

# August / September 2024

Menu Subject to Creativity



# Elementary School Lunch Menu

The Falmouth School Nutrition Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Breakfast Pricing</b>                      All Students Free                      Staff &amp; Visitors \$2.50                      Milk Only .50¢</p>		<p>28 - August</p> <p>Fresh Breaded Chicken Tenders                      Brown Rice / Broccoli                      Fruit &amp; Veggie Bar / Milk</p>	<p>29 - August</p> <p>Cheese or Pepperoni Pizza (V)                      Trail Mix                      Fruit &amp; Veggie Bar / Milk</p>	<p>30 - August</p> <p><b>No School</b></p>
2	3	4	5	6
	<p>Crispy Fish Sticks                      Sweet Potato Fries                      Fruit &amp; Veggie Bar / Milk</p>	<p>Creamy Chicken Alfredo                      Whole Wheat Roll                      Carrots &amp; Peas                      Fruit &amp; Veggie Bar / Milk</p>	<p>Bosco Sticks w/                      Dipping Sauce (V)                      Fruit &amp; Veggie Bar / Milk</p>	<p>Super Beefy Nachos (V)(GF)                      Refried Beans                      Salsa / Sour Cream /                      Toppings                      Fruit &amp; Veggie Bar / Milk</p>
9	10	11	12	13
<p>Lasagna Rollups in                      Tomato Sauce (V)                      Garlic Bread                      Fruit &amp; Veggie Bar / Milk</p>	<p>Turkey <b>BLT</b> on a Croissant                      Whole Grain Cheezits                      Fruit &amp; Veggie Bar / Milk</p>	<p>Whole Wheat Rotini                      &amp; Meat Sauce                      Whole Wheat Dinner Roll                      Fruit &amp; Veggie Bar / Milk</p>	<p>Cheese or Pepperoni                      Pizza (V)                      Trail Mix                      Fruit &amp; Veggie Bar / Milk</p>	<p>Tangerine Chicken                      Savory Brown Rice                      Steamed Broccoli                      Fruit &amp; Veggie Bar / Milk</p>
16	17	18	19	20
<p>Mini Chicken Corn Dogs                      Peas &amp; Carrots                      Fruit &amp; Veggie Bar / Milk</p>	<p>Crazy Cheesy Mac &amp; Cheese                      Ham Slice Roll Up                      Fruit &amp; Veggie Bar / Milk</p>	<p><u>EARLY RELEASE BAGGED LUNCH DAY</u>                      Bagel / Cream Cheese                      Cheese Stick / Apple Slices                      Carrots / Milk</p>	<p>Cheesy Breadsticks                      Tomato &amp; Corn Salad                      Fruit &amp; Veggie Bar / Milk</p>	<p><u>Maine Harvest Lunch</u>                      Maine Beef Hamburger,                      Cheeseburger or                      Veggieburger                      Fresh Maine Corn on the Cob</p>
23	24	25	26	27
<p>Toasted Cheese Sandwich (V)                      Fresh Tomato Soup w/ School                      Grown Tomatoes                      Fruit &amp; Veggie Bar / Milk</p>	<p>Pancakes (V)                      Hash Brown                      Chicken Sausage Patty                      Fruit &amp; Veggie Bar / Milk</p>	<p>Oven Grilled Hot Dogs or                      Veggie Dogs on a WW Roll                      Baked Beans                      Fruit &amp; Veggie Bar / Milk</p>	<p>Cheese or                      Pepperoni Pizza (V)                      Trail Mix                      Fruit &amp; Veggie Bar / Milk</p>	<p>Chicken Patty                      Whole Wheat Roll                      Green Peas                      Fruit &amp; Veggie Bar / Milk</p>
30	September's Harvest of the Month Program is: <b>TOMATOES</b>	All items highlighted in red are made with: <b>MAINE TOMATOES</b>		
<p>Popcorn Chicken                      Warm Biscuit                      Fruit &amp; Veggie Bar / Milk</p>				

This institution is an equal opportunity provider.

Kitchen Manager - Tracey Thibodeau (tthibodeau@falmouthschools.org)