

BREAKFAST MATH

ENSURE EACH CHILD GETS A
REIMBURSABLE MEAL WHEN USING
OFFER VS. SERVE FOR CLASSROOM BREAKFAST

MUST TAKE AT LEAST 3 COMPONENTS!!!

Cereal bowls or bars=
1 component

String cheese or yogurt= 1 component

Fruit or Juice=
1 component
Milk=
1 component

Breakfast Sandwich
or Burrito=
2 components

Fruit or Juice= 1 component

1% or Skim Milk=
1 component

Fruit Bkfst Bread=
1 component

String Cheese or Yogurt= 1 component

Fruit or Juice=
1 component

1% or Skim Milk= 1 component Parfaits= 2 comp.

Breakfast Cookies =1 component

String Cheese

or yogurt=

1 component

Fruit or Juice=

1 component

1% or Skim Milk= 1 component Bagels

=2 components

Fruit or Juice=

1 component

1% or Skim Milk=

1 component

Cream cheese &

Peanut butter

1 pkt only

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY