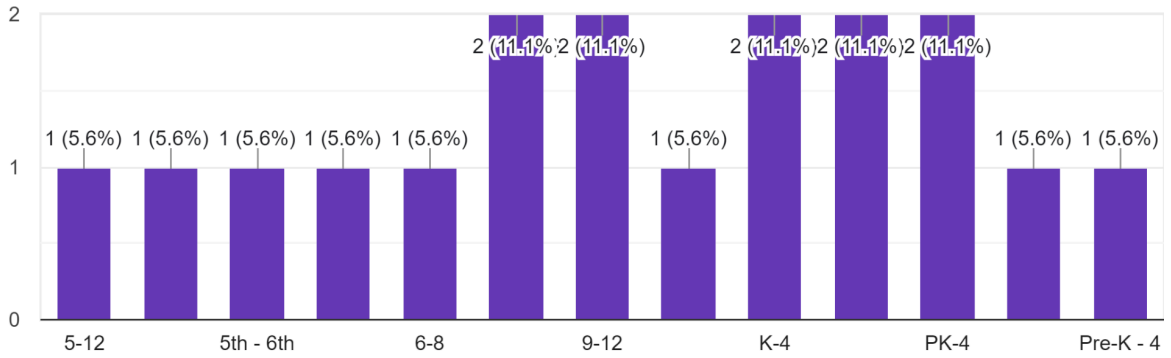


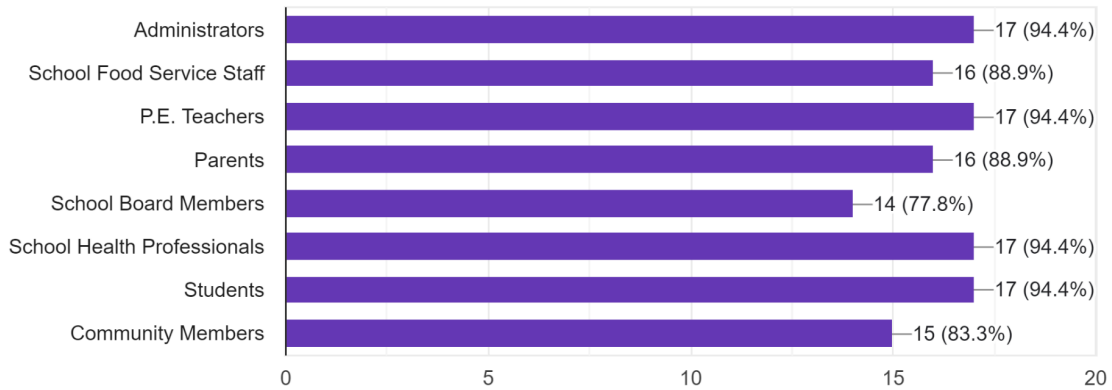
Grades on Campus

18 responses



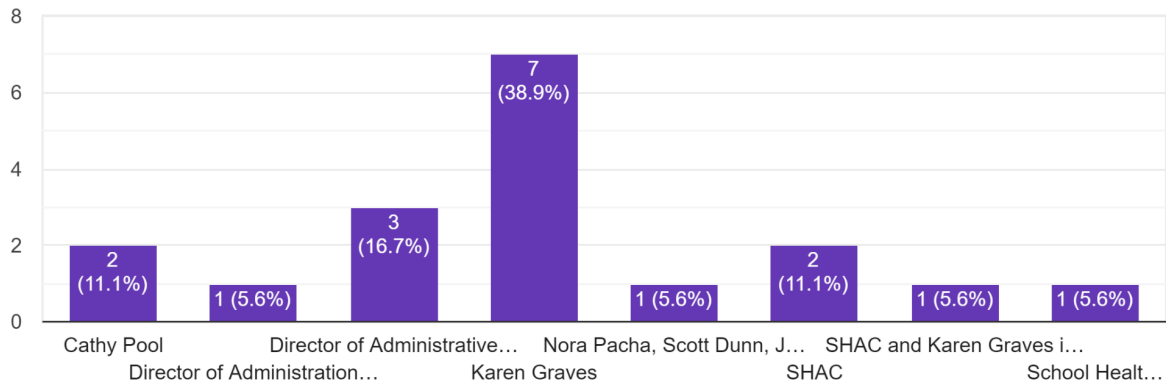
The district encourages the following to participate in the development, implementation, and evaluation of its Wellness Plan (check all that apply):

18 responses



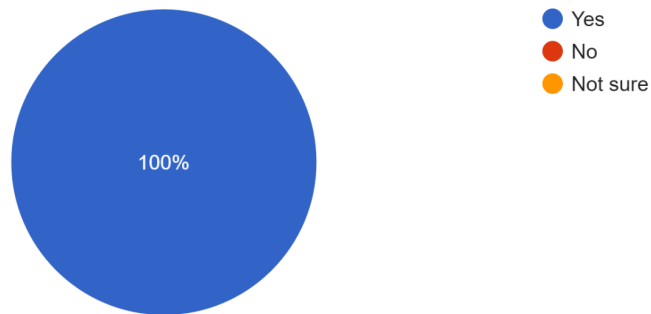
Who is the district's designee in charge of Wellness Plan compliance?

18 responses



Our district has a wellness page (SHAC) on its website to document information and activity related to the school wellness policy.

18 responses



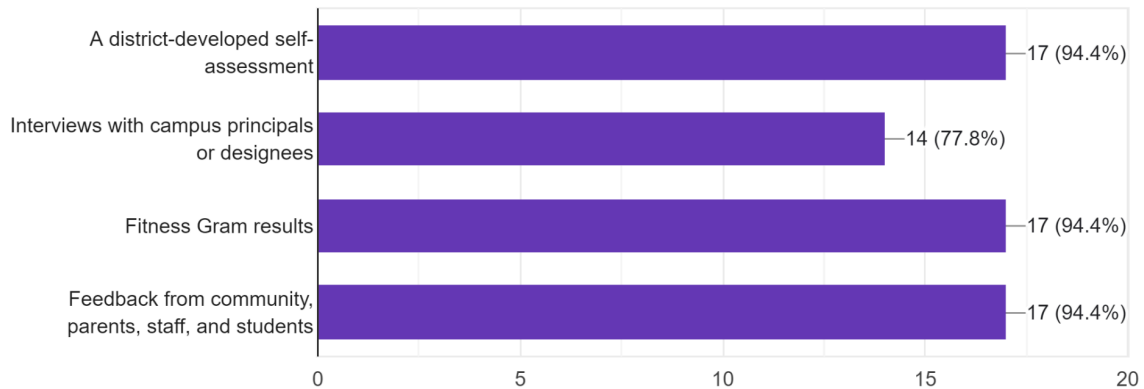
The wellness page on the district website (SHAC) includes the following (check all that apply):

18 responses



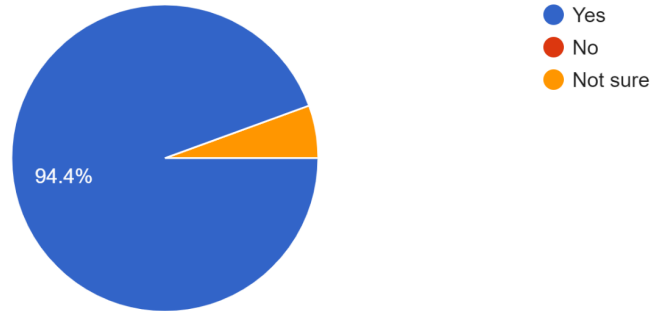
As a district, we measure implementation of our policy goals and communicate results to the public by (check all that apply)

18 responses



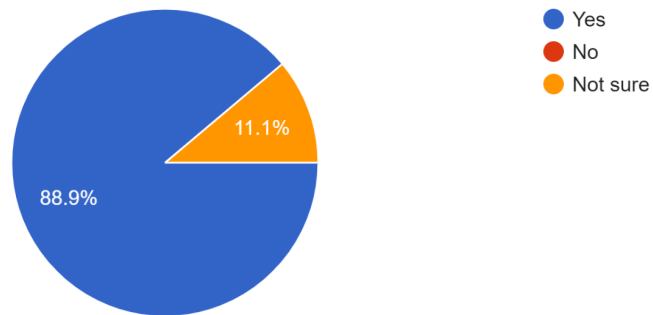
Does your district review the wellness policy at least annually?

18 responses



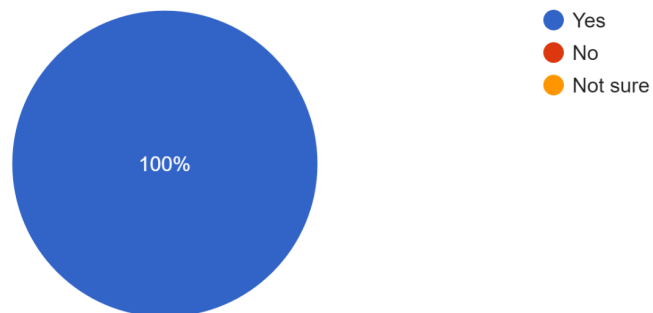
Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals

18 responses



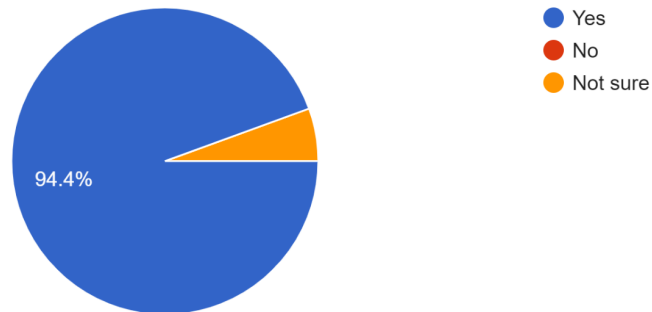
We operate a school breakfast program

18 responses



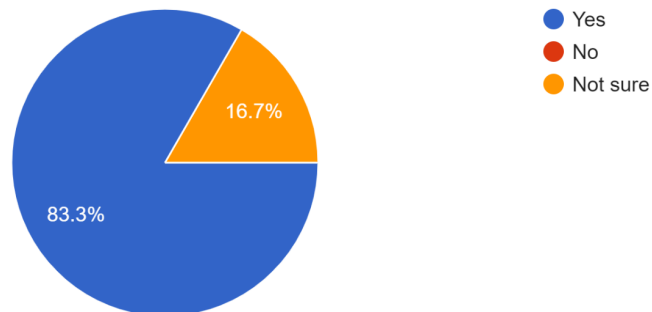
We follow all nutrition regulations for the National School Lunch Program (NSLP)

18 responses



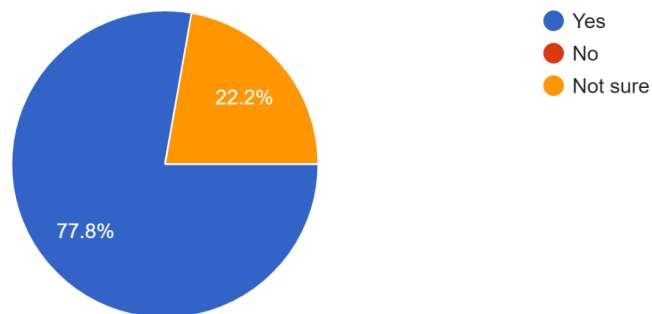
Child Nutrition employees have completed all required Professional Standard Trainings

18 responses



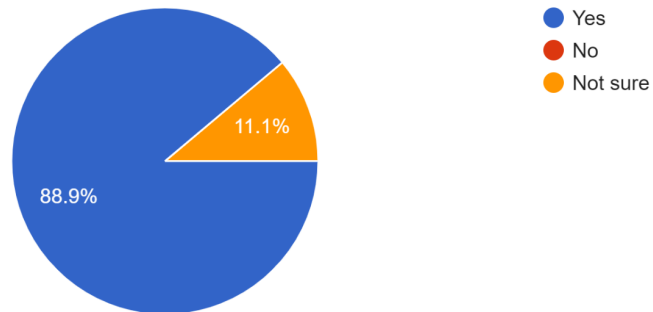
We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including a la carte offerings and vending machines

18 responses



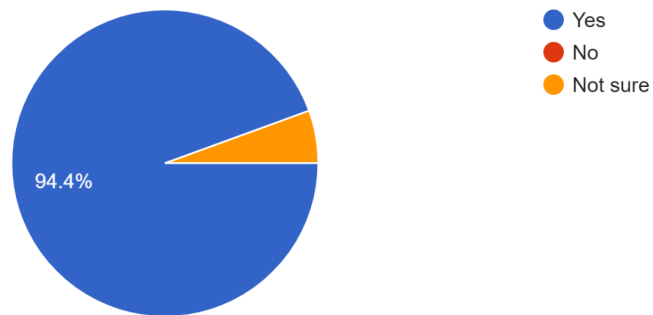
Our district's written wellness policy includes measurable goals for nutrition promotion

18 responses



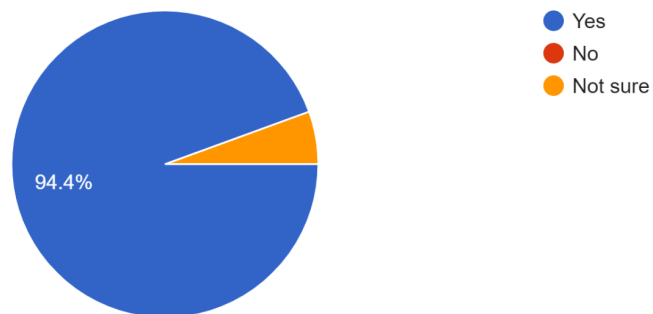
We promote healthy eating and nutrition education by ensuring that all food and beverage advertisements accessible to students during the standard guidelines for meals and competitive foods.

18 responses



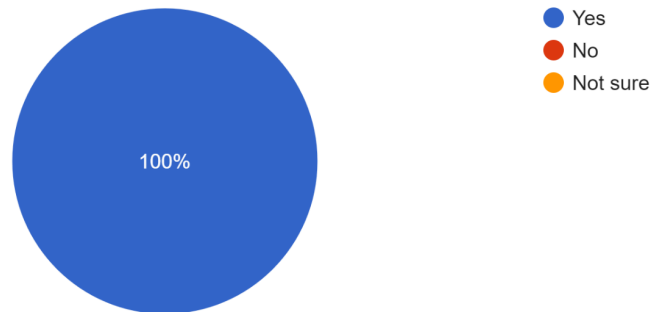
We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

18 responses



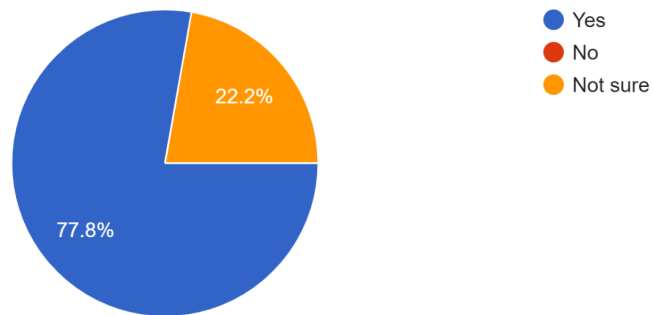
We ensure students have access to hand-washing facilities prior to meals

18 responses



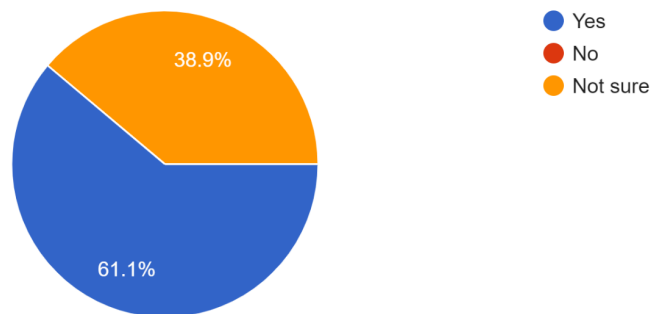
We annually evaluate how to market and promote our school meal program(s) and share menu information with students and parents

18 responses



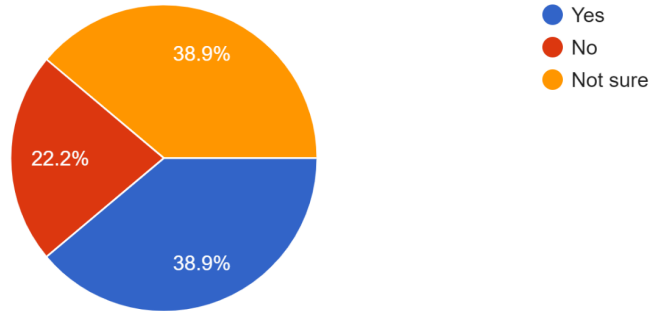
We regularly share school meal nutrition, calorie, and sodium content information with students and families

18 responses



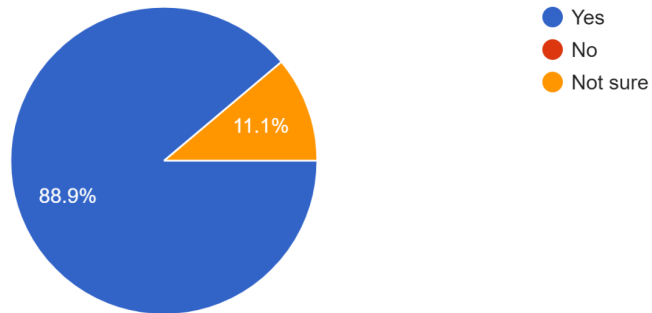
We offer taste testing opportunities to our students

18 responses



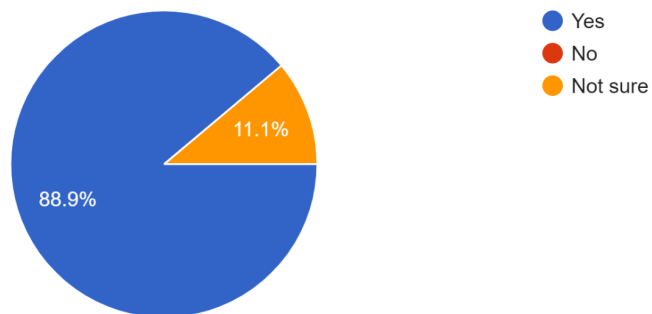
Our district has developed a brochure regarding school food programs

18 responses



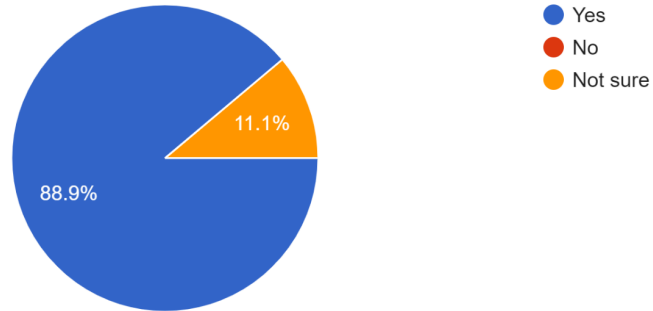
Cafeteria managers meet annually to keep campus menus evolving with regulations and customer expectations.

18 responses



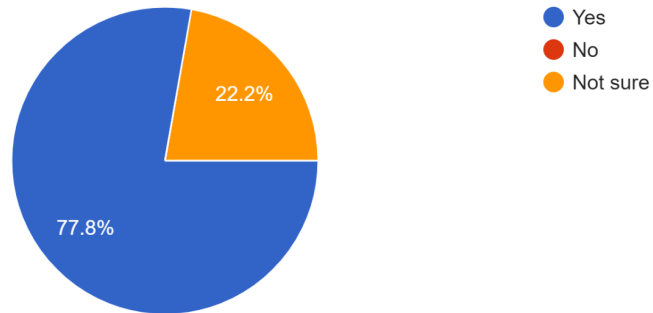
The district's written wellness policy includes measurable goals for nutrition education

18 responses



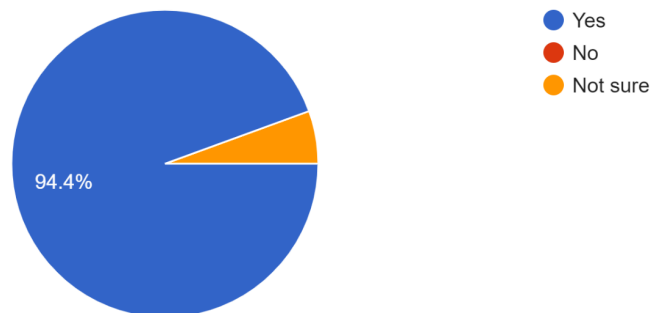
We offer standards-based nutrition education

18 responses



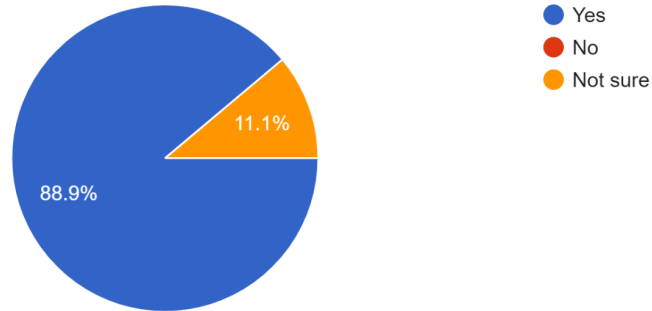
One-hundred percent of students have access to drinking water at all times during the school day

18 responses



Child nutrition job descriptions are updated to require at least the minimum qualifications as required by federal law

18 responses



Please list any other ways that your campus promotes nutrition education

NA

Monthly awareness, lessons in PCC

Education

Participation in the District Wellness Program for employees. Staff Wellness Week and Student Wellness Week promoting healthy habits.

We have a wellness ambassador on campus (2 of them) - they do contests, etc. for students and staff.

Our PE Teachers teach lessons on proper hand washing, food groups, digestion, etc.

Curriculum where applicable

Staff consistently promotes healthy food choices.

Parent nutrition classes, monthly parent newsletters

N/A

n/a

Through various school organizations

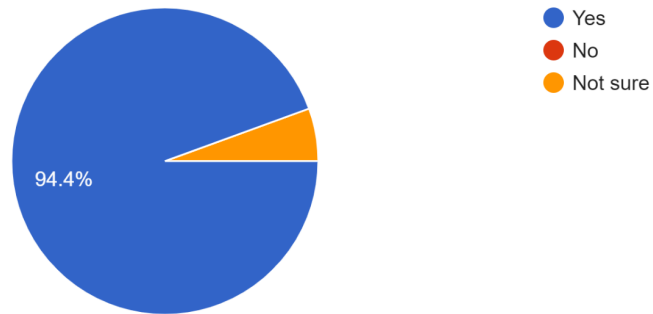
PE classes

Through campus challenges, health classes and PE

PE, community newsletter, sharing of district communication, staff wellness challenges

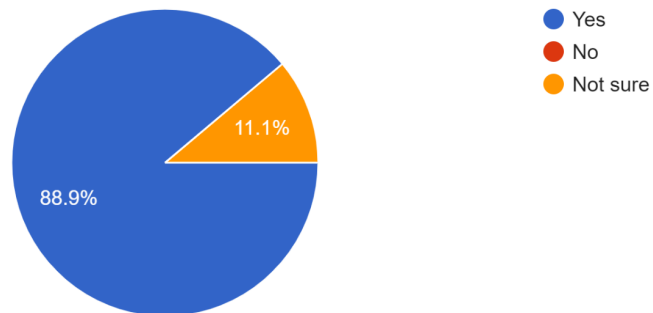
Our district's wellness policy includes measurable goals for physical activity

18 responses



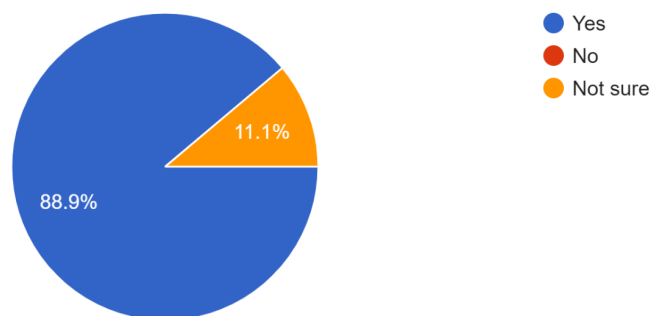
We provide physical education for elementary students on a weekly basis

18 responses



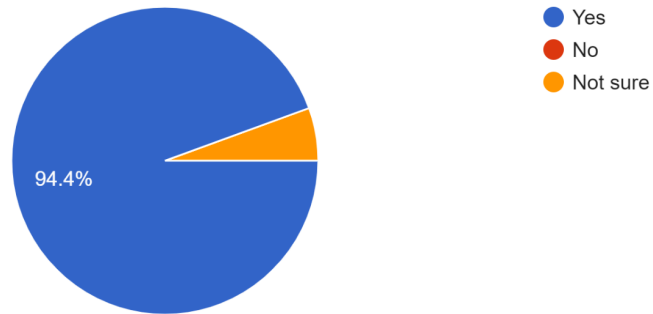
We provide physical education for middle school during a term or semester

18 responses



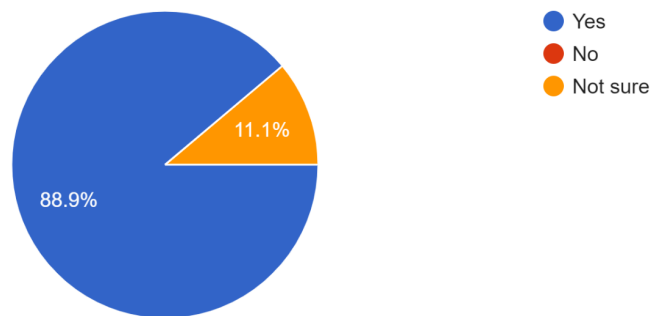
High schools require physical education classes for graduation

18 responses



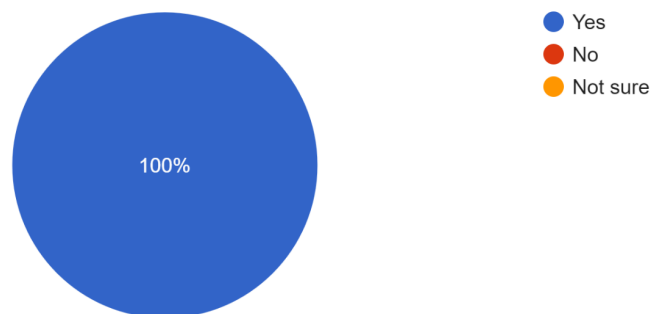
We provide recess for elementary students on a daily basis

18 responses



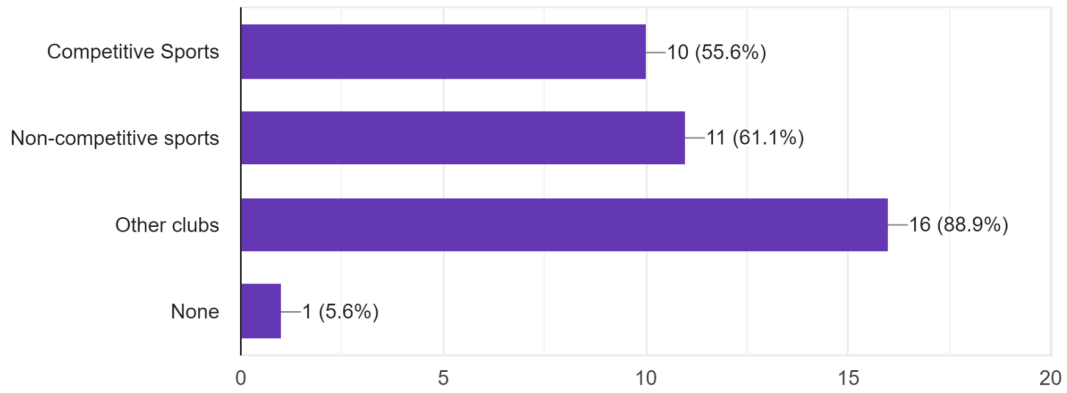
We provide opportunities for physical activity integrated throughout the day (such as brain breaks or class changes)

18 responses



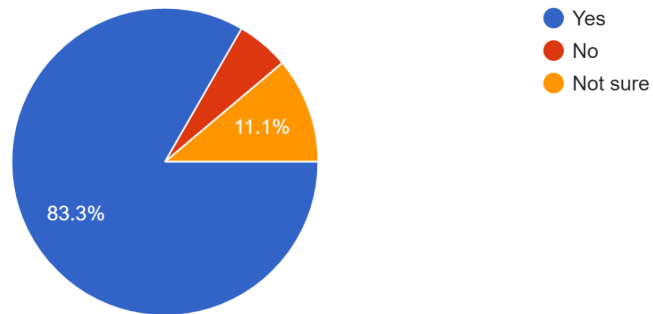
We offer before or after school physical activity for students in the form of (check all that apply)

18 responses



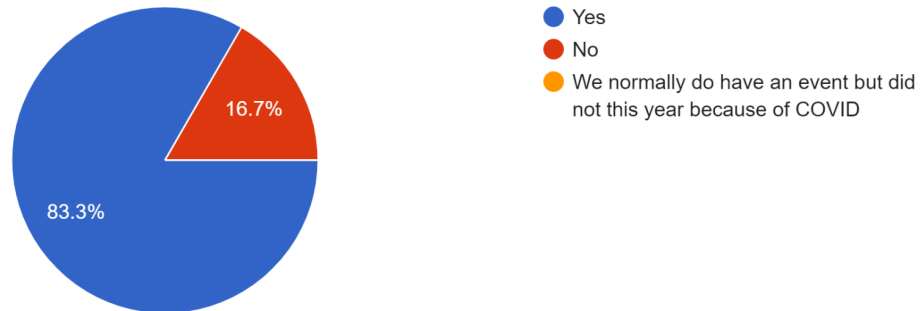
The district offers free or low-cost health assessment to employees through its benefits package

18 responses



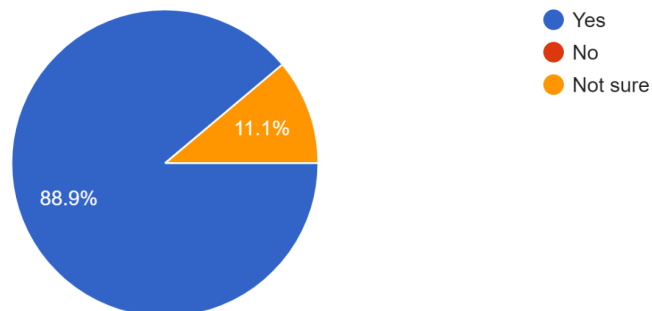
My campus offered at least one event this year either during or outside of normal school hours that involved physical activity and included both parents and students in the event

18 responses



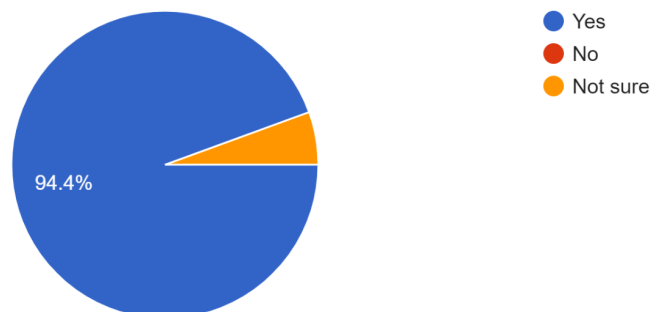
Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness

18 responses



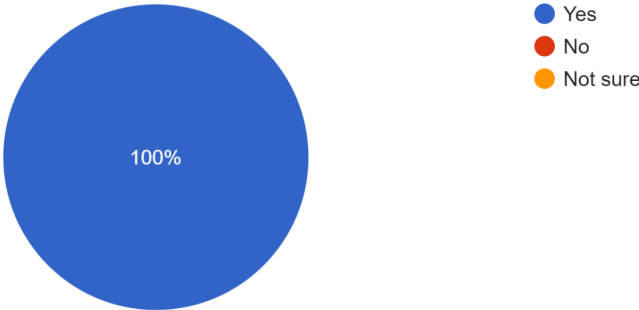
We have a staff wellness program

18 responses



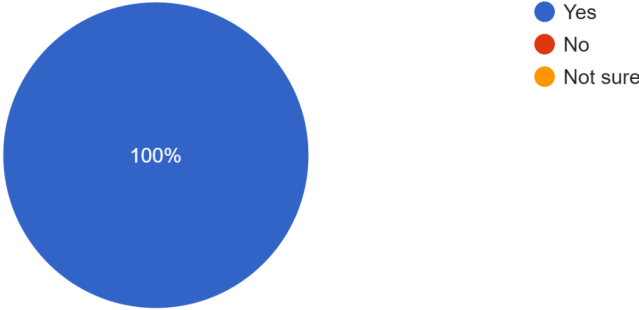
We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).

18 responses



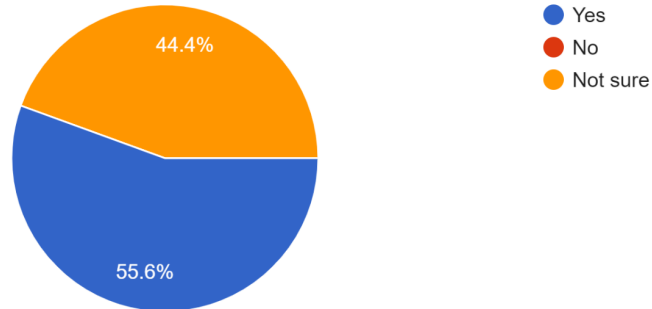
My campus has at least ten minutes built into the master schedule for students to eat breakfast and ten minutes to eat lunch, from the time the student received his or her meal and is seated

18 responses



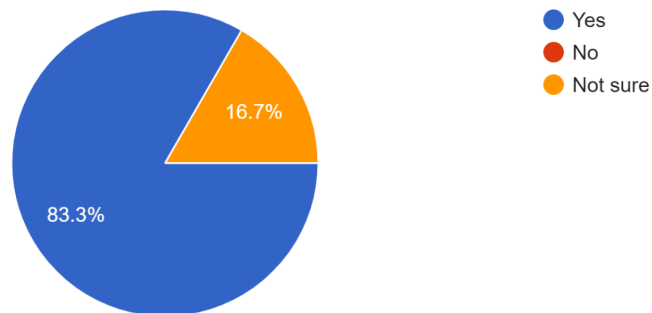
At least one food and one beverage meeting Smart Snacks standards is sold at each athletic event sponsored by the district

18 responses



During the annual health insurance open enrollment period, the district encourages wellness by communicating preventative services covered at 100 percent by its health insurance provider

18 responses



Please indicate any additional wellness practices and/or future goals and describe any progress you feel has been made on your campus in attaining the goals of the local wellness policy

NA

n/a

Continue TISD Wellness, it's great

Almost 100% of the staff participated in the District monthly wellness activities.

The SHAC committee does an awesome job in TISD with this!

Our cafeteria staff is absolutely incredible. They know our students so well and ensure that all students have access to nutritional meals.

nothing additional at this time

Our staff keeps track of their steps and will monitor water drinking next year.

N/A

Opened up more outdoor seating for students during lunches. Several of our fundraising activities include physical fitness activities. Promote healthy eating habits to students and staff through school paper.

promoting staff wellness activities through email & announcements at faculty meetings

We have clubs that promote wellness such as our Run Club for students and staff

We have created a recess schedule at TIS for 5th and 6th grade