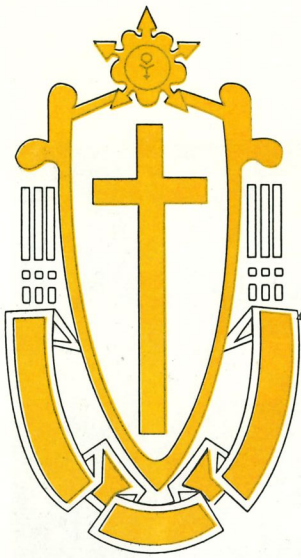




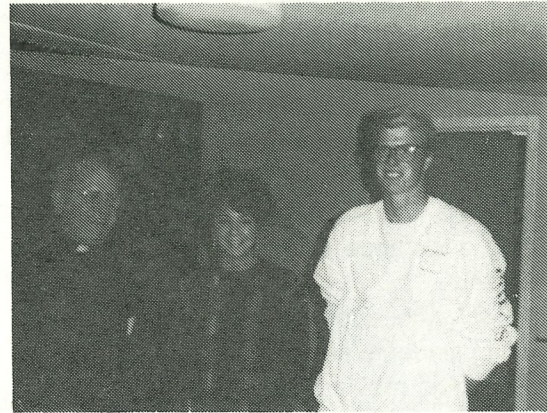
CRUSADER CONNECTION

NEWSLETTER FOR HEELAN ALUMNI AND FRIENDS

SPRING 1990
VOLUME FOUR NO.1



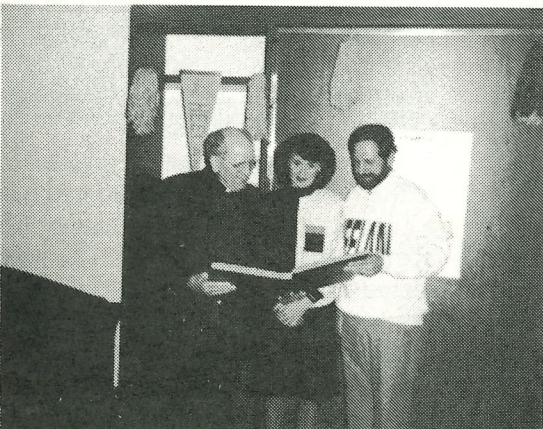
Craig and Mark ready & waiting to travel to the next alumni city.



Dan Feste '85 introduced his guest to Fr. Victor Ramaeker at the Illinois gathering.

ON THE ROAD AGAIN

In the continuing attempt to reestablish "Connections" with alumni of Bishop Heelan High School, the alumni office hosted gatherings in Minneapolis, MN; Madison, WI; Arlington Heights, IL and Des Moines, IA in late October. Alums Craig Feste & Mark Wetz, both '72 grads joined Fr. Victor Ramaeker for the weekend travels. Watch for us in your area, so more get-togethers may be planned in the spring.



Joe Wiederholt '67 reviewed scrap books with wife Ruth and Father Ramaeker in Madison, WI.



Allan Kent '55 compared school days with Alice Konz Waldier '54 & husband Ralph.

Heelan Debate Teams

The Heelan High School debate team has been in a restructuring and rebuilding year under the coaching of Jim Carlson. The high school national topic for the 89-90 school year involved the issues concerning current overcrowding in the U.S. prisons and jails.

By the end of December, the novice team (1st year debaters) of Justus Nieland, Sara Dickes, Becky Tschampl and Cher Moseman were dominating the competition in the region. They captured 1st place in Fort Dodge in October; 2nd place in LeMars in November and 1st place in both Atlantic and Sioux City North in December. Heelan hosted their own speech/debate tournament in December. Over 600 students representing 28 schools in 3 states participated with the assistance of Beverly Weseman Carter.

Nieland, Tschampl and Moseman will be returning students at Heelan in 1990-91 and should provide both the experience and leadership necessary for a developing Heelan debate squad.



Nancy Happe '92, Lara Thurber '91 & Tina Wiltgen '92 listen attentively to Cindy Zyzda '90 during a scene from "The Barretts of Wimpole Street" the fall little theater presentation.

12th Annual Friends of Heelan Ball

Heelan Makes Music

The Heelan Music Department began the year with 14 students representing Heelan in the All-State Music Festival held in Ames, IA. Four junior students were represented in the Opus Honor Choir. The "Pops Concert" held in November was well attended. 30 acts presented a revisit to "Woodstock '69". The Show Choir, the "Classical Advantage" presented over 20 performances throughout the Christmas Season and continues to perform in show competitions in Storm Lake, Urbandale and Cedar Rapids. Continuing through spring, the musicians will be competing in solo and ensemble contests as well as large group competitions. A production of the "Music Man" will be presented May 11 - 12- 13. Topping out the year, will be the spring finale highlighting the year's events.

The 12th Annual Friends of Heelan Ball has something for everyone! On May 4th, 1990, the Sioux City Convention Center will be flourishing with activity from 9:00 PM to 1:00 AM with the theme, KEEP THE BALL ROLLING.

As cars r-o-l-l into the parking lot, tuxedo clad young men will provide free valet service.

Sandwich r-o-l-l-s will appease the appetites as they become part of the buffet selections.

Upstairs, for the rock 'n r-o-l-l-e-r-s, there will be a disc jockey, Tim Harrison, providing the most current music. While downstairs, with an expanded dance floor, the ballroom dancers will trip the light fantastic.

Back by popular demand, Father Verne Staphenhorst may well shout, "R-o-l-l it!" as he begins his multi-media slide presentation.

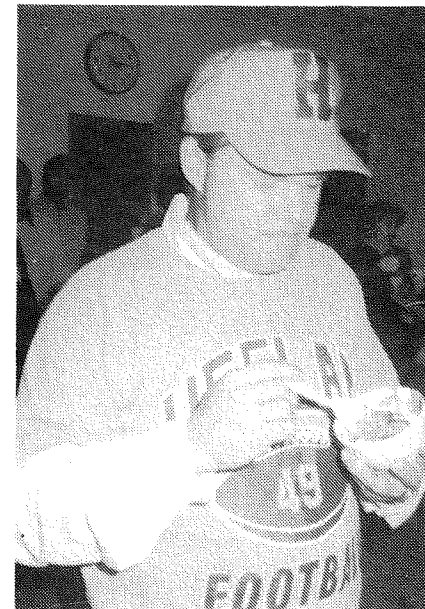
Drum r-o-l-l-s would be appropriate

when the renowned Swing Choir is introduced. They will be giving a special command performance.

What does a "Friend of Heelan" do for the Ball? The Ball committee hopes that through the enjoyment of its supporters, a "Friend" may help to bank r-o-l-l Heelan's growing endowment fund, to finance further asbestos removal, and to increase teachers' salaries.

The red carpet is being r-o-l-l-e-d out to the Friends of Heelan, old and new, as well as the public of Siouxland. The spirit and energy of Heelan is manifested in a special way through the Heelan alumni-----won't YOU keep the Ball rolling?

(Note: Information or tickets are available through Chuck and Carol Happe 276-7670)



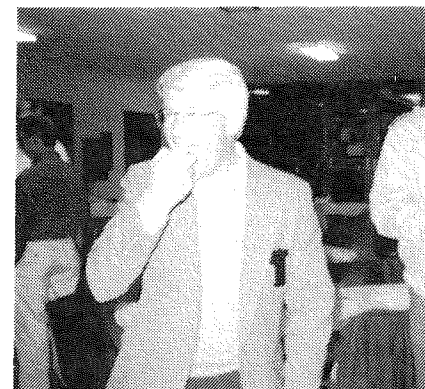
BILL BURROWS '65 "Ummm - Good Sundae"

ALUMNI PARTICIPATE IN HOMECOMING ACTIVITY

With organization provided by Bob & Maureen Baxter, Craig & Theresa Feste, Mark & Jennie Wetz, Brad Chicoine (all '72 grads) Joe Twohig '68 and their helpers, the 1st Annual Alumni Homecoming dance was held in the CYO following the Homecoming football game Sept. 15, 1989. A group of approximately 300 celebrated the Crusader victory over the Kemper Knights (47 - 6). Real-to-Reel provided music for dancing, with the proceeds from the \$2.00 admission charge going to the Pride Club, Heelan's alcohol-free student support group. All-you-can-eat "victory cake", ice cream sundaes and non-alcoholic beverages were available for parents and alums attending.



MARY PAT BAKER DOYLE '69 and husband Jim share a joke with a Heelan alumnus.



A bit of popcorn gives DR. GERALD MCGOWAN '55 energy for another dance.

Bishop Heelan Catholic High School
Sioux City, Iowa 51105
Volume 4-No.1
Spring, 1990

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Heelan High School
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Sioux City, Iowa 51105-9997
Phone: 712-252-0573

MORNINGSIDE GIRLS ARE # 1



JOAN MCDONALD HALL, MARY ANN WHITFORD STEWART, CAROLYN GEIDL RASMUSSEN, JANICE LIVENGOD HAPPE & KAY PRITCHARD SITZMANN - CLASS OF 57 - met in Kansas City recently to have a surprise birthday celebration for Kay Pritchard Sitzmann on her ?? birthday. Joan came from Florida; Mary Ann from Kansas; Janice from Wisconsin and Carolyn from Illinois.

For Everything there is a season;
And a Time for every matter under HEAVEN!!

A TIME TO BE BORN

JAMES SCHUMACHER '73 and wife	twins
BETH MEANS JANSSES '73 and David	1st child, Jean Ann
MARY A. HENDRICKS TOPE '76 and Mark	son, Kevin Randall
LISA VERSCHOOR LUCKEN '78 and Gregg	1st child, Elizabeth Susan
LINDA CHRISTENSON PETRICK '77 and Bill	3rd child; Zachary Bernard
Stacey, 6 and Billy, 5	
TERESA MUSHRO GLAZA '72 and John	son, Jeffrey John
Jason , 13 and Jessica, 12	
PETE HITTLE '74 and Nancy	daughter, Anna Marie
DAVID J LINDED '75 and Jill	2nd son, Joseph David
William Raymond, 6	
GREGG W LAGAN '75 and Sarah	son, Gregory Martin
DAVID HARBECK '74 and JoAnn	3rd child, Lindsey Kristine
Tyler, 4 and Kenna, 11	
THERESA TRUDEAU LICHTENBERG '80 and David	4th child, David Michael
SUSAN WORRELL BAXTER '81 and husband	1st child, Kyle Joseph
JULIE BATEMAN CARDWELL and Mark	1st child, Benjamin James
BRIEN O'BRIEN '80 and MARY HANSEN	
O'BRIEN '81	2nd child, Timothy
JACKIE BRODERSON BETSWORTH '80 and Tom	3rd child, Brandon Donald
Andy, 6 and Kerry, 3	
JOE KRUSE '82 and Renee	daughter, Nicole Marie
THOMAS J WHITE '85 and Lottie	2nd child, James Thomas
Krystal Elaine, 2	
JULIE ELLWANGER VAN EHWEGEN '83 and Todd	1st child, Tyler Todd
SUZI LOWDER KOTTEMANN '77 and Karl	2nd child, Kristin Marie
Kara Jean 2 1/2	
SCOTT FESTE '79 and Nancy	a daughter
BILL NEILSEN '67 and Sheri	daughter, Kristin Lee
JILL McCOY O'CONNOR '74 and husband Marty	2nd child, Devin Hayes
Shane, 2 1/2	



HEELAN FACULTY FAMILY EXPANDS

Congratulations from the alumni office and the Heelan faculty and staff to:

Doug and Lori Karpuk Moody '69, Athletic Director, on the birth of Mindy Marie, their 5th child.
Peter and Joni Bruecken, Science Dept. on the birth of Alex Joseph, their 5th child.
Mary and David Madsen, Math Dept. on the arrival of Michael Franklin Kundan in December from India



REMEMBER IN YOUR PRAYERS
THE FAMILYS OF

PAULA FLEMING EDWARDS '58
HELEN WAGNER JOHNS '58
MARY CORSO THOMPSON '54
PATTY HAGERTY KYTE '74
CHARLES SCHUNNEMAN '88
RITA SANDERS CARPER '61
Jack Munoz, husband of **CECELIA CRUZ '54**
PHILIP M. MASTELLER '61, husband of **JAN VAKULSKAS '65** and father of **LORI '87**
JODY WALLEN MOORE '73, sister of **RANDY '65**, **RICK '66**, **MONTY '68**, **JOHN '69**, **ROB '76**, **JAMES '80**, **BRENT '87**, **LINDA '60**, **DEBBIE '71**, and **JEANE '82**
Edward Charbonneau, father of **MISSY '90**
MARY LOUISE '82, **MICHAEL J '75** and **MARK '84**
James N Hittle, father of **JAMES S '65**, **JON B '69**, and **PETER K '74**
Clifford Crossland, husband of **JERRY KAMMERER '52**
Harold F. Lorenz, Heelan Band Director from '49-'53, died in September of leukemia. He had been principal of Cudany Senior High School, Milwaukee, WI as well as being a former band director there.
Jack Dailey, father of **ELIZABETH '78**, **JACK '74** and **MARY '92**
Roman de la Campa, father of **ROMAN '63**, **LUPE '65**, **MICHAEL '73** and **RICHARD '80**
Robert McManus, husband of **PATRICIA GONGLESKI MCMANUS '52** and father of **STEVEN '71**, **DALE '74**, and **KATHLEEN '77**
Teresa Rodvold, mother of **JUDY RODVOLD '59**
JOHN T O'BRIEN, Trinity '45, father of Michael, '73, Sharon '75, David '77, John '82, and Mary '86
Warren Sadler, Endowment Board Member

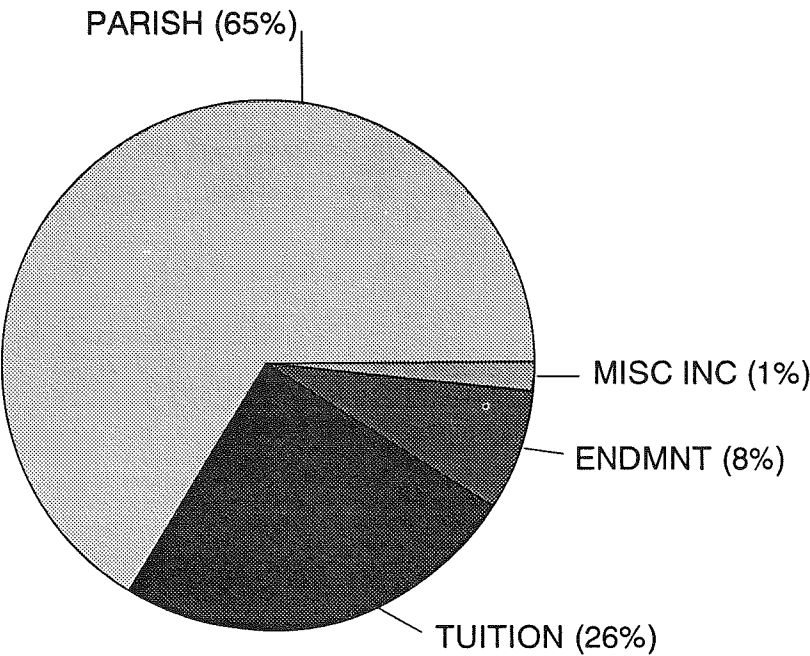
A TIME TO LOVE

MICHELLE L. JOHNSON '87 to TIM SCHWEBACH '85
RHONDA L. VONDRAK '87 to MICHAEL WEBER, JR '85
COLLEEN L. KROMMENHOEK '85 to Brad A. Stolpe
SUZANNA M. BELL '82 to DANIEL F. KIRWAN '82
ELLEN L. HOGAN '84 to Charles J. Giuliani
THOMAS E. GUINANE '82 to Nancy L. Bottke
TIMOTHY J. STABILE '81 to Carla A. Braun
JANET BROWN '84 to MICHAEL J. LIVINGSTON '83
SANDY LAUER '86 to Mike Trobaugh
GEORGE KUENY, JR '85 to Diane Dey
AMY WATSON '86 to MICHAEL DIEGER '88
KARI M. SCHENKELBERG '80 to Stephen L Kleinsmith
MAUREEN NEIGHBORS '84 to Charles Allison
KATIE NOONAN '75 to Bob Landon
COLLETTE KESELRING '78 to Roger D. Wollenberg
ANNE NOONAN '80 to Michael Hlebain
TODD BORNHOLTZ '81 to Debbie Johnson
ELIZABETH RASHID '81 to Todd Niggeling
PATTI JO SMITH '82 to Ken Peterson
JOE KRUSE '82 to Renee Doyle
MICHAEL T MAHANEY '82 to Tammy Thomas
GINA K. PARRINELLO '88 to Paul Rosenbaum III
VERNA M VALA '86 to Dale R Kluckman
RITA GREINER '85 to Gene Flair, Jr
HOPE M WYANT '84 to Jerome L Schaefer
JULIE A RASMUSSEN '87 to Brian R Nelsen
M. JACQUELINE WENTE '85 to Joseph R. Carey
GORDON M SITZMAN '81 to Brenda Oehlerking

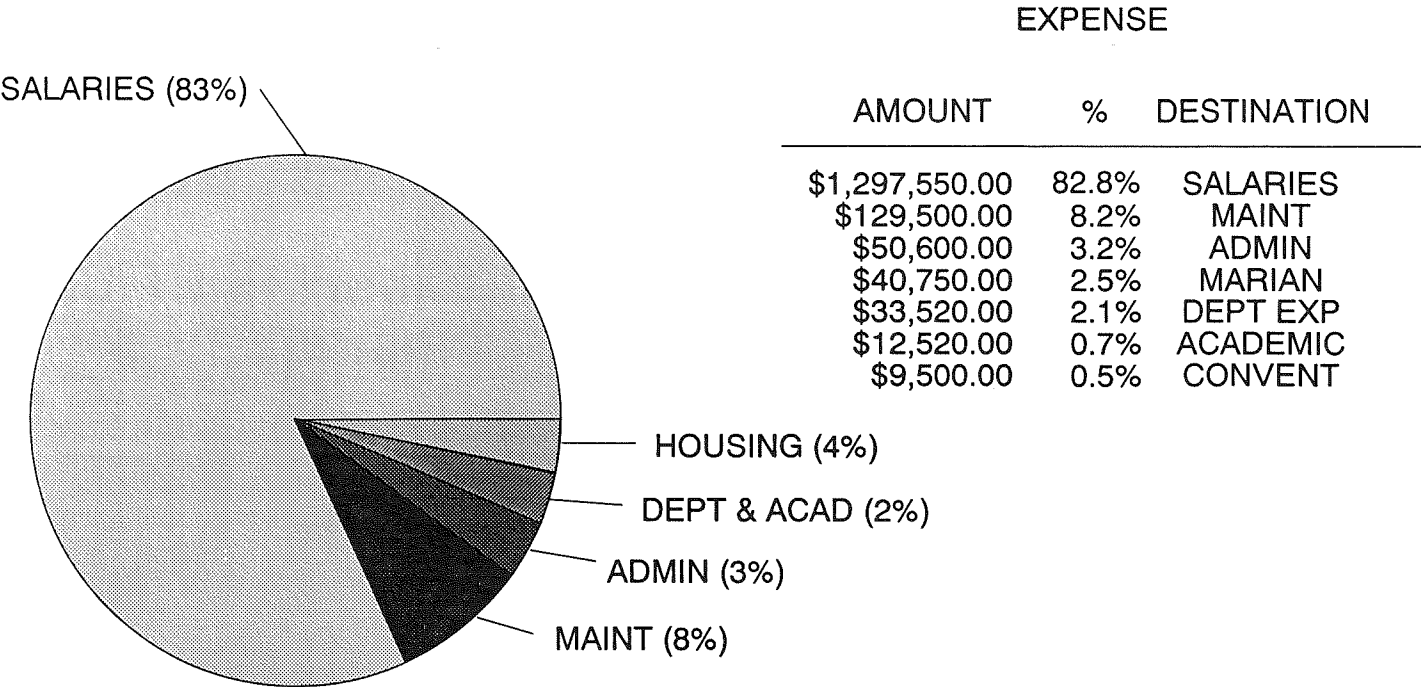


1988-1989 Heelan Budget
Income

INCOME		
AMOUNT	%	SOURCE
\$1,030,645.00	65.5%	PARISH
\$401,875.00	25.5%	TUITION
\$120,000.00	7.6%	ENDMNT
\$15,000.00	1.0%	MISC INC
\$5,000.00	0.3%	DONATE
\$1,000.00	0.1%	MISC



1988-1989 Heelan Budget
Expenses



Crusader Connection UPDATE --- 50's

BOB REHAL '50 recently remodeled Greenville Pharmacy and celebrated its completion with a grand opening. It has been at Fairmont & Correctionville Road since 1942.

MARY ANN WALSH DAVIDSON '52 has assumed the presidency of Davidson Lumber Co., following the death of her husband Eugene in June '88.

SISTER MARGARET BRENNAN, OP '53 is at Dominican High School, Whitefish Bay, WI.

JEAN B ABRAHAM EIMERS '55 and husband Bill live in Milwaukee, WI.

FATHER RICHARD SITZMANN '53, former Heelan faculty member, has been associate pastor of St. Boniface parish, Sioux City, for the past 3 years.

MARY (TONI) HEILMAN, Ph.D. '55 was recently promoted to senior training analyst - Allen Division, CAE Link Corporation - transferring to the Phoenix area to work at Luke AFB. She is in charge of format & quality control functions for interactive videodisc - computer based training materials for F-16 fighter pilots.

PATRICK J MARKSBURY '56 moved to the Twin Cities in 1966 and had been employed by Control Data ETA Systems for 22 years. He is now running a Day Care business with his wife of 20 years, Marjorie. They have 2 daughters, Megan, 14 and Breanne, 10.

GARY A THIBODEAU '56 has been chancellor at the University of Wisconsin/River Falls, WI. He continues to publish textbooks in the area of anatomy and physiology.

LEO S PETERSON '55 & VALENE WALSTED '56 are residents of Cedar Rapids, IA, where Leo owns and operates Leo's Locke Shoppe and Val works in a small pharmacy. They have 4 children living and 1 son deceased, plus 4 beautiful grandchildren. Free time is spent walking, reading and playing cribbage with friends.

MARIE CHICOINE SPIELER '57 is an RN in Cedar Rapids, IA, Coe College Health Director, where her husband Deene is an Engr. Mgt. with Rockwell Collins. They have 3 children and 1 grand daughter.

MARY PECKENPAUGH KNiefl '55 is widowed with 5 children. Two sons are in the Navy; a daughter is in college and 2 remain in high school. Mary is a receptionist for a dental clinic in Ponca, NE. Free time is spent serving on the school board for the past 10 years; chairman of the youth center in Newcastle and Sodality president of St. Peter's Church.

IMELDA GOODNELL HEALY '53 continued to teach in the Omaha area after leaving the convent in '64. Married to Mike, they have 3 children in college and 1 in the 8th grade, and are celebrating their 25th anniversary. Imelda has returned to teaching.

EDWARD DYE '54 a resident of Hacienda Heights, CA., is president of Contract Fire Protection Engineering, Inc., Eagle Industries and Automatic Equipment Brokers.

MARY KAY WATSON BEGLEy '54 is relaxing in Omaha, NE after the marriage of her oldest son Brian to Pamela Wingender.

PATRICIA MURRAY PETERS '58 writes from Bedford, TX that her husband Darrel had a bone marrow transplant for leukemia in Sept. 87. In August '89, he was released from his doctor's care and allowed to return to work with less than a 1% chance of recurrence. Patty is a member of a bone marrow transplant bank and encourages you to call your local blood bank or Life-Source (800-999-8822) for additional information. Many donors are needed as only 1 in 15,000 match.

PATRICIA GONGLESKI '52 enjoys making fre-

quent trips to Sioux City to visit relatives and to Texas and Virginia to visit grandchildren.

DON LADDUSAW '54 and wife Micki had a great time at the 35th reunion this past summer.

ROBERT J SWEENEY '58 is captain at the SC Fire Department. In his off time, he is a violin craftsman - building, repairing, renting and selling his stringed instruments, some of which have been on display at the SC muesum. He is a registered luthier with the state of IA, and an accomplished guitar and mandolin player.

Crusader Connection UPDATE --- 60's

NORMA HANSON MORRIS '60 with husband Bob, have lived in Colorado for 25 years. They have 2 daughters and 2 1/2 grandchildren. Bob is employed by the Aspen Skiing Co., and they also have the Ambiance Inn, a Bed and Breakfast outside Aspen. Naturally, they enjoy skiing, all mountain activities and meeting the great people that use their B&B.

SHIRLEY SHERIDAN HEDRICK '60 is alive and well in Glendale, AZ. She is a RN and owner of her own business. Would love to hear from M. Frances Riley Barton; Patty Guillaume Kowalski and Frances Grego.

JEAN BRUNEAU '61 former Heelan faculty member, has moved to the bayou country of southern Louisiana, and is serving as pastor of St. Rosalie Mission.

SUSAN VANDEL MEIER '62 owner of Apple Tree Preschool and Child Care centers in Sioux City, was recently honored with the Pride of Siouxland Award presented to small business owners by the Chamber of Commerce.

MARY MCCARVILLE HAUSWIRTH '62 and husband Fred celebrated their 25th wedding anniversary in 1989.

RAYMOND P SIMEON '65 was promoted to marketing Director for Pacer Systems, Inc., an engineering company whose primary customer is the U.S. Navy.

PATTY LAFLEUR NIVEN '64 says her family is growing up way too quickly. Matt is, 17 (a junior) and Mark is 14 (a freshman). Patty is working with preschool special education children in Lincoln, NE.

MARY HARTIN LINDER '67 and FRED LINDER '67 keep busy in West Des Moines, IA with children Matt, 13 and Mindy, 10. Fred is managing director of Investor's Management Group Limited, an investment advisory firm. Mary is an interior designer with Winnie Williams Design group.

MAJOR WILLIAM S. PEZDIRTZ '68 received the Meritous Service Medal from the General Staff at Fort Bliss, TX. He is currently assigned to the Combat Maneuver Training Center, Honefels West Germany.

RONALD RIEDL '63 has lived in Colorado with wife Cathy and 3 children (Thomas, 17, Sarah, 9 and Christina, 6) since 1978. Currently Ron is a senior programmer and team leader on the financial computer system for the State of Colorado.

JEANNE ANN NIXA JOHNSON '63 is production cost accountant for Loran Maintenance of Way, Inc. Son Brian is stationed at the Naval Nuclear site in Idaho Falls, ID. She and her family recently hosted a West German exchange student for 3 months. Daughter Lori will now be visiting that family and attending school in West Germany from April to July 1990.

FRED HOLCOMB '64 has received the Realtor of the Year Award for 1989 given by the Greater Siouxland Board of Realtors. He also has been appointed Associate VP of the Iowa Association

of Realtors for 1990 and chairs the MLS Committee for the State Association.

MARY ELLEN GREEN '65 continues to serve as the school librarian in Bothell, WA., receiving the distinguished regional school library award in 1989.

PAULA RASMUSSEN CHICOINE '64 has been actively involved in SD Chiropractic Auxiliary the past 5 years, serving as the president in '89. She works as an x-ray technician and office manager in her husband Jack's clinic. They have 3 children; Amy, 21; Brian, 9; and Annie, 8.

REV. MILES BARRETT '68 is pastor in Sanborn, IA. He enjoys using his 1 FR pilot's license to get himself and other Navy chaplain's to week-end drill in Des Moines. Seventeen days were spent in Spain in January on active duty with the Guard.

DENNIS RSKELTON '66 was named president of the Deere Community Credit Union in Ankeny, IA. He and wife Virginia are expecting a child in April.

Crusader Connection UPDATE --- 70's

JOHN LAPLANTE '71 has been found! -- blissfully married and father to Rebecca, 10 and Shannon, 8. John is employed by the City of Overland Park, KS and is looking forward to the 20 year reunion.

BOB BAKKEN '70 resides with wife Joni and 5 children in Albuquerque, NM.

BARBARA MORIN '70 was recently appointed Theater Instructor at the new Minnesota Center for Arts Education. The arts are integrated throughout the general studies curriculum and student promotion is based on mastery of leaner outcomes. No grades are given. Students come from school districts within Minnesota and live on campus. The present program is for juniors and seniors in high school.

RICHARD L JOHNSON '70 a general practice attorney in Sioux Falls, SD., concentrates on Family and Criminal law. His wife Pam, a registered nurse, is a consultant to the SD Board of Nursing. They have one daughter, Erin Marie, 7.

STEVEN L UHL '71 was recently promoted to the grade of Lieutenant in the US Navy Reserve, Supply Corp Officer, attached to the Naval Supply Depot, Suric Bay Philippine Islands. He drills at the Sioux City reserve Center and is the corporate controller for Chesterman Bottling Co.

STEVEN MOBLEY '73 is living in California with wife Marsha and two children, Amanda and John. Steve is a supervisor for a heating/refrigeration company.

PAM MOBLEY TURK '74 and husband Joe live in Florida with son Nathan. Pam is a real estate agent.

DEBRA WIDHALM MCCLEARY '74 is excited about the home she and her husband have purchased in San Francisco.

PETER HITTLE '74, a former Heelan faculty member, is currently Band Director at East High School, after receiving his Master's in Music from USD in '85. Wife Nancy is a lab tech at Marian Health Center. They have two children, Matt, 3 and Anna Marie, 6 months. In his free time, Pete performs with a dance band, as well as his own 5 piece jazz group.

MARK HOULIHAN '75 and wife, Edna, have three children, Christina 4, Dustin, 2 and Ashley 10 months. Mark is employed by the Copy Center in Sioux City.

MIKE HOULIHAN '76 lives in Florida and plans to be married in February '90.

SHERI HOULIHAN '76 lives in Phoenix, AZ with her daughter.

DEIDE BOYLE ENGLE '77 and husband Gary, a production supervisor at Sioux Honey Association, have four children: Janelle, 9; Heidi, 7; Corey, 5 and Russell, 1 1/2.

JAMES R WILLIAMS '78 and wife Shelley have one

daughter, Haley; 1. Employed by RTKL, Inc., in Dallas, William designed Saks 5th Avenue Pavilion in the Houston, TX Galleria area.

MERCEDES BERN KLUG '78 recently appeared on the TV special "At RFD's Side" on IPTV with Walter Cronkite doing the narration of Harry Hopkin's role as Roosevelt's friend and advisor.

TRACY GRASER SALMON '79 has been promoted to supervisor of Nursing Services at Marian Health Center, while she continues to work on her BSN. She and Larry have 3 children: Andrew, 10; Stephanie 4 1/2; Jessica, 3.

MARGARET MCCANN PECHACEK '79 and husband Paul have just been transferred from the Detroit area to Minneapolis with thier employer - E.D.S.

JOHN HARTY '77 has been promoted to vice president of corporate communications with Pioneer Teletechnologies.

PATRICIA DUGGAN '72 has accepted a position with Roberson Marketing in Des Moines, IA.

GREGG W LAGEN '75 is assignment editor for KCCI in Des Moines. Wife, Sarah, is a veterinarian in W. Des Moines.

VIC LUND '78 and JANICE LARA LUND '81 reside in Sioux City. Vic is assistant comptroller at Soo Bee Honey and Jan is a dental hygenist with Dr. Burnight.

MARK E LENNON '76 recently became co-owner of El Fredo Pizza in Sioux City.

BETH WIEDEMEIER HOUGEN '77 and husband Chris enjoy Wisconsin with Clint, 5 and Carly Jo, 2.

JOYCE T GEARY '78 has received her Master's Degree in Counseling and Guidance from the University of Texas, Edenburg, Texas this December with plans now to become an elementary school counselor.

JULIE OSTERHOLT BOSTON '76 and husband Dan reside in Sioux City. Julie is a program analyst for IBP, Inc. They have two children: David and Holly.

RITA DONOHUE POST '78 is currently teaching 1st grade in Elsenore, CA.

MICHAEL AUDINO '73 has been appointed director of the Iowa Department of Transportation Air and Transit Division.

KATHY COOPER RESCH '73 is alive and well in Ashland, Oregon with husband Scott and family Joe, 13; Jessica, 11; and Ben, 10. Kathy is an RN, working the last 5 years in hemodialysis with kidney patients.

JO ELLEN WILLIAMS FRAVEL '76 is enjoying her new kindergarten position at Blessed Sacrament in Sioux City. Husband David is with the Science Dept at Heelan. They have two sons: Jon, 7 and Tony, 7.

MICHELLE TOPF CAMACHO '73 US Air Force Major was recently appointed Pharmacy Dept Chairperson at the 13th Air Force Medical Center, Clark AFB, RPI. Her husband Joseph is also assigned there as a dentist. They have two sons; 6 and 8.

MAJOR STEVEN G. MCMANUS entered the military after graduation attending the US Military Academy from 73 to 77. He is currently stationed in Washington, DC with wife Maryann and two children, Jennifer and Christopher.

MARK APPEL '70 graduated from Carroll College, Helena MT in '73 and the Univ of IA Dental College in '77. Currently, he is in dental practice in McMinville OR, married and has three children. Everyone is welcome to stop by to visit when in the Pacific Northwest.

JERRY POSS '77 and wife Debbie are expecting their 1st child in February.

RHEA GREER ROE '70 is living in Arlington TX with husband Rusty. Along with being a full-time Mom to Jonathon, 8, she is a speech and language pathologist for the public school system.

GREG L. ROCHE '78 and wife Kathy have had their 4th child.

SUE WADEDO RICKER '70 and husband Dave are home schooling their two children; John, 10 and Leah, 8.

CHARLENE HARRINGTON MAASKE '71 a CPA had practiced public accounting prior to joining the 1st Central State Bank at Dewitte, IA. She was made VP of Operations in 1989.

Crusader Connection UPDATE --- 80's

ANNE NOONAN HLEBAIN '80 an '84 graduate of St. Benedicts, completed graduate school with a degree in special education. She currently is a learning disabilities teacher at St. Michael, MN., and finishing her master's.

LYNN MARIE POTTEBAUM LEWIS '80 is a resident counselor with Linn County, working with the mentally ill. Husband Mark works with Regional engineering. They have 2 children: Josh, 2 and Jacob, 10 months.

RALPH (WALLY) EMERSON '80 and MARY JO MOGREN EMERSON '82 are currently living in Tucson, AZ with their children, Rafe and Victoria. After graduating from pilot training in '86, Wally flew A-7 fighter aircraft for the Iowa Air Guard. In '89, he was commissioned as a 1st Lieutenant and A-10 fighter pilot when he entered USAF active duty. He and his family will be leaving for England in '90 for 3 years.

BRIEN O'BRIEN '80 and MARYHANSEN O'BRIEN '81 are residing in Sibley, IA. Brien is an attorney and Mary has her own home sewing business besides being a tailor for a men's clothing store there.

ELIZABETH RASHID NEIGGELING '81 is Wellness Director of the Marshalltown Medical/Surgical Center. Husband Todd is project accountant for Lennox Industries.

RENE BEACOM '81 and MARYBETH GOLDEN BEACOM '82 have moved from Sioux City to Mountain Top, PA as a result of a promotion to operations manager with Direct Transit, Inc. Mary Beth hopes to continue teaching prepared childbirth classes once settled. They have 3 children: Noah, 4; Elise, 14 months and Nicholas, 3.

SUSAN MEIER SMILEY '81 recently moved with her husband, Bruce to San Antonio, TX. Both are working for Bascom-Texas, a hotel owner/management company, owned by Bruce.

THOMAS M WILLIAMS '81 is a management consultant with Anderson Consultants, Chicago, IL. **TODD BORNHOLTZ '81** is working for Reliable Automotive and wife Deb works at Lessmann Electric.

PATTI JO SMITH PETERSEN '82 is an Inside Sales Specialist for an Agoura Hills, CA corporation. Husband Ken is a letter carrier. A year ago Patti provided a kidney for her sister **BARBARA SMITH '77** in a successful transplant operation. **JOE CRUSE '82** resides with his family in South Sioux City, NE and is an agent with New York Life.

TOM PLOSSL '82 of Brandon, FL does the accounting for a large grocery store chain.

MICHAEL T. MAHANEY '82 is a claims adjuster and wife Tammy is a state social worker.

EDVYDAS CICENAS '82 is working as a photo journalist in the port city of Oxnard, CA and enjoying the absence of Iowa cold and snow.

MARGARET WILTGEN ZYZDA '82 is an '86 graduate of Simpson College. She and husband Mike have lived in the Denver area since '87. Margaret is currently teaching kindergarten in the Littleton Public School System along with being part

of the University of N. Colorado's Masters Program. Mike has finished his residency in podiatric surgery and has established offices in Castle Rock and Lakewood.

MARK MANGOLD '83 graduated from University of IA '87 and currently is a finance supervisor for Norwest Bank in Minneapolis, MN. Keeps busy in free time with tennis and volleyball and as choreographer for a high school show choir in Bloomington.

CYNTHIA KUEHN DAHL '83 and husband Gail are expecting their 1st child in February. Gail is employed by the City of Sioux City.

CHRISTINE BEACOM BENEDIX '84 is a bridal consultant/sales manager for Upper Sausalito Bridals and husband Kevin is a business analyst for Fireman's Fund in Rohnert Park, CA.

THOMAS HUOT '84 is a graduate of St. John's University in '88 with a degree in International Law and Government, is a Lt., Airborn Ranger, stationed at Ft. Bragg, NC. He and wife Barb have on daughter, Jessica.

JULIE DELANEY '86 has been promoted to Verification Supervisor for PTT in Sergeant Bluff, IA.

TAMARA BLAIR STUHRENBERG '85 has accepted a position with WACO (Work Activity Center) in Sioux City as executive secretary, working with the mentally and physically disabled. Receives a great deal of satisfaction knowing she is helping others make a better life for themselves.

MICHAEL DELINE '86 is a senior at the University of Iowa, majoring in accounting and pre-law. During the summer of '89, Mike attended the "Washington Center" as an intern with the lobbying firm of Chwat/Weigend Associates.

ELEAN TEJADA '87 an exchange student from Victoria, Spain, renewed her friendship during the summer of '89 with SUSAN BOYLE '87 while she was studying there.

MICHELLE NEILSEN '87 will be receiving her AAS degree in Interior Design from Kirkwood Community College in May. Michelle is vice president of Student Life on the Student Executive Board and was a candidate for Homecoming Queen.

CAROL LEE TSCHAMPL '88 is a foreign language major at Central College, Pella IA. A member of the US Army Reserve, Carol is also news director for K-89 FM radio, American Cosmetics consultant and is planning to spend the '90-'91 school year studying in Paris on the Central Study Abroad Program.

MARK C FLANNERY '84 graduated in '88 from Iowa State and is a computer analyst for Hallmark Cards. Wife Deborah, also an Iowa State graduate with a degree in Animal Ecology is employed by the Dept of Conservation in Burr Oaks, Missouri. They recently returned from their honeymoon in Ireland.

GINA M LAWSON '81 has been living in CA for the past 2 years and loves the weather. She is an advertising coordinator for a magazine publishing company and does freelance video/audio work out of her home, along with working on her masters in journalism.

MARY ELIZABETH MYERS '81 graduated in '85 from IA State with a BA in advertising/graphic design. She worked in Dallas for the Bealrd Agency for 2 years, being honored as an Outstanding Young Woman of America in '87. Currently working as art director for Carlson Marketing in Minneapolis with US Sprint and NorthWest Airlines accounts and planning to start part-time at St. Thomas college's MBA program.

AUCTION ITEMS REDEEMED

An added feature to the "Friends of Heelan Ball" last spring was the endowment auction. Items ranging from weekend vacations to artwork to popcorn were donated by alumni and area businesses, with the proceeds used to expand the endowment base.



The auction item "Name the Thoroughfare for a Year" has Gary Webb, Maintenance, up in the air as he erected the Msgr. A.J. Elbert Drive sign.



Dr. Gary Carlton and Mary Jean Keane Mugan '67 appear to be enjoying the steak dinner 5 couples purchased, cooked by Heelan faculty Jon Olson and Father Ramaeker.



Mike Wankum, local weatherman for KTIV-4 (ABC) bought the privilege of being Heelan's "Principal for a Day"



JUNIOR CLASS SPONSORS AMERASIANS

A Vietnamese family of 5 arrived in Sioux City in January to begin a new life. Sponsored by the junior class of Heelan, the family includes the mother, a 20 yr old Amerasian girl, two half sisters (14 and 11) and a 6 yr old half brother. The sponsorship is a 60-90 day moral commitment that promotes the friendship & support necessary to ease the cultural transition. Committees were picked to work on different aspects, like housing, reception, work & school orientation etc. Students, faculty & staff provided many household items needed, from dishes to furniture. The 3 young children, who speak no English, are enrolled in the public school system in order to take part in the English As a Second Language course available. Under the guidance of Sr. Rosalie Erdmann & Margaret Murphy '79, the class will continue to aid and supervise the family while they adjust to life in America.



SANTA VISITED CHRISTMAS PARTY

Jon Olson, FAB chairman, Santa Claus (Alias Sr. Jeanette), Fr. Ramaeker and Don Duzik, Pres. of the Parents Board discuss who on the faculty/staff get surprises this year at the Christmas party sponsored by the Parents Board.

LONG DISTANCE CALLING . . .

75 volunteer alumni, parents, faculty & students let their fingers do the walking in October when Heelan High School conducted the 2nd endowment telephone campaign. During the 3 weeks of calling, the "book room" on the 2nd floor was ringing with activity. With a bank of 12 phones, we were able to make person to person contact with many of you from coast to coast. Classmates enjoyed visiting with classmates. Everyone appreciated the alumni's continued interest in current activities at Heelan and all the support extended.

OPPORTUNITIES TO SHARE IN PLANNED GIVING

?

CASH GIFT - yearly amount up to each individual

?

BEQUEST - stipulation in a will specifying an amount to be given to an institution

?

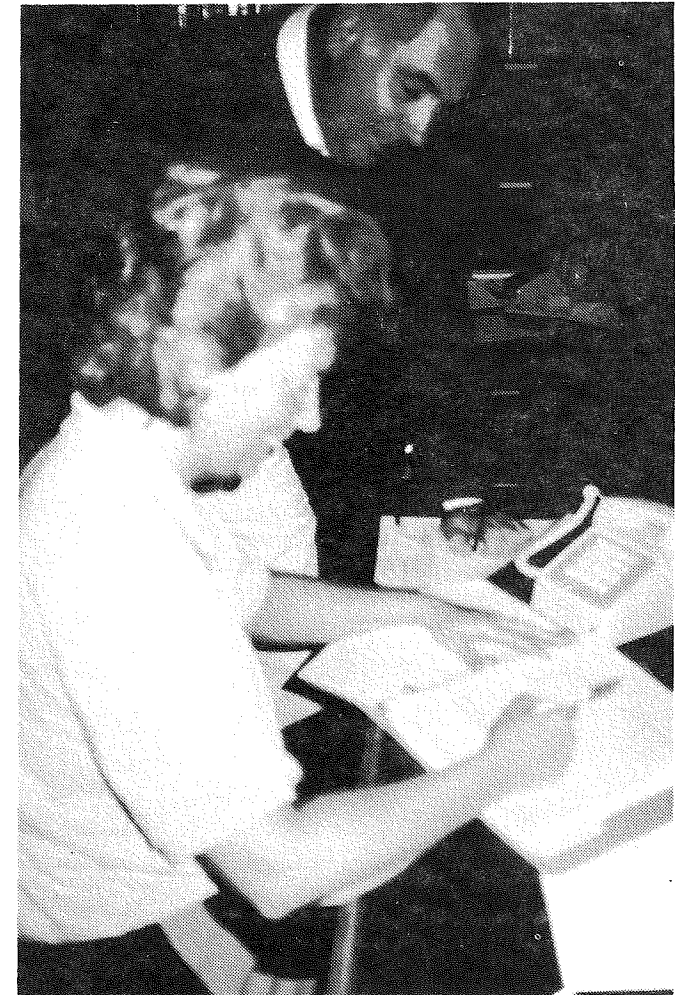
GIFT ANNUITY - payable yearly or at regular intervals

?

LIFE INSURANCE - paidup policy with the donor paying the tax-deductable premiums, and Heelan as the beneficiary

?

MATCHING FUNDS - donations given to Heelan matched by employer



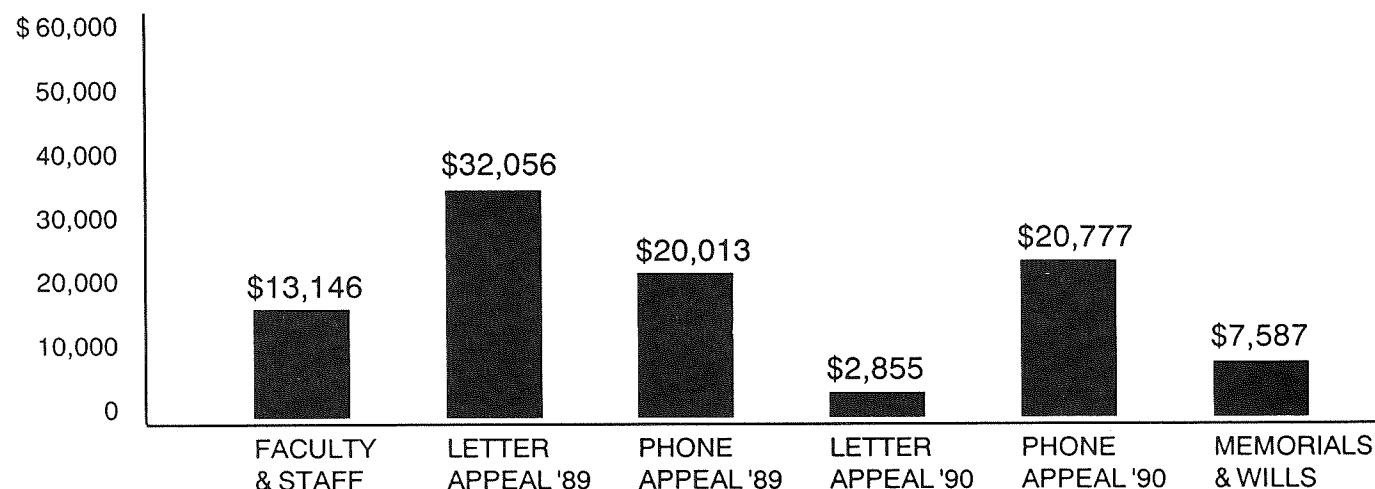
Chairperson Vern Neilsen '54 consults with Terri Moran, one of the organizational volunteers during the telephone campaign.

Thank You for Remembering Heelan

The Heelan Endowment Campaign extends sincere appreciation to those who have remembered Heelan with Memorial Gifts, especially the family & friends of John T. O'Brien, Phil Masteller '61 & Teresa Rodvold.

1988-1990 Fund Raising Highlights

Bishop Heelan Catholic High School is grateful to the alumni, friends and benefactors, and businesses that have been generous this past year. Your gifts directed to the Heelan Endowment have been the result of letter and phone appeals and memorials. your increased participation has resulted in the endowment base expansion with the generated interest incorporated into the annual budget. This shared responsibility and gifting is like a seed planted with the promise of a harvest 10 times over. Thank you to everyone for you help.



Life Share "Little things can turn into big things"



?

What would just 1% of the total life insurance owned in the United States be? If everyone who presently owns a life insurance policy would be willing to change their primary beneficiary designation to include one or more charities, 1% would exceed 60 billion dollars. Wouldn't you say that is a significant amount of money that could benefit charities?

?

Do you personally own a Life Insurance policy? Many Americans do. In fact over 86% of Americans own some kind of life insurance.

?

If you do own Life Insurance, do you remember who you have named as Primary Beneficiary? Chances are your Spouse or some other relative or close friend is named to receive the proceeds of your life insurance policy.

?

Did you know that you can name an institution or charitable organization to share in the proceeds of your policy when you die? Most people have never been asked if they would like to name a charity to share in the proceeds of their life insurance policy. For example: If you have a \$100,000 policy, you could give 99% (\$99,000) to your spouse and children and 1% (\$1,000) to a charity.

?

Is there a charity or worthy cause that you support on a regular basis? You are no doubt, like millions of other Americans whose generous contributions help to sustain most of the non-profit organizations in the country every year. In 1986 over \$71 billion was contributed by individuals alone.

?

If the charity is worthy of your support while you are living, is their need for your support any less the day you die? The answer is probably no. The thought of continuing to support a favorite charity beyond one's lifetime appeals to many people. They just have not known of an easy way to do it.

?

Would you like to make a **LIFE SHARE** gift? Many more Americans are making LIFE SHARE gifts today. Experiencing the "Joy of Giving" is made possible through LIFE SHARE. One percent may not seem like a lot but "little things can turn into big things".

This kind of gift is called **LIFE SHARE**. Making a **LIFE SHARE** gift is very easy and better yet it will not cost you anything. Two basic steps are required:

1. Call a volunteer "Agent Partner" of the Iowa Life Share Association, or a member of your local Chapter of the Iowa Association of Life Underwriters.
2. Sign an Official Request Form or a beneficiary change form.

With a Life Share gift you are able to support your favorite charity beyond your lifetime.

For additional information: write or call

John Keane (712) 258-8600
Kevin Keane (712) 258-8600



The Iowa Life Share Association,
900 Des Moines Street, Suite 100,
Des Moines, IA 50309 (515) 262-4008,
and ask for a list of volunteer
professionals who can assist you.

I would like more information on how I can make a personal **LIFE SHARE** gift.

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____



HAVING A REUNION?

Please contact the Alumni Office as soon as the dates are secure. We would appreciate your cooperation.

CLASS OF 1980
10 yr. Reunion
August 3 & 4, 1990

CLASS OF 1970
20 yr. Reunion
July 13 & 14, 1990

CLASS OF 1960
30 yr. Reunion
July 13 & 14, 1990

Watch the mail for your detailed information

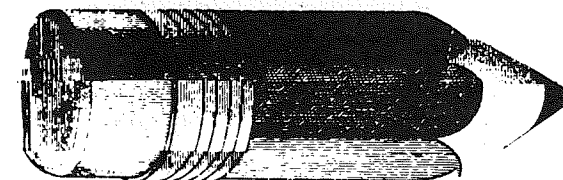
Losing You Is Sad (And Expensive)

The Alumni Office wants to keep in touch to let you know about activities and to send you the alumni newspaper. This can only be done if you keep in touch with us.

When you move, notifying us of your new address means a substantial savings to the alumni program.

ATTENTION PARENTS!!!

If your alumni children are no longer at home, please notify us of their corrected address.



Write Us!

We Would Love To Hear From You!

CRUSADER CONNECTION UPDATE

Baby? Marriage? Employment? Promotion? Address Change? Comments? Let us know!

Name _____ Graduation Date _____

Spouse (Maiden Name) _____

Street _____

City/State _____ Zip Code _____

Information you would like published: _____

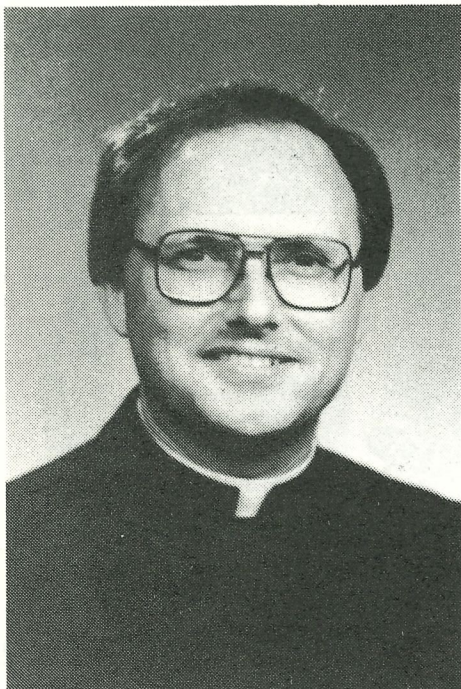
Please send to: Crusader Connection Update
Bishop Heelan Catholic High School
1021 Douglas Street
Sioux City, Iowa 51105
Telephone (712) 252-0573

Telephone () _____

#From Mailing Label _____

HEELAN IS . . .

Sincerely Yours



Jan. 22, 1990

Never in my wildest dreams had I ever anticipated my returning to my Alma Mater - Heelan High School - especially as a member of the staff. However, in February of last year, I found

out that such was indeed going to be the reality. I must say in truth that a bit of nostalgia wormed its way into my heart. Fond memories and a few minor traumas came back to me concerning those years between 1962 - 1965. I recalled the wonderful TRADITIONS, SPIRIT and ENTHUSIASM we all had as I walked the halls of this place. I recalled the presence of our Christian Faith which permeated our existence. What a strange feeling to know that I would have the privilege of following in the footsteps of so many wonderful men and women who taught here, leaving behind a part of who they were. What a privilege it was then to be here and to have lived this experience we call Heelan High School.

Many years have come and gone since '62 - '65. Much has happened and the world I experienced back then has changed. Many of the things that challenge our young people today simply were not an issue then. Through the years I have come to realize more and more that we need Heelan and Catholic Education more than ever as we move into the 90's and beyond. I pray that I may be worthy of the trust that has been handed to me by those who went before me and gave so much.

My experience since I arrived in August has been one of great hope and joy. I discovered again that Heelan students are people of hope in that they continue to strive for those ideals that comprise the best of our Christian

Faith. I discovered again that Heelan students are people of joy in that they have shown and continue to show compassion and caring about those around them. Yes, I discovered that Heelan students carry on the SPIRIT that went before.

It's nice coming home, especially when you find that even though much has changed about the building and date --- some things do not. I still found the same caring and Christian searching which is a part of who we are at Heelan.

In truth we usually do not realize what we had until we are separated from it. That was certainly true of myself. It was only several years later that I came to realize just how important this early part of my life was. In our Heelan experience, we are truly formed. Our values are instilled and in reality we begin to "become" that person that God is calling each of us to be. We make this journey with hope and promise for the future. It is in these halls that we took some of our first steps. And, it is from this place that we are called to go with God into our future.

It's nice to be home again - to touch base with my roots again - to know that the SPIRIT, TRADITIONS and ENTHUSIASM are still intact. Most importantly, to know that in the midst of changing, God's presence is still felt.

Fr. Armand Bertrand '65

Crusader Connection
1021 Douglas Street
Sioux City, IA 51105

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