

Musical Opposites

Duration (rhythm) -

LONG

SHORT

Dynamics (volume) -

SOFT

LOUD

(slow air)

(fast air)

Pitch (frequency) -

LOW

HIGH

(separate, then connect together-play back and forth)

Articulation (tonguing) -

ONE

MANY

(with one breath)

Tempo (speed) -

SLOW

FAST

(while playing many tones with one breath)

Practice Musical Opposites at least 10-15 minutes every day on just your mouthpiece/headjoint/reed. After your first week of playing, Musical Opposites may be used with your instrument as well.

- Always use your best posture (straight back, feet flat on the floor)
- Always try to make the best possible sound that you can
- Always take a quick, full breath before playing each exercise
- Always whisper “too” when starting your notes