUESDAY</b>   | <b>WEDNESDAY</b>   | <b>THURSDAY</b>  | <b>FRIDAY</b>  |
|---|---|--|--|--|--|
|  | <b>Turkey &amp; Provolone on Italian</b><br>Sour Cream & Onion Lays<br>Baby Carrots                   | <b>Pepperoni Salami &amp; Provolone on Italian</b><br>Chex Mix<br>Strawberries               | <b>Vegetable Hummus Wrap</b><br>Cheetos<br>Celery w/ Ranch                                   | <b>Classic Club Sandwich</b><br>Corn Chips<br>Tossed Salad                         | <b>Italian Hoagie</b><br>Bagged Snacks<br>Fresh Fruit                              |
|  | <b>Black &amp; Blue Salad</b><br><br>or<br><b>Cheese Calzone</b><br>Buttered Orzo<br>Brussels Sprouts | <b>Grilled Chicken Caesar</b><br><br>or<br><b>Mini Corn Dogs</b><br>Chex Mix<br>Strawberries | <b>Meatball Parm Bowl</b><br><br>or<br><b>Chicken Sandwich</b><br>Cheetos<br>Celery w/ Ranch | <b>Caribbean Jerk Tofu Bowl</b><br><br>or<br><b>Sloppy Joes</b><br>Noodles<br>Peas | <b>Hamburger</b><br><br>or<br><b>Veggie Burger</b><br>Bagged Snacks<br>Fresh Fruit |



**Ask about our Gluten-Free and Vegan options!**

