

TEAM SPORTS SYLLABUS

INSTRUCTOR:

Mr. Tomkinson (Mr. T)

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635-3839 ext 5833

School Website Address:

Team Sports/Advanced PE is an elective course that students may choose to take to successful complete graduation requirements. The course consists of outdoor, gym, and other physical education activities.

Class Rules-

Students must follow game rules, put forth a good effort, respect others, follow all directions and take care of the equipment. Participation is mandatory therefore students must be here on time and be prepared. Bringing gym shoes and gym clothes are essential to being prepared for participation in PE. Phones are allowed in class only if they are not a distraction. Phones are to be kept in pockets or in the locker room lockers during class. If students are listening to music during class the music must cease once the teacher is instructing, demonstrating, or explaining.

Attendance

Attendance and participation are mandatory students are responsible for material covered when they are absent. They must report to the instructor upon return to class and materials will be given to them. Poor attendance/Tardies can reduce your grade.

Grading

A point system will be used to determine each student's grade for each nine-week marking period. Students will receive 10 points a day for participation, effort, and following directions.

Class participation.....	450
Sportsmanship and skills tests	200
Maximum points possible.....	650

Participation –students can earn up to 450 points each nine-week marking period. A no dress constitutes the loss of points (approx. 10% or **full letter grade**).

Points will also be deducted when a student chooses **not** to follow class rules or directions.

Skills test will be given at the end of each unit of instruction. Each test will be worth 10-50 points and will be a combination of both written and skill work.

Sportsmanship points are given at the beginning of each 9 weeks. A student can lose points by displaying **un-sportsman** like behavior.

Excuses

Students are not excused from participating from any activities unless excused by a doctor. Students will be given full credit for excused no dresses. Other situations will be addressed on an individual basis.

No Dress

Students who chose to not dress and participate may be required to do some form of physical activities. Students will **not** be allowed to bring other class work into the P.E. class. Student athletes are **not excused** from the days lesson on a “game day” and will dress and participate in all classes.

TARDINESS

Points will be deducted for arriving late or not being prepared and **other activities** may be assigned.

ARRIVAL & DISMISSAL

Students will be given five minutes prior to the beginning of class to dress. Ten minutes will be given at the end of class to shower and change. Students may not leave the activity area without permission. ***They must stay in the gym prior to the bell.*** Students who choose to leave the gym/pool may result in school suspension as per district policy.

UNIFORM

GYM: Gym shoes (non-marking soles as designated as indoor shoes) Shoes must be tied so they do not fall off, T-shirt or sweatshirt, shorts or sweats. No sagging gym shorts (a no dress will be given for that day or an alternative assignment.)

LOCKERS

Lockers are to be used during the **P.E. hour only**. It is strongly recommended that students buy a combination lock and use daily. The school will not be placed in the lost or stolen items. Locks that are left on lockers overnight may be removed. All clothing and personal belongings must be stored in a lockers during the class period. Belongs left on the floors and benches will be placed in the lost and found. The floor in the locker room must be kept clean.

PHONES

phones will not be on your person

SHOWERS

No running sliding or horseplay, Absolutely **No glass** items in the showers or locker rooms. Showers must be **turned off** when not in use.

INJURIES

Report all injuries to the instructor immediately and the appropriate action will be taken.

Have a GREAT semester!

Mr. Tomkinson