## Weight Room Opening Tonight, December 8, 2021

We are excited to announce that the weight room in the Middle/High School will start its open hours tonight, from 5:30-7:30pm on school nights for adults in the community.

Hours - 5:30pm to 7:30pm Mondays thru Fridays

## A few reminders:

- You must have your own fob to use the weight room (Ms. Breu can help you with this in the High School office)
- The supervisor is in charge of the weight room and its use
- The bathrooms nearest the weight room are available for your use
- Parents/Guardians may bring children if they also supervise and are responsible for their children (children must be using the weight room and stay with parent/guardian at all times)
- If the district is unable to find supervision for the weight room it will remain closed
- The district will do its best to use Facebook (or Website) to inform people of any changes to availability of the weight room

Any use of the fob outside of its intended purpose will result in deactivation of the fob. This is for weight room use only.