



School Health Advisory Council Minutes

Waco ISD SHAC meeting, February 2, 2023, @1:00; WISD Boardroom

In attendance: Matthew Polk, Sarah Walden, Veronica Alonso, Matt Rambo, Rhiannon Settles, Suzanne Hamilton, Dr. Rachele Warren, Chief David Williams, Sara Miller, Frankie Bradden

1. Call to Order and Verification of Agenda Posting: Suzanne Hamilton opened the meeting with verification of posting requirements, introductions, and the purpose of SHAC.
2. Order of Business: Suzanne Hamilton
 - a. Previous Agenda/Minutes
 - b. Duties of SHAC; Review of responsibilities: Creating/reviewing bylaws
 - c. Legislation related to SHAC: Bylaws
3. Informational Items/Updates
 - i. **Health Services/Wellness Policy:** Rhiannon Settles, Director for Health Services, updated the committee on Health Department Partnership for COVID shots and school immunization clinics. Hosted 117 COVID clinics with 4650 COVID Vaccines given from Feb 2021-Feb 2023. At 10 clinics, 50 students also received their required school immunization shots. Mrs. Settles also discussed our wellness policy and its function in relation to the SHAC. WISD's policy is very similar to most others in the state. SHAC will look at the current policy, make suggestions, and a new version will be updated this year. **Wellness Policy:** [Located Online](#) SHAC Bylaws are another SHAC responsibility we will tackle this year. The bylaws have been around since before Mrs. Hamilton, or I became involved in SHAC. Copies of the most current SAC Bylaws were shared, and time was given for members to review them. Committee members were instructed to take copies of the bylaws, the example from another district, and WISD board policies for reference. There will be a google shared drive to drop suggestions into or bring to the next session, where we will work on the final copy together.
 - ii. **Child Nutrition Services:** Sarah Hoode, CNS, sent an email update

that Mrs. Hamilton read to the committee. On February 3, USDA announced major initiatives at the U.S. Department of Agriculture that will support and enhance the health of America's children through nutritious school meals. The Food and Nutrition Service (FNS) is proposing a gradual, multi-year approach to implementing a few important updates to the nutrition standards to support healthy kids. This includes: - Limiting added sugars in certain high-sugar products and (later) across the weekly menu- Allowing flavored milk in certain circumstances with reasonable limits on added sugars - Incrementally reducing weekly sodium limits over many school years - Emphasizing products that are primarily whole grain, with the option for occasional non-whole grain products. FNS encourages all interested parties to comment on the proposed school meal standards rule during the 60-day comment period that began February 7, 2023. This a reminder that any of our students can participate in the after-school dinner program (CACFP) at sites where this program is operated. If someone would like a complete list of sites or more information, please have them reach out to me by email. Sodexo and Waco ISD Child Nutrition Services again represent Dr. Kincannon at the HEB Celebrity Cook-Off competition this Friday, 2/10/2023. District employees are invited to attend the event, which will take place at the BASE at 7 pm. We had 28 contestants move forward to the next step in the Future Chef competition. These contestants submitted a favorite fruit or vegetable side dish and will participate in a cook-off on March 14 at University High.

- iii. **Counseling/Guidance:** Sara Miller, Coordinator for SEL, spoke about updates to the SEL K-12 programming happening on campuses. Discussed the transition fairs and how the campus counselors participated for incoming 6th and 9th graders [Website: Counseling Services](#). SEL continues to support and launch SEL programs at campuses that had not had it previously through listening tours. Next year all campuses will implement the SEL curriculum. These resources can be found on [Student Services & Support Website](#).
- iv. Attendance Brief-Dr. Rachelle Warren emphasized the importance of attendance and how the campuses support and educate the parents and students on how important attendance is.
- v. Safety- Chief Williams gave positive input on the campus push for student IDs.

4. Q&A; Debrief:

- a. Some questions regarding the food sold in the cafeteria versus the availability of unhealthy snacks; the hot chip was given as an example.
5. Vision/Hearing Clinics-Frankie Bradden gave a brief overview of the Vision/Hearing clinic that Transformation Zone spearheads for all WISD students
6. Adjournment: Follow up on bylaws input, writing the wellness plan and google share drive.