Manhasset High School Counseling Department



Class of 2027 A Guide for Students and Parents

September, 2023

Dear Students and Parents/Guardians,

We welcome you to Manhasset High School for what we hope will be the start of four wonderful years. From our collective experiences as professional school counselors, we know the years ahead will witness the continued personal, academic, and social growth of each student as they progress from mid-adolescence to the threshold of young adulthood. We are also aware that growth doesn't always come smoothly and that all students will face challenges related to the competitive academic environment of high school and life in general. This will include balancing academic and extracurricular schedules, personal decision making, new social challenges, and working through the process of determining post-secondary plans. As such, it is our intention to work with every student to ensure that each will maximize his/her/their potential as a student and as a contributing member of the Manhasset High School community. Upon graduation, we hope each student will look back with a sense of personal pride for what they have accomplished and possess the confidence of knowing that they are well prepared for what may lie ahead.

In accordance with the National and New York State School Counseling Associations, the School Counseling program at Manhasset High School has been designed to address the developmental needs of each student and to assist each student on their journey to becoming independent young adults. We look forward to meeting with and getting to know each family as we share this journey with you.

Sincerely,

The Counseling Staff

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Manhasset High School Counseling Staff 2023-2024

Ms. Kerry Fallon

kerry_fallon@manhasetschools.org

Director of School Counseling Services
267-7611

High School Counselors

Mrs. Marcy Fogel

A-Dem marcy_fogel@manhassetschools.org 267-7619

Mrs. Jennifer Landman

Den-Jaw jlandman@manhassetschools.org 267-7616

Mrs. Lori Margulies

Jet-Mal lori_margulies@manhassetschools.org 267-7632

Mrs. Kristen Ruthkowski

Mar-Pug kristen_ruthkowski@manhassetschools.org 267-7624

Ms. Kimberly Cosenza

Pur-Ton kcosenza@manhassetschools.org 267-7620

Mrs. Danielle Cerulli

Tri-Z danielle_cerulli@manhassetschools.org 267-7615

High School Counseling Support Staff

Mrs. Amanda Femminella 267-7612

Mrs. Amy Gunther 267-7613

Mrs. Jeanmarie Scagnelli 267-7614

The Role of the School Counselor

Tips for Success

The Role of the School Counselor

School Counselors are committed to helping all students strive for and achieve their academic and personal potential. To do this, we will spend time getting to know you as a unique individual. Throughout high school, we will meet with you individually, in groups or virtually with the following list giving you an idea of some of the topics we will address together. It's important that you are well informed and that you understand we are here for you if you are faced with challenges.

Academic: Progress Monitoring (Progress Reports and Report Cards)

Navigate academic support(s)

Monitor student completion of graduation requirements

Provide recommendations for course selection

Offer strategies to work with your teachers

Time management and study skills assistance

Academic preparation for college

Standardized testing (SAT, ACT, AP)

Personal: Help with addressing personal issues and concerns

Planning for your future beyond high school

Offer recommendations for appropriate extracurricular activities

Provide recommendations for summer and volunteer activities

Social: Having someone to talk to AND listen to you

Tips on how to relieve stress

Assist in addressing peer pressure

Addressing changing situations with friends

Tips for High School Success

- * Take school seriously. If you plan to attend college, your academic performance will be the most important factor in determining the choices available to you upon graduation.
- * Come to school every day be on time and prepared to learn.
- * Maintain a healthy balance between work and recreation. If your school work begins to suffer because you're too involved in activities, or your course load is overly demanding, consider cutting back on the activities or reevaluating your course load. Over-scheduling is one of the major causes of stress among students.
- *Managing your time is very important. Be sure you are using a planner that you find easy to navigate and will use consistently. Canvas has an embedded planner and we urge you to use it! If you have trouble managing your time, be sure to see your counselor.
- * Develop a filing system to maintain your records and notes. When unit exams and final exams come around you will be happy to have all the work you need to review in one place.
- * Get involved in at least one school or community activity. If nothing in school attracts your attention, look outside of school for community activities such as those sponsored by a church, temple, youth groups, or volunteer organizations.
- * Develop the skills that will lead to self-discipline and independence. If you have not already done so, these are very important personal skills for you to develop. Some of these skills include: setting personal goals, making decisions that will help you achieve them, becoming a self-advocate, taking responsibility for your behavior and schoolwork, and beginning to make thoughtful decisions.
- * Talk to you parents, counselor, and teachers about school. Discuss your ideas or interests and ask for their input. Begin to build the team that will help advise and direct you to become a successful and fulfilled person. Please keep in mind that you are not alone. There are many people at school who can help you talk things out: teachers, counselors, social workers, psychologists, peer mentors, the school nurse, the assistant principals, and, of course, the principal. We are all ready to offer our help if and when you need it!

Manhasset Grading System GPA Calculation

Manhasset Transcript

Manhasset High School Grading System

Manhasset High School has a quarterly grading system. As such, you will receive grades at the end of each of <u>four marking periods</u>. The end of each marking period is indicated on the school calendar. Please familiarize yourself with these dates.

Your final grade in each course will be based on the grades earned for each quarter as well as the grades earned on the mid-term and final exams. Quarterly grades will count for 20% of your final grade and the grades on your mid-term and final exams will each account for 10% of your final grade. Please note:

The Regents grade is the final exam grade for courses ending in a Regents exam

At the end of each quarter, your teacher will average your numeric grades and determine an alpha or "letter" grade. The conversion chart from numeric to alpha grades is as follows:

Numeric Grade	Alpha Grade	Un-weighted Value	Value of Half Year Course
97 – 100	A+	4.33	2.165
93 - 96	A	4.0	2.0
90 – 92	A-	3.67	1.835
87 - 89	B+	3.33	1.665
83 - 86	В	3.0	1.5
80 - 82	B-	2.67	1.335
77 – 79	C+	2.33	1.165
73 - 76	С	2.0	1.0
70 - 72	C-	1.67	.835
67 – 69	D+	1.33	.665
65 – 66	D	1.0	.5
Below 65	F	0.0	.0

Grade Point Average (GPA)

Your Grade Point Average (GPA) is the average of all the courses you take in high school, <u>except Physical Education</u>, including Regents-level courses taken in 8th grade. We calculate a cumulative GPA at the end of each year using only the final grade received in each course. Both un-weighted and weighted GPA's are calculated as follows:

<u>Unweighted GPA:</u> Let's say that the courses listed below are the courses you are taking this year and that the grades are the final grades you receive in June. They would be indicated as follows:

Course	Grade	UW Value	Credit
English 9R	B +	3.33	1
Social Studies 9H	A +	4.33	1
Earth Science	В	3.0	1
Integrated Alg. 9H	A	4.0	1
French II	C +	2.33	1
Advanced Studio Art	B +	3.33	1
HS Band	A	+ 4.0	<u>+ 1</u>
		$\overline{24.32}$	${}$ 7 = 3.474 GPA

<u>The Weighted GPA:</u> To determine a "weighted" GPA, an additional value of .25 is added to grades received in Honors and Advanced courses and a .5 is added to grades received in AP courses. Refer to the Course Catalog to determine the weight given, if any, to the courses in which you are enrolled each year.

Course	Grade	UW Value	W Value	Credit
English 9R	B +	3.33	3.33	1
Social Studies 9H	A +	4.33	4.58	1
Earth Science	В	3.0	3.0	1
Integrated Alg. 9H	A	4.0	4.25	1
French II	C +	2.33	2.33	1
Advanced Studio Art	B +	3.33	3.58	1
HS Band	A	4.0	4.0	<u>+1</u>
			25. 07	7.0 = 3.581 GPA

In the event of a failing grade in any academic quarter, **the numeric average** earned in each marking period will be used to determine the final course grade.

--WEIGHTED COURSES ARE CLEARLY INDICATED IN THE COURSE CATALOG--

GPA FACTS

^{*} Unweighted and weighted GPA's are only calculated at the end of each year and will **only** appear on your transcript, not your report cards.

- * Final grades (except PE), including Regents level courses taken in 8th grade, are used to calculate the GPA. (Regents courses taken in 7th grade are not included)
- The GPA calculated at the completion of 11th grade is the GPA reported to colleges.
- * The Valedictorian and Salutatorian of the class are chosen based on the 7th Semester (mid-senior year) Weighted GPA.

High School Transcript

A transcript is an official record of all the academic work you complete in high school. Unlike a report card, only the **final grade** you receive in each course is recorded. In addition to your final grades, the transcript will also contain your un-weighted and weighted GPA's and your Regents grades. When you take certain Regents exams will depend on your schedule.

Student Name: Your Name Here Student Address: 200 Memorial Place

Manhasset, NY 11030

Student Phone: Your Phone

Parent/Guardian: Your Parents/Guardians

Gender: DOB:

Graduation Date: June 2027 District Name: Manhasset School Name: **Manhasset HS**

CEEB: 333-010

School Address: 200 Memorial Place

Manhasset, NY 11030

School Phone: (516) 267-7700 School Fax: (516) 267-7621

Accreditation: NYS Board of Regents

Course	Final Grade	Credit Earned	Credit Attempted	Date	Т	
2022 - 2023		Earned	Attempted	06/21/2023		
Spanish I	A 1.00	1.00		06/16/2023	Δ	
Living Environment R Algebra H	B+ 1.00 A- 1.00	1.00 1.00		06/16/2024 06/21/2024	G E	
2023 - 2024				· · ·	 I	
English 9 R	Α	1.00	1.00	06/22/2025	C	
Global Studies 9 R	В	1.00	1.00	06/16/2025 06/18/2025	G	
Geometry H	Α	1.00	1.00	06/21/2025	G C C	
Earth Science H	B+	1.00	1.00	06/17/2026		
Studio Art	B-	1.00	1.00	06/18/2026	U	
Spanish II	B-	1.00	1.00	06/21/2026	P	
P.E. Fall	В	0.25	0.25			
P.E. Spring	С	0.25	0.25			
Total		6.50	6.50			
2024- 2025						
English 10 H	A+	1.00	1.00	ACADEMIC S	TANDING	
Social Studies 10 R	B+	1.00	1.00	AS OF	GPA	Weighted
Algebra 2 H	A-	1.00	1.00			GPA
Chemistry H	C+	1.00	1.00	06-2020	3.680	3.826
Spanish III	В	1.00	1.00	-	•	
Health10	B+	0.50	0.50			
P.E. Fall	В	0.25	0.25			
P.E. Spring	B+	0.25	0.25			
Total		6.00	6.00			
2025- 2026						
AP English 11	B+	1.00	1.00		The Malerille	anian and
AP US History	B+	1.00	1.00		The Valedict	orian and
Pre-Calculus		1.00	1.00	Cali	itatorian of	the class are
Physics R		1.00	1.00	Said	itatorian or	ne ciass are
Concert Choir		1.00	1.00	date	rminad at th	ne end of the
Span. IV	/ \	1.00	1.00	uete	minneu at ti	ie end of the
P.E. Fall	A-	0.25	0.25	7!/	semester. (mid-senior
P.E. Spring		0.25	0.25			
Total		6.50	6.50	Vea	r) All grades	, except PE,
2026 – 2027				you		
AP English 12	A+	1.00	1.00		are include	al in Also

Grand Total		26.00	26.00
Total		6.00	6.00
P.E. Spring	B+	0.25	0.25
P.E. Fall	В	0.25	0.25
Spanish V	A-	1.00	1.00
Physics R	В	1.00	1.00
AP Calculus AB	B+	1.00	1.00
Economics	В	0.50	0.50
AP US Government	B+	1.00	1.00

New York State Graduation Requirements

New York State Regents Testing

New York State Diploma Types

High School Graduation Requirements Class of 2027

The New York State Department of Education Course Requirements

22 Credits distributed in the following curriculum areas:

(1 full year course = 1 credit / 1/2 year course = 1/2 credit)

English: 4 Credits Social Studies: 4 Credits Mathematics: 3 Credits Science: 3 Credits

(Must include one life science and one lab science course)

World Language: 1 Credit
Art, Music, and/or Theater: 1 Credit
Physical Education: 2 Credits
Health ½ Credit
Electives: 3 ½ Credits

Manhasset School District Curricular and Community Service Requirements

Each school district in New York State has the authority to add additional high school graduation requirements. The Manhasset Board of Education has added the following:

2 additional credits in World Language and a passing grade on the World Language assessment
6 academic credits per year

Community Services Requirement: As part of your graduation requirement, you are required to complete fifteen (15) hours of community service during your senior year.

Alternative Method of Satisfying the World Language Requirement:

Students who choose not to take a World Language, after they have passed the language proficiency exam, can earn a five-credit sequence in the Visual Arts. The student must, however, obtain permission from the Director of Music and the Arts.

Advanced Placement (AP) Courses: Students enrolled in AP courses are required to pay for and take the corresponding AP exam(s). Students are not permitted to take an

AP exam at Manhasset High School unless they are enrolled in the AP course at Manhasset High School.

New York State Regents Testing Class of 2027

The New York State Department of Education offers Regents exams in the following subjects. Due to differences in math and science placement, and in some cases world language, students will take Regents exams in these subjects at different times, as indicated in the multiple yearly options below.

Subject	Gra	ade 7/8	Grade 9	Grade 10	Grade 11	Grade 12
English					X	
Language Arts						
Global History and Geography				X		
U.S. History					X	
Algebra	X	X	X	X		
Geometry		X	X	X	X	
Algebra 2			X	X	X	X
Earth Science	X		X	X		
Living		X	X			
Environment						
Chemistry			X	X	X	
Physics				X	X	X
World						
Language				X	X	X

All Regents exams are three hours in length and must be administered at the time determined by New York State. Exams are administered in June, August and January. If a student chooses to re-take an exam for a higher grade, the higher grade will appear on the transcript but **will not** be used to re-calculate the final grade earned in the course.

The Checkpoint B World Language exam is taken by students at the completion of the third year of the language.

Please Note: Your counselor will conduct an annual academic audit to ensure that you are meeting the New York State curricula and Regent's requirements for graduation. This audit will also identify your diploma type, which is discussed on the next page.

New York State Diploma Types Class of 2027

Local Diploma: The New York State Local Diploma is currently available for students who have been classified by the Committee on Special Education, only. A student can earn a Local Diploma by earning a grade of at least 55 % on each of the exams required for the Regents diploma or by meeting the requirements of the low pass option. If this becomes necessary, you will discuss this with your counselor.

Local Diploma by Appeal: The Local Diploma, by appeal, is available to both general education and students with disabilities. The appeal process, if necessary, will be discussed with your counselor.

Regents Diploma A passing grade (65%) on each of the following Regents exams: Comprehensive English Language Arts, Global Studies, U.S. History and Government, one exam in Math, and one exam in Science. In lieu of one of the Social Studies exams, a student can substitute an additional math or science exam

Regents Diploma with Honors: A combined average of 90% on the exams required for the Regents Diploma.

Advanced Designation Regents Diploma: A passing grade (65%) in each of the Regents exams indicated above and a passing grade on each of the following additional Regents exams: two additional math exams, a second science exam, one of which is a life science, and a world language exam.

Advanced Designation Regents Diploma with Honors: A combined average of 90% on the exams required for the Advanced Regents Diploma.

Math/Science Distinctions

A student who earns mastery, a score of 85% or higher, on each of three math and science Regents exams, will earn distinction in each discipline, or in both. The individual or dual distinction will be noted on your diploma.

*Students whose third exam would have been completed during COVID-19 exemptions will be determined based on a combination of the remaining two exams and final course averages.

Manhasset Diploma Requirements

Unless you are pursuing the 5credit sequence in the Visual Arts, or are language exempt, you are required to take and pass the Checkpoint B world language exam at the completion of three years of world language study.

Graduation Participation

Only those students who complete all requirements to earn a New York State diploma are permitted to participate in the graduation ceremony with their classmates.

Manhasset Honor Roll Distinctions

Manhasset High School Honor Societies

Manhasset High School Honor Rolls

Honor Roll

Honor Roll designation is earned by students who have a minimum unweighted GPA of 3.0 with no grade lower than C-.

High Honor Roll

High Honor Roll designation is earned by students who have a minimum unweighted GPA of 3.5 with no grade lower than B-.

National Honor Society

Application: Available in October

Requirements: 1. Scholarship: The candidate must possess a 3.900 unweighted or 4.050 weighted GPA. GPA WILL NOT be rounded up. Applications will be sent by mail to 11th and 12th grade candidates who meet the GPA requirement.



- 2. Activities: The candidate must have participated in two different activities, per-year, either at Manhasset High School or outside of school. Of the two (2) activities, only one (1) can be an athletic activity.
- 3. <u>Character</u>: A list of candidates will be submitted to the faculty for endorsement of character and integrity.
- 4. Membership: In addition to maintaining the required GPA, members must participate in a minimum of three (3) NHS sponsored events each year and attend monthly general membership meetings.

PLEASE NOTE: As with the criteria for the National Honor Society, GPA's will not be rounded up for the purpose of meeting the requirement for membership in any society that uses GPA as one of its criteria. For example, a 3.66 is not a 3.7. Similarly, a 3.825 is not a 3.83.

PLEASE NOTE: Applications for all Honor Societies can be found on the organization's Canvas page.

Art Honor Society

Application: Available in September and due at the end of that month.

Requirements:

- 1. Membership in this chapter shall be based upon art scholarship, service and character.
- 2. Students in grades 9, 10, 11, and 12 are permitted to join as long as they maintain a minimum of an A- in Art.
- 3. H.S. students must be enrolled in at least a half year art course each year they wish to remain in the Art Honor Society.
- 4. No more than three (3) unexcused absences from meetings.
 - * For officers, one unexcused absence
 - * Excused absences must be approved before the meeting date.
- 5. Members must attend meetings for a majority of the meeting duration for it to be counted.
- 6. Students must maintain point requirement to be inducted.
- 7. Yearly point requirements are subject to change and will be posted at the beginning of each school year.
- 8. Members must join and pay dues y the posted deadline at the beginning of the school year, and cannot join later in the year.

English Honor Society

Application: Available from mid-September to mid-October.

- **Requirements:** 1. Applications will be accepted from current 10th, 11th, and 12th grade students.
 - 2. A student who was enrolled in an Honors or AP-level English class in the previous school year must have earned no less than an A average. A student who was enrolled in a Regents-level course in the previous school year must have earned no less than an A+ in the previous English class.
 - 3. A student will submit two teacher recommendations, one from the previous English teacher and one from a teacher in another
 - 4. A student will submit a personal statement. (The application packet will contain the topic of the essay)
 - 5. If a student meets the course grade criteria as stated above, he/she must immediately become a Peer Responder (PR) Mentor by the time of application to the English Honor Society. Students become Peer Responders by completing the English Honor Society Proof of Peer Responder Mentor Program Active Membership Form (included in the application packet). At the time of application to the English Honor Society, a student must commence one of the following, pending final acceptance to the English Honor Society:

- * PR five (7) times per quarter with membership in one or more of the following: The Phoenix or Indian Ink.
- * PR ten (10) times per quarter without membership in any of the aforementioned.
- 6. Continued membership in the English Honor Society is contingent on maintaining English GPA requirements for membership, satisfying Peer Responder Mentor responsibilities, and attending regularly Scheduled English Honor Society meetings.

International Thespian Society

Application: To Be Determined.

Requirements: 1. Membership in the International Thespian Society is open to students in the 11th and 12th grades and is granted for the demonstration of a commitment to excellence in theatre arts.

- 2. Students become members by earning points for their work. To do this, they keep records of the hours they serve working for the drama program.
- 3. Points are earned for acting, production, business, directing, and playwriting. Each point represents approximately ten hours of work served. For example, someone playing a major role would earn eight points (representing about eighty hours of work), while a student on the sound crew would earn three points (representing about thirty hours of work). Once a student has earned a total of twenty-four (24) points, she/he is eligible for membership in the International Thespian Society.
- 4. Once inducted, the student must participate in the fall musical and the spring play to maintain membership.

Math Honor Society

Application: Available in early October

Requirements: Membership is based upon scholarship, service, character and Citizenship. Candidates must meet the following requirements:

- 1. Three years of Regents level mathematics (completion of Algebra 2)
- 2. Minimum 3.83 un-weighted math course average and a 3.5 unweighted overall GPA. Students are eligible for an application after the successful completion of Algebra 2.
- 3. Submit a completed application that includes 2 faculty recommendations, one of which must be from a math teacher.

Science Honor Society

Application: Check on the Honor Society Canvas Page

To be considered for membership, an applicant's science average will be considered. The science average is the mean of the unweighted final letter grades for each course that concludes with a Regents or AP exam. The science average does not include electives or science research grades.

Requirements: For Seniors

* An unweighted/unrounded science average of 3.7 is required for consideration, regardless of the level of the courses taken (AP, Honors, or Regents).

Requirements: For Juniors

- * Junior must be enrolled in a science course with either Regents or AP designation. or senior and have successfully completed a minimum
- * A junior whose transcript does not include science courses with honors or AP designation is required to have a 4.0 science average for considered
- * A junior whose transcript **does** include one science course with honors or AP designation is required to have a 3.9 science average for consideration.
- * A junior whose transcript includes **two or more** science courses with honors or AP designation is required to have a 3.8 science average for consideration

Social Studies Honor Society

Application: Available in October

Requirements: The National History Honor Society of Manhasset High School recognizes achievement in social studies, promotes knowledge and understanding of social studies, and encourages enthusiasm for the study of history and the role of a good citizen. Applicants must meet the following requirements:

- 1. Prospective members must be in either them 11th or 12th grade and be currently enrolled in or have taken AP United States History.
- 2. Students applying in the 11th grade must be enrolled in AP United States History and meet the following minimum GPA:

Social Studies 9R and Social Studies 10R (4.33 unweighted average) Social Studies 9R and Social Studies 10H (4.0 unweighted average) Social Studies 9 A and Social Studies 10H (3.83 unweighted average)

Social Studies 9 A and AP World History (3.67 unweighted average)

3. Students applying in the 12th grade must have taken AP United States History and earned a minimum grade of A-. In addition, they must meet the minimum grade requirements indicated above OR have an unweighted Social Studies

- GPA of 3.89 excluding Social Studies elective courses.
- 4. Each student must submit an application essay and provide the names of two faculty members who will recommend them. One must be a Social Studies teacher
- 5. To maintain membership, members must participate in History Honor Society events and/or academic competitions receiving a total of 50 points for each school year.

Tri-M Music Honor Society

Application: Available in April and due in mid-May.

- **Requirements**: 1. All members must be enrolled in one of Manhasset High School's curricular musical ensembles for the entire current school year.
 - 2. Members must maintain a minimum A- average in music classes for the previous semester.
 - 3. All members (excluding 12th graders) must achieve a minimum grade of an A (93) on level 5 or 6 of the NYSSMA evaluation festival each year.
 - 4. Members must earn 21 points per year. These points can be earned by attending meetings and events, helping plan events and concerts, performing acts of citizenship and service, participating in mentorship opportunities.
 - 5. Members must contribute annual dues (an amount set by the officers annually) to support the chapter's activities and events for the year.
 - 6. Members must attend all meetings to stay updated on important events and opportunities.
 - 7. Failure to attend 75% of meetings will threaten continued membership eligibility for the following year.

World Language Honor Societies

Application: Available in mid/late September

Spanish, Italian, French

Requirements:

Candidates must have:

- 1. A minimum unweighted GPA of 3.67 (A-) in world language.
- 2. A minimum unweighted, cumulative GPA of 3.33 (B+) in all courses other than world language.
- 3. Proof of scholarship, service, citizenship and character.

4. Completion of the following courses:

Italian II Spanish III French III

* If inducted, the candidate must continue the study of world language.

Please Note: The GPA includes Middle School (8th grade) and High School courses.

Student Activities and Clubs

For information on each of the activities listed below, please refer to the Club Canvas pages.

American Sign Language Club Marketing Club Art Club - MS Math Fair - HS Art Honor Society Mathletes grades 7-9 Best Buddies Club Mathletes grades 10-12 **Book Club** Math Honor Society Broadcast Journalism Club Mock Trial CASA Set Connect – MS Model UN CASA Set Connect – HS National Honor Society- HS Chess Club National Jr. Honor Society – MS Class of 2024 Peer Responders Class of 2025 Phoenix Class of 2026 Photography Club Poetry Coffee House Class of 2027 SALT (Student Athlete Leadership Team) Class of 2028/2029 MS Gov't. Science Fiction Club Coding Club Cultural Club Science Honor Society **Engineering Club** Science Olympiads – Jr. **English Honor Society** Science Olympiad – Sr. Fed Challenge Club Social Studies Honor Society Feminism Club Spanish Honor Society Film Club STAR (Students Taking an Active Role) Finance/Economics Club Student Senate #Teens Respect Teens Club 1680 Club French Honor Society Tri-M Music Honor Society Gay Straight Alliance Club **Unified Sports Team** Green Club Writing Contests Yearbook - HS Hellenic Club International Club Yearbook- MS Italian Honor Society

Junior Booster Club	
Junior Tower Club	
Key Club	

Naviance Passport for Good

Naviance

Currently in use by millions of students across the United States and in 50 countries worldwide, Naviance is a web-based career and college research and planning tool used by Manhasset High School students, parents, and counselors. Students as early as 9th grade can begin keeping track of their activities and achievements in a resume builder as well as make preliminary plans about what they might like to do upon graduation.

In addition, during the course of the next four years, each student will have an opportunity to conduct career interest inventories, research careers, learn more about their individual personality and learning styles and, as they get closer to 12th grade, conduct college searches and review the application acceptance histories of Manhasset graduates. Built from the data entered each year by the counseling staff, while tracking and monitoring each college application, these acceptance histories provide general insight as to appropriate and/or required GPA and standardized test scores if he/she hopes to gain admission to certain colleges/universities. This data is presented in various formats, including *Scattergrams*, which allow students to compare their own GPA and SAT/ACT scores to this historical data base. Please note that while GPA and standardized test scores play a major role in determining college acceptance, there are many other factors considered. As such, please note that the attainment of a certain academic profile (GPA and test scores) does not guarantee admission.

Students can access Naviance through their Clever or Class Link accounts. In 10th grade, we will conduct an *Interest Inventory* using Naviance. This program will become a valuable tool in the college search and application process in 11th and 12th grades. We encourage students and parents to become familiar with and use the program often.

If you have any difficulty accessing the site, please contact your counselor.

Passport for Good

The Manhasset Counseling Department sponsors the Service and *Citizenship Award*, which is earned by completing 85 or more hours of community service by the end of junior year. Hours of service must be completed for a <u>non-profit organization</u> and must be logged into the student's Passport for Good account. The hours earned for this award are separate from the community service hours required for graduation, which must be completed in **senior year**. They can, however, be used to satisfy the service hours requirement to earn the President's Volunteer Service Award, as long as they are completed by the end of junior year for a non-profit organization. Information for creating a Passport for Good account can be found on the Social Studies page of the secondary school web-site. Once you have created an account be very careful when logging in your hours, as you must identify the specific program for which you are submitting them.

National Collegiate Athletic Association (NCAA) Clearinghouse

The National Collegiate Athletic Association (NCAA) www.ncaaeligibilitycenter.org

As noted in their literature, "the National Collegiate Athletic Association (NCAA) is a voluntary organization through which the nation's colleges and universities govern their athletics programs. It is comprised of institutions, conferences, organizations and individuals committed to the best interests, education and athletics participation of student-athletes." One of the primary functions of the NCAA is to determine the academic eligibility of perspective high school athletes who are interested in Division I or II intercollegiate athletics. Eligibility is determined by the students' NCAA GPA in approved NCAA courses. Division III programs do not participate in or require clearance through the NCAA.

When your son/daughter is in the 11th grade, he/she must register with the Eligibility Center. The Counseling Office will forward the student's transcript at the completion of 11th grade as well as upon graduation.

The NCAA Eligibility Center also reviews and approves the academic course offerings in each high school throughout the country to ensure that they meet NCAA criteria established for college preparatory courses. Remedial courses are not accepted for consideration when determining a student's GPA.

By visiting the Eligibility Center website, at **www.ncaaeligibilitycenter.org**, you can review the core courses that have been approved for Manhasset High School. Our high school code is **333010**. The Guide for College Bound Student Athletes is also available on this site and serves as a helpful publication.

On the following pages you will find worksheets that provide insight as to how the NCAA GPA is determined. The NCAA **does not use** the GPA the student earns in his/her home high school.

DIVISION I

NCAA Worksheet Core Eligibility Requirements 2016 and Beyond

Eligibility to participate in collegiate Division I athletic programs is determined by calculating an NCAA GPA. Students who will enroll in college beyond 2016 must complete sixteen (16) core courses, as follows: 4 years of English, 3 years of math (algebra 1 or higher), 2 years of natural or physical science (1 lab science), 2 years of social science, 1 additional year of English, science, or math, and 4 years of additional core courses from any previously mentioned category or foreign language. *TEN OF THE SIXTEEN CORE COURSES MUST BE COMPLETED PRIOR TO THE START OF SENIOR YEAR. SEVEN OF THE TEN CORE COURSES MUST BE IN ENGLISH, MATH OR SCIENCE. The SAT or ACT score you must achieve is determined by the GPA.

When determining your GPA the best grades in each curriculum area will be used, except in English (all courses count). Grades earned in the eighth grade cannot be used to calculate the GPA but summer school and senior grades can be used to replace weaker grades. The NCAA uses the following conversions:

All grades in the A range (A- to A) receive a point value of 4 All grades in the B range (B- to B+) receive a point value of 3 All grades in the C range (C- to C+) receive a point value of 2 All grades in the D range (D and D+) receive a point value of 1

Science			
Science			
Social Science			
Social Science			
Eng/Math/Sci			
Four from the abo	ve		
or Foreign Langua	age		
0 0	· ·		
			
		T	otal Points
	(Di	ivide by # of courses complet	ed to date)
	`	,	GPA =
			GIA

As of 8/1/2016: 2.3 GPA to be eligible for competition and a 2.0 GPA to practice, only.

DIVISION II

NCAA Worksheet Core Eligibility Requirements 2018 and Beyond

Eligibility to participate in collegiate Division II athletic programs is determined by calculating an NCAA GPA. Students enrolling in college in and beyond 2018 must complete sixteen (16) core courses, as follows: 3 years of English, 2 years of math (algebra 1 or higher), 2 years of natural or physical science (1 lab science), 2 years of social science, 3 additional years of English, math, or science, and 4 years of additional core courses from any previously mentioned category or foreign language.

Students must earn a minimum GPA of 2.2 and an SAT or an ACT sum score matching their core course GPA on the Division II sliding scale. Students who do not earn these scores may be able to practice, but not play. Check the NCAA Eligibility Center for complete details.

When determining your GPA the best grades in each curriculum area will be used, except in English. (all courses count) Grades earned in the eighth grade cannot be used to calculate the GPA but summer school and senior grades can be used to replace weaker grades. The NCAA uses the following conversions:

> All grades in the A range (A- to A) receive a point value of 4 All grades in the B range (B- to B+) receive a point value of 3 All grades in the C range (C- to C+) receive a point value of 2 All grades in the D range (D and D+) receive a point value of 1

Calculate your Division II NCAA GPA

Core Area	Course Title	Grade	Point Value
F 11 1			
English			
English			
English			
Math			
Math			
Science			
Science			
Science			

Social Science				
Social Science				
Eng/Math/Sci.				
Eng/Math/Sci.				
Eng/Math/Sci.				
Four from the above				
or Foreign Language				
	(Di	vide by # of courses con	Total Points	
	•	,	GPA =	(2.0 or higher)

For more information, go to the NCAA web site at: www.ncaaeligibilitycenter.org

College Entrance Standardized Testing Glossary

College Policies Related to Advanced Placement Exams

College Entrance Standardized Testing Glossary

ACT: www.act.org

ACT is a nonprofit organization offering educational and workplace measurement and research services. Originally, "ACT" stood for American College Testing.

The ACT Exam

Offered six (6) times each year, the ACT is a nationally recognized college entrance exam that is accepted by all colleges and universities in lieu of, or in addition to, the SAT Reasoning and/or Subject Tests. The exam consists of four required sections: *English* (language usage), *Math, Reading,* and *Science Reasoning*. There is also an optional essay, however, some colleges may require this section of the test. Scores on each section range from 6-36, as does the composite score.

The Pre-ACT Exam

Designed for students in 10th grade, this exam mirrors the ACT in that it is also is used to assess a student's strengths in *English* (language usage), *Math, Reading,* and *Science Reasoning*. The exam is administered at the discretion of the high school. The grading of the Pre-ACT is the same as that of the ACT.

College Board: www.collegeboard.org

The College Board is a nonprofit membership association comprised of more than 5,400 schools, colleges, universities, and other educational organizations. While best known for the SAT®, the PSAT/NMSQT®, and the Advanced Placement Program® (AP®), the College Board sponsors many other programs including educational research and assisting students with financial aid. Exams administered by the College Board are described below and on the following page.

Advanced Placement Exams

Advanced Placement (AP) exams are taken by students who have completed AP courses or who have studied independently. Schools offering AP courses must participate in an AP Course Audit, which is conducted by the College Board, in order for their AP curriculums to be approved. Currently, eighteen (24) AP courses are included in the course offerings at Manhasset High School and **all enrolled students are required** to take the culminating AP exam that is administered in May. Also, please note that there is a **fee** charged for taking each AP exam. Credit towards college graduation or advanced standing may be granted by the college/university when students enroll, however, each college/university determines its own guidelines for awarding college credit. Scores range from 1 to 5.

PSAT/NMSQT: Preliminary SAT/National Merit Scholarship Qualifying Test

Often referred to simply as the PSAT, this exam is offered each October and is designed to assess a student's academic skills in the areas of Evidence-Based Reading and Writing as well as Math. Each of two sections are scored on a scale of 160 to 760. Testing time is 2 hrs. 45 minutes. In addition to assessing academic strengths and weaknesses, the exam score is used to determine eligibility for the **National Merit Scholarship Program** (**NMSQT**). While many students take the exam in the 10th and 11th grades, **only** the 11th grade score is used to determine a student's eligibility for this scholarship program. PSAT scores are **never released** to colleges, unless the student chooses to do so him/herself. **As of October, 2023, the PSAT will be offered in digital form only**.

SAT

The SAT is the exam most people are referring to when they mention the "SAT's". The exam is offered six (6) times a year and scores range from 200-800 on each of two (2) sections, which are: Evidence-Based Reading and Math. As of March, 2024, the SAT will be offered in digital form only.

Advanced Placement Exams

Students who are enrolled in Advanced Placement courses, are required to take the corresponding exam. *There are no exceptions*. To ensure the best testing environment for our students, we administer these exams off-site.

Colleges and Advanced Placement Courses

Depending on the college/university, and the test score earned, you can expect to find the following practices regarding awarding college credit for Advanced Placement courses taken in high school.

- ☐ Credit is awarded for course work and the credit will count towards the total number of credits needed to graduate from the institution.
- ☐ Credit is awarded for course work, but not for graduation. Depending on the courses taken, students place out of certain required courses and can advance to upper-level course.
- \square No credit is given, at all.

Projected Standardized Testing
Individualized Testing Schedule

Testing Recommendation

Projected Standardized Testing

Class of 2027

	Grade 9	Grade 10	Grade 11	Grade 12
English Language Arts			AP English Language	AP English Literature
Social Studies	AP Human Geography	AP World History AP Human Geography	AP US History AP Psychology AP Human Geography	AP US Government AP Macro Economics AP Macro Economics
				AP Psychology AP Human Geography
Math			AP Calculus AB or BC AP Statistics	AP Calculus AB or BC AP Statistics

				AP Computer Science
Science Grade 8 AP Env. Science	AP Biology AP Env. Sci.	AP Chemistry	AP Chemistry AP Physics AP Biology	AP Chemistry AP Physics AP Biology AP Environmental Science
World Language				AP Italian AP Spanish AP French
Art			AP Art	AP Art
PSAT/SAT/ACT/ Pre-ACT		PSAT Pre-ACT	PSAT, Pre-ACT, SAT/ACT	SAT/ACT

<u>PLEASE NOTE:</u> Students enrolled in AP courses are required to take the AP exams.

Individual Standardized Testing Schedule: 2027

May	*AP Environmental Science	
May	*AP Env. Science	
October January May	PSAT/NMSQT Pre-ACT *AP World History *AP Chemistry	
October November December February March/April April May	PSAT/NMSQT SAT ACT ACT SAT ACT *AP English Language *AP US History *AP Calculus *AP Biology/Chem/Physics *AP Other	
	May October January May October November December February March/April April	May *AP Env. Science October PSAT/NMSQT January Pre-ACT May *AP World History *AP Chemistry October PSAT/NMSQT November SAT December ACT February ACT March/April SAT April ACT May *AP English Language *AP US History *AP Calculus *AP Biology/Chem/Physics *AP Other

	June	ACT	
	June/August	SAT	
Grade 12	October	SAT	
		ACT	
	Nov/Dec.	SAT	
	December	ACT	
	May	*AP English Literature	
	J	*AP US Government	
		*AP Macro/Micro Economics (2 Exams)	
		*AP Psychology	
		*AP Calculus (AB or BC)	
		*AP Statistics	
		*AP Computer Science	
		*AP Chemistry/Physics (1/2/C) Bio/Env.Sci	
* AP Exam Required		*AP World Language	
	1	*AP Human Geography	

Testing Recommendation

While there is no right or wrong path to follow, with regard to what tests to take or when to take them, we have come to support the following ideas.

9th Grade: In general, 9th grade students do not take the SAT or ACT exams and the PSAT and Pre-ACT are not offered at this grade level. To learn more about these tests, students and parents are invited to attend our Standardized Testing Program, which is offered each year in November or December. Please check the school calendar for the date. See brief description on page 39.

10th Grade: Although there is a growing list of schools that do not require the submission of any standardized test scores (Test Optional Colleges) most students will likely apply to one or more schools that will require the submission of either the SAT or ACT. To gain insight into these exams, students are invited to take both the PSAT and Pre-ACT in 10th grade in order to have the opportunity to determine which of the two exams might be a better test for him/her. Given the growing academic demands students experience in 11th grade, we believe it is difficult for a student to prepare for both the SAT and ACT.

Taking the PSAT and Pre-ACT in 10th grade will help the student decide which of the exams to prepare for as he/she looks ahead to 11th grade.

11th Grade: Students are encouraged to begin 11th grade with an individualized testing schedule mapped out for the year. As most students will take the majority of their standardized exams during this year, devising a testing schedule will help each student better organize his/her time so that preparation for these exams can be built into the student's schedule. Planning ahead will also ensure that students register for all testing in a timely manner.

12th Grade: While students and their parents/guardians would like to have all testing completed by the end of 11th grade, it is very common for students to re-test during the first few months of 12th grade. Students who plan on applying to colleges under either the Early Decision or Early Action options are encouraged to check with the college(s) to which they will apply to determine the latest date on which they can test in order to have scores delivered to the college to be reviewed by the admissions committee.

Free Test Prep Opportunities

ACT: The ACT has partnered with Kaplan to offer test prep material for all students.

College Board: The College Board has partnered with Khan Academy to offer test prep material to all students.

Methodize Learning: SAT and ACT test prep is available to all students through their Castle Learning Accounts.

School Counseling Department Programs

Grade Level Calendars

Manhasset School Counseling Department Programs

Career Workshop: This one-day program is designed for all 10th grade students. During this session, the students become familiar with their personality profile. The students complete an interest inventory and investigate one career generated by their answers to the survey. The goal of this program is to encourage the students to begin thinking about their likes and dislikes and how these characteristics might lead them to consider certain careers. The students are also made aware of the career resources contained in the Naviance program and they are encouraged to re-visit the program as their personal interests develop.

Counseling Department Webpage: The department maintains a very robust web page and we invite you to become familiar with it. Included among the listings are the following items: College Fairs and Open House Programs

College Essay Writing Guide College Representative Contact List Financial Aid Night Presentation
Grade Level Letters to Students
Grade Level Parent Night PowerPoint Presentations
High School Course Catalog
Mini College Fair Participant List
Post-Secondary Planning Guide
Scholarship Opportunities
High School Profile
Spring and Summer Enrichment Program Opportunities
Website Links

Financial Aid Night: Financial Aid Night is hosted to provide parents with the most up-to-date, comprehensive information regarding the various types of financial aid available to their children. These include federal and state programs, including grants and loan programs, as well as institutional sources of aid. The program covers the Free Application for Federal Student Aid (FAFSA) and the CSS profile.

Grade Level Student/Parent Night Meetings:

9th Grade Student/Parent Night is held at the start of the new school-year and focuses on orienting parents/guardians to the Counseling Department by providing an overview of our yearly, grade specific activities. Parents are provided with a Parent Guide, which includes, but is not limited to, information related to: graduation requirements, the grading system and formula used to calculate the GPA, New York State and other curriculum-based exams, and information specific to the National Collegiate Athletic Association (NCAA). The Guide includes information parents will find helpful as their son/daughter moves through high school.

10th Grade Student/Parent Night is held in February and, among other topics, the counselors review the results of the Preliminary SAT (PSAT). Looking ahead to 11th grade, parents are encouraged to have their son/daughter become familiar with both the SAT and ACT so that a decision can be made with regard to the testing program the student will choose.

Other topics addressed include a review of the topics covered during the 10th grade student/counselor conferences, the Career Workshop, and student stressors.

11th Grade Student/Parent Night is held in November and it signals the beginning of what the counselors refer to as, "*Phase One of the College Planning Process*." Parents are provided with a copy of a comprehensive Planning Guide, which covers every topic one would need to know/consider in order to begin the college search process and covers every step up to the submission of applications. Topics covered during the presentation include descriptions of each phase of the process and an overview of the activities the counselors have in place to meet with both students and parents. Parents are made aware of the opportunities available to their sons/daughters during 11th grade and are encouraged to have their children participate in them.

12th Grade Student/Parent Night is held within the first two weeks of school. The entire focus of this meeting is to cover, in detail, the final phase of the college application

process. Specifically, the counselors review the documents required of the student and the procedures in place for their submission. Parents are provided with a packet of printed material, including a comprehensive checklist of every step that must be taken to successfully complete the process.

Mini College Fairs Manhasset High School participates in a series of Mini College Fairs that take place on four Friday's during the months of September and October. Up to 25 colleges and universities are represented at each Mini Fair and all 11th and 12th grade students have an opportunity to meet these individuals to learn more about their respective schools and to place their names on mailing lists.

Individual Representative Sessions (In-Person & Virtual): In addition to the Mini Fairs, we also host individual visits from schools that receive a high number of applications from our students. During these visits, students attend a formal presentation and have an opportunity to ask questions about the school. These visits last approximately 30 to 45 minutes. If you would like to view the current list of schools that will be joining us this year, please visit the Counseling Department webpage on the school district website. www.manhassetschools.org. From the homepage, follow the Academics link to the Counseling Department. Virtual visits are listed on the website and are held outside of the school day between the hours of 4pm and 8pm. In-person visits are held during the school day.

Mock College Interview Night: Held each year in late February/early March, the Mock College Interview Night provides 11th grade students with the opportunity to have two interviews conducted by members of the community. The majority of interviewers have experience as alumni interviewers for their alma mater or at their workplace. After each interview, students are provided with immediate feedback. This experience has been very well received by those who have participated.

Monthly Reminders: Please be sure to read our monthly reminders and share them with your son/daughter.

Opportunities for Juniors: Although not our programs, the Counseling Department supports opportunities for 11th grade students to participate in the American Legion Boys/Girls State Program, the Molloy College Business Boot Camp, and the SCA Summer Study Awards Program.

Specialized College Programs: This program is designed to make students and parents aware of college/university programs that support students with special needs. While a student who received Special Education services in high school will not take his/her IEP with them to college, colleges and universities will provide services to a student who applies for them and who provides the appropriate documentation. Services vary widely by college/university so it is important for students and their families to become aware of their possible options.

Standardized Testing Overview: This program is conducted in November or December and is designed to provide parents with a comprehensive overview of the types of

standardized tests their children will take. Tests covered include the SAT, Advanced Placement exams and the ACT. This program is especially helpful for parents whose oldest child is about to or has recently entered the high school, although all parents are invited.

Manhasset High School Counseling Department 9th Grade Calendar

September Schedule Adjustments

September/June Participate in Instructional Support Team*(IST), CSE, and 504 meetings; as

needed

September-November "Getting To Know You" – Individual student/counselor meeting.

October Ninth Grade Parent Meeting; Review first quarter Progress Reports

November Review first quarter Report Cards; Small Group Meetings: Review 9th Grade

Student Guide; introduce Naviance

December Review second quarter Progress Reports; Standardized Testing presentation.

January As needed meetings prior to mid-terms; Review at-risk students; Begin academic

scheduling for tenth grade; Input student elective choices

February – May Individual Student/Parent/Counselor Conferences; Review 9th grade; preview 10th

grade; Discuss PSAT, Pre-ACT; preview individual standardized testing schedule

for grades 9-11

February Review second quarter Report Cards; Register for June SAT Subject Tests

February – April Annual CSE review and 504 meetings

March Review third quarter Progress Reports

April Review third quarter Report Cards

May Review fourth quarter Progress Reports; AP Environmental Science Exam

(Students in ESCAPES), AP Human Geography Exam

June Resolve 10th grade schedule conflicts.

Summer school registration

* Must see Department Coordinator if intending to enroll in an accelerated course during the summer.

August SAT

* SRT meetings are scheduled to discuss students who are identified as being academically "at risk". Counselors, teachers, and administrators participate on this team.

Manhasset High School Counseling Department 10th Grade Counseling Calendar

September/June On-going academic monitoring via progress reports; quarterly report

cards, and teacher feedback; Participation at SRT, CSE and 504

meetings, as needed

October PSAT/NMSQT (Registration takes place in school)

November Introduction to Naviance/Career Awareness Program

Nov/Dec Standardized Testing Program

November- May Individual counselor/student conferences

December PSAT results returned to students

January Pre-ACT (Registration takes place in school); Begin academic

scheduling for eleventh grade; Input student elective choices

February 10th Grade Parent Night (See School Calendar)

May Advanced Placement Exams

August SAT

*Individual testing schedules will depend on each student's academic preparation.

Manhasset High School Counseling Department 11th Grade Calendar

September/June Nassau Counselor's College Expo: SUNY Old Westbury;

National Association of College Admissions Counselors (NACAC) College Fair: Nassau Coliseum; St. Mary's High

School College Fair

September/October Students attend MHS "Mini College Fairs;" Individual

College Rep visits

September/June On-going academic monitoring/advisement via progress

reports, quarterly report cards, and teacher feedback

October PSAT/NMSQT

November 11th Grade Parent Night: Parents receive a copy of the Post-

Secondary Guide which provides a complete overview of the

three stages of the college process

December PSAT results returned; Small group conferences with

students/counselor to begin Phase One of the College

Process; Students create their Common Application account

and conduct a college search.

January SAT/ACT Testing; Apply for Boys and Girls State

January/May Counselor/Family College Conference; Phase Two of the

College Process; Apply for the Molly College Business Boot

Camp Program

February/March Participate in Mock College Interview Night, SAT/ ACT

Testing; Student Athletes register with the NCAA Clearinghouse; Students are encouraged to attend local

college fairs

May Advanced Placement Exams

May/June SAT/ACT Testing

June Senior Autobiography

August SAT Testing

Manhasset High School Counseling Department 12th Grade Calendar

September Nassau Counselor's College Expo: SUNY Old Westbury; National

Association of College Admissions Counselors (NACAC) College Fair: Nassau Coliseum; St. Mary's High School College Fair; 12th Grade Parent Night; Counselors visit students' classes to review

application procedures

September/October Students attend MHS "Mini College Fairs" and individual visits from

college reps; Counselors meet with students/parents to review individual application decisions; FAFSA form open for submission

September/January Processing of college applications by the Counseling staff

SAT Reasoning and ACT exam(s)

September/June On-going academic monitoring via progress reports,

quarterly report cards, and teacher feedback

December Review of Early Decision and Early Action application

Decisions

January Counselor follow-up calls for students deferred in the "early"

application round

January/April Review of all application decisions; Individual meetings with

students, as needed, to discuss options

March/May Counselors participate on scholarship committee

May 1, 2027 National Notification Day. Students must

notify colleges about their enrollment decision. \odot

June College 101-- Returning Graduate Panel; Senior Awards;

Graduation

Looking Ahead

Looking Ahead

Even in 9th grade, students (and parents) want to know what it takes to get in to a "good" college. While our philosophy is that there are many, many, "good" colleges, schools at all competitive levels will look for and assess each student based on the following, <u>and in this order:</u>

Rigor of Curriculum
Grades in rigorous classes
Grades in all classes
Standardized Test Scores (If required or submitted)

If a student is considered a viable candidate for admission, the next items reviewed will include:

Student Essays Contribution to the School and Community (extra-curricular activities/community service) Special Talents Counselor Letters of Recommendation Teacher Letters of Recommendation *Demonstrated Interest

Class Rank: With regards to the college application process, **we do not rank** our students. Each year a high school profile is completed and submitted to colleges. The profile includes testing information for the previous graduating class and a breakdown of the range of GPA's for the current senior class. The Profile is available on our web page.

Post-Secondary Planning Guide: At the 11th Grade Parent Meeting you will receive a copy of our Post-Secondary Planning Guide, which is a comprehensive overview of the post-secondary planning process. The Guide contains valuable information that we believe you will find helpful during that process.

*Some colleges track the interest a student shows in their institution. Demonstrated interest can be shown by visits made to campus, attending a representative's visit at one's high school or local venue, or reaching out to the college representative.

NOTES