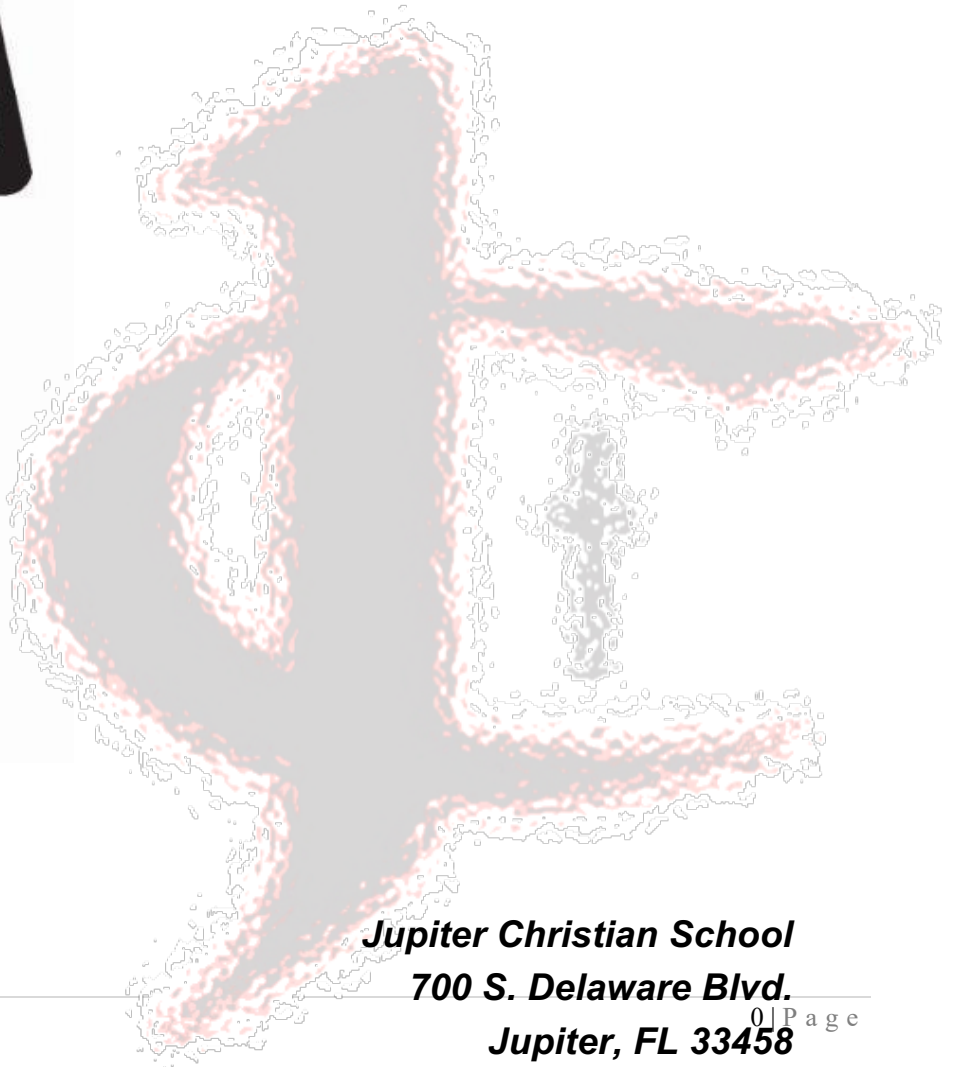


Eagle Athletics

Coach's Handbook

2024-2025



Jupiter Christian School

700 S. Delaware Blvd.

Jupiter, FL 33458

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DEPARTMENT OVERVIEW

MISSION

Jupiter Christian School is committed to excellence in teaching the mind, reaching the heart, and inspiring servant leaders who will impact the world for Jesus Christ.

PHILOSOPHY

To develop Christian leaders through the pursuit of competitive excellence. We will accomplish this through:

Developing Christian Leaders – We believe that athletics is an excellent environment to grow in our relationship with Jesus Christ and become more like Him through the testing of our faith. Interscholastic athletics should foster and cultivate traits of Christian character including diligence, responsibility, courage, loyalty, cooperation, self-discipline, good sportsmanship, competition, team play, and striving towards excellence. Moreover, we try to show love, unity, mental toughness, respect, integrity, encouragement, and enthusiasm in and out of the athletic arena. Athletics provides a venue to build, to test, and to reveal these Christ-like characteristics as we strive to love God and love others.

Competitive Excellence: This demands commitment, places team before self, accepts reality, yet pursues daily improvement for the glory of God. The pursuit of excellence through daily commitment creates an environment of competitive excellence by asking the question: “How can I be better than I was yesterday?” Winning becomes a by-product of this pursuit of excellence and not the end goal. Learning to “run the race” and “fight the battle” to the best of each player's ability and role will be defined in our pursuit of excellence in the competitive arena. Winning at league, district and state levels should be one of our goals, but we recognize that losing can represent a beneficial learning experience. We will learn to give our best regardless of the score or opponent.

ATHLETIC CREED – COMPOSED BY THE 2022 ATHLETIC SENIOR PREFECTS

I am created in God's image. I am who He says I am.
I believe in God the Father, maker of heaven and Earth.
I practice for Him. I compete for Him.
I am a member of Team Jesus Christ.
God gives me strength to face my competitors in His name.
I respect my coaches, teammates, and opponents to show His goodness.
My body is a vessel of the good word.
He has authority over me and pushes me through my toughest battles.
He gives me confidence I could never achieve without Him.
I will walk in humility and model Him to the best of my ability,
in and out of the athletic arena.
He gives me the discipline and determination to succeed.
He gives me toughness, mentally and physically, to pursue my passion in His name.
I praise Him in my triumphs, and I praise Him in my losses.

I reach the heart and impact the lives of everyone around me in the name of Jesus Christ.
GLORY BE TO GOD.

ATHLETIC ADMINISTRATION

Athletic Director

Matt Weston: mweston@jupiterchristian.org

Associate Director & Game Administrator

Perry Morris: pmorris@jupiterchristian.org

Assistant AD/Director Intramurals/Camps

Bill Rodriguez: wrodriguez@jupiterchristian.org

Assistant AD/College Recruitment and Community Outreach

Bazelais Alfred: balfred@jupiterchristian.org

ATHLETIC AFFILIATIONS

FLORIDA HIGH SCHOOL ATHLETICS ASSOCIATION

JCS is a recognized member of the FHSAA (Florida High School Athletic Association) that serves as the authorized representative of the Department of Education in the supervision and control of interscholastic athletic activities. The FHSAA regulates or oversees, contest officials, sport administration, post-season championship tournaments, eligibility, safety guidelines and parameters, etc.

SUNSHINE STATE ATHLETIC CONFERENCE

JCS initiated membership in the SSAC beginning with the 2015-16 school year. The SSAC was formed in 2008 as an alternative for schools seeking to compete in football against other like-minded schools. JCS is currently affiliated with the SSAC in the sport of Football.

WEBSITE AND SOCIAL MEDIA

The JCS Athletic Department has many ways to keep our families and fans informed. With the use of technology our families and fans can stay up to date with current athletes, coaches, games, and outcomes. We update our website and social media pages often to ensure that our community stays aware.

The JCS Athletics' website was relaunched in March of 2023 and rejoined the Jupiter Christian School website. Within the Athletic pages, you will find information on Eligibility, Team Schedules, Eagle Club, JCS Eagle gear, our record board through our Wall of Fame and everything you need to know for Game Day.

Be sure to follow the JCS Athletic Department's Social Media accounts. Utilizing the social media platforms, the department can engage with the students with post-game highlights, coach, and player interviews, encourage the athletes and more!

Website: <https://www.jupiterchristian.org/athletics>

Instagram: @jcs_eaglesathletics

Twitter: @eagleJCS

AMENDMENTS OR CHANGES

Jupiter Christian School reserves the right to amend, revise, supplement, delete, alter, or rescind any policies or portion of the handbook from time to time as it deems appropriate, in its sole and absolute discretion. Parents will be notified of such changes to the handbook as they occur. Parents agree to accept and abide by any such subsequent additions, changes, modifications, or deletions.

SPORT OFFERINGS

FALL SPORTS

Cheerleading
Varsity Sideline
Varsity Competitive
Middle School Sideline

Cross Country
Varsity – Co-ed

Football
Varsity
Middle School

Golf
Men's Varsity
Men's Junior Varsity
Women's Varsity

Swimming
Varsity – Co-ed

Volleyball
Women's Varsity
Women's Junior Varsity
Girl's Middle School – A
Girl's Middle School - B

WINTER SPORTS

Cheerleading
Varsity Sideline
Varsity Competitive
Middle School Sideline

Basketball
Men's Varsity
Men's Junior Varsity
Boy's Middle School – A
Boy's Middle School – B
Women's Varsity
Girl's Middle School

Soccer
Men's Varsity
Boy's Middle School
Women's Varsity
Women's Junior Varsity

Wrestling
Men's Varsity

SPRING SPORTS

Baseball
Varsity
Junior Varsity
Middle School

Beach Volleyball
Women's Varsity

Lacrosse
Men's Varsity
Boy's Middle School
Women's Varsity

Tennis
Varsity – Co-ed

Softball
Varsity

Track & Field
Varsity – Co-ed

PRE-SEASON PREPARATION

Prior to participating in athletic training or on any interscholastic team at Jupiter Christian School, all eligibility guidelines must be met.

ACADEMIC ELIGIBILITY

A student who is performing unsatisfactorily may be placed on an academic contract. The intent of such action is not to discourage but to prompt change leading to the child's short- and long-term success.

Academic Probation: A student will be placed on Probation if:

- the 6th-8th grade student's GPA (Grade Point Average), calculated at the end of a semester, falls below 2.3
- the 9th-12th grade student's cumulative high school GPA, calculated at the end of each semester, falls below a 2.3, or a student receives one or more failing grades at the end of the semester.

A student on Probation

- and their parent(s) must meet with a member of the Guidance Office and teachers for review of his/her academic status,
- must attend a minimum of one Guided Practice per week for all, or select courses, as determined by the terms of the probation,
- may be required to obtain and submit written update reports from his/her teacher(s) on a weekly basis.
- may be restricted from participation in extra-curricular activities (athletics, fine arts, etc.).

Academic Restriction: A student will be placed on Restriction if:

- a 6th-8th grade student's GPA, calculated at the end of a semester, falls below 2.0,
- a 9th-12th grade student's cumulative high school GPA, calculated at the end of the semester, falls below a 2.0
- at any point in the semester when the status of a student's academic progress causes distinct concern in the ability of the child to pass a class(es)
- a student receives more than one failing grade at the end of the semester.

A student on restriction:

- and their parent(s) must meet with the Guidance Counselor and teachers for review of his/her academic status,
- must attend a minimum of one Guided Practices per week for all, or select courses, as determined by the Guidance Counselor
- will be required to obtain and submit written update reports from his/her teacher(s) on a weekly basis
- will be restricted from participation in extra-curricular activities (athletics, fine arts, etc.).

A student on an academic contract will remain on contract for the entire semester unless otherwise stated. At the completion of the semester, a student may have the terms extended, reduced, eliminated, or changed. Academic progress will be considered in assessment for readmission. The Upper School Principal is empowered to review each student's academic progress and place or remove students on/from probation/restriction as deemed best fitting for the well-being of the student.

FHSAA Required for Academic Eligibility. A middle/junior high student must have 2.0 GPA, or the equivalent of a 2.0 GPA based on a 4.0 scale, at the conclusion of each semester. A high school student must have a cumulative 2.0 grade point average on a 4.0 unweighted scale, or its equivalent, at the conclusion of each semester to be academically eligible during the next semester (§ 1006.15(3))

JCS complies with all policies of the FHSAA which may be viewed at www.fhsaa.com.

REGISTRATION/ELIGIBILITY DOCUMENTS

Prior to participation of any kind (summer, pre, post, or during any JCS athletic season), the following documentation must be completed and submitted through Athletic Clearance. Links and additional information about each form and course can be found on the Athletic Website: [Eligibility](#)

The JCS Athletic Department uses Athletic Clearance for all eligibility tracking and clearance. All forms are to be uploaded to Athletic Clearance for eligibility approval. The Athletic Department does not accept paper copies of forms.

1. Application and enrollment completed through the JCS Admissions office.
2. Register on [Athletic Clearance](#) - Full eligibility "How To" found [here](#).
3. The following FHSAA eligibility forms must be completed and uploaded to Athletic Clearance.

- a. EL2 – Pre-Participation Sports Physical*
- b. GA4 -- Affidavit of Compliance with Policies on Recruiting**
- 4. Home Education Athletes only – uploaded to Athletic Clearance
 - a. EL7 – Home Education Participation (New)
 - b. EL7V – Home Education Verification (New & Returning)
 - c. EL 9 – Academic Progress Report due at the end of the first semester
- 5. Complete the following NFHS education courses – nfhslearn.com – Certificates of completion are to be uploaded to Athletic Clearance.
 - a. Sudden Cardiac Arrest
 - b. Heat Illness Prevention
 - c. Concussion for Students

*EL2 - Department of Health or other physical evaluation forms will not be accepted.

**GA4 forms are required by any student who began attending JCS after the first day of their freshmen year.

ATHLETIC FEES

The athletic fees assist JCS with various administrative costs including, but not limited to: Uniform maintenance and acquisition, FHSA registration and membership, transportation, equipment, etc. Leaving a team does not relieve the student-athlete from his/her financial obligations. The athletic fee is established by the JCS Board of Directors.

Varsity - \$375

Jr. Varsity - \$325

Middle School - \$325

FEES ARE APPLIED FOR EACH SPORT PLAYED

Information on additional or required financial responsibilities is addressed under Quitting and Uniform.

CODE OF CONDUCT

CONTROLLED SUBSTANCES

If there is reasonable suspicion, knowledge, or evidence that a student is using or in possession of alcohol, tobacco, drugs, anabolic steroids, or other controlled substances (i.e., vaping), Jupiter Christian School will require that the student immediately take a drug test from a certified lab at the parent's expense. Random drug checks, regardless of suspicion, may be performed at the school's request. Failure to comply with a request for a random drug check is grounds for dismissal from the team.

ALCOHOL, TOBACCO, AND DRUGS

Jupiter Christian School and the Eagle Athletic Department desire to maintain an alcohol, tobacco, and drug-free environment always. The use of these substances and equivalent products by student-athletes is prohibited and is a direct violation of school policy. The athletic administration will work with the school administration to properly address any violations.

STEROIDS

The use of anabolic steroids or other performance enhancing drugs is not permitted and against school policy. A student-athlete will be removed from participation in all athletic events until medical evidence can be presented to verify the student-athlete's system is free of those substances.

Violation of this policy may require that the FHSAA be notified and could involve significant financial penalty. The parent/guardian of a student-athlete in violation of this policy will be financially responsible for any fines assessed to Jupiter Christian School.

ATTENDANCE

The words that make up the term "student-athlete" have been placed in order of importance. The athletic administration strongly encourages each JCS family to maintain the appropriate perspective of academics above athletics. The following guidelines have been put in place to reinforce this perspective:

- Student-athletes must sign into school by the end of second period and complete the academic school day to participate in athletic practices or contests that day. Excused absences or tardiness due to approved appointments (medical, dental, etc.) do not apply.
- Student-athletes returning late from a contest **will not** be excused for any tardiness or from assignments/tests given the following day.
- **Midnight Rule:** If an athletic team arrives back on campus after midnight on a school night, the athletes that participated in that event must sign into school by 9:00am the following morning. Student athletes are responsible for any missed work. **The Athletic Director or his/her designee must approve the Midnight Rule.**

DRESS CODE

The Athletic Director will set the dress code for student-athletes while they are representing JCS. It is encouraged that no alterations be made to any apparel items with Jupiter Christian School logos or text. Given the diverse nature of sports, the dress code may vary based on the activity. The following dress code guidelines are presented in accordance with the activity.

GAME DAY ATTIRE

Approved game day attire is predetermined and approved by the Head Coaches and the Athletic Director. All team members are expected to participate and wear the predetermined and approved game day attire on game days. Examples of possible approved game day attire include game jersey or team shirt worn with school uniform bottoms (skort, shorts or pants).

Game Day attire is ONLY permitted on game days. Violation of the game-day attire parameters will result in the privilege's removal for the rest of the season.

WEIGHT ROOM AND GENERAL ACTIVITY

All student-athletes must wear a shirt, shorts with an elastic waistband, and tennis shoes (sneakers) with socks.

VOLLEYBALL

Spandex may be worn during practices and contests. Shorts or pants must be worn over the spandex upon completion of the volleyball contest or practice.

SWIMMING

JCS swim team members must always cover their suit except on the pool deck.

ATHLETIC UNIFORMS AND EQUIPMENT

All equipment and uniforms must be returned and checked into the athletic department within five (5) business days of the season's end. On day fifteen (15) the complete replacement fee will be billed to the JCS Family Account if the uniform and/or equipment have not been turned in. Participation in another sport's contests will not be permitted until all items from the previous sport have been returned.

Any apparel items issued by Jupiter Christian School and required to be returned (uniforms, sweat suits, helmets, etc.) are considered part of the team uniform. These items may be worn only during times approved by the coach. Lost, stolen, or items damaged outside of these parameters must be replaced and will be the monetary responsibility of the parent/guardian of the student-athlete to whom the items were issued.

GENERAL COACH POLICIES

RECRUITING & PROSPECTIVE STUDENTS

1. Head coaches shall complete the FHSAA Policy 36 course before the first day of practice and comply with this policy's provisions.
2. All coaches must be aware of FHSAA rules and regulations regarding student eligibility and recruiting and follow all FHSAA rules and policies. Log on to www.fhsaa.com for a complete list of policies.
3. JCS does not offer athletic scholarships to any students. Financial aid is available to families who qualify. Please direct all communication regarding this issue to the Admissions Office at JCS.
4. To practice with a team, in or out of season (summer conditioning included) the student-athlete must be an enrolled student at JCS. New students may participate **ONLY** if they withdraw from the school attended the previous school year, apply to attend JCS, and have been accepted at JCS. Coaches must verify with the athletic department that the athlete has completed all the necessary paperwork **prior** to allowing a student to participate in any athletic activities.

POLICY ON PRIVATE TRAINING

Coaches are prohibited from private training of any JCS student-athlete for any form of remuneration unless the training serves as the individual's primary source of income.

COACH'S CHARACTER

All JCS coaches will refrain from using profanity or demeaning language at any athletic event or on campus. The JCS Athletic Department wants to serve as role models for the students, athletes, and all community members. Please, always be aware that you are representing Jupiter Christian School, and more importantly, the Lord.

COACH'S RESPONSIBILITIES

The position of "COACH" significantly influences the lives of our student athletes. It also reflects our school's testimony. As stewards of these young lives entrusted to us, we will do our utmost to bring honor to the Lord.

HEAD COACH

The Head Coach, as the one with the most direct influence on the student-athlete, must ensure their athletic program reflects the school's overall objectives. Included among the responsibilities of the Head Coach, but not limited to, are the following:

1. The coach must support in both word and deed the JCS philosophy, honor the parent/legal guardian statement of agreement and follow the policies, guidelines and protocols as annually updated and published in the JCS Parent/Student Handbook.
2. Check with the Athletic Director and your coach's manual on FHSAA start dates.
3. All scheduled tryouts, the format of athletic evaluation, and roster notification must be approved by the Athletic Director.
4. Schedule a mandatory parent/athlete meeting after your roster has been set to discuss team-related items such as practice and game schedules, tournaments, etc.
5. The Head Coach is responsible for reporting all athletic injuries immediately to the Athletic Department and the child's parents. (Fill out an injury report on any student-athlete unable to practice because of injury, not sickness, using the accident report located in the Medical Folder. Call parents and then follow up.
6. All ejections and any incident with a team or team member violating school policies must be reported immediately to the Athletic Director.
7. Follow all school policies regarding transportation of student-athletes.
8. Middle School and JV Head coaches must report all scores and stats to Perry Morris immediately following each game, regardless of the outcome.
9. Varsity Head coaches must report all scores and statistics to the Palm Beach Post, Sun Sentinel, MaxPreps and Perry Morris immediately following each game regardless of outcome. If you are hosting the State Series District or Regional playoffs, notify the Athletic Department of the results immediately following the game.
10. Check all team equipment and uniforms prior to season and collect the same at the end of season. An inventory form is available in the Athletic Office. All equipment and uniforms must be returned and checked into the Athletic Department within 5 business days of the season's end. The Head Coach is responsible for the equipment and uniforms checked out, and their return to the Athletic Department. The Head Coach must communicate to the team how and when the uniforms should be returned within 5 business days of the season's end.
11. Arrange a meeting within two weeks of the end of the season with the Athletic Director. Items to bring to the meeting: completed self-evaluation form, medical kit, completed equipment/uniform inventory forms, a season bio, awards, awards work sheet and suggestions for next season. The Head Coach's stipend will be released when all these items have been completed and received in the athletic office.
12. Submit all off-season workout plans to the Athletic Trainer for review; this includes what you will give to students to do on their own. Any plans for summer camps, open gyms, and leagues need to be presented to the Athletic Director to be coordinated with other sports camps and leagues.
13. Team Prayer and Devotions: A prayer must be offered by a coach or player before and after games and practices with your team. Coaches must also have a weekly devotional schedule for the season.
14. **Any fines issued by FHSAA to the school, invoked due to the coach's behavior or actions which are listed in Policy 16 of the 2022-23 FHSAA Handbook, shall be the monetary responsibility of the coach fined.**

ASSISTANT COACH

Assistant coaches work within the basic framework and philosophy of their assigned Head Coach and the Head Varsity Coach of their sport. Responsibilities will be outlined and assigned by the Head Coach. The following are listed for additional emphasis and clarification:

1. The coach must support in both word and deed the JCS philosophy, honor the parent/legal guardian statement of agreement and follow the policies, guidelines and protocols as annually updated and published in the JCS Parent/ Student Handbook.
2. Understand the proper administrative chain of command and refer all parent/student requests/grievances through the proper channels.
3. Attending the coaches' meeting at the beginning of the school year and team meetings as directed by the Head Coach.
4. Carry out scouting assignments given by the Head Coach.
5. Arrive early enough before practice and games to adequately prepare and remain long enough afterwards to help secure facility.
6. Demonstrate loyalty to the Head Coach and to the program.
7. Avoid and halt criticism of the Head Coach with players, parents, and other staff by encouraging them to take their concerns to the Coach directly and not to each other.
8. Any fines issued by the FHSAA to the school, invoked due to the assistant coach's behavior shall be the monetary responsibility of the assistant coach.

PRACTICE & GAMES – COACH

1. All practice schedules will be provided to the athletic office and student-athletes by the coach. The practice sites will remain constant; however, any changes will be announced through the athletic office at the head coach's direction. It is the responsibility of parents to know where to pick up their students and at what time.
2. For Varsity and Junior varsity athletes, Wednesday practices are allowed and can be used at the coach's discretion. The time allowed is between 3:00 PM-5:30 PM only. For Middle School teams, Wednesday practices must be approved by the Athletic Director.
3. No practice may be conducted without authorized personnel present (coach, assistant coach, or school administrator).
4. Inspect the safety conditions of the facilities, playing fields, and gymnasiums before all practices and games.
5. Begin each practice with prayer followed by a purposeful and specified warm-up period. Proper conditioning should take place in pre-season training to ensure safety when play begins.
6. No practice or games shall be held outdoors when there is the presence of lightning or thunder in the area (area is defined as "within eyesight" of play or practice area). Student-athletes and spectators should be moved to cover and not allowed to return to the playing area until safety is assured.
7. No practice or game will be held in weather conditions unsuitable for the physical well-being of the athlete or spectators, including extreme heat or freezing conditions where illness or injury could occur.
8. Optional/Additional practices may be implemented by the head coach. On school days, only one practice per day may be considered mandatory. Student-athletes may not be reprimanded for not attending optional/additional practices.
9. Any damage to facilities or equipment which occurs before, during, or after practices or games should be reported immediately to the athletics department by the coach in charge of the facilities at the time. Note the time, place, and circumstances surrounding the damage.
10. Properly supervise the dressing areas and the sanitary habits of the student-athletes to ensure safety for all participants.
11. No students will be allowed to remain in any building alone at away games or in home facilities.
12. **It is the responsibility of each coach to be sure all their student-athletes have been picked up and that the facility has been cleared and secured before they leave.**
13. Never allow a student-athlete to return to participation after an injury until it is cleared by JCS Athletic Trainer. A physician's release shall be required for a student-athlete who has been under a doctor's care for an

- injury to return. Please forward all doctors' releases/do not play orders to the Athletic Department, within 24 hours.
14. Coaches should know where the nearest phone could be accessed in case of an emergency.
 15. Coaches should know that the automatic external defibrillator (AED) is in the gym and ATC and how the device could be accessed in case of an emergency. (Training for the AED is available through a CPR course, the school trainer, or the school nurse.)
 16. All copies (provided by AD office) of Emergency Medical Release forms and FHSAA EL2 forms should be in the coach's possession when they are with the team.
 17. In the case of spinal, neck, or broken bone injuries or if there is any reason to believe a player may have injured his/her spine, neck, or other skeletal part, NO ATTEMPT TO MOVE THE ATHLETE SHOULD BE MADE UNTIL EMS ASSISTANCE IS AVAILABLE. PLEASE REFRAIN FROM MOVING THE PLAYER EVEN IF THIS MEANS MAINTAINING TIME OUT. STAY WITH THE PLAYER, AND MONITOR SYMPTOMS WHILE GIVING ENCOURAGEMENT.
 18. After each home game, teams will meet at center court or field and have prayer, inviting the opposing team.
 19. The team must be properly dressed when travelling to games, after games, or when eating out.
 20. Music: Christian music and instrumentals are preferred. Edited versions are not permitted. All music is to be screened by Head Coach. After Head Coach has approved, a copy of the lyrics with the music must be submitted to the Athletic Director.
 21. Athletic sidelines are for coaching staff, team members, medical personnel, media, and authorized personnel only.
 22. Practice lengths are at the discretion of the coach but should not exceed 2 ½ hours on school nights. This includes the time you view game films.

GENERAL PARTICIPATION GUIDELINES

TEAM SELECTION

Tryouts will take place during the first week of practice in each sport. During the tryout period, should a student-athlete choose not to participate in that sport, he/she must meet with the head coach in person to inform him/her of their decision. The head coach must submit a final roster to the athletic office when tryouts are complete or seven days after the first day of practice, whichever comes first. Teams beginning practice before the first day of school must submit their final roster fourteen (14) days after the first practice.

Any student-athlete wanting to try out for a sport for the next season while currently participating in a sport will be given an opportunity to try out during the tryout period for that sport. It is the student-athlete's responsibility to make known to the coach or athletic department of their intention to try out. Coaches of sports that overlap will agree upon a mutual date and time for the student-athlete to try out and communicate the date and time to the athletic department and interested student-athletes. ***All student-athletes are expected to fulfill their commitment to their current sport before moving on to the next sport. Student-athletes may participate in one sport per season.***

CUT POLICY

Cuts have become necessary in sports where the number of players who wish to play exceeds the number of spots available on the team. The head coach will handle cuts individually and with sensitivity and compassion. Rosters will be posted on the team page of the athletic website and/or outside of the athletic office.

PLAYING TIME

The value of a team member is not necessarily synonymous with playing time. Value as a team member, rather, is using the abilities that God has given them to benefit the team. Playing time is not guaranteed when an athlete is named to a roster, and we do not permit meetings to discuss or dispute playing time or strategy. The following guidelines have been put in place to delineate each person's responsibilities regarding playing time:

THE COACH SHOULD:

- Value playing every player and work toward that goal.
- Push players to play with the type of intensity that requires substitutions.
- Never lose a competition due to being overly concerned about substituting.
- Go with impact players when the game is on the line.

THE PLAYER SHOULD:

- Practice so intensely that the coach feels pressure to reward him/her with playing time.
- Understand everything the team does, both offensively and defensively.
- Develop knowledge of as many positions as possible.
- Want to play, whether for long or short periods of time and be ready by staying mentally in the game while on the bench.
- If a non-starter, genuinely cheer for those who start.
- If a starter, be genuinely glad and cheer for subs when they get to play.

THE PARENT SHOULD:

- Be a "Big Picture" fan, supporting the coach and the team.
- Never be a "Sower of Dissention" (Proverbs 6)
- Encourage the athlete to talk with the coach about how they can get better.

MIDDLE SCHOOL EXCEPTION

Middle School: Development is a priority at this level. The coach will choose a starting team for each game based on attitude, ability, and performance in practices and games. Every effort should be made for each player to play as equitably as possible. The amount of playing time will differ from game to game, and at times significantly.

Playing time may be limited due to student conduct (explained under Code of Conduct)

QUITTING

Student-athletes are strongly discouraged from quitting any team. Should a student-athlete leave a team after he/she has been selected as a rostered member of a team, the student-athlete will be suspended from participating in any aspect of the Athletic Department program (conditioning, open-facilities, etc.) for the remainder of that season and the next sport season. All awards and letters will be forfeited for that academic year.

No student-athlete who leaves a team under circumstances of conflict will be allowed to rejoin unless appropriate steps are taken to bring restoration to all involved parties.

Leaving a team does not relieve the student-athlete from his/her financial obligations, nor does it release him/her from the liability for returning issued equipment.

Leaving a team after sustaining an injury will be considered quitting. Injured athletes are still considered part of the team and should continue to support their teammates for the season.

A parent/guardian who removes their child from a team without first discussing any concerns with the head coach and athletic director will be addressed under the quitting policy.

CONFLICT RESOLUTION

MATTHEW 18 PRINCIPLE

“If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over. If he will not listen, take one or two others along so that every matter may be established by the testimony of two or three witnesses.”

Matthew 18:15-16

APPLICATION

If you have a concern, do not attempt to contact the coach in-person or via technology before or after a contest or practice. These times are highly emotional for all parties involved. First pray about the matter. Allow twenty-four (24) hours to pass before contacting the coach to set up an appropriate meeting time. Each party should seek to see the circumstance through the other's position and approach the meeting with an attitude of resolution. If a resolution is not attained, a meeting between the coach, parent and athletic director may be set. We do not permit meetings to discuss or dispute playing time or strategy. Do not contact the athletics office before discussing with the Head Coach.

TRANSPORTATION

Student athletes are expected to travel with the team to all practices and games. It is the parent and student-athlete's responsibility to ensure that he/she is on time for scheduled practices, games, or tournaments.

Any conflict that causes a student-athlete to miss the transportation provided does not excuse them from attending the activity. Parents/guardians will be responsible for getting their child to the team activity when such a case arises.

Transportation will be provided by JCS whenever possible but may be limited by vehicle and/or driver availability.

AWAY TRIPS

- The head coach will communicate departure times, as necessary.
- When bus transportation is provided it is for team members and managers only. Parents, spectators, and alumni must seek alternate forms of transportation.
- Unless an exception is granted by the head coach or athletic department, all team members are expected to travel on the bus to and from practices and away contests.

- **Student-Athletes must have approval from the coach and a completed Transportation Release Form in the Athletic Office prior to the scheduled event departure if they are not riding the JCS provided transportation to and/or from an athletic practice or game.**
- If a student is given permission to drive his/her vehicle to an away contest or practice, he/she may not transport another team member.
- **No student-athlete is permitted to ride home with anyone other than a parent or legal guardian.**
- Directions are provided for all scheduled games on the JCS athletic website.
- **It is a FHSAA violation for any student-athlete to transport another student-athlete to a contest.**

Upon loading the bus to return to JCS, students should communicate with their parent/guardian regarding their estimated return time. Parents should be on campus to receive their student off the bus. A coach or administrator will wait with a student-athlete until a parent/guardian arrives. Excessive tardiness in this area could result in disciplinary action at the discretion of the Athletic Director.

TEAM PICTURES

Team pictures with uniform players will be taken each year close to the onset of a season. The dates for these pictures will be communicated in advance through the Athletic Department. These pictures will be in the yearbook and on the athletic website. Everyone on the team must participate in the team pictures regardless of the intent to purchase a yearbook.

ATHLETIC AWARDS

Jupiter Christian seeks to properly recognize the achievements of athletic teams and individual student-athletes, and to provide motivation for each athlete to reach his/her potential. Varsity athletes will receive an athletic letter and a sport pin at the completion of their first year in any varsity sport. Service bars will be awarded for each subsequent year in that sport.

GENERAL CRITERIA TO EARN A JCS LETTER

- Varsity Student-athlete must meet all academic eligibility and good citizenship criteria as outlined in the JCS Student Handbook and Eagle Athletics Handbooks.
- The Varsity student-athlete must have completed the entire season.
- The Varsity student-athlete must attend all practices unless excused by the head coach.
- The Varsity student-athlete must have returned all equipment and uniforms on loan from Jupiter Christian School.
- The Varsity student-athlete must have dressed out in all games, unless excused by the head coach.

DEPARTMENT AWARDS

Male and Female Athlete of the Year Awards may be given to one male and one female student-athlete whose athletic achievements exceed all others and whose character was evident in all they did. These student-athletes exhibited integrity both in the classroom, on their teams, and in the community. Attitude, athletic performance, behavior, and leadership are all factors. The nominee must have met all FHSAA and JCS eligibility requirements. The winner is chosen by the athletic department and coaching staff.

Eagle Pride Award is presented to a JCS student, family member or supporter who has given the time and energy to support the athletic program. This recognition is awarded to any person who is always an encouragement, a spiritual leader, and is recognized by our student-athletes and fans as a true supporter of the athletics department.

The Outstanding Career Achievement Award is given to one senior student-athlete who has participated in athletics at JCS for the entire four years, grades 9-12 of high school. The recipient's career athletic achievements have exceeded all others and whose Christian character was demonstrated while representing JCS. The nominee must have met all FHSAA and JCS eligibility requirements. This award has been selected by the athletics Director and the Athletic Department personnel.

All-Academic Team Award is given to the top male and female full-time JCS student-athletes from each class, grades 9-12, who have the highest *yearly* GPA and have participated in a varsity sport for the current school year. Home Education Student-athletes are not eligible for this award.

Other awards determined by the athletic department may be presented year-by-year.