

August / September 2024

Menu Subject to Creativity



High School Lunch Menu

The Falmouth School Nutrition Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Breakfast Pricing</u></p> <p>All Students Free</p> <p>Staff & Visitors \$2.50</p> <p>Milk Only .50¢</p>		28 - August	29 - August	30 - August
		<p><u>Freshman Cookout</u></p> <p>Hamburgers & Hot Dogs</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>Macaroni & Cheese</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>No School</p>
2	3	4	5	6
	<p>Chicken Parmesan Sandwich</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>Cheese Lasagna Roll Ups</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>BBQ Pulled Pork Sandwich</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>Mandarin Chicken & Rice</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>
9	10	11	12	13
<p>Pasta Broccoli Alfredo</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>Cheeseburger w/ Pickles, Lettuce & Tomato</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>Bosco Sticks</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>Chicken & Veggie Quesadilla</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>Fish Stick & Buffalo Shrimp w/ Onion Rings</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>
16	17	18	19	20
<p>Cheesy Pasta w/ Pepperoni</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>Chicken Caprese Sandwich (Pesto, Mozzarella & Tomato)</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p><u>EARLY RELEASE DAY</u></p> <p><u>Chef's Choice</u></p>	<p>Plant Protein Grain Bowl</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>Beef & Bean Burrito</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>
23	24	25	26	27
<p>Pasta w/ Meat Sauce</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>BBQ Cheeseburger w/ Onion Rings</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>Mini Chicken Corn Dogs</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>Grilled Cheese Sandwich & Soup</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>	<p>Oven Fried Bone-In Chicken w/ Biscuit</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>
30	<p><u>Everyday Offerings</u></p> <p>Assorted Pizza Slices, Chicken Burger, Hot Dog, Veggie Burger, Fish Sandwich, Chicken Tenders, Assorted Cold Sandwiches, & Peanut Butter & Jelly Sandwich</p>			
<p>Macaroni & Cheese</p> <p>Farmers Market Salad Bar</p> <p>Fresh Fruit & Milk</p>				

This institution is an equal opportunity provider.

Kitchen Manager - Kerri Demers (kdemers@falmouthschools.org)