



New Jersey 911 Lifeline Legislation



Purchasing, possessing, or consuming alcohol is illegal for those under the Minimum Legal Drinking Age of 21. This legislation provides immunity from prosecution when the steps below are followed.



1. **Call 911 for help**
2. **Stay with your friend**
3. **Talk with authorities**

The underage person who is receiving medical assistance is also immune from prosecution. This immunity applies to public and private property.

Call 9-1-1 if you see the following signs of alcohol poisoning:

- Passing out, semi-conscious
- Cold, pale, or bluish skin
- Vomiting
- Slow or irregular breathing
- Confusion or slurred speech
- Seizures



Blood Alcohol Content can continue to rise after someone passes out - do not leave your friend alone to sleep it off!

Myth: Beer and wine are safer than liquor.

Fact: Alcohol is alcohol. It can cause problems no matter what kind you consume.

"WORDS MATTER" LANGUAGE CHOICE GUIDE

Instead of saying this

- ❌ Insane/Crazy/Nuts/Unstable/Whackjob/Schizo(phrenic)/Bipolar
- ❌ Alcoholic/Drunk/Junkie/Drug Addict
- ❌ Committed Suicide/Killed Themselves

- ✓ Person with a Mental Health Disorder
- ✓ Person with a Substance Use Disorder
- ✓ Died by Suicide

Say this

Using more compassionate language can help reduce stigma and discrimination towards mental health, substance use, and recovery.

What is this?

This guide was developed with a focus on local mental health and substance use resources that serve teens, young adults, and parents and caregivers in need of support.



Who is this for?

This guide is intended to assist anyone that is seeking help for a teen, young adult, or adult family member. We understand that help is often sought in times of crisis and can feel overwhelming. We hope this guide will be a helpful beginning to navigating the process of connecting with needed supports.



How do I utilize this?

This is not an exhaustive list. If you are not sure where to begin, or if you would like to speak to someone about this guide, please reach out to Harvest Family Success Center at harvestfsc.com or call 908-237-0465.



The Harvest Family Success Center is a program of Prevention Resources, Inc. that offers the community a gathering place, brings families together through free events, programs and activities, and connects families to helpful local resources. If you would like to be connected to additional support services, Harvest FSC is here to help.

Hablamos español.



harvestfsc.com
mmoore@njprevent.com
908-237-0465

Hunterdon County IMPACT GUIDE

Local mental health and substance use resources for youth, young adults, & families



empowersomerset.com
908-722-4900 | info@empowersomerset.com

Hotlines

Poison Control	800-222-1222
2ND FLOOR <i>Call or text</i>	888-222-2228
NJ Addiction Services	844-276-2777
TEEN LINE	1-800-852-8336
	Text TEEN to 839863
NJ Connect for Recovery	855-652-3737
Perform Care	877-652-7624
Reach NJ	844-732-2465
Hunterdon Helpline	800-272-4630
Suicide and Crisis Lifeline	988
Suicide Text Line	741-741

Crisis/Emergency Services

Hunterdon Crisis Line	908-788-6400
Family Crisis Intervention Unit	908-237-5525

Support Groups

AL-ANON/ALATEEN	888-944-5678
NJ Hope & Healing	732-204-6510
Family Support Organization	908-223-1191
NAMI NJ	732-940-0991
Alcoholics Anonymous*	908-687-8566
Narcotics Anonymous*	800-992-0401

*18+ | teen must be accompanied by adult

Treatment Services

Prevention Resources	908-782-3909
Open Door Recovery Center	908-864-2940
Catholic Charities	908-782-7905
Acenda Integrated Health	908-806-5195
Easter Seals	908-689-6600
New Hope IBHC	800-705-4673
Summit Oaks Hospital	800-753-5223
Tri County Care Management Organization	908-526-3900

Search "NJ Narcan Training" for free training and nasal kits

For more resources and information, visit njprevent.com or download Help App



Help App



GET THE APP



Myth: The worst thing that can happen from drinking too much is I'll pass out and have a hangover tomorrow.

Myth: If I eat a big meal before I drink, I won't get drunk.

Fact: Death or injury can occur from alcohol poisoning. An intoxicated person can have a physical reaction or impaired judgement and coordination that could lead to drunk driving, falls, and other accidents.

Fact: Food does not prevent alcohol from affecting your body. The alcohol still gets in your system. It may be delayed a bit by the food, which will slow the rate of absorption, but you can still get drunk.

Youth Activities

Hunterdon County Youth Coalition	908-782-3909
Positive YOUth	908-782-3909
4-H Youth Development	908-788-1341
Hunterdon County YMCA	908-782-1030
School-Based Youth Services	908-788-6401
	x3173
Division of Parks & Recreation	908-782-1158

