



# Manhasset High School Counseling Center

## Senior Autobiography: Class of 2022

*The information provided in this questionnaire will only be used, by your counselor, to write a comprehensive letter of recommendation that will accompany your college, military, or job applications. Please complete it carefully and be as specific as possible.*

Name \_\_\_\_\_

Date: \_\_\_\_\_

E-mail address \_\_\_\_\_

Counselor: \_\_\_\_\_

### Family Background Information

Please list all of the members of your immediate family. If applicable, please include the name and college they attended and the year of graduation.

#### **Father/Guardian**

School or College Attended \_\_\_\_\_ Occupation \_\_\_\_\_

#### **Mother/Guardian**

School or College Attended \_\_\_\_\_ Occupation \_\_\_\_\_

#### **Siblings:**

<u>First Name</u>	<u>Age</u>	<u>College Attended and Date of Graduation</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

Is your home bi-lingual? \_\_\_\_\_ If yes, what language is spoken? \_\_\_\_\_

Where were you born? \_\_\_\_\_ (City, State, Country)

In what grade did you enter the Manhasset School System? \_\_\_\_\_

What other high school have you attended? \_\_\_\_\_

Dates of attendance \_\_\_\_\_ Grade Level(s) \_\_\_\_\_

**\*\*PLEASE ANSWER THE FOLLOWING QUESTIONS AS COMPLETELY AND AS HONESTLY AS YOU CAN.**

**What three adjectives do you believe best describe the person you are today? Please focus on those characteristics you see as your strengths?**

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**What do you like to do in your spare time? Do you have any special hobbies/interests?**

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**Colleges and universities are interested in knowing how students are different from one another. If you were asked how you are different, or what sets you apart from your peers, how would you reply?**

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**Have you ever experienced a challenge or set back in your life? If so, how did it affect you and what did you learn from the experience?**

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**Do you have a favorite quote? If so, what is it and what special significance does it have for you? If you do not have a favorite quote, what is your personal outlook on life? What keeps you motivated?**

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Which of your high school courses have you enjoyed the most? As best you can, please explain why.

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Which of your extracurricular or out of school activities holds the most meaning for you? Why?

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Up to this point in your life, what accomplishment are you most proud of?

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How are you different from the person who began high school in ninth grade? Was there a significant event, person or experience that influenced this change?

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Do you have a specific major that you intend to pursue? \_\_\_\_\_

Are you considering applying to any special programs (e.g. Accelerated Medical, combined BA/MBA, or Honors Program)? If yes, which program and have you identified any schools that have a program of interest to you?

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If applying to college as a legacy (parent attended), please identify the school. \_\_\_\_\_

**STUDENT ATHLETES:**

Are you being recruited/interested in being recruited?

Yes \_\_\_\_\_ No \_\_\_\_\_

Are you familiar with the NCAA Eligibility Center process? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, have you filed your electronic NCAA eligibility form? Yes \_\_\_\_\_ No \_\_\_\_\_



**WORK/PAID EXPERIENCE (9<sup>TH</sup> - 12<sup>TH</sup> GRADE):**

<b>Dates</b>	<b>Hours</b>	<b>Employer/Specific Nature of Work</b>
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**SUMMER ACTIVITIES:**

**After 9<sup>th</sup> Grade:**

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**After 10<sup>th</sup> Grade:**

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**After 11<sup>th</sup> Grade: (Plans for the coming summer)**

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**PERSONAL ACTIVITIES RESUME:**

Please list the five most important extracurricular and community service activities *in the order of importance to you.*

The list does not have to be exhaustive; it should be a reflection of your principal interests.

*\*Be sure to include the grade(s) during which you were actively involved in each activity.*

*\*You may attach a resume if you have one completed*

<b>Activity (in order of importance)</b>	<b>Positions Held or Honors Won &amp; Description of Activity</b>	<b>Grade(s)</b>

Please discuss why you chose the first activity as the MOST significant.

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Is there anything else you would like a college admission committee to know about you that you would like your school counselor to add to your letter of recommendation; something that is so important to the person you are today that if left out, they would not really know who you are? Please include any special circumstances you feel should be addressed.

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Did you or your family suffer any hardships due to COVID-19?

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Would you like us to share this in your letter of recommendation?      Yes      No

Thank you!

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Due to the High School Counseling Office by June 25, 2021*