



Preparing  
today's students  
to be the  
thinkers,  
leaders,  
and creators  
of tomorrow.

June 13, 2024

### Principal Dalal's Welcome

I hope everyone is enjoying some time off during summer break. Our office is open daily from 8:00am-2:00pm during the month of June. You will find important news and updates on our website: <https://gunderson.sjUSD.org/about/news>. It is my goal that you find all of the information you need about our school on the Gunderson High School website: <https://gunderson.sjUSD.org>. The calendar is a great tool for families <https://gunderson.sjUSD.org/about/calendar> to stay current with our school-wide events and athletic games.

We are looking forward to the 2024-25 school year. Please review this packet in its entirety for important information about key dates and school policies and procedures.

We look forward to seeing your child on **Schedule Pick up day on Wednesday, July 31, 2024 (one day only)** at the designated time for their grade level to pick up their class schedule, take their school photo, update information and to take care of important items prior to the start of the school year. Our first day of school is on **Thursday, August 8, 2024** from 8:30am-3:20pm. It is a Brown Day and students will attend Periods 1, 3, 5, and 7.

Gunderson High School is a wonderful learning community with an outstanding, diverse student body and a very supportive staff. We will continue to meet the needs of every student and provide a welcoming, safe, and caring atmosphere for students, staff, and families to flourish. *Everybody is somebody special.*

Go Grizzlies!

# **Gunderson High School Summer Mailer Attachments**

Important Information .....3-8

San Jose Unified Student Calendar (English and Spanish)

Gunderson Bell Schedule and Brown/Gold Calendar

Freshman Orientation Flyer

Cell Phone Policy

Pay Attention to Attendance

Getting to School on Time Tips

Attendance Checklist for Families

Athletics Sign-Up Information for New and Returning Students

Join Gunderson Athletics Booster Club

### **School Contact Information**

The Gunderson High School Office is open from 8:00 am to - 3:45 pm, Monday – Friday, during the school year. All information can be found on the school website: [gunderson.sjUSD.org](https://gunderson.sjUSD.org). View the Latest News on our School website by Clicking on **News** or accessing <https://gunderson.sjUSD.org/about/news>

Our priority during the instructional day (8:30am-3:20pm) is our students and staff. Therefore, we may not be able to respond to families immediately. It is our commitment to return all phone calls and e-mail messages from families within 24-48 hours.

### **Key Office Staff Contacts:**

Office Manager	Ms. Cesilia Virgen-Leal
Office Specialist	Mr. Francisco Valle
Attendance	Mr. Felipe Torralva
Registrar	Ms. Maria Fajardo Fernandez
Accounting Clerk	Ms. Mary Ramos

You can call the school phone number: **(408) 535-6340** for any inquiries you have.

### **Home to School Communication**

Gunderson High School uses ParentSquare for all school communication. Please make sure you are set up to receive ParentSquare posts (Instant or Digest) and messages on your phone or computer. Teachers also use ParentSquare to communicate with families. You can contact your child’s teacher or counselor through ParentSquare. For help with ParentSquare go to: <https://www.sjUSD.org/resources/parent-resources/parentsquare>.

### **First Day of School and Bell Schedule**

**The first day of school is Thursday, August 8, 2024** and it is a Brown Day (Periods 1, 3, 5 and 7). We currently have a block bell schedule which is based on an 8-period master schedule. Students attend 4 classes a day, rotating daily with either a Brown or Gold Day Schedule (included in this packet). On a Brown Day, students attend periods 1, 3, 5, and 7, and on a Gold Day students attend periods 2, 4, 6, and 8. See the Bell Schedule below.

Each student is assigned to a Grizzly Learning Center (GLC) during Period 7 on Brown days where they will complete or receive help with their classwork, study and prepare for exams, make-up tests and get overall support from their teachers in all content areas. Students will also receive support for their social-emotional development. Additionally, most students in Grades 9 and 10 have a second Learning Center period (2, 4, 6 or 8) on Gold Days. Students are expected to utilize their time wisely to complete their work. Our goal is to meet our students’ needs by providing them with support during the school day rather than before or after school. We understand our students have obligations after school and want to make sure they receive the services they need to be successful. We expect students to utilize time wisely during the Learning Center periods, study and pass their classes with a grade of C or better the first time the class is taken.

### **Class Schedule Distribution Dates:**

All students will be expected to pick up their class schedule **prior to the first day of school. The Schedule Pick up date is Wednesday, July 31, 2024** during their designated timeframe by grade level (see below). It is a great time to catch up with friends and pick up schedules. In addition to picking up class schedules, students will take pictures for the yearbook and student ID cards, purchase PE uniforms, purchase ASB packages, clear debts, purchase locks for student lockers (if they don’t already have a locker), and purchase new “Grizzly Gear” items (i.e. sweatshirts, T-shirts, shorts). Students need to come prepared to have their picture taken and will have the opportunity to purchase their school photo.

**Schedule distribution is at Gunderson High School on the following dates and times:**

<b>Grades 9-12 students</b>	<b>Wednesday July 31, 2023</b>	<b>8:30 – 12:00 pm (Freshman must stay the entire time.)</b> <b>8:30 – 9:30am (Freshman Parent Orientation in the Theater)</b>  <b>10:00 – 11:00am (Seniors)</b> <b>11:00 – 12:00pm (Juniors)</b> <b>12:00 – 1:00pm (Sophomores)</b>  <b>2:00 – 3:30pm – Makeup Time (if cannot attend above times)</b>
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**Incoming Freshman (Grade 9) students (see the flyer included in this packet):**

Grade 9 students will report to the Main building/Forum for Freshman Orientation. There is a mandatory informational meeting for parents of incoming Grade 9 students where we introduce you to our school and share our expectations for learning. This will be on **Wednesday, July 31 from 8:30 – 9:30 am** in the **Theater**. Parents may leave at 9:30am and come back to pick up their child at 12:00pm.

Incoming Grade 9 students will participate in an Orientation and Campus Tour facilitated by our Link Crew students on **Wednesday, July 31, 2024 from 8:30am-12:00pm**. They will also take their ID pictures, purchase PE uniforms and locks for lockers, etc.

Items to Purchase if needed during Schedule Pick Up Day:

Locks - \$10.00

PE Clothes - \$15.00 for shorts, \$15.00 for shirts, \$30 for both.

Cash, Check or Credit Cards accepted (Apple Pay OK)

NO Venmo, PayPal, Cash App, or Zelle.

Seniors will need take their Senior Portraits for the Yearbook at Prestige Portraits. Seniors will receive an email through the personal email address on file with instructions to schedule an appointment to take the portrait at a studio. No Senior Portraits will be taken on campus this year.

**Dress Code Expectations at Gunderson High School:**

Please remind students to dress appropriately for school. Student attire and grooming must permit the student to participate in learning without posing a risk to the health or safety of any student or school district personnel. Please refer to the SJUSD Parent/Student Handbook for more information. Students must wear clothing including both a shirt with pants or skirt, or the equivalent (for example dresses, leggings, or shorts) and shoes.

- a. Clothing must cover the chest, torso, and lower extremities.**
- b. Clothing must cover undergarments.
- c. Clothing must not be see-through.
- d. Professional sports attire may not be worn except for special occasions determined by the principal.
- e. Clothing must be suitable for all scheduled classroom activities, including physical education, science labs, shop classes, and other activities where unique hazards or specialized attire or safety gear is required.
- f. Baseball caps / Beanies / Hoodies are not worn inside the classroom.**
- g. Pro Club attire is not to be worn at school or school-sponsored events.**

Attire or grooming depicting or advocating violence, criminal activity, gang-related activity (including professional sports wear and/or colors identified by the Santa Clara County Sheriff or San José Police

Department as gang-affiliated), use of alcohol or drugs (**ex. Cookies brand, ESSJ, a Red Sharks logo**), pornography, or hate speech are prohibited.

Students who are not dressed appropriately may be required to change their clothing. Therefore, it is imperative that the above dress code is followed.

A change of clothing is required for physical education classes. Students must dress in Gunderson PE uniforms or black shorts and a grey shirt. During cold weather, students are allowed to wear sweatpants/sweatshirts. Shoes must be athletic, rubber soled, lace-up. Students may purchase PE uniforms when they pick up their class schedules.

### **Cell Phone Policy**

Review the School-wide Cell Phone Policy included in this packet. Students **cannot** use their cell phones and/or earbuds in class. They may use it during passing periods and break. Students need to keep their cell phones off and secure inside their backpack or in their student locker. The students must bring their school-issued Chromebook to class daily so they do not need their phones during class time. Students also have access to calculators in most of their math and science classroom or can check one out from the Grizzly Center (Library).

We want students to use the bathroom during the scheduled breaks. **If the student requests a pass out of class to use the bathroom for an emergency, then they cannot take their cell phone with them. They must leave it in the classroom with the teacher.**

If you have an emergency, please call the front office. They will assess the nature of the call and provide support to you if you need to get in contact with your child regarding an urgent matter. If it's not an emergency, please send your child a text and they can check the text message during the passing period, break or at lunch.

Student learning is our priority, and we are committed to insuring students are on task and engaged in the classroom.

### **Student Drop-off**

Please enter the school from the entrance on Chynoweth Ave. Drop students off at the loading zone in front of the school. Students can enter campus through the Plaza or the Front Office beginning at 8:00am. Students are not allowed to enter campus prior to 8:00am.

Do not enter through the staff parking lot on Gaundabert to drop students off at the N/T wing. Only staff members are allowed in that parking lot. Students with special needs are often dropped off at the bus loading zone and need to walk through the staff parking lot to get to their classes. Student safety is of utmost importance.

### **Student Breakfast/Lunch**

All students are provided with free breakfast and lunch from our School Cafeteria. **Students with a student ID will go to the front of the line, scan their ID, and get their food quickly. Please encourage your child to always carry their school ID with them.** We are a closed campus, and students are not allowed to leave campus. Do not drop off food for your child. Students are not allowed to order Door Dash or use any such vendor while at school. These orders may be confiscated and available after school in the front office. We want to ensure the safety and well-being of all of our students.

### **Student Lockers**

Lockers are available for all students. Lockers have a school-issued lock and will be assigned to students. Students will have the same locker for the duration of their time at Gunderson High School. The locks cost **\$10.00** (one-time fee) and can be purchased at Schedule pick-up days or once school begins during brunch or lunch in the Student Store. **Students are not allowed to share lockers. Every student who uses a locker must have their own.**

**Schedule Change Request Process:**

Students may submit a schedule change request only for the specific reasons listed below. We will post the Schedule Change Request Google Form on the Gunderson website under **Learning and Academic Support** or accessing <https://gunderson.sjusd.org/learning/college-career/academic-support> on the same day that schedules will be distributed to students. Students will be notified if there is a change to their schedule. **They should follow their original schedule unless given a new schedule.**






























The **deadline for requesting a schedule change is Tuesday, 8-13-24**. If a student's request is approved, a new schedule will be delivered to the student in class. **Requests will be considered ONLY for the following reasons:**

1. Student has not been assigned the minimum number of academic classes (4 for seniors, 5 for juniors, 6 for sophomores and freshmen)
2. There is a gap in the student's schedule.
3. Student is assigned a class they previously passed (in summer school, college classes, etc.).
4. Student has not met the prerequisites for a specific class.
5. Student requires a schedule change to meet specific graduation requirements.

Please note that requests to drop courses, including AP courses, will not be approved unless it meets one or more of the reasons listed above.

**Grizzly PRIDE**

Our Grizzly **PRIDE** (**P**ersonal Responsibility, **R**espect, **I**ntegrity, **D**iversity, and **E**xcellence) are the expectations for our entire community to uphold in order to create a positive school environment. These expectations will be upheld at ALL of our school events, on and off campus, and through all communication. We appreciate your support.

	<b>GUNDERSON GRIZZLY P.R.I.D.E</b>					
	<b><u>Classroom</u></b>	<b><u>Lunch Line</u></b>	<b><u>Forum/ Plaza</u></b>	<b><u>Grizzly Center</u></b>	<b><u>Hallway</u></b>	<b><u>Restroom</u></b>
<b>P</b> Personal Responsibility	Come to class regularly and on-time. 	Have your ID card ready. 	Clean up after yourselves by disposing of trash properly. 	Keep food and non-water drinks outside. 	Walk to class in a timely manner. 	Keep pathways clear.
<b>R</b> Respect	Use appropriate language and materials for a classroom setting. 	Wait your turn. 	Use appropriate language. 	Be kind to the resources here. Use as intended. 	Use quiet voices and good behavior. 	Keep the space clean and report issues. 
<b>I</b> Integrity	Do the right thing, even when no one is looking. 	Clean up the mess, even if it is not yours. 	Return found items to the office. 	Return resources when due. 	Use passes appropriately and get to destination quickly. 	Use passes for intended reasons and return in a timely manner.
<b>D</b> Diversity	Listen thoughtfully to others' ideas. 	Invite others to share your table at lunch. 	Include all Grizzlies in school events and activities. 	Make the space welcoming to all. 	Acknowledge each other with a friendly smile or a wave. 	Respect others privacy. 
<b>E</b> Excellence	Be your best self and produce quality work. 	Encourage others to wait in line. 	Show Grizzly PRIDE in all school events and activities. 	Keep the space clean. Return items as found. 	Keep hallways clean and clear of groups. 	Keep restroom smoke and substance free. 

### **SJUSD Graduation Requirements:**

Students must earn 220 credits in specific subjects to graduate from high school. Students are also required to complete certain competency certifications. Review the SJUSD Graduation Requirements and the California Public College Entrance Requirements on <https://gunderson.sjUSD.org/student-resources/graduation-requirements>

### **Community Service**

To fulfill graduation requirements, San José Unified high school students must complete 40 hours of community service at approved nonprofit organizations. **Students are encouraged to earn 10 hours of community service for each year of enrollment** at a San José Unified high school, however schools may implement their own requirements for how students accumulate these hours. For more information go to our webpage under Student Resources: <https://gunderson.sjUSD.org/student-resources/graduation-requirements>

### **Parent Involvement and Support**

We have a full time Family Liaison, Cintia Diaz-Van Sambeek, who provides direct support to families. We encourage parent participation in your child's education. Ms. Diaz-Van Sambeek is available during the regular school year to help families access the Infinite Campus Portal (<https://gunderson.sjUSD.org/parent-resources/parent-portal>) to check attendance and grades, get into Canvas as an Observer (<https://www.sjUSD.org/resources/parent-resources/family-engagement>), or assist with accessing information important to families.

### **Athletics - Physicals**

All students participating in athletics must have a physical examination before they can participate in a sport, and a completed physical examination form on file with Gunderson's Athletic Director, Mr. Brian Chew (bchew@sjusd.org). Forms, which are to be completed by your physician, are available at Gunderson High and are posted on our website: <https://gunderson.sjUSD.org/extracurricular/athletics>

### **Principal's Coffee**

There will be an opportunity to meet the principal at a formally scheduled Principal's Coffee a few times during the school year. This will be an opportunity for families and community members to discuss items of interest with the school principal and receive information about academics, school-wide programs and initiatives and upcoming events. More information will be provided in the Principal's Newsletter which is sent out twice monthly.

### **School Site Council**

The School Site Council is an important committee composed of the principal, staff, students, and parents/guardians who are responsible for the development of the School Plan for Student Achievement and oversight of certain funds. The School Plan outlines the school's instructional program and how it works to improve student achievement. It also ties the school's funding and expenditures to student needs. The School English Learners Advisory Committee (SELAC) is a subcommittee of the School Site Council and is responsible for advising the principal and the staff on a plan to support students who are English learners at our site. For more information: <https://gunderson.sjUSD.org/about/school-committees>

### **Gunderson Foundation, PTSA and Athletic Boosters**

We have strong partnerships with our Gunderson Foundation, Athletics Booster Club, and PTSA and they serve to support the students, staff, parents and our community-at-large. The Gunderson Foundation supports student learning and development at school, promotes community involvement and encourages Gunderson alumni to stay connected. The Gunderson Athletics Booster Club supports all of our Athletics programs at Gunderson and funds athletic needs. The PTSA is an excellent way for families and staff members to get involved to support student learning. The PTSA provides academic support of clubs, teacher grants, and fundraisers for our school. Please support these important organizations or get involved. More information is included in this packet. You can also go to this webpage to learn more: <https://gunderson.sjUSD.org/parent-resources/parent-organizations>. If you would like to become involved, please email the following individuals:

PTSA	Barbara Atak	<a href="mailto:GundersonHighPTSA@gmail.com">GundersonHighPTSA@gmail.com</a>
Foundation	Marc McGeever	<a href="mailto:GundersonHighFoundation@gmail.com">GundersonHighFoundation@gmail.com</a>
Athletic Booster Club	Veronica Bartek	<a href="mailto:GundersonHighBoosters@gmail.com">GundersonHighBoosters@gmail.com</a>



## 2024-2025 Student Calendar

### July 2024

Su	M	Tu	W	Th	F	Sa
	1	2	3	<del>4</del>	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### August 2024

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### September 2024

Su	M	Tu	W	Th	F	Sa
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### October 2024

Su	M	Tu	W	Th	F	Sa
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### November 2024

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	<del>11</del>	<del>12</del>	<del>13</del>	<del>14</del>	<del>15</del>	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### December 2024

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### January 2025

Su	M	Tu	W	Th	F	Sa
			<del>1</del>	<del>2</del>	<del>3</del>	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	<del>20</del>	21	22	23	24	25
26	27	28	29	30	31	

### February 2025

Su	M	Tu	W	Th	F	Sa
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	<del>17</del>	<del>18</del>	<del>19</del>	<del>20</del>	<del>21</del>	22
23	24	25	26	27	28	

### March 2025

Su	M	Tu	W	Th	F	Sa
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23	24	25	26	27	28	29
30	31					

### April 2025

Su	M	Tu	W	Th	F	Sa
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20	21	22	23	24	25	26
27	28	29	30			

### May 2025

Su	M	Tu	W	Th	F	Sa
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25	<del>26</del>	<del>27</del>	<del>28</del>	<del>29</del>	<del>30</del>	31








### June 2025

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	<del>19</del>	20	21
22	23	24	25	26	27	28
29	30					

## Important Dates for Students

8 August	First day of regular school year
30-4 October	Fall recess
12-15 November	Elementary schools out 2 hours early
27-29 November	Thanksgiving recess
17-19 December	Secondary schools out 2 hours early
20 December	All schools out 2 hours early
23 December to 3 January	New Year recess
17-21 February	Winter recess
13-14 March	Elementary schools out 2 hours early
7-11 April	Spring recess
27-29 May	Secondary schools out 2 hours early
28-29 May	High school graduation ceremonies
30 May	All schools out 2 hours early
30 May	Last day of regular school year
2-27 June	Optional extended school year window

## Key to Calendar Notations

	= Regular student day for all schools
	= Shortened student day for elementary schools
	= Shortened student day for secondary schools
	= Shortened student day for all schools
	= Non-student day during regular school year
	= No student activities at all schools due to holiday
	= Optional extended school year for some students



San José  
Unified  
School District

## Calendario Estudiantil 2024-2025

## Fechas importantes para estudiantes

julio 2024

Do	Lu	Ma	Mi	Ju	Vi	Sá
	1	2	3	<del>4</del>	5	6
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21	22	23	24	25	26	27
28	29	30	31			

enero 2025

Do	Lu	Ma	Mi	Ju	Vi	Sá
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12	13	14	15	16	17	18
19	<del>20</del>	21	22	23	24	25
26	27	28	29	30	31	

agosto 2024

Do	Lu	Ma	Mi	Ju	Vi	Sá
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18	19	20	21	22	23	24
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febrero 2025

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16	<del>17</del>	<del>18</del>	<del>19</del>	<del>20</del>	<del>21</del>	22
23	24	25	26	27	28	

septiembre 2024

Do	Lu	Ma	Mi	Ju	Vi	Sá
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22	23	24	25	26	27	28
29	<del>30</del>					

marzo 2025

Do	Lu	Ma	Mi	Ju	Vi	Sá
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23	24	25	26	27	28	29
30	31					

octubre 2024

Do	Lu	Ma	Mi	Ju	Vi	Sá
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20	21	22	23	24	25	26
27	28	29	30	31		

abril 2025

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20	21	22	23	24	25	26
27	28	29	30			

noviembre 2024

Do	Lu	Ma	Mi	Ju	Vi	Sá
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10	<del>11</del>	<del>12</del>	<del>13</del>	<del>14</del>	<del>15</del>	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

mayo 2025

Do	Lu	Ma	Mi	Ju	Vi	Sá
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25	<del>26</del>	<del>27</del>	<del>28</del>	<del>29</del>	<del>30</del>	31

diciembre 2024

Do	Lu	Ma	Mi	Ju	Vi	Sá
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22	<del>23</del>	<del>24</del>	<del>25</del>	<del>26</del>	<del>27</del>	28
29	<del>30</del>	<del>31</del>				

junio 2025

Do	Lu	Ma	Mi	Ju	Vi	Sá
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22	23	24	25	26	27	28
29	30					

8 de agosto	Primer día del año escolar regular
30 de sept al 4 de octubre	Vacaciones de otoño
12-15 de noviembre	Día reducido por 2 horas en primaria
27-29 de noviembre	Vacaciones de Gracias
17-19 de diciembre	Día reducido por 2 horas en sec./prepa.
20 de diciembre	Día reducido por 2 horas
23 de dic al 3 de enero	Vacaciones de Año Nuevo
17-21 de febrero	Vacaciones de invierno
13-14 de marzo	Día reducido por 2 horas en primaria
7-11 de abril	Vacaciones de primavera
27-29 de mayo	Día reducido por 2 horas en sec./prepa.
28-29 de mayo	Ceremonias de graduación preparatoria
30 de mayo	Día reducido por 2 horas
30 de mayo	Último día del año escolar regular
2-27 de junio	Año escolar extendido opcional

## Clave de las anotaciones

	= Día regular para estudiantes en todas las escuelas
	= Día reducido para las escuelas primarias
	= Día reducido para las secundarias y preparatorias
	= Día reducido para todas las escuelas
	= Día sin clases durante el año escolar regular
	= No actividades en las escuelas debido a vacaciones
	= Año escolar extendido opcional para estudiantes



San José  
Unified  
School District



# GUNDERSON HIGH SCHOOL

## 2024-2025 Bell Schedule

**Brown / Gold Day**  
**Monday - Friday**

Period	Start	End
First Bell	8:25	—
Period 1 / 2	8:30	9:56
Brunch	9:56	10:05
Period 3 / 4	10:11	11:37
Break	11:37	11:42
Period 5 / 6	11:48	1:18
Lunch	1:18	1:48
Period 7 / 8	1:54	3:20

Note: First bell rings at 8:25 am. Students are expected to be in class at 8:30 am.

**Final Exams**  
**December 17-20 / May 27-30**

Period	Start	End
First Bell	8:25	—
Breakfast	8:30	8:38
Period 1 / 2 / 3 / 6	8:44	10:44
Lunch	10:44	11:14
Period 7 / 4 / 5 / 8	11:20	1:20

# Henry T. Gunderson High School

## 2024-2025 Brown/Gold Calendar

July 2024						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Brown Day	
Periods	
1	
3	
5	
7 (GLC)	

January 2025						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2024						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Gold Day	
Periods	
2	
4	
6	
8	

February 2025						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

**FINALS**

September 2024						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**NO SCHOOL**

Extended School Year for  
Some Students

March 2025						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

October 2024						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April 2025						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

November 2024						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2025						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

December 2024						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2025						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**GUNDERSON  
HIGH SCHOOL  
CLASS OF 2028**

SAVE THE  
DATE! July 31.  
8:30am-12

# **WELCOME TO FRESHMEN ORIENTATION**



- + Campus Tours
- + ASB Cards
- + School Pictures
- + Class Schedule

- + Meet Staff
- + Yearbooks
- + PE Clothes and Lockers
- + Grizzly Packs

PE Clothes \$30 for Shorts and Shirt  
Locks \$10.00 Only School Locks may be use  
Payment Options: Cash, Credit, Apple Pay,  
Checks Payable to Gunderson

# GUNDERSON HIGH SCHOOL



## CELL PHONE POLICY

**Show Grizzly PRIDE - Keep your cell phone out of sight inside the classroom**

Cell phones may be used during passing periods and breaks.

*Cell phones, earbuds/airpods, headphones, smartwatches must be **OFF** and in your backpack or locker during class time.*

*\*Unless permitted to use by your teacher for an **instructional** purpose*

	<b>Teacher Responsibilities</b>
<b>1<sup>st</sup> attempt</b>	Reminds students as they are walking into the classroom door to put all cell phones away in their backpack, pocket chart or bin.
<b>2<sup>nd</sup> attempt</b>	Redirects and warns individual student to put cell phone away if it is out once inside the room.
<b>3<sup>rd</sup> attempt</b>	Confiscated by the teacher and returned to the student at the end of the class period. (If this occurs again on a different day, then jump to Admin, 1 <sup>st</sup> consequence.)

	<b>Administrator Responsibilities</b>
<b>1<sup>st</sup> consequence</b>	Confiscated by the teacher and given to the Front Office staff member. Student may pick up after school from the Front Office.
<b>2<sup>nd</sup> consequence</b>	Confiscated by the teacher and given to the Front Office staff member. Parent/Guardian must pick up after school from the Front Office.
<b>3<sup>rd</sup> consequence</b>	Confiscated by teacher and given to the Front Office staff member. Parent/Guardian must pick up after school from the Front Office. Admin-Parent conference and Restorative activity.

**\*Consequences may be adjusted based on the needs of an individual student.**





# Keep Your Child On Track in Middle and High School: Pay Attention to Attendance

*Even as children grow older and more independent, families play a key role in making sure students access learning opportunities and understand why attendance is so important for success in school and on the job. Families can also advocate for resources to help students learn if they cannot attend in-person.*

## DID YOU KNOW?

- Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation.
- Frequent absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other difficulty.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, attendance is a better predictor of graduation rates than 8th grade test scores.
- Missing 10%, or 2 days a month, over the course of the school year, can affect a student's academic success.

## WHAT YOU CAN DO

### **Make school attendance a priority**

- Talk about the importance of showing up to school every day.
- Help your teen maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and non-Covid-19 related medical appointments during the school day.
- Keep your student healthy, and if you are concerned about Covid-19, call your school for advice.
- If your teens must stay home because they are sick or in quarantine, make sure they have asked teachers for resources and materials to make up for the missed learning time in the classroom.

### **Help your teen stay engaged**

- Find out if your children feel engaged by their classes, and feel safe from bullies and other threats.
- Make sure your teens are not missing class because of challenges with behavioral issues or school discipline policies. If any of these are problems, contact the school and work with them to find a solution.
- Monitor your teen's academic progress and seek help from teachers or tutors when necessary. Make sure teachers know how to contact you.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage your teen to join meaningful after-school activities, including sports and clubs.
- Notice and support your students if they are showing signs of anxiety.

### **Communicate with the school**

- Know the school's attendance policy – incentives and penalties.
- Check on your teen's attendance to be sure absences are not adding up.
- Seek help from school staff, other parents or community agencies if you need support.



Updated November 2022

Visit Attendance Works at [www.attendanceworks.org](http://www.attendanceworks.org) for free downloadable resources and tools!



## HOW TO GET YOUR CHILDREN TO SCHOOL ON TIME COMO ASEGURAR QUE SUS HIJOS LLEGEN A LA ESCUELA A TIEMPO

1. Have a daily routine beginning with Sunday nights.  
*Mantenga una rutina diaria empezando con los domingos.*
2. Have consistent bedtimes for children and parents on all nights.  
*Mantenga un tiempo fijo de acostarse para usted y sus hijos.*
3. Go to bed and get up at the same time on weekdays and weekends.  
*Mantenga la misma hora para acostarse y levantarse durante todos los días de la semana.*
4. Put clothes out in the evening for school the next day.  
*Aregle la ropa para la escuela la noche antes.*
5. Have homework done in the evening and put in backpack before going to bed.  
*Termina tu tarea por las tardes y ponla en tu mochila antes de acostarte.*
6. Have backpacks and shoes together by the door from which you leave.  
*Pon tu mochila y tus zapatos juntos cerca de la puerta por donde salgas.*
7. Have nighttime rituals like reading to children before bed.  
*Mantenga una rutina, como leyendo, con sus hijos antes de acostarlos.*
8. All children should have their own alarm clock and be taught to set it.  
*Todos los niños deben de tener un reloj de timbre y deben de saber como usarlo.*
9. Get up 15 minutes earlier than usual and increase the number of minutes until you find the right time to get up to be on time for school.  
*Levantense 15 minutos más temprano y sigan levantandose más y más temprano hasta que den con la hora apropiada para llegar a tiempo a la escuela.*
10. Get to school at the earliest time allowed at your school.  
*Trate de llegar a la escuela lo más temprano que sea permitido.*
11. Get to school early and get a parking place. Have your child read to you while you are waiting for the time they can be on campus.  
*Trate de llegar a la escuela temprano para encontrar estacionamiento. Pida que sus hijos le lean mientras esperen entrar al recinto escolar.*
12. Have a weekly family reward on Friday for getting to school on time everyday that week.  
*Tenga una recompensa semanal para la familia por llegar temprano a la escuela.*
13. Have a backup plan in case the car doesn't start or the children miss the bus.  
*Tenga un plan de soporte en caso que el auto no comienze o si a los niños se les pasa el autobus.*
14. Make sure your clocks at home are set for the same time as the school clocks.  
*Asegure que sus relojes en casa estan puestos al mismo tiempo que los relojes en la escuela.*
15. Make regular, on time attendance a priority in your family.  
*Mantenga de que llegar a tiempo con regularidad sea una prioridad para su familia.*
16. No TV, radio, video games, phone in the morning for parents or children.  
*Que ni los hijos ni los padres prendan o usen el televisor, el radio, juegos de video, o el teléfono por la mañana.*



# Attendance Checklist for Families

**When can I go to school and when should I stay home? Answer the questions in the following checklists.**



See you in class, if you have...

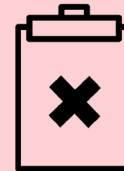
- ☐ A runny nose or a little cough, but no other symptoms
- ☐ No fever for 24 hours without fever reducing medicine (temperature below 100°)
- ☐ No diarrhea or vomiting for 48 hours

Did you know?

Students with regular school attendance are more likely to read at grade level by third grade, have improved social emotional skills and are more likely to graduate high school.

Attending school promotes:

- ✓ Time Management
- ✓ Collaboration
- ✓ Problem Solving



Best to stay home, if you have...

- ☐ A temperature higher than 100° (with or without medicine)
- ☐ A productive cough and yellow or green nasal discharge
- ☐ Red, swollen, crusting, or draining eyes
- ☐ Untreated, draining ears or earache
- ☐ Diarrhea
- ☐ Severe nausea or vomiting
- ☐ Severe sore throat
- ☐ Untreated head lice and or nits (eggs) in hair

If staying home, please:

- ✓ Review the checklist every morning
- ✓ Notify the school by 10 a.m., if possible  
Call: 408-287-6286  
Email: \_\_\_\_\_
- ✓ Rest and get well soon!

# Lista de referencia para la asistencia escolar

**¿Cuándo puedo ir a la escuela y cuándo debo quedarme en casa? Responde las preguntas en las siguientes listas de referencia.**

Nos vemos en la clase, si...



- ✚ Tienes escurrimiento nasal o un poco de tos, pero ningún otro síntoma
- ✚ No has tenido fiebre durante 24 horas, sin tomar medicamento para reducir la fiebre (temperatura menor a 100°)
- ✚ No has tenido diarrea ni vómito durante 48 horas

Es mejor que te quedes en casa, si tienes...



- ✚ Fiebre de más de 100°(con o sin medicamento)
- ✚ Tos con flema y secreción nasal amarilla o verde
- ✚ Ojos rojos, hinchados, con lagañas o llorosos
- ✚ Oídos que supuran o dolor de oído sin tratar
- ✚ Diarrea
- ✚ Nausea o vómito intenso
- ✚ Dolor de garganta fuerte
- ✚ Piojos o liendres (huevo-cillos) en el cabello, sin tratamiento

¿Sabías que...?

Los estudiantes con asistencia escolar regular tienen más probabilidad de leer a nivel de grado para tercer grado, cuentan con destrezas socioemocionales mejoradas y tienen más probabilidad de graduarse de la escuela preparatoria.

Asistir a la escuela fomenta:

- ✓ Mejor administración del tiempo
- ✓ Colaboración
- ✓ Resolución de problemas

Si te vas a quedar en casa, por favor:

- ✓ Repasa la lista de referencia todas las mañanas
- ✓ De ser posible antes de las 10a.m.:  
Llama al: **408-287-6286** \_\_\_\_\_
- ✓ Envía un correo electrónico a: \_\_\_\_\_
- ✓ ¡Descansa y recupérate pronto!

Hello Grizzlies,

Hope everyone is enjoying their summer. Below is important information as we get ready for the upcoming Fall season.

- **Fall Sports First Practice/Tryout Start Dates:**
  - All fall sports athletes need reach out to your coaches regarding any interest in participating with any fall sports teams. They will be able to help you get started with athletic clearances and provide any detailed information about practices/tryouts. ***First official day of practice for all Fall Sports is Friday, August 9<sup>th</sup>. Please reach out to your coaches regarding the first day of practices/tryouts as some fall sports might not start specifically on August 9<sup>th</sup>.***
- **Boys and Girls Water Polo:**
  - Boys Water Polo: Skylar Calleja Harris
    - Email: [skylar@swimgss.org](mailto:skylar@swimgss.org) Phone Number: 831-229-2965
  - Girls Water Polo: Corrie Howard
    - Email: [corriehoward24@gmail.com](mailto:corriehoward24@gmail.com) Phone Number: 408-780-6162
- **Cross Country:**
  - Cross Country Coach: Joseph Miclette
    - Email: [jmiclette@sjusd.org](mailto:jmiclette@sjusd.org) Phone Number: 408-239-3267
- **Football:**
  - Varsity Football Coach: Jason Harrison
    - Email: [jasonharrison.4@gmail.com](mailto:jasonharrison.4@gmail.com) Phone Number: 408-802-1356
- **Girls Tennis:**
  - Varsity Girls Tennis Coach: Long Phan
    - Email: [longp12@gmail.com](mailto:longp12@gmail.com) Phone Number: 408-202-4170
- **Girls Volleyball:**
  - Varsity Volleyball Coach: Tori Zuniga
    - Email: [coachtorizuniga@gmail.com](mailto:coachtorizuniga@gmail.com) Phone Number: 408-569-9316
  - Varsity Volleyball Coach: Stephen Ti
    - Email: [coachstephenti@gmail.com](mailto:coachstephenti@gmail.com) Phone Number: 408-940-2397

#### **ATHLETIC CLEARANCE/TICKETS TO PLAY:**

- All athletes will need to receive athletic clearance/tickets to play to start practicing on the first day. On the official day of practice, all coaches will be provided a list of students that have received athletic clearance to participate on the first day of practice/tryouts. Students that start after the first day of practice will need to receive a Ticket to Play from Mr. Chew to give to their coaches on their first day. To get receive athletic clearance and a ticket to play, you will need to complete the following:
  - **AKITIVATE (Formerly known as Register My Athlete):** All athletes need to have their [Aktivate/Register My Athlete](#) completed in order to participate in any Gunderson Athletic activities. ***Students will only receive clearance to play on the***

***first day of practice, if their Register My Athlete accounts are fully completed.***

Please make sure to complete the following on Akitvate/Register My Athlete:

- **Register with specific team** you are joining for the 2023-24 school year.
- **Emergency Contact Info is completed including medical insurance.**
- **All online documents and electronic signatures** are agreed to and completed by students and parents.
- **SPORTS PHYSICALS:**
  - ***Sports physicals are required to participate on the first day of practice. Sports physicals are valid for one calendar year. Sports physicals are not required for summer workouts but are highly recommended for incoming 9<sup>th</sup> graders.***
  - All completed sports physicals will only be approved if they have a **doctor recommendation regarding “unlimited participation” (See page 2 of physical form), doctor stamp and a doctor signature with date.**
  - Please upload your completed sports physical form to RMA or email your completed physical form to Mr. Chew at [bchew@sjusd.org](mailto:bchew@sjusd.org). You can download a blank sports physical form from Akitvate or by [clicking this link](#).
- **GRADE CHECKS:** ***All athletes will go through a grade check to ensure that the requirement of a 2.0 GPA is fulfilled to play in their season and start practice on the first day.*** Grade checks will be completed on the most recent grading period depending on the season start date. Fall Sports grade checks will be based on Semester 2 grades from last year. All incoming 9<sup>th</sup> graders start eligible for the start of the Fall season.

#### **TRANSFER STUDENTS:**

- Any students that transferred to Gunderson meaning you were not here for the entire academic year of 2023-24 (excluding current 9<sup>th</sup> graders) need to email Mr. Chew at [bchew@sjusd.org](mailto:bchew@sjusd.org). You will need to fill out transfer paperwork regarding your transfer and receive clearance from CCS before being allowed to participate. Please reach out to Mr. Chew so we can submit your paperwork as soon as possible.

#### **2024-25 Gunderson Athletics Intent to Play Survey:**

- In preparation for the athletic seasons for the 2023-24 school year, please fill out our Gunderson Athletics Intent to Play survey. It's important that we gather your contact information so our coaches can stay in touch with you and keep you updated on any team specific updates/information.
- Link to take [2023-24 Intent To Play Survey](#)

#### **Fall Sports Meeting for all parents and students:** Thursday, August 15<sup>th</sup> from 6:30-8pm

- An athletics presentation will go over important information/expectations for the upcoming fall sports seasons.

- Fall sports teams will hold team meetings for parents and students to discuss expectations for the upcoming Fall season and ask any questions.

**Gunderson Athletics Instagram:** Stay up to date with our teams and all the latest Gunderson Athletics information by following us on Instagram. Follow us @gundersonAthletics

**Game Announcers/Scoreboard Operators:**

We are looking for game announcers for football and basketball games and also scoreboard controllers. Any one from the community is welcome to reach out for these positions, whether it's a student, alumni or anyone interested. Students can get community service hours and free entry to Gunderson Athletics events.

- Game Announcers:
  - Read game scripts for game introductions, announcement and play by play calls.
  - Entertain and keep the crowd informed on game info.
- Scoreboard Operators:
  - Help with controlling the scoreboard in the press box or at the scorer's table.

Please reach out to me with any questions.

Brian Chew  
Athletic Director  
bchew@sjusd.org

# GUNDERSON ATHLETICS BOOSTER CLUB

SUPPORTING  
ATHLETES!



BECOME A  
MEMBER @

[HTTPS://GHS-ATHLETIC-BOOSTER-CLUB.SQUARE.SITE](https://ghs-athletic-booster-club.square.site)






**PROVIDE** financial support to all athletic programs and partner with the GHS Athletic Department, parents, and community to produce an environment that inspires coaches, parents and the community to collectively create a positive atmosphere for all athletic programs; in turn promoting and improving the general welfare of our student athletes.

**SUPPORT** by assisting the school over the years in replacing the Baseball and Softball scoreboard control units and wrestling and cheer mats. New uniforms for Boys & Girls Soccer (including jackets), Girls Basketball and Softball teams. Purchasing a BlazePod for Soccer and Badminton and awarding Female and Male Athletic Scholarships.

**FUNDRAISE** Snack Shacks for Home Football and Boys Basketball games. Students can volunteer for community hours, and we appreciate Parent volunteers as well.

**JOIN Us Monthly Every third Thursday at 7:00pm.** Please contact us for the Zoom invite link.

**CONTACT Us** at  [GundersonHighBoosters@gmail.com](mailto:GundersonHighBoosters@gmail.com);  Gunderson Athletic Booster Club;  
 [GundersonAthleticBoosterClub](#)

## Gunderson Athletic Booster Club Executive Board

Veronica Bartek  
President

(Still Needed)  
Vice President

Danielle Ramirez-King  
Secretary

Crystal Reyna  
Treasurer

Brian Chew  
Athletic Director

Anisha Dalal  
Principal

# 2024 GHS Athletic Booster Club Membership Form

All proceeds directly benefit Gunderson Athletics

The vision of and purpose of the GHS Athletic Booster Club is to support the Grizzly Athletic Program so that a well-balanced and diverse program exists for all of our student athletes. The importance of quality sports programs is crucial to the continued success in the educating of our community's children. Our main goals are enhanced fundraising efforts and improved communication between the GHS Athletic Staff and parents.

<b>A</b>	Individual Membership Only  \$40	<b>B</b>	Individual Membership + Booster Card before 9/1 \$50	<b>C</b>	Duo Membership + Booster Card before 9/1 \$80	<b>D</b>	Family (4) Membership + Booster Card before 9/1 \$120
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**Package C comes with \$10 in Grizzly bucks for a one-time use at the snack shack**

**Package D comes with \$20 in Grizzly bucks for a one-time use at the snack shack**

\*Booster card allows for admittance to home football, volleyball, basketball and water polo games, and wrestling matches; a value that exceeds \$150 per individual. CCS playoff games not included.

***Purchase Early! Prices may increase after 09/01/2024***

## ***GATE FEE COMPARISON:***

\*Football Fees/Person for 6 Home Games per team \$48

\*Volleyball Fees/Person for 5 Home Games per team \$40

\*Wrestling Fees/Person for 3 Home Matches \$24

\*Water Polo Fees/Person for 5 Home Games \$40

\*Basketball Fees/Person for 7 Home Games per team \$56

**Membership Selection:** \_\_\_\_\_

*\*Make check payable to GHS Athletic Booster Club or pay via our square site*

<https://ghs-athletic-booster-club.square.site/>

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Phone#: \_\_\_\_\_

Address: \_\_\_\_\_

Parent Email: \_\_\_\_\_

Every dollar of your donation goes directly to support the athletic program at Gunderson. If your child is a GHS student athlete, their sport will receive funding from the Booster Club as needed and deserves/needs your ongoing support.

**If you have any questions regarding Boosters, please feel free to email [GundersonHighBoosters@gmail.com](mailto:GundersonHighBoosters@gmail.com)**

## Booster Club Memberships

Individual Membership \$40



Individual Membership + Booster Card \$50



Duo Membership + 2 Booster Cards \$80



Family (4) Membership + 4 Booster Cards \$120

