

Child Care Resource & Referral Health & Safety Training Resource List

California law requires at least one director or one teacher at each child care center and each family child home licensees have at least 16 hours of specific health and safety training. A child care provider who has completed the previous 15 hour training requirement prior to January 1, 2016 is grandfathered in.

This law also requires child care center directors and licensees of family child care homes ensure at least one staff member who has a current course completion card in pediatric first aid and pediatric CPR issued by an EMSA approved trainer, be onsite at all times when children are present at the facility, and shall be present with the children when children are offsite from the facility for facility activities.

Current verification of completed Pediatric CPR, First Aid and preventive health and safety courses must be maintained at the facility at all times. Cards of completion must be either the originals or photocopies with the original signature of the director or licensee. There are no renewal requirements for hours completed in preventative health practices, but pediatric CPR and pediatric first aid cards must be renewed prior to the expiration date.

ABC Emergency Management Seminars (925) 255 – 3719
CPR & First Aid: \$65.00

Action CPR Training (559) 493 – 5523
actioncprtraining@gmail.com

Pediatric CPR & First Aid
Contact for pricing.

Adam's Safety Training (925) 371 – 8435
www.adamssafety.com Located in Bay Area
admin@adamssafety.com

Pediatric CPR & First Aid: \$100.00
Preventative Health & Safety: \$80.00

Private Trainings Available

Alert Medical Training, Inc. (559) 456 – 6006
www.alertmedicaltraining.com info@alertmedicaltraining.com
Pediatric CPR & First Aid: \$75.00
Preventative Health & Safety: \$85.00

American Red Cross (209) 523 – 6451
www.redcross.org
Pediatric CPR & First Aid: \$126.00

Cherry Tree Group (888) 841 – 6989
www.cherry-tree-group.com stephanie@cherry-tree-group.com
Pediatric CPR & First Aid: \$95.00
Preventative Health & Safety: \$99.00

Code Blue CPR Training (209) 242 – 4847
www.codebluecprtraining.com (209) 507 – 5735
Pediatric CPR & First Aid: \$80.00
Pediatric First Aid: \$50.00
Pediatric CPR: \$50.00
Groups discounts available for groups of 8 or more

CPR For You (209) 667 - 9985
Pediatric CPR & First Aid: \$85.00

First Lady Permanente (209) 250 – 1200
www.firstladypermanente.com info@firstladypermanente.com
Pediatric CPR & First Aid: \$65.00

Juli's Pediatric First Aid/CPR (408) 386 – 5181
cjvalladares2021@gmail.com

Pediatric CPR & First Aid: \$85.00
English & Spanish, in person or hybrid

Hopewell Healthcare Services, LLC (916) 246 – 8055
www.hopewellcpr.com Located in Yuba & Carmichael
Pediatric CPR & First Aid: \$100.00
Offered in person OR hybrid

Preventative Health & Safety: \$99.00
Offered ONLY virtual via Zoom

Toscano Healthcare Training (209) 507 - 4835
www.toscanotraining.com liztoscano1@yahoo.com
Pediatric CPR & First Aid: \$90.00

The Medics Plus Inc. (209) 522 – 2299
www.themedicsplus.com emtwilliamb@gmail.com
Pediatric CPR & First Aid: \$90.00

San Joaquin Safety Council (209) 472 – 7233
www.californiasafety.org
Pediatric CPR & First Aid: \$100.00

Meyer CPR & First Aid (209) 988 – 6166
www.meyercprandfa.com
Pediatric CPR & First Aid: \$65.00

To find a Preventative Health & Safety Course: 1) Log into your www.caregistry.org account 2) Click on Training Calendar 3) Search for Course/Training (Type: Health or preventative) 4) Click view event details 5) Click **Enroll Now**

Core Content of Health & Safety Training:

The Training Shall Include:

- Pediatric cardio-pulmonary resuscitation (CPR) technique
- Pediatric First Aid
- Recognition, management, and prevention of infectious diseases including immunizations and prevention of childhood injuries.
- Staff health

The Training May Include:

- Sanitary food handling and child nutrition
- Emergency preparedness and evacuation
- Caring for children with special needs
- Identifying and reporting of signs and symptoms of child abuse

THE FOLLOWING IS RECOMMENDED CORE CURRICULUM TO MEET THE REQUIRED AND OPTIONAL TRAINING REQUIREMENTS.

Core Content that SHALL be included as part of the fifteen hours of Training:

- ❖ **Pediatric First Aid** (must meet the American Red Cross Standards)
- ❖ **Rescue Breathing:**
 - Helping the conscious & unconscious child
- ❖ **Nebulizer Training:**
 - Administration of inhaled medications
- ❖ **Injury Response:**
 - Burns
 - Bleeding
 - Bite-insect & human
 - Convulsions
 - Dental emergencies
 - Drowning
- ❖ **Pediatric Cardio Pulmonary Resuscitation** (CPR) Technique (must meet American Heart Association standards, as stated in the Journal of the American Medical Association):
 - Emergency action principles
 - Assessment
 - Use of 911 response system