

Peak to Peak Charter School
High School
Player/Parent Handbook

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Philosophy Statement

The athletic program offers students the opportunity to participate in sports. It is instrumental in developing the character traits that are the hallmark of Peak to Peak. The playing arenas in athletics are natural places to teach responsibility, respect, cooperation, kindness, self-control, honesty, perseverance, integrity and excellence. Our philosophy is to allow students a chance to develop athletic skills while simultaneously providing a competitive climate. We want our students to show outstanding character while participating in athletics. Coaches, parents and players need to be exemplary role models for others.

Practice and Game Guidelines

Basic Beliefs

The Peak to Peak High School athletics program is built around three basic beliefs:

1. Athletics should be fun for all involved.
2. Players reach their maximum potential, and thus achieve ultimate enjoyment, when they give maximum effort and concentration while they are on the court or field. The work ethic and discipline habits learned from sports can be applied to all aspects of life.
3. Peak to Peak High School athletes must be enthusiastic! If a Peak to Peak athlete doesn't love the game, look forward to practicing and playing, and continually strive to be the best they can be, the entire program will suffer. Peak to Peak athletes must be disciplined. This entails doing what needs to be done when it needs to be done to the best of one's ability at all times.

These beliefs shape the way Peak to Peak athletes are expected to perform at games and practices.

Practice Policies

Peak to Peak athletes are expected to give complete concentration and effort every time they step on the practice floor/field. It is our goal to outwork every opponent. Players must be dressed, taped and ready to go when practice is scheduled to start. If this is not possible, the player must inform the coach of the reason prior to the end of the school day. Attendance at all practices is required. This includes practices on Saturdays and over school holidays (if applicable.) Missing practices can affect playing time.

Exception: Athletes sick or injured need not participate in practice until they are healthy enough to do so; however, injured players are expected to watch practice when they can. Players may also need to miss practices due to academic conflicts. Such absences are permitted only after all other possibilities have been exhausted (for example, before school and during free periods.) **If a student attends office hours for academic reasons they must still attend half of practice and bring a note from the teacher.** The coaching staff fully understands players and their families will plan vacations during the course of the year. However, the hope is that the players and families realize the importance of practice to the success of the program and attempt to schedule trips around the practice schedule. If a player is going to miss a practice due to family plans, please discuss this with the coach prior to leaving.

Peak to Peak High School athletes are expected to display discipline and dignity at all times. For this reason, practice expectations include the following:

No profanity!

Positively acknowledge the efforts of your teammates.

Hustle from drill to drill.

Make eye contact with coaches. Give your undivided attention when a coach is speaking.

Do not complain about officiating.

Treat managers with respect.

When these expectations are not met, sanctions will be instituted. Depending on the severity of the situation, the following means will be used to deal with violations of the above:

- A stern warning that expectations are not being met.
- A private discussion between the player and the coach to communicate that a problem exists and must be resolved
- Practice, game or season suspension (used only after all other means have been exhausted.)

Practice Calendar

Practice calendars will be available from the coach for each sport or listed on the Peak to Peak website.

Important Info for Individual Sports

CHSAA pre-season practice requirements

STUDENT FIVE - DAY PRACTICE REQUIREMENT -- Each student competing in an interscholastic sports program must have had a minimum practice period of five days in his/her sport(s) (exclusive of Sundays) before representing his/her school in an interscholastic contest or scrimmage.

EXCEPTION 1: A student must have five days of practice in all contact sports prior to participation in an interscholastic scrimmage or contest. If a student competes in a second sport during the same season, one of which is a non-contact sport (tennis, golf, swimming, gymnastics, baseball, softball, skiing, spirit, volleyball, cross country and track and field), then the student is exempt from the practice requirement in the non-contact sport.

SUNDAY CONTACT -- No high school interscholastic contests, practices for interscholastic contests, camps, nor association between participants and coaches/directors of any activity from the student's school shall take place on Sunday at any time during the school year. (This is to include both in-season and out-of-season sports/activities other than those noted in the Music By-laws.) The Commissioner may, when deemed advisable, allow postponed state-level events to be played on Sunday. Teams playing on Monday in district, regional or in a state-culminating event will be exempt from this rule.

Baseball - Season: February-May. Practices located at P2P North/South fields usually between 3:30-5:30 pm. The team will practice during the week of spring break. Baseball will have a varsity and JV team. Parent Ambassadors are needed for concessions.

Basketball – Season: November-February. Practices located in the Northeast Gym with varying practice times. Practices may be held over winter break except from December 24th thru January 1st. Postseason may continue through the second week of March. Basketball will have 3 levels of teams (Varsity, JV and C level). Parent ambassadors are needed for concessions/admissions and the end of the season banquet.

Cross Country – Season: August-October. Practices are after school starting at 3:30pm. The season culminates in October with three important meets including the League, Regional and State Meets.

Boys and Girls Golf- Season: (boys) August-October/ (girls) February-May. Practices are held at Indian Peaks Golf Course in Lafayette starting at 3:30 pm. Students and parents are responsible for their own transportation to practice and also to matches. Golfers provide their own golf equipment. Parent ambassadors are needed when hosting the team tournament at Indian Peaks and with carpooling to matches.

Boys and Girls Soccer - Season: (boys) August-November/ (girls) February-May. Practices are generally from 3:30-5:30 and occasionally on Saturdays on the turf. Soccer will have 2-3 levels of teams (Varsity, JV and C level). Parent ambassadors are needed for concessions/admissions, end of the season banquet, running the game clock and team dinners throughout the season.

Softball - Season: August-October. Practices are located on the south field from 3:30-5:30. Parent ambassadors are needed for concessions throughout the season.

Boys and Girls Tennis - Season: (boys) August-October/ (girls) February-May. Practices will take place after school at 3:30pm on the tennis courts.

Track - Season: February-May. Practices are from 3:30-5:30 on the track.

Boys and Girls Volleyball - Season: Girls August-October/ Boys February-May. Practices are daily from 3:30-5:30 and occasionally on Saturdays in the northeast gym. Volleyball has 2-3 levels of teams.

Sports currently not offered by Peak to Peak:

Football – Contact and register with your local school of residence

Girls Gymnastics – Register with Broomfield HS

Boys Lacrosse – Contact and register with your local school of residence

Girls Lacrosse – Contact and register with your local school of residence

Boys and Girls Swimming – Register with your local school of residence

Wrestling – Register with your local school of residence

Hockey - Register with Broomfield HS

For assistance and contact information with any of the above sports, please contact the P2P Athletic Department.

**Boulder Valley School District
High School Athletic Guidelines**

*All athletes must complete the registration process at their home high school except when Peak to Peak does not offer a sport (in this case, the student must register with the school offering the sport) prior to participating in formal practices. Practice is defined as the period of time in which formal practice is authorized by CHSAA Bylaws and during which an assigned coach is instructing one or more of his/her team members.

*Each student competing in an interscholastic sports program must have a minimum of 5 practices as determined by CHSAA for the specific sport before playing in a scrimmage or game.(Football requires 9 practices prior to scrimmage/game).

*No high school interscholastic contests, practices, camps, nor association between participants and coaches of any activity from the student’s school shall take place on Sunday at any time during the school year. A coach may have contact with an athlete on Sunday for post-season picnics/banquets, public gatherings, extended travel (with CHSAA approval,) attendance by coach/parent at own child’s contests, and chance encounter.

*Participating school districts and schools shall have the right to impose stricter standards for eligibility than those set forth by CHSAA. A student who is participating in a non-public, home-based educational program and resides within the attendance boundaries of a public or private school may participate in the activities program at a public or private school.

*During the period of participation, the student must be enrolled in courses which offer a minimum of 2.5 Carnegie units of credit (25 credits in most High Schools). Plan A - a student may not fail more than one class (0.5 Carnegie credits).

*NCAA Clearinghouse information may be obtained in the school Counseling Department. Student athletes should consult clearinghouse information between their freshman and sophomore year to ensure they are selecting courses that meet Clearinghouse requirements.

*Summer school courses taken after the close of the second semester may be used to replace any Carnegie units failed. Equivalent courses taken must be completed by the Thursday prior to Labor Day and accepted by the school toward graduation. Credits made up through summer school must be in the same curricular area, be accepted to meet graduation requirements of classes previously failed and be recorded on the student’s transcript. No student shall participate in formal practice or represent their school in interscholastic athletics until there is a physical examination statement on file with the

athletic director. Physical exams are valid for 365 days from issue. Players certified to participate as a member of any high school sport team may compete on any other team, in any non-school activity or event in that sport during that sports season with the express written permission of the principal. Permission shall be granted if: (a) the student's class attendance is not compromised; and (b) the student is in good academic standing under the school's activities policy applicable to all students. A building principal has the right to withdraw a student from representing the school in a practice, competition or performance for poor citizenship as determined by their sole discretion.

*Further CHSAA By-laws and policies may be obtained @ Colorado High School Activities Association website: www.chsaa.org. Registration Fee Refund: BVSD athletic fees are refundable prior to the first contest for the specific sport. It is the responsibility of the athlete, parent or guardian to initiate any refund requests. All refund requests should be made directly through the building athletic director.

MEDIA Coverage

High school athletic events are public events and may be covered by the media. Parents and students are hereby notified their photo, name and other identifying information may be published by the District and/or non-District media in print and/or electronic coverage of sporting events.

RESPECT PLEDGE

The following message is brought to you by the Colorado High School Activities Association (CHSAA).

All people in our community need to know that respect is a lifetime value taught through interscholastic activities; it is a principle of good citizenship. By taking this pledge, a person chooses to accept the responsibility for his or her actions, whether as a participant or spectator. Why do we need to demonstrate respect for each other?

1. To decrease the emphasis on winning or losing.
2. To promote ethics and integrity in all walks of life.
3. To learn the attitudes necessary for responsible behavior.
4. Respect is about the relationships, not the game.

This program embraces the following principles: Demonstration of competitive integrity and ethics, respect for opponents and officials, fair play, understanding of the rules, appreciation for all performances and gracious acceptance of results. **Cheer for your team, not against your opponents!**

As a participant, your sporting behavior goals should include:

Realizing that athletics are part of the educational experience and that the benefits of involvement go beyond the final score. Encourage students to perform their best, just as we do with their class work. Participate in positive cheers and please cheer for your team and not against your opponents or the officials.

Learning the rules of the game. Every official can and will miss a call.

Respecting the task our coaches face as teachers and supporting them as they strive to educate our youth. Respect our opponents as students, and acknowledge them for striving to do their best. Develop a sense of dignity under all circumstances.

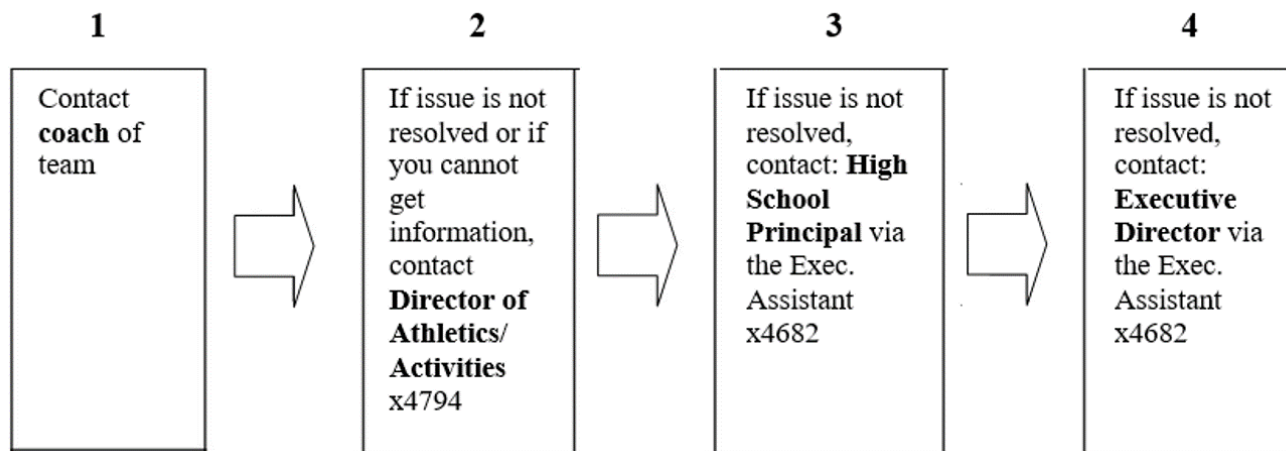
Parents have a major influence on their child's attitude about academics and athletics. The leadership role you take in sporting behavior will help influence your child, and our community. A good sport whether a student or a parent, is a true leader within the school and the community. We appreciate your support of our programs.

PEAK TO PEAK ATHLETICS GENERAL INFORMATION ON P2P PRACTICES

1. Our program philosophy is to provide students the opportunity to participate and improve their skills. The coaches make the decision regarding the amount of playing time each athlete receives. However, it is also important that the coaches pay close attention to the amount of playing time. At the sub-varsity level, participation is central to the program and each athlete should get into the contest (provided there are no disciplinary issues, excessive absences from practices, ineligible, etc). Playing time at the sub-varsity level will not be equal.

2. COMMUNICATION PATHWAYS

The communication pathway if a problem arises is as follows:




Please do not discuss problems with a coach immediately after a game as it is always better to allow time to reflect how to arrive at an amicable resolution with positive results.

In matters regarding player status, the Athletic Director, coach, player and parent(s) may meet together for clarification of issues or statements made. This is usually a good step to take early in the communication pathway.

3. All participants are expected to adhere to the general rules set forth in the Peak to Peak Athletic Registration Packet. The corresponding forms must be signed and on file with the school before your son/daughter will be allowed to participate. **Be familiar with the rules!** Peak to Peak abides by the policies set forth by the Colorado High School Activities Association.

4. To be eligible to play, a student at P2P must be enrolled as a full time student in at least five classes and cannot be failing more than one class at any given time. Grades are cumulative starting at the beginning of the school year. Student grades are checked on a weekly basis on Tuesdays. A student who is failing more than one class will be deemed ineligible for the entire week (the week of ineligibility begins on Wednesday at 8:00 am and goes until Tuesday 10:00 pm) and may not participate in games or travel to away contests that week. A student that is serving either in-school or out-of-school suspension will not be allowed to participate or practice in any extracurricular activity for the entire period of the suspension. Ineligible students are still expected to be at practices.

5. Try to schedule doctor's appointments, etc. outside of practice time or on early release days.
6. All participants are to notify their team coach about missing practice. If a student is staying home sick, please notify the coach.
7. When buses are provided to games, all participants are expected to ride the bus to the game. Also, please sign your athlete out with the coach following the game if they will not be taking the bus home. You may not offer rides to athletes other than your child.
8. Cutting Policy – Peak to Peak tries not to cut athletes, but reserves the right to keep team participants to a determined number of athletes for teams.
9. Lettering – A student is eligible to letter if they have met the coach's criteria for lettering. Lettering applies to varsity athletes only. Please review the lettering policy for your sport below.
10. Uniforms – All athletes will be issued their uniforms for the season. It is their responsibility to care for them. All uniforms must be returned within 1 week of the end of the season. Failure to turn in a uniform will result in the athlete paying for the replacement of the uniform.
11. Transportation – We will be using buses for our away games, excluding Saturday games. Occasionally, we will carpool to games. When this occurs, all parents must have a **Student Transportation in Private Vehicle Form** on file. See link below.

 [Parent driver form - PRINT OUT PLEASE](#)

Cut Policy

It is the Peak to Peak High School policy not to cut players that might help the program. It is very difficult for coaches and players when a player is cut. While the coaching staff would like to keep all athletes interested, players sometimes lack the basic skills or proper attitude to help build a strong program.

At the beginning of each season, coaches will evaluate each player through skill tests as well as in game play. When determining what players will make the team, the coaching staff will look for the following: Skill level, Attitude, Work Ethic, Aggressiveness, Intelligence/Court Sense.

Lettering & Credit Policy

All lettering is reserved only for varsity players. In order for a player to receive a varsity letter, the following criteria will be used:

Baseball – Every participant that makes the varsity team will letter unless they do not meet the PE requirements due to absences or more than 3 weeks of ineligibility.

Basketball – Every participant that makes the varsity team will letter unless they do not meet the PE requirements due to absences or more than 3 weeks of ineligibility.

Cross Country – Participants that compete on the varsity squad in at least 4 meets during the full season (regular and postseason.)

Golf – Participants that are listed as varsity golfers in at least 5 matches or advance to state competition and attend at least 90% of practices.

Soccer – Every participant that makes the varsity team will letter unless they do not meet the PE requirements due to absences or more than 3 weeks of ineligibility.

Softball – Every participant that makes the varsity team will letter unless they do not meet the PE requirements due to absences or more than 3 weeks of ineligibility.

Tennis – Participants that compete in at least 5 varsity matches during the season.

Track – Participants that are ranked in the top 30 in their event in 3A at the end of the season and that do not miss more than 10 practices (excused and unexcused) during the season.

Volleyball – Every participant that makes the varsity team will letter unless they do not meet the PE requirements due to absences or more than 3 weeks of ineligibility.

Regarding Physical Education credit, all athletes who finish the season following the guidelines above will be given 2.5 credits for each season. **Athletes who miss 10 or more practices in any sports season (for any reason) will not receive Physical Education credit for that season. Being ineligible with two or more failing grades for 3 weeks in a season will cause a participant to forfeit the 2.5 physical education credits and possible dismissal from the sport team for that season.**

Parent / Coach Meetings

P2P believes in providing the best forum for meetings between parents and coaches to resolve issues in an amicable way. Please wait at least 24 hours after a game to contact your athlete's coach with any issues you may have or to set up a meeting.

Duties of the Student Athlete

Training Rules

The use of or possession of alcohol, tobacco, or drugs, in any form will not be tolerated. Besides being illegal in most cases, the use of these substances is dangerous to the user and detrimental to athletic performance. It is the player's responsibility to know and abide by these rules. Please refer to the **P2P Athletic Code of Conduct** for sanctions (loss of sport participation) due to use and abuse of illegal substances. 1st strike- Loss of 20% of season. 2nd strike- Dismissal from team.

Injuries

If a player becomes injured, the top priority of the coaching staff is to ensure that player is healthy before being permitted to participate in games or practices. The below action items should be followed when dealing with injuries:

1. Take all steps to prevent injuries. This includes taping ankles prior to practice (if necessary) and stretching properly before games and practices.
2. If an injury does occur, the player should report it to the coaching staff immediately.
3. When injured, a player should follow the rehabilitation program set forth by their physician.
4. The decision of when to return to play will be left to the player, their parent(s) and their physician.
5. The health of the player will not be compromised for wins or losses.

Equipment and Facilities

Players are responsible for all equipment checked out to them. This includes uniforms, warm-ups, lockers and practice gear. All equipment will be thoroughly checked at the end of the season. Players will be billed the cost of any repairs for equipment damaged beyond normal wear and the price of a new replacement for any equipment that is not turned in at the end of the year.

It is also the player's responsibility to leave all facilities used clean. Locker rooms and gyms, both at home and on the road, should be left in the same or better condition than they were found. Tape, towels and any trash must be put in their proper places. P2P believes this helps to establish positive character traits we want all of our students to exude.

Game Behavior

Games provide an opportunity for players to demonstrate their talents as well as exemplary behavior. Peak to Peak players are expected to be enthusiastic during games. All players, whether on the court or on the bench, are to intently concentrate on the game being played. All players will acknowledge the efforts of their teammates. While Peak to Peak athletes are expected to be enthusiastic, this should never take the form of taunting or ridiculing the opposing team. At no time should a player verbally react in any way towards an opponent, the crowd or an official.

If a team is not playing (for instance, the JV team during the varsity game,) that team's players are expected to sit together behind or across from the bench, and concentrate on the game being played or their homework. **Game Nights Are Team Nights!** Not only should they be fun, they should also be a learning experience for every player in the program. For this reason, all players in the program are asked to be actively involved in the game being played if possible. During some home or away games players may need to do homework. Coaches have been directed to allow students to use those times when a student is not playing to work on homework.



THIS VENUE'S SPORTSMANSHIP EXPECTATIONS

- ✓ **CHEER FOR YOUR TEAM**
- ✓ **RESPECT OFFICIALS, COACHES, PLAYERS, AND ONE ANOTHER**
- ✓ **NO FOUL LANGUAGE OR TAUNTING IN ANY FORM**

DON'T GET CARDED



BY ENTERING THIS VENUE YOU ARE AGREEING TO ABIDE BY THESE HIGH STANDARDS

Peak to Peak Athletic Parent Ambassador Program

Peak to Peak has a school wide **Ambassador Program** which is a parent volunteer service to assist with all of the needs of our different athletic programs. Assisting coaches and the P2P athletic program is necessary to the success of the program. The following is a list of common needs that each sport will have. We ask that each sport have at least one ambassador parent(s) in each team (C, JV, V) who will be in charge of getting other parents signed up for all of the team needs.

Ambassador Parent – (1-2 parents) –Responsibilities include getting parents signed up for all responsibilities below as well as sport specific needs.

Concessions – Two parents per home contest

Admissions – One parent per game

Help with awards banquet – Need two adults (Set up and take down)

Running the clock – One consistent person for all home games if possible

Senior recognition – Last home game of the season

Team dinners – 3-4 helpers along with one coordinator for each of these

Any other additional, sport specific needs the coach may have

Equity Code

The Colorado High School Activities Association (CHSAA) recognizes the right of transgender student athletes to participate in interscholastic activities free from unlawful discrimination based on sexual orientation. Below are their guidelines regarding student participation in athletics. If you have further questions, please contact the P2P Athletic Department.

<https://chsaanow.com/sports/2021/7/28/equity-information.aspx>

Concussion Information

The Graduated Return-to-Play Guidelines are as follows:

1. The athlete is pulled from the contest.
2. The athlete visits a health care provider with the given concussion form.
3. Once the health care provider clears the student to participate, the athlete notifies the Athletic Director with the signed release from the health care professional.
4. Once the medical form is turned into the Peak to Peak health room, the school nurse then needs to provide clearance.
5. The athlete may gradually return to normal activity and participate.

Athletic Code of Conduct

The athletic code of conduct must be signed by all students at the beginning of the student's high school athletic career. The code of conduct is in effect for the ENTIRE high school career for all athletic activities. Because not every conceivable incident can be covered by any contract, based on specific circumstances, the school administration reserves the right to determine appropriate consequences. As per long standing BVSD and CHSAA policy, a school administrator may impose athletic consequences for poor citizenship inside and outside the school environment. Drug, Alcohol, Tobacco Use, Distribution or Possession of tobacco, drugs, alcohol, or paraphernalia such as but not limited to pipes, bongos or electronic devices such as vape pens.

First Offense:

1. The student is suspended for 20 percent of total scheduled contests. Any fractions of games are rounded to the nearest whole number.
2. The period of suspension from school supersedes the 20 percent game suspension. For example, if a student is suspended from school for five days, the student may miss more games than required by the code of conduct.
3. Suspensions must be served at the highest level of competition for that athlete as determined by the athletic director. The athlete may not compete in any scrimmage or contest at any level until the suspensions have been served. For example, a player who plays JV and varsity must serve their suspensions at the varsity level before regaining eligibility. In order for games not participated in to count, the athlete must complete the season in which the suspension occurred in good standing.
4. Game suspensions not fulfilled during the season in which the incident occurred are carried over into the next athletic season the athlete competes in (during the same school year). Administration will determine suspension carry-over from season to season.
5. Game suspensions not fulfilled during the school year in which the incident occurred are carried over into the following school year for the first offense. Consistent with BVSD School Board policy, incidents of drug, alcohol or tobacco use are carried over for three calendar years. For example, if a student violates the code of conduct in the spring season, following the completion of that season they will be suspended for any games during the fall season (if they compete.) Another incident (within three calendar years) will be considered the second for purposes of determining consequences.
6. BVSD will honor any disciplinary consequences imposed by a previous school district before a transfer student becomes eligible to compete at any level in any athletic activity for any BVSD school.

Second Offense within three Calendar Years:

1. The student is suspended for 50 percent of total scheduled games. Any fractions of games are rounded to the nearest whole number.
2. Suspensions must be served at the highest level of competition for that athlete as determined by the Athletic Director. The athlete may not compete in any scrimmage or contest at any level until the suspensions have been served. For example, a player who plays JV and varsity must serve their suspensions at the varsity level before regaining eligibility.
3. Game suspensions not fulfilled during the season in which the incident occurred are carried over into the next athletic season the athlete competes in.
4. Game suspensions not fulfilled during the school year in which the incident occurred are carried over into the following school year.

Third Offense within three Calendar Years:

1. The student is suspended from participation in all athletic activities for one calendar year.
2. The athlete may petition the Athletic Director for readmittance to the athletic program after a period of four months, if the athlete participates (at the family's expense) in a pre-approved (by school administrator) rehabilitation or treatment program. The rehabilitation or treatment center must provide verification of attendance and a written recommendation for readmittance before the petition can be considered.