

# Welcome to Peak to Peak's 8<sup>th</sup> Grade Family Night



Oh, the places you will go!

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# Objectives

- \* Understand how to support your student in high school and how to help them remain balanced.
- \* Understand what college preparation means for your student
- \* Understand  $\text{Fit} + \text{Funding} = \text{Finishing}$
- \* Leave more confident about the upcoming transition than when you came in!

# 3-2-1 Notecard activity

- \* Write 3 questions you have about high school and/or college planning
- \* Write 2 things you are excited about for your student regarding high school
- \* Write 1 way you plan to help your child stay balanced during high school
- \* Bonus- How many credits are required for graduation?

# Meet someone new!



# Lessons and Questions from your 8th graders

- They have had 3 counseling lessons from HS counselors so far!
- They are amazing kids! Already thinking about fit, costs, dorms, independence, “names,” acceptance rates, and setting themselves up for success!
- How can you help?

# Peak to Peak's Mission and Vision

## Mission Statement

- Provide broad access to an exemplary K-12 liberal arts, college preparatory education that challenges students to achieve their academic potential.
- Be a community that values and recognizes scholarship, academic achievement, and creativity.
- Provide an environment in which each student is known, respected, and valued as an individual of great potential and promise.
- Prepare students to become active and responsible citizens of an interdependent world.

## Vision Statement

The Peak to Peak community will inspire students to fulfill their academic dreams for college, to develop their creative passions and athletic talents, and to become responsible citizens.

# What do we focus on?

YES!

- \* Whole child
- \* Health and wellness
- \* Balance
- \* Appropriate course selection
- \* Social-emotional learning
- \* Preparing child for life
- \* Fit + Funding=Finishing



# Balance & Wellness





# How to know if your student is out of balance?

Change in behavior

Withdrawing from activities

Taking unnecessary risks

Depressed

Bullying

Threats



# Academics



# Graduation Requirements

Subject	P2P Requirements	College Entrance Requirements
English	40 credits	4 years
Math	40 credits	3-4 years (depending on college and major)
Science	30 credits	3-4 years (depending on college and major)
Social Studies	30 credits	3-4 years (depending on college and major)
World Language	30 credits of selected language or through Level 40	2-4 years (depending on college and major)
Visual & Performing Arts	20 credits	Might not be required; depends on college
Technology	5 credits	Might not be required; depends on college
Health	5 credits	Might not be required; depends on college
P.E.	10 credits (must include 1 class)	Might not be required; depends on college
Electives	10 Innovations, at least 10 credits required; up to 70 credits may be earned	
Peak Week	Participation all four years	
College Research Seminar	5 credits	
Community Service	100 hours	
Total	230 credits	

# Data from current 9th (in March)

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Homework per night:

Less than 1 hour- 25

1-2 hours- 70

2-3 hours-37

3-4 hours- 6

more than 4- 1



# Advice from current 9th graders



*you belong here*



**Planning for HS: They need  
— you more now!**



# What this means for families of eighth graders...

- \* Check out our website for [curricular pathways and graduation requirements](#)
- \* Middle school success = high school success
- \* Expect some difficulties with transition
- \* How are they doing now? Do we need to adjust their course selection?
- \* Help your student make positive choices early
- \* Consider opportunities that will help your student find meaning and identify things they like to do!

Develop their creative passions and athletic talents...





# How I start your student's high school experience...

- \* 3 types of high school students
- \* What type of student has your child been?
- \* Things they like?
- \* Don't be a student/family that wonders, "what happened?"



8th grade Spring: Introduction to High School (3 lessons), Course Registration

9th grade: Introduction to High School, Indigo, Balance and Wellness, Title IX training, Course Registration, Unified Peak Week (college visits) and PSAT 9

10th grade: College Day, Introduction to College Fit lessons, career fit, PSAT 10, college field trip, Case Studies, college financing, Title IX training, suicide prevention, healthy relationships

11th grade: College Day, College Research Seminar, Strong Interest Inventory, Title IX training, Junior Meeting, college field trips, SAT

12th grade: Senior Boot Camp, Senior Meeting, College Day, Title IX training, Transition to College and Finding your resources

8th grade Spring: Introduction to high school

9th grade Spring: Welcome to high school, Intro. to College  
- Fit/Funding

10th grade: Understanding What Colleges Want (Sept.),  
College Day P/G sessions, Case Studies (April)

11th grade: Junior Parent Night (Sept.), College Day P/G  
sessions, Junior College Kick-off, Junior Meeting

12th grade: Senior Parent Night (Sept.), FAFSA/CSS Profile  
sessions, College Day P/G sessions, Senior Meeting,  
Transition to College Night

# Why this matters...

- \* First and foremost, kids must be balanced and healthy to be successful in high school.
- \* Factors Colleges Consider when Making Admissions Decisions





# Social-Emotional Learning



# Ms. Campbell's Theory on Teenagers

- \* What advice you would give Kindergarten families about helping their child succeed in Elementary School? Share 3 things with your table group





# \* Community Building Events



PAC

Orientation

Chuck the Chicken

Ice Cream Social

La Foret

Cocoa and Cram



A-D: Ms. Gannett

E-K: Ms. Creek

L-R: Ms. Bostic

S-Z: Ms. Campbell

# College Counseling at Peak Fit + Funding = Finishing







# Game Time



# Top Schools Attended by Number (P2P)

2021	2022	2023
CU Boulder (21)	CU Boulder (18)	CU Boulder (32!)
Colorado State University (8)	Colorado State (11)	Colorado State University (5)
Georgia Institute of Technology (6)	Colorado School of Mines (4)	University of Denver (4)
Front Range Community College (6)	Northeastern University (4)	Front Range Community College (3)
Butler University (3)	Lewis and Clark (3)	Georgia Tech (3)
Lafayette College (3)	CU Denver (3)	Colorado School of Mines (3)
Metropolitan State University of Denver (3)	Saint Louis University (3)	Purdue University (3)
Claremont McKenna College (2)	University of British Columbia (3)	University of Puget Sound (3)
Northeastern University (2)	Boston University (2)	University of Hawaii (2)
Stanford University (2)	Dartmouth (2)	Rhodes
University of California-Berkeley (2)	Purdue (2)	Metropolitan State University of Denver (2)

# So how do we prepare kids for — FIT?

- Find interests
- Discover new things
- Be open to possibilities
- Be a partner
- Get involved
- Connect





# FUNDING!!!



# Peak to Peak Lessons Learned

- ❖ ALL of our students get into college!
- ❖ Most of our students need money and LOTS of it.
- ❖ There is a range of “need”
- ❖ Most of our kids pay about \$30-\$35,000 per year to attend WITH scholarships
- ❖ Most of our families are not saving enough
- ❖ College preparation includes finances

# Yearly Costs of Attendance (16 cr/sem) (2022-23 data)

Includes Room & Board, Tuition & Fees; does not include books, personal expenses or transportation (\$1500-\$4000)

CO Schools include [COF](#)

- Front Range CC (2-year) \$5,400 (live at home)
- Metro State U \$10,893 (live at home)
- U of Northern CO \$22,908
- Northern Arizona U (4-year) \$23,514 (WUE & \$6000 Gold schlshp--3.5 gpa)
- UCCS \$22,680
- Colorado State \$26,350 (+tuition differential in Jr/Sr year)
- CU Boulder (A & S) 4-year guar **\$30,544** (+\$5700 for business, \$4000 eng/sci.)
- University of Wyoming \$33,832 (without WUE or scholarship)
- Colorado School of Mines \$36,150
- MT State \$39,800 (without WUE or scholarship)

# 2022-23 Estimated EFC/SAI at various income levels (AGI)

family of 4; 1 child in college full time; parents are married; oldest parent is 50; student income = 0; student assets = 0 ; College costs = \$35,000

Income	EFC/SAI	Notes
\$200,000	51,283	<i>Note that the higher the income level, the less likely it is that parents have no assets, so the actual EFC will be higher than indicated</i>
\$180,000	44,126	
\$150,000	33,333	
\$120,000	23,055	
\$100,000	16,205	
\$80,000	8,794	
<b>\$71,000</b>	<b>6,201</b>	(Pell grant of \$692) Highest income Pell-eligible
\$56,500	3,207	(Pell grant of \$3,645)
\$51,338	2,295	(Pell grant of \$4,645) Qualify for reduced lunch
\$38,500	0	(Pell grant of <b>\$6,895</b> ) Highest income for <b>full Pell</b>
\$36,075	0	(Pell grant of \$6,895) Qualify for free lunch



# Why are we showing you this now?



# The Good News!

- \* Help your child have the perspective that they WILL get into college and you support fit!
- \* Don't put undue stress/pressure on yourself or your child
- \* Help your child find 1-2 “passions” they can pursue—your child should emphasize and/or try to develop interests that help distinguish themselves from others, but LIMIT!
- \* Ensure they are well-balanced
- \* Make time for family time, real conversations and fun!
- \* Assist your child in finding valuable activities to do in the summer
- \* Do your research!
- \* Start saving now, if you haven't already!!!

# Closure

- \* Did we answer your questions?
- \* What questions still remain?
- \* What can you take home and share with your student?