



## School Health Advisory Council Minutes

Waco ISD SHAC meeting, April 17th at 12:30; WISD Boardroom & Zoom

In attendance: Mary Perry, Mary Zane Nelson, Dr. Beth Brabham, Elizabeth Cox, Rhiannon Settles, Suzanne Hamilton, Yolanda Williams, Dr. Rachelle Warren, Sarah Hoode, Chelsea Hooten, Larrly Curtis, Sara Miller, Melina Sanchez, Vanessa Hernandez, Misty Burks

1. Call to Order and Verification of Agenda Posting:
2. Order of Business: Suzanne Hamilton
  - a. Co-Chair; Sub-Committee Appointments
  - b. Duties of SHAC; SHAC Focus 23-24 School Year
3. Informational Items: Reminded committee of the ideas to prevent vaping suggested at the previous meeting, messaging, etc.
  - a. Community Resources: The Public Health Department presented information encouraging physical activity through creativity projects/activities within the city.
  - b. Informational Items/Updates
    - i. Health Services: Settles updated the committee on screening (vision/hearing); Vision Center-free appointments; an update on flue/COVID; the need for nurses
    - ii. Child Nutrition Services: Wellness plan and policy; triennial assessment
    - iii. Counseling/Guidance: Sara Miller updated on advising and scheduling; May 9th (Mental Health Awareness) wear green
    - iv. Safety/WISD PD: Cox & Hamilton discussed the need for officers
  - c. Health & Wellness: Group work on reviewing the wellness plan; Q&A
    - i. Board Approval
      1. Wellness Plan - Rhiannon Settles
        - a. SHAC Approval; present to the board in June
      2. Wellness Triennial Assessment - Sarah Hodde
        - a. SHAC Approval
  - d. Student Voluntary Insurance - Chelsea Hooten: additional insurance for students' presentation.
    - i. Discussion of how to promote to students/families
    - ii. Insurance and information posted online
    - iii. Ideas for awareness- athletic website, pamphlets, booster club sponsors, in medical offices
4. Debrief
5. Adjournment:
  - a. Wear Green: May 9th (Social, emotional awareness)
  - b. Break out meeting after SHAC for CNS Menu (Hodde)

