

Peak to Peak Charter School  
High School  
Player/Parent Handbook

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## **Table of Contents**

2	Table of Contents and Philosophy Statement
2	Practice and Game Guidelines
3	Practice Policies
4	Respect Pledge
5	General Information
5	Communication Pathway
6	Parent/Coach Meetings
6	Student Athlete Duties
8	Profile of a Supportive Parent
9	Concussion Information
9	BVSD Athletic Code of Conduct

### **Philosophy Statement**

The athletic program offers students the opportunity to participate in sports. It is instrumental in developing the character traits that are the hallmark of Peak to Peak. The playing arenas in athletics are natural places to teach responsibility, respect, cooperation, kindness, self-control, honesty, perseverance, integrity and excellence. Our philosophy is to allow students a chance to develop athletic skills while simultaneously providing a competitive climate. We want our students to show outstanding character while participating in athletics. Coaches, parents and players need to be exemplary role models for others.

### **Practice and Game Guidelines**

#### **Basic Beliefs**

The Peak to Peak Middle School athletics program is built around three basic beliefs:

1. Athletics should be fun for all involved.
2. Players reach their maximum potential, and thus achieve ultimate enjoyment, when they give maximum effort and concentration while they are on the court or field. The work ethic and discipline habits learned from sports can be applied to all aspects of life.
3. Peak to Peak Middle School athletes must be enthusiastic! If a Peak to Peak athlete doesn't love the game, look forward to practicing and playing, and continually strive to be the best they can be, the entire program will suffer. Peak to Peak athletes must be disciplined. This entails doing what needs to be done when it needs to be done to the best of one's ability at all times.

These beliefs shape the way Peak to Peak athletes are expected to perform at games and practices.

## Practice Policies

Peak to Peak athletes are expected to give complete concentration and effort every time they step on the practice floor/field. It is our goal to outwork every opponent. Players must be dressed, taped and ready to go when practice is scheduled to start. If this is not possible, the player must inform the coach of the reason prior to the end of the school day. Attendance at all practices is required. This includes practices on Saturdays and over school holidays (if applicable.) Missing practices can affect playing time.

Exception: Athletes sick or injured need not participate in practice until they are healthy enough to do so; however, injured players are expected to watch practice when they can. Players may also need to miss practices due to academic conflicts. Such absences are permitted only after all other possibilities have been exhausted (for example, before school and during free periods.) **If a student attends office hours for academic reasons they must still attend half of practice and bring a note from the teacher.** The coaching staff fully understands players and their families will plan vacations during the course of the year. However, the hope is that the players and families realize the importance of practice to the success of the program and attempt to schedule trips around the practice schedule. If a player is going to miss a practice due to family plans, please discuss this with the coach prior to leaving.

Exception: Many Middle School students participate on both their club team and their school team. We ask our coaches to try and be flexible with athletes playing on two teams in one season. When practices conflict, our coaches will allow athletes to go to their club practice. When a Peak to Peak game conflicts with a club practice, we ask that a student participate in our game. Generally, club games (weekends) do not conflict with Peak to Peak games (during the week.)

Peak to Peak Middle School athletes are expected to display discipline and dignity at all times. For this reason, practice expectations include the following:

### **No profanity!**

Positively acknowledge the efforts of your teammates.

Hustle from drill to drill.

Make eye contact with coaches. Give your undivided attention when a coach is speaking.

Do not complain about officiating.

Treat managers with respect.

When these expectations are not met, sanctions will be instituted. Depending on the severity of the situation, the following means will be used to deal with violations of the above:

- A stern warning that expectations are not being met.
- A private discussion between the player and the coach to communicate that a problem exists and must be resolved
- Practice, game or season suspension (used only after all other means have been exhausted.)

## Practice Calendar

Practice calendars will be available from the coach for each sport or listed on the Peak to Peak website.

## Important Info for Individual Sports

No student shall participate in formal practice or represent their school in interscholastic athletics until there is a physical examination statement on file with the athletic director.

A building principal has the right to withdraw a student from representing the school in a practice, competition or performance for poor citizenship as determined by their sole discretion.

## RESPECT PLEDGE

The following message is brought to you by the Colorado High School Activities Association (CHSAA).

All people in our community need to know that respect is a lifetime value taught through interscholastic activities; it is a principle of good citizenship. By taking this pledge, a person chooses to accept the responsibility for his or her actions, whether as a participant or spectator. Why do we need to demonstrate respect for each other?

1. To decrease the emphasis on winning or losing.
2. To promote ethics and integrity in all walks of life.
3. To learn the attitudes necessary for responsible behavior.
4. Respect is about the relationships, not the game.

This program embraces the following principles: Demonstration of competitive integrity and ethics, respect for opponents and officials, fair play, understanding of the rules, appreciation for all performances and gracious acceptance of results. **Cheer for your team, not against your opponents!**

As a participant, your sporting behavior goals should include:

Realizing that athletics are part of the educational experience and that the benefits of involvement go beyond the final score. Encourage students to perform their best, just as we do with their class work. Participate in positive cheers and please cheer for your team and not against your opponents or the officials.

Learning the rules of the game. Every official can and will miss a call.

Respecting the task our coaches face as teachers and supporting them as they strive to educate our youth. Respect our opponents as students, and acknowledge them for striving to do their best. Develop a sense of dignity under all circumstances.

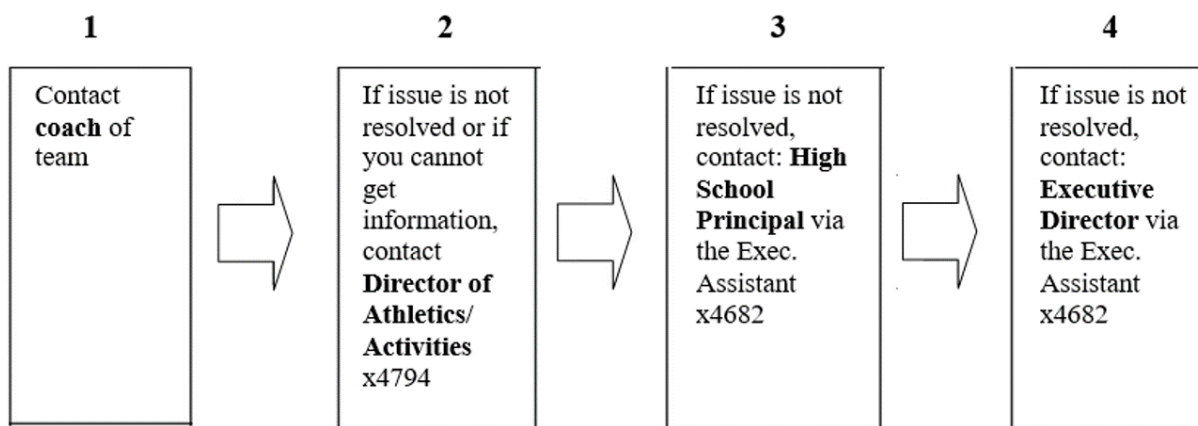
Parents have a major influence on their child's attitude about academics and athletics. The leadership role you take in sporting behavior will help influence your child, and our community. A good sport whether a student or a parent, is a true leader within the school and the community. We appreciate your support of our programs.

## PEAK TO PEAK ATHLETICS GENERAL INFORMATION ON P2P PRACTICES

1. Our program philosophy is to provide students the opportunity to participate and improve their skills. The coaches make the decision regarding the amount of playing time each athlete receives. However, it is also important that the coaches pay close attention to the amount of playing time. At the middle school level, participation is central to the program and each athlete should get into the contest (provided there are no disciplinary issues, excessive absences from practices, ineligible, etc). Playing time at the middle school level will not be equal.

### 2. COMMUNICATION PATHWAYS

The communication pathway if a problem arises is as follows:



**Please do not discuss problems with a coach immediately after a game** as it is always better to allow time to reflect how to arrive at an amicable resolution with positive results.

In matters regarding player status, the Athletic Director, coach, player and parent(s) may meet together for clarification of issues or statements made. This is usually a good step to take early in the communication pathway.

3. All participants are expected to adhere to the general rules set forth in the Peak to Peak Athletic Registration Packet. The corresponding forms must be signed and on file with the school before your son/daughter will be allowed to participate. **Be familiar with the rules!**

4. Try to schedule doctor's appointments, etc. outside of practice time or on early release days.

5. All participants are to notify their team coach about missing practice. If a student is staying home sick, please notify the coach.

6. Cutting Policy – Peak to Peak tries not to cut athletes, but reserves the right to keep team participants to a determined number of athletes for teams.

7. Uniforms – All athletes will be issued their uniforms for the season. It is their responsibility to care for them. All uniforms must be returned within 1 week of the end of the season. Failure to turn in a uniform will result in the athlete paying for the replacement of the uniform.

8. One way buses will be provided to all athletic events. Parents/guardians are responsible for transporting their child home after the event. Peak to Peak must have the below **Student Transportation in Private Vehicle Form** on file for you to transport other athletes:

[Parent driver form - PRINT OUT PLEASE](#)

### **Parent / Coach Meetings**

P2P believes in providing the best forum for meetings between parents and coaches to resolve issues in an amicable way. Please wait at least 24 hours after a game to contact your athlete's coach with any issues you may have or to set up a meeting.

### **Duties of the Student Athlete**

#### **Training Rules**

The use of or possession of alcohol, tobacco, or drugs, in any form will not be tolerated. Besides being illegal in most cases, the use of these substances is dangerous to the user and detrimental to athletic performance. It is the player's responsibility to know and abide by these rules. Please refer to the **P2P Athletic Code of Conduct** for sanctions (loss of sport participation) due to use and abuse of illegal substances. 1<sup>st</sup> strike- Loss of 20% of season. 2<sup>nd</sup> strike- Dismissal from team.

#### **Injuries**

If a player becomes injured, the top priority of the coaching staff is to ensure that player is healthy before being permitted to participate in games or practices. The below action items should be followed when dealing with injuries:

1. Take all steps to prevent injuries. This includes taping ankles prior to practice (if necessary) and stretching properly before games and practices.
2. If an injury does occur, the player should report it to the coaching staff immediately.
3. When injured, a player should follow the rehabilitation program set forth by their physician.
4. The decision of when to return to play will be left to the player, their parent(s) and their physician.
5. The health of the player will not be compromised for wins or losses.

#### **Equipment and Facilities**

Players are responsible for all equipment checked out to them. This includes uniforms, warm-ups, lockers and practice gear. All equipment will be thoroughly checked at the end of the season. Players will be billed the cost of any repairs for equipment damaged beyond normal wear and the price of a new replacement for any equipment that is not turned in at the end of the year.

It is also the player's responsibility to leave all facilities used clean. Locker rooms and gyms, both at home and on the road, should be left in the same or better condition than they were found. Tape, towels and any trash must be put in their proper places. P2P believes this helps to establish positive character traits we want all of our students to exude.

## **Game Behavior**

Games provide an opportunity for players to demonstrate their talents as well as exemplary behavior. Peak to Peak players are expected to be enthusiastic during games. All players, whether on the court or on the bench, are to intently concentrate on the game being played. All players will acknowledge the efforts of their teammates. While Peak to Peak athletes are expected to be enthusiastic, this should never take the form of taunting or ridiculing the opposing team. At no time should a player verbally react in any way towards an opponent, the crowd or an official.

If a team is not playing (for instance, the JV team during the varsity game,) that team's players are expected to sit together behind or across from the bench, and concentrate on the game being played or their homework. ***Game Nights Are Team Nights!*** Not only should they be fun, they should also be a learning experience for every player in the program. For this reason, all players in the program are asked to be actively involved in the game being played if possible. During some home or away games players may need to do homework. Coaches have been directed to allow students to use those times when a student is not playing to work on homework.



# THIS VENUE'S SPORTSMANSHIP EXPECTATIONS

- ✓ **CHEER FOR YOUR TEAM**
- ✓ **RESPECT OFFICIALS,  
COACHES, PLAYERS, AND ONE ANOTHER**
- ✓ **NO FOUL LANGUAGE  
OR TAUNTING IN ANY FORM**

**DON'T GET CARDED**



**BY ENTERING THIS VENUE YOU ARE AGREEING  
TO ABIDE BY THESE HIGH STANDARDS**



## Equity Code

The Colorado High School Activities Association (CHSAA) recognizes the right of transgender student athletes to participate in interscholastic activities free from unlawful discrimination based on sexual orientation. Below are their guidelines regarding student participation in athletics. If you have further questions, please contact the P2P Athletic Department.

<https://chsaanow.com/sports/2021/7/28/equity-information.aspx>

## Concussion Information

The Graduated Return-to-Play Guidelines are as follows:

1. The athlete is pulled from the contest.
2. The athlete visits a health care provider with the given concussion form.
3. Once the health care provider clears the student to participate, the athlete notifies the Athletic Director with the signed release from the health care professional.
4. Once the medical form is turned into the Peak to Peak health room, the school nurse then needs to provide clearance.
5. The athlete may gradually return to normal activity and participate.

## Athletic Code of Conduct

The athletic code of conduct must be signed by all students at the beginning of the student's high school athletic career. The code of conduct is in effect for the ENTIRE high school career for all athletic activities. Because not every conceivable incident can be covered by any contract, based on specific circumstances, the school administration reserves the right to determine appropriate consequences. As per long standing BVSD and CHSAA policy, a school administrator may impose athletic consequences for poor citizenship inside and outside the school environment. Drug, Alcohol, Tobacco Use, Distribution or Possession of tobacco, drugs, alcohol, or paraphernalia such as but not limited to pipes, bongos or electronic devices such as vape pens.

First Offense:

1. The student is suspended for 20 percent of total scheduled contests. Any fractions of games are rounded to the nearest whole number.
2. The period of suspension from school supersedes the 20 percent game suspension. For example, if a student is suspended from school for five days, the student may miss more games than required by the code of conduct.
3. Suspensions must be served at the highest level of competition for that athlete as determined by the athletic director. The athlete may not compete in any scrimmage or contest at any level until the suspensions have been served. For example, a player who plays JV and varsity must serve their suspensions at the varsity level before regaining eligibility. In order for games not participated in to count, the athlete must complete the season in which the suspension occurred in good standing.
4. Game suspensions not fulfilled during the season in which the incident occurred are carried over into the next athletic season the athlete competes in (during the same school year). Administration will determine suspension carry-over from season to season.

5. Game suspensions not fulfilled during the school year in which the incident occurred are carried over into the following school year for the first offense. Consistent with BVSD School Board policy, incidents of drug, alcohol or tobacco use are carried over for three calendar years. For example, if a student violates the code of conduct in the spring season, following the completion of that season they will be suspended for any games during the fall season (if they compete.) Another incident (within three calendar years) will be considered the second for purposes of determining consequences.
6. BVSD will honor any disciplinary consequences imposed by a previous school district before a transfer student becomes eligible to compete at any level in any athletic activity for any BVSD school.

Second Offense within three Calendar Years:

1. The student is suspended for 50 percent of total scheduled games. Any fractions of games are rounded to the nearest whole number.
2. Suspensions must be served at the highest level of competition for that athlete as determined by the Athletic Director. The athlete may not compete in any scrimmage or contest at any level until the suspensions have been served. For example, a player who plays JV and varsity must serve their suspensions at the varsity level before regaining eligibility.
3. Game suspensions not fulfilled during the season in which the incident occurred are carried over into the next athletic season the athlete competes in.
4. Game suspensions not fulfilled during the school year in which the incident occurred are carried over into the following school year.

Third Offense within three Calendar Years:

1. The student is suspended from participation in all athletic activities for one calendar year.
2. The athlete may petition the Athletic Director for readmittance to the athletic program after a period of four months, if the athlete participates (at the family's expense) in a pre-approved (by school administrator) rehabilitation or treatment program. The rehabilitation or treatment center must provide verification of attendance and a written recommendation for readmittance before the petition can be considered.









