



## Chicken Shreds – Sous Vide

### INGREDIENT INFORMATION

Ingredients: Cooked Natural Proportion Chicken with Natural Juices (Chicken Meat, Salt).

UPC: Commodity and Commercial: 50057 00702

Unopened Shelf Life: 18 months Frozen

Product Appearance: Shredded Chicken

Product Handling/Storage: Temp: 0°F +/- 10° through distribution

Day Code Format: CCYYMMSS

### Recommended Preparation Instruction:

#### BEST METHOD - CONVENTIONAL OVEN (THAWED):

1. PREHEAT CONVENTIONAL OVEN TO 350°F.
2. REMOVE CONTENTS OF BAG INCLUDING JUICES INTO A HOTEL PAN.
3. COVER WITH FOIL AND BAKE FOR 20 MINUTES OR UNTIL 165°F.
4. SHRED APART WITH TONGS.
5. LET STAND COVERED FOR 10 MINUTES BEFORE SERVING.

#### ALTERNATE METHOD STEAM (THAWED):

1. PLACE SEALED BAGS IN A PERFORATED PAN.
2. STEAM FOR 20 MINUTES OR UNTIL 165°F.
3. REMOVE FROM STEAM AND EMPTY CONTENTS OF BAG INCLUDING JUICES INTO A HOTEL PAN.
4. SHRED APART WITH TONGS.
5. LET STAND FOR 10 MINUTES BEFORE SERVING.

<b>Nutrition Facts</b>	
293 servings per container	
<b>Serving size 2.02 oz (57g)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>90</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 1g	<b>4%</b>
Trans Fat 0g	
<b>Cholesterol</b> 70mg	<b>23%</b>
<b>Sodium</b> 150mg	<b>7%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 16g	
Vitamin D 0mcg 0% • Calcium 10mg 0%	
Iron 0.4mg 2% • Potassium 170mg 4%	
Not a significant source of dietary fiber.	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

### Child Nutrition Meal Pattern Requirements

Each 2.02 oz. serving of Shredded Chicken contains 2.00 oz. equivalent of M/MA.

### PRODUCT INFORMATION

Product Code	Case Pack	Case Weight (LBS)	Case Cube	Case Dimensions	Cases Per Pallet	Case Yield
470490 – Commodity and Non-Commodity	5/7.4 # bags	37.00 Net 38.33 Gross	0.98	L = 16.38" W = 12.13" H = 8.50"	Ti 8 Hi 5 40	2.02 oz / 293 servings

For more information contact Comida Vida • 888-499-6888 • [info@internationalfoodsolutions.com](mailto:info@internationalfoodsolutions.com)



**Sample Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products**

Child Nutrition Program operators should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative.

Product Name: Chicken Shreds Code No.: 470490

Manufacturer: Comida Vida Case/Pack/Count/Portion/Size: 5/7.4# bags

**I. Meat/Meat Alternate**

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable Amount *
Chicken, Boneless, Fresh or Frozen with skin in natural proportion	2.8600	X	70%	2.0020
		X		
		X		
<b>A. Total Creditable M/MA Amount<sup>1</sup></b>				2.0020

\*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

**II. Alternate Protein Product (APP)**

If the product contains APP, please fill out the chart below to determine the creditable amount of APP. If APP is used, you must provide documentation as described in Attachment A for each APP used.

Description of APP, manufacture's name, and code number	Ounces Dry APP Per Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount APP***
		X		÷ by 18	
		X		÷ by 18	
		X		÷ by 18	
<b>B. Total Creditable APP Amount<sup>1</sup></b>					
<b>C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest 1/4 oz)</b>					2.00

\*Percent of Protein As-Is is provided on the attached APP documentation.

\*\*18 is the percent of protein when fully hydrated.

\*\*\*Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.

<sup>1</sup>Total Creditable Amount must be rounded **down** to the nearest 0.25oz (1.49 would round down to 1.25 oz meat equivalent). Do **not** round up. If you are crediting M/MA and APP, you do not need to round down in box A (Total Creditable M/MA Amount) until after you have added the Total Creditable APP Amount from box B to box C.

Total weight (per portion) of product as purchased 2.02 ounces

Total creditable amount of product (per portion) 2.00 ounces

(Reminder: Total creditable amount cannot count for more than the total weight of product.)

I certify that the above information is true and correct and that a 2.02 ounce serving of the above product (ready for serving) contains 2.00 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Signature

Co-President  
Title

Lincoln Yee  
Printed Name

10/17/23  
Date

888-499-6888  
Phone Number