

# WATERBURY PUBLIC SCHOOLS - BREAKFAST - SUMMER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
June 24th	June 25th	June 26th	June 27th	June 28th
<b>Cinnamon Toast Crunch Cereal Bar</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Strawberry Poptart</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Blueberry Muffin</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Cocoa Puffs</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Cinnamon Raisin Bagel</b> <small>Cream Cheese / Jelly Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>
July 1st	July 2nd	July 3rd	July 4th	July 5th
<b>Cinnamon Toast Crunch Cereal</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Chocolate Chip Muffin</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Honey Wheat Bagel</b> <small>Cream Cheese / Jelly Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Independence Day NO SUMMER MEALS SERVED TODAY</b> 	<b>Cocoa Puffs</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>
July 8th	July 9th	July 10th	July 11th	July 12th
<b>Assorted Flavored Bread Slice</b> <small>Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Cinnamon Poptart</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Trix Cereal Bar</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Assorted Muffins</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Froot Loops Cereal</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>
July 15th	July 16th	July 17th	July 18th	July 19th
<b>Banana Bread</b> <small>Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Blueberry Muffin</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Strawberry Poptart</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Berry Bread</b> <small>Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Cinnamon Toast Crunch Cereal Bar</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>
July 22nd	July 23rd	July 24th	July 25th	July 26th
<b>Lemon Bread</b> <small>Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Cheerios</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Chocolate Chip Muffin</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Cinnamon Poptart</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Honey Wheat Bagel</b> <small>Cream Cheese / Jelly Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>
July 29th	July 30th	July 31st	August 1st	August 2nd
<b>Zucchini Bread</b> <small>Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Golden Grahams Cereal Bar</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Banana Muffin</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Blueberry Bagel</b> <small>Cream Cheese / Jelly Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Froot Loops Cereal</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>
August 5th	August 6th	August 7th	August 8th	August 9th
<b>Cocoa Bread</b> <small>Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Strawberry Poptart</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Surprise Breakfast</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Surprise Breakfast</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>	<b>Last Day of Summer Feeding ... SURPRISE DAY!</b> <small>WG Graham Crackers Chilled / Fresh Fruit / 100% Fruit Juice Low Fat Milk</small>

<p><b>School Nutrition Programs</b> Our meals meet strict federal nutrition standards, including limits for calories, sugar, saturated fat, and sodium.</p> <p><b>At least 80% of the grains offered per week are Whole Grain-Rich (WGR, WG)</b></p>	<p><b>Summer Breakfast</b> Consists of an entrée, chilled fruit, juice, and milk. Students are encouraged to select all of these items but must choose at least three – one of which must be fruit or fruit juice.</p>	<p>The City of Waterbury Schools Food Service is "Pork-Free" No pork is served or sold by our Child Nutrition Program.</p>	<p>For additional information on Summer Meals, including the most up-to-date site information, visit <a href="http://www.CTSummerMeals.org">www.CTSummerMeals.org</a></p>	<p><i>Modified Meals are available if needed. Please contact the Waterbury Food Service Department</i></p>
<p><b>USDA NATIONAL HUNGER HOTLINE:</b>  <span style="font-size: 1.2em; font-weight: bold;">1-866-3-HUNGRY</span>  <span style="font-size: 1.2em; font-weight: bold;">1-877-8-HAMBRE</span>  <small>Hours: 7AM - 10 PM EST</small></p>			<p style="text-align: center;"><i>This Institution is an Equal Opportunity Provider</i></p> <p style="text-align: center;"><b>Menu is Subject to Change 7/1/24</b></p>	