



School Health Advisory Council Minutes

Waco ISD SHAC meeting, December 7, 2023, 2022; WISD Boardroom

In attendance: Anna Futral, Adrica Boffman, Melissa Vega, Carmen Merritt, Nikki Rhodes, Beth Olson, Emilie Cunningham, Allie Steed, Aleigh Ascherl, Veronica Alonso, Pam Fischer, Christi Yourman, Matt Rambo, Yolanda Williams, Suzanne Hamilton, Dr. Rachelle Warren, Chief David Williams, Sarah Hodde, Fritzie Kirven

1. Call to Order and Verification of Agenda Posting: Suzanne Hamilton opened the meeting with verification of posting requirements, introductions, and the purpose of SHAC.
2. Order of Business:
 - a. Review of Minutes and Approval
 - b. Duties of SHAC; Review of responsibilities: Review the vision & mission, ideas, edits, or changes. Review of the website, where items are located; Looking at Mission/Vision printed on our agendas
 - i. **Vision Statement:** Waco ISD promotes: **Wellness In School Daily**
 - ii. **Mission Statement:** The mission statement of the Waco ISD School Health Advisory Council is to ensure students will have the health education and tools in which to be physically, emotionally, and academically fit.
 - c. Legislation related to SHAC
 - i. [House Bill 18](#) - Relating to consideration of the mental health of public school students in training requirements for certain school employees, curriculum requirements, counseling programs, educational programs, state and regional programs and services, and health care services for students and to mental health first aid program training and reporting regarding local mental health authority and school district personnel.
 - ii. [House Bill 1525](#) – Relating to updated procedures in recommending human sexuality instruction curriculum and changes in meeting requirements to include posting a notice of the meeting, recording the meeting, and posting minutes to the school district website.
 - iii. [Senate Bill 9](#) (Special Session) – Relating to updated procedures in recommending child abuse, family violence, dating violence, and sex trafficking curriculum.

- iv. [Senate Bill 11](#) - Relating to policies, procedures, and measures for public school safety and mental health promotion and creating the Texas Child Mental Health Care Consortium.
- v. [Senate Bill 435](#) - Relating to recommendations by local school health advisory councils regarding opioid addiction and abuse education in public schools.

3. Informational Items/Updates

- i. **Health Services:** Rhiannon Settles, Director for Health Services, updated the committee on COVID Waco Website, Vision/Hearing Clinics, and our WISD Wellness Policy.
 - ii. **Child Nutrition Services:** Sarah Hoode, CNS, updated the committee on the new guidelines for CNS.
 - iii. **Counseling/Guidance:** Yolanda Williams, ED Student Support, spoke about the SEL K-12 programming happening on campuses [Website: Counseling Services](#).
 - iv. **Wellness Policy:** [Located Online](#)
 - v. **Employee Health & Wellness:** Yolanda Williams, ED Student Support, spoke about the Social Emotional Health committee, headed up by WISD Social Emotional Learning (SEL) Coordinators and WISD Human Resources Dept, that incorporates resources for proactive, responsive, intervening, and crisis services for our teachers and staff. These resources can be found on [Student Services & Support Website](#).
4. Q&A; Debrief: Adjournment: In closing, discussion regarding our bylaws and wellness program agenda items for the following meeting.