

# 2 grain SELECTIONS

If you're looking for a great two grain choice, look no further.



SBI CODE#                      SBI PRODUCT TYPE

SBI CODE#	SBI PRODUCT TYPE	CALORIES	TOTAL FAT (g)	SAT FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBS (g)	FIBER (g)	TOTAL SUGARS (g)	ADDED SUGARS (g)	PROTEIN (g)	GRAIN EQUIV	% OF WHOLE GRAIN	PEANUT/TREE NUT FREE	KOSHER	AMBIENT SHELF LIFE	CACFP
6060	80 - 2.75 oz. (78g) Whole Grain GoodyBun®	250	12	4.5	0	330	35	3	11	10	4	2	51%	✓	K	5 DAYS	
6070	72 - 2.9 oz. (82g) Ultra® Whole Grain Baked Cinnamon Bun	240	7	3.0	5	280	40	3	16	16	5	2	60%	PF	K	5 DAYS	
7012	60 - 3.2 oz. (91g) Super Stik® Whole Grain Twin Pack Dunkin Stik	300	10	4.0	0	360	48	3	23	22	5	2	54%	✓	K	10 DAYS	
7501	75 - 3.4 oz. (96g) Super Banana® Whole Grain Bread Slice	260	8	1.5	0	240	45	2	24	23	5	2	51%	✓	K	5 DAYS	✓
7502	75 - 3.4 oz. (96g) Super Zucchini® Whole Grain Bread Slice	260	8	1.5	0	240	44	2	23	23	5	2	51%	✓	K	5 DAYS	✓
7503	75 - 3.4 oz. (96g) Super Blueberry® Whole Grain Bread Slice	270	8	1.5	0	250	45	2	24	23	5	2	51%	✓	K	5 DAYS	✓
7505	75 - 3.4 oz. (96g) Super Pumpkin™ Whole Grain Bread Slice	260	8	1.5	0	240	44	2	24	23	5	2	51%	✓	K	5 DAYS	✓
7506	75 - 3.4 oz. (96g) Super Cocoa® Whole Grain Bread Slice	250	8	1.5	0	240	43	3	22	22	5	2	51%	✓	K	5 DAYS	✓
7507	75 - 3.4 oz. (96g) Super Lemon® Whole Grain Bread Slice	230	8	1.5	0	250	44	2	15	15	5	2	51%	✓	K	5 DAYS	✓
7671	128 - 2.0 oz. (57g) Ultra Whole Grain Ultra® Hamburger Bun	140	2	0.5	0	210	26	4	3	3	6	2	100%	✓	K	10 DAYS	
7675	144 - 2.0 oz. (57g) Ultra Whole Grain Ultra® Hot Dog Bun	130	2	0.5	0	280	26	3	3	3	6	2	100%	✓	K	10 DAYS	
7786	72 - 3.2 oz. (85g) GoodyMan® Mini Choc. Enrobed WG Donut 6pk.	320	16	9.0	0	310	42	3	19	18	5	2	51%	✓	K	7 DAYS	
7787	72 - 3.0 oz. (85g) GoodyMan® Mini Powdered WG Donut 6pk.	270	11	4.5	0	290	41	2	19	19	4	2	51%	PF	K	7 DAYS	
9053	60 - 2.4 oz. (68g) Whole Grain Ultra® Muffin Corn	190	6	1.0	0	190	32	1	17	16	3	2	51%	✓	K	10 DAYS	
9077	80 - 3.2 oz. (91g) WG MuffinCup® Apple Cinnamon	280	9	2.5	5	240	47	2	24	24	4	2	51%	PF		5 DAYS	✓
9078	80 - 3.2 oz. (91g) WG MuffinCup® Banana Chocolate Chip	280	10	3	5	230	47	2	25	24	4	2	51%	PF		5 DAYS	✓
9300	60 - 3.0 oz. (85g) WG Super Stars® Mini Powdered Donut Holes/Cup	280	12	4.5	0	230	42	2	21	20	4	2	54%	✓	K	7 DAYS	
9301	60 - 3.0 oz. (85g) WG Super Stars® Mini Blueberry Glazed Donut Holes/Cup	260	11	4.0	0	230	39	2	18	17	4	2	54%	✓	K	7 DAYS	
9302	60 - 3.0 oz. (85g) WG Super Stars® Mini Chocolate Glazed Donut Holes/Cup	270	12	5.0	0	260	38	4	14	13	5	2	54%	✓	K	7 DAYS	
18400	80 - 2.5 oz. (71g) Whole Grain GoodyRing®	240	11	4.5	0	300	31	2	8	8	4	2	51%	✓	K	5 DAYS	
18450	80 - 2.5 oz. (74g) Whole Grain Goody Pull-a-Part	240	11	4.5	0	300	31	2	8	8	4	2	51%	✓	K	5 DAYS	
19000	80 - 3.0 oz. (85g) Whole Grain Super Plus®	250	9	3.5	0	230	37	2	17	16	6	2	51%	✓	K	3 DAYS	
19100	80 - 3.0 oz. (85g) Whole Grain GoodyMan Plus®	250	9	3.5	0	320	40	2	18	17	5	2	51%	✓	K	3 DAYS	
19200	80 - 3.0 oz. (85g) Whole Grain Ultra Power Cocoa Plus	270	13	5	0	220	34	2	16	15	6	2	51%	✓	K	3 DAYS	

CACFP - Applies only for Adult Feeding Programs