

## **The School District of Auburndale**

### **Wellness Meeting Notes**

**June 15, 2023**

#### **Call To Order**

The meeting was called to order at 12:15 pm by District Administrator – Kevin Yeske in the District Office conference room. In Attendance: District Administrator – Kevin Yeske, Finance Director – Charles Payant, MS/HS Principal – Steven Van Wyhe, Elementary Principal – Andrew Schrenbach, Health/Physical Education Teacher – Dawn Urban, Physical Education Teacher – Heath Novitzke, Health Care Coordinator – Rachel Schmuhl, Special Education Director/Psychologist – Devin Damerell, Food Service Director – Nicole Lutz, and Parent Representative – Krystal Kialiszewski.

#### **Old Business**

Mr. Yeske read aloud the minutes from the May 31, 2022 meeting. Steven Van Wyhe and Rachel Schmuhl motioned to approve those minutes.

#### **Annual Review of School Wellness Policy**

Mr. Yeske read aloud and reviewed with the group, each of the five components of School District Wellness Policy 458. Below are major points of discussion.

Component 1. “Goals for nutrition promotion and education, physical activity, and other school based activities that promote school wellness.”

Dawn expressed concern on the amount of caffeinated/energy drinks that students are consuming and bringing to school. There was an issue with students selling these out of their lockers but Steve had noted that he had put an end to that. Some ideas discussed to remedy this problem were: holding an assembly about the effects these types of drinks can have on your health and encouraging students and parents to not bring these types of things to school at the Open House and in the Welcome Back packets.

Andrew, Rachel, and Krystal had discussed parent provided snacks at the Elementary building and the need for more refrigeration during the day for the healthier options that are brought in. They also explained to the group how food allergies are provided for during snack time.

Nicole had shared that during the upcoming school year there would be no charge for students that qualify for reduced meals for lunch or breakfast. She also shared the addition of more fresh fruits and veggies provided each day. Andrew brought up the fact that we are providing more locally sourced food/milk in our lunch program.

The addition of more water bottle fillers was discussed.

Heath and Dawn discussed the addition of Adaptive Physical Education along with the traditional and non-traditional units provided to the students. Dawn shared that the MS/HS has both integrated team and individual options for students in the Physical Education program.

Component 2. “Nutrition guidelines for all foods available during the school day that are consistent with State and Federal Statutes, and promote student health and reduce obesity.”

The School District is in compliance with Nutritional and National School Lunch program guidelines as outlined in Component 2 of the District Wellness Policy.

The school store is currently purchasing smart snacks compliant items through our food service distributor.

Components 3, 4, and 5. Component 3 of the Wellness Policy deals with who is involved with developing and reviewing the Wellness policy. Component 4 deals with updating the public on the implementation of the wellness plan. And, Component 5 deals with the periodic measurement, compliance, and description of progress being made toward the wellness plan objectives.

**The District is in compliance with all areas and components of School Wellness Policy 458.**

Motions to adjourn the meeting were made by Charles Payant and Steven Van Wyhe.

Meeting Adjourned 12:50 pm.