



**Chatfield  
High  
School  
Activities  
Handbook  
& Guide 2024-25**

If you would like a hard copy of the  
Activities Handbook and Guide,  
please contact the school.

# CHS MSHSL Activities Staff

## Fall Sports

### Football

Head – Jeff Johnson  
V. Assist. – Adam Hurley  
J.V. – Tom Bance  
J.V. – open  
JH – Kirk Affeldt  
JH – Corey Dornack  
JH – Sean Trewin

### Volleyball

Head – Kristi Rindels  
J.V. – Amanda Priebe  
9<sup>th</sup> – Shelby Nolan  
8<sup>th</sup> – Maddie Kammer  
7<sup>th</sup> – open

### Cross Country (Boys & Girls)

Head – Niki DeBuhr  
Asst. – Jenny Bradt

## Winter Sports

### Dance

Head – Demery Maughan  
V. Assist. – Kayle Bernau  
J.V. – Kyra Throckmorton

### Boys' Basketball

Head – Jeremy McBroom  
J.V. – Damien Nickelson  
9<sup>th</sup> – Scott Schmaltz  
8<sup>th</sup> – Jeff DeBuhr  
7<sup>th</sup> – Josh Berhow

### Girls' Basketball

Head – Kyle Tollefson  
J.V. – Ryan Kivimagi  
9<sup>th</sup> – Kaitlyn Ellringer  
8<sup>th</sup> – Josh Whalen  
7<sup>th</sup> – open

### Wrestling (Boys & Girls)

Head – Matt Mauseth  
Assist. – Sean Trewin  
Assist. – Chad Curry  
Assist. – Jason Goetzinger  
Girls – Savannah Vold

## Spring Sports

### Baseball

Head – Brian Baum  
V. Assist. – Ron Henry  
J.V. – Jeff Johnson  
8<sup>th</sup> – Shane McBroom  
7<sup>th</sup> – Kyler Reps

### Softball

Head – Brent Berge  
V. Assist. – Belle Berg  
J.V. – Jon Sutherland  
8<sup>th</sup> – Angela Severson  
7<sup>th</sup> – Brent Sprout

### Track & Field (Boys & Girls)

Head – Jeff DeBuhr  
Assist. – Damien Nickelson  
Assist. – Scott Schmaltz  
Assist. – Barb Storsveen  
Assist. – Jenny Bradt  
Assist. – Niki DeBuhr  
½ Assist. – Shane Fox  
½ Assist. – Maddie Kammer

### Golf (Boys & Girls)

Head – Paul Wagner  
Assist. – Andy Harstad

### Trap Shooting (Boys & Girls)

Co-Head – Mike Lisowski  
Co-Head – Lindsey Whalen  
Assist. – Brian Kobs  
Assist. – Jesse Finley  
Assist. – Tony Johnson

## Non-Sports Activities

### Speech

Co-Head – Rachel Schieffelbein  
Co-Head – Stephanie Copeman

### One Act Play

Coach – open

### Visual Arts:

Art Teacher – Abbey Potter

# Non-Sport Activities, Cont.

## Spring Play (7<sup>th</sup>-12<sup>th</sup>)

Rehearsing, creating, and performing a full-length play or two one-act plays for the community. Students can participate by being onstage or backstage.

Meeting times after school, April-May.

Director: Rachel Schieffelbein, [rschieffelbein@chatfieldschools.com](mailto:rschieffelbein@chatfieldschools.com)

## Student Senate (9<sup>th</sup>-12<sup>th</sup>)

High school leadership group that plans and coordinates activities for Homecoming, Snow Week, and other events.

Meetings during Access.

Advisors: Michele Thompson, [mthompson@chatfieldschools.com](mailto:mthompson@chatfieldschools.com)  
and Marcia Schindler, [mschindler@chatfieldschools.com](mailto:mschindler@chatfieldschools.com)

## Technovation (Girls, 7<sup>th</sup>-12<sup>th</sup>)

Founded to encourage girls to learn about coding in a male-dominated industry, Technovation teams create and code their own app, then present it and compete in a business setting.

Meeting times Tuesday/Thursday evenings.

Advisor: Jessica Hanson, [jhanson@chatfieldschools.com](mailto:jhanson@chatfieldschools.com)

## Yearbook (11<sup>th</sup>-12<sup>th</sup>)

Designing and creating the CHS Yearbook. Offered as a class during the school day.

Meeting during class time, 2<sup>nd</sup> and 3<sup>rd</sup> Trimesters.

Advisor: Tyler Simpson, [tsimpson@chatfieldschools.com](mailto:tsimpson@chatfieldschools.com)

## CHS Non-MSHSL Activities Staff

### Non-Sport Activities, Cont.

#### Science Fair (9<sup>th</sup>-12<sup>th</sup>)

Create an original science fair project with a self-driven question and data collection to present at the regional fair, with opportunities to advance to state and national competitions.

Meeting with mentor as needed.

Advisor: Nora Gathje, ngathje@chatfieldschools.com

#### Service Club (7<sup>th</sup>-12<sup>th</sup>)

Seeking to provide service to surrounding communities while increasing awareness of worldwide needs.

Meetings usually mornings with activities other times.

Advisor: Nora Gathje, ngathje@chatfieldschools.com

#### Spelling Bee (5<sup>th</sup>-8<sup>th</sup>)

Spelling competition that begins in English classes and can extend to the National Spelling Bee in Washington, D.C.

Advisor: Mitch Lee, mlee@chatfieldschools.com

#### Speech (7<sup>th</sup>-12<sup>th</sup>)

Learn or write a speech in one of thirteen categories and perform and compete at multiple meets.

Meetings after school to evening, student's choice.

Advisors: Stephanie Copeman, scopeman@chatfieldschools.com  
and Rachel Schieffelbein, rschiefflebein@chatfieldschools.com

**Art Club:** Abbey Potter

**Delta:** Nikki DeBuhr, Jessica Hanson, Blake Jansen, Regan Little, Abbey Potter, and Katy Schleusner

**Engineering Machine Design Contest (EMDC):** Nora Gathje

**Envirothon:** Nora Gathje

**Fall Play:** Rachel Schieffelbein

**FFA:** Stacy Fritz and Tim Willette

**Gaming Club:** open

**History Day:** Not offered in 2024-25

**Instrumental Groups:** Katy Schleusner

**Knowledge Bowl, Junior High** (9<sup>th</sup> – 12<sup>th</sup> Grades): Jessica Hanson

**Knowledge Bowl, High School** (7<sup>th</sup> – 9<sup>th</sup> Grades): Jessica Hanson

**Mascots:** Michele Thompson

**Math League:** open

**Middle School Council** (7<sup>th</sup> & 8<sup>th</sup> Grades): Jodie Daniels

**Minnesota Honor Society:** Nora Gathje

**Prom:** Laura Adams

**Rube Goldberg:** Nora Gathje

**SADD:** Elizabeth Fuglestad and open

**Science Fair:** Nora Gathje

**Service Club:** Nora Gathje

**Spelling Bee** (5<sup>th</sup> – 8<sup>th</sup> Grades): Mitch Lee

**Spring Play:** Rachel Schieffelbein

**STEM Club:** Nora Gathje

**Student Senate** (9<sup>th</sup> – 12<sup>th</sup> Grades): Marcia Schindler and Michele Thompson

**Technovation:** Jessica Hanson

**Vocal Groups:** Tyler Simpson

**Yearbook:** Tyler Simpson

**Descriptions of all activities can be found in the Activities Guide portion of this booklet.**

## Activities Objectives

CPS School Board; Adopted 1989, Amended 1994, Reviewed 2013, 2021

1. Recruit students with a broad range of abilities and interests.
2. Assist students in developing life-long skills in leadership, human relations, communications, decision making, goal setting, and organization.
3. Instill the basic values of dependability, reliability, loyalty, commitment, open-mindedness, and honesty to each student.
4. Provide safe and appropriate facilities to support student activities to achieve an enjoyable experience for all participants.
5. Promote the development of new skills by encouraging staff, at the junior high level, to provide equal exposure for each participant.

## Activities Philosophy

Chatfield Public Schools offer extra-curricular activities because they contribute to the fundamental purpose of education. Participation requires effort, persistence, and sacrifice. It also provides opportunities beyond the classroom or at home to learn about sportsmanship, loyalty, teamwork, endurance, commitment, leadership, and personal growth.

## Advantages of Participation

- ◆ Improve physical strength, endurance, and over-all health
- ◆ Strengthen friendships and enlarge circle of acquaintances
- ◆ Improve self-confidence and self-discipline
- ◆ Increase development of cooperation, perseverance, sportsmanship, initiative, resourcefulness, and commitment
- ◆ Enlarge world-view through travel and exposure to others

## Disadvantages of Participation

- ◇ Participation does not guarantee game-time play
- ◇ Practice and game commitments reduce time available for socializing, studying, and home time

## Non-Sport Activities, Cont.

### Minnesota Honor Society (10<sup>th</sup>-12<sup>th</sup>)

Elite group of students who display Scholarship (min 3.5 GPA), Service (15 hours/school year), Character, and Leadership. Must be selected by CHS faculty to become a member.

Meeting times during Access.

Advisor: Nora Gathje, ngathje@chatfieldschools.com

### National History Day (7<sup>th</sup>-12<sup>th</sup>) Not offered in 2024-25

Individually or in teams, students research and complete a history-based project for competition. Projects can be an exhibit, documentary, paper, performance, or website.

Meetings TBD.

Advisor: TBD

### One-Act Play (7<sup>th</sup>-12<sup>th</sup>)

Cast and crew practice and perform a one-act play for fun and competition.

Meeting times vary.

Advisor: TBD

### SADD (7<sup>th</sup>-12<sup>th</sup>)

#### (Students Against Destructive Decisions)

Promoting positive behaviors in and outside of school relating to mental and physical health.

Meeting times Monday mornings.

Advisor: Elizabeth Fuglestad, efuglestad@chatfieldschools.com

## **Non-Sport Activities, Cont.**

### **Knowledge Bowl, Junior High (7<sup>th</sup>-9<sup>th</sup>)**

Knowledge Bowl teams practice and compete together with other area teams to demonstrate competitive intellect.

Meeting Thursday mornings.

Advisor: Jessica Hanson, [jhanson@chatfieldschools.com](mailto:jhanson@chatfieldschools.com)

### **Knowledge Bowl, Senior High (9<sup>th</sup>-12<sup>th</sup>)**

Knowledge Bowl teams practice and compete together with other area teams to demonstrate competitive intellect.

Meeting Thursday mornings.

Advisor: Jessica Hanson, [jhanson@chatfieldschools.com](mailto:jhanson@chatfieldschools.com)

### **Mascots (7<sup>th</sup>-12<sup>th</sup>)**

Show your school spirit and energy in the Gopher mascot suit!

Advisor: Michele Thompson, [mthompson@chatfieldschools.com](mailto:mthompson@chatfieldschools.com)

### **Math League (7<sup>th</sup>-12<sup>th</sup>)**

Improve your math skills, do math competitions individually and as a team, compete against other students, and have fun!

Meetings TBD.

Advisor: TBD

### **Middle School Council (7<sup>th</sup>-8<sup>th</sup>)**

M.S. Council provides leadership, serves others, plans and hosts Middle School events, and does the building's recycling.

Meeting times Friday mornings.

Advisor: Jodie Daniels, [jdaniels@chatfieldschools.com](mailto:jdaniels@chatfieldschools.com)

## **Fundamentals of Good Sportsmanship**

1. Show respect for your opponents.
2. Show respect for the officials.
3. Know, understand, and appreciate the rules of the contest.
4. Always maintain self-control.
5. Recognize and appreciate an opponent's good performance.
6. Encourage others to be good sports.

## **Three Rivers Conference Sportsmanship Creed**

Good sportsmanship is strived for in all Three Rivers Conference events. It is the responsibility of all players, coaches, students, spectators, officials, and the media. Promotion of good sportsmanship at Three Rivers Conference events should include a demonstration of respect for opponents and officials. All involved in a conference event should maintain self-control throughout the contest. Rules of the event should be understood, and skill and performance should be recognized regardless of team affiliation. Good sportsmanship is the cornerstone of a quality athletic program and conference.

## **Three Rivers Conference Members**

Caledonia, Chatfield, Cotter, Dover-Eyota, Fillmore Central (Harmony/Preston/Fountain), La Crescent-Hokah, Lewiston-Altura, Plainview/Elgin-Millville, Rushford-Peterson, St. Charles, and Wabasha-Kellogg

~~ Chatfield football is a part of the Southeast Football District. All MSHSL and Chatfield High School rules and policies apply.

## **Participation Requirements**

- Register on-line for each activity/sport
- Ensure up-to-date Sports Physical Form is on file in the Activities Office. (Physicals are good for three years.)
- Submit signed MSHSL Eligibility Statement once each school year to the Activities Office.
- Provide Activity Fee.

## Academic Eligibility, Down/Off List

Academics take priority over extra-curricular activities. Students must be making satisfactory academic progress to remain eligible to participate in activities. To facilitate this, a procedure of “Down” and “Off” lists is used.

“**Down**” means that a student is working below their ability level, not turning in assignments, or failing in one or more classes. The student then has until the following Friday morning to get their grade up to passing.

“**Off**” means that a student **cannot participate in any extra-curricular activities** (practice or events) for one full week. A student who is on the Down list and then the Off list the following week in the same area becomes ineligible to participate. A student who brings their grade up to passing will be able to participate again starting the Monday after the Off week is completed.

Access to student grade/attendance information is always available through the JMC Family Portal.

## 24-Hour Rule

In the case of a concern by a student or parent with a coach or advisor, the Activities Department requests, whenever possible, that a 24-hour cooling off period is observed before following up on the concern. Then, please follow the “Chain of Command.”

## Chain of Command

CPS School Board and administration request the observation of this Chain of Command to address a concern.

1. After a 24-hour cooling off period, contact the coach/advisor to set up a meeting.
2. If the situation is not resolved, contact the Activities Director.
3. If still not resolved, the H.S. Principal is the next contact.
4. If still needed, the Superintendent can get involved.
5. If still necessary, the School Board has the final say.

## Non-Sport Activities, Cont.

### Fall Play (7<sup>th</sup>-12<sup>th</sup>)

Rehearsing, creating, and performing a full-length play or two one-act plays for the community. Students can participate by being onstage or backstage.

Meeting times after school, October-November.

Director: Rachel Schieffelbein, [rschieffelbein@chatfieldschools.com](mailto:rschieffelbein@chatfieldschools.com)

### FFA (7<sup>th</sup>-12<sup>th</sup>)

FFA focuses on leadership, community service, and personal development. All students who enroll in an agriculture course at CHS have their membership fees paid for local, state, and national FFA organizations through affiliated membership. FFA is associated with agriculture, but it is also for students aiming to be teachers, doctors, scientists, business owners, and more! Perhaps surprisingly, most FFA members do not live on a farm. FFA can benefit ANYONE who chooses to participate!

Meeting times vary depending on specific FFA focus.

Advisors: Stacy Fritz, [sfritz@chatfieldschools.com](mailto:sfritz@chatfieldschools.com) and

Tim Willette, [twillette@chatfieldschools.com](mailto:twillette@chatfieldschools.com)

### Gaming Club (7<sup>th</sup>-12<sup>th</sup>) May not be offered in 2024-25

Gaming Club is an open house for game lovers of all types. Students can bring their own games or play games available, including chess, dungeons & dragons, Minecraft, and Monopoly. Members can also choose to compete on the Chess Team, an esports team that competes virtually.

Meeting times Thursdays 3:10-5:30 p.m. for Gaming Club.

Meeting Mondays 3:10-5:30 p.m. for Chess Team

Advisor: TBD

## Non-Sport Activities, Cont.

### Delta (7<sup>th</sup>-12<sup>th</sup>)

Delta works to positively influence the culture of our school through making all feel welcome, recognizing the accomplishments of our community, and creating positive change.

Delta meets monthly as a group and weekly in sub-groups.

Connections: Fostering connections between students and staff through student support and staff awareness.

Culture and Character: Improving school culture and building positive character through recognition of character traits.

Events and Recognition: Increasing spirit through all-school events and assemblies and promoting students and groups.

Promotion and Outreach: Connecting the school community and the greater community through articles and podcasts.

Meetings before school.

Advisors: Niki DeBuhr, Jess Hanson, Blake Jansen,  
Regan Little, Abbey Potter, and Katy Schleusner

### Engineering Machine Design Contest (9<sup>th</sup>-12<sup>th</sup>)

Teams of four to ten students build a chain reaction crazy contraption around a specific theme and take it to competition.

Meeting times during Access, after school, and weekends.

Director: Nora Gathje, ngathje@chatfieldschools.com

### Envirothon (9<sup>th</sup>-12<sup>th</sup>)

Working together to create an environment-promoting project to take to competition.

Meeting times vary.

Director: Nora Gathje, ngathje@chatfieldschools.com

## Code of Responsibilities for Students

MSHSL Eligibility Brochure, 2024-25

As a student participating in my school's interscholastic activities, I understand and accept the following responsibilities:

- A. I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
- B. I will be fully responsible for my own actions and the consequences of my actions.
- C. I will respect the property of others.
- D. I will respect and obey the rules of my school and the laws of my community, state, and country.
- E. I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state, and country.

A student ejected from a contest shall be ineligible for the next regularly scheduled game or meet at that level of competition and all other games or meets in the interim at any level of competition, for the first ejection. All subsequent ejections shall result in ineligibility for four regularly scheduled games or meets.

### Flagrant Spectator Behavior

Spectators are expected to show respect to all. In the event of flagrant spectator behavior, a spectator can be ejected from an event. Ejection automatically makes that person ineligible to attend the next home event for that activity.

Examples of flagrant or "over the line" behavior include:

- ◇ Incessant harassment or aggressive confrontation of an official, coach, participant, supervisor, or other spectator.
- ◇ Incessant or disruptive use of profanity.
- ◇ Any other negative behavior that disrupts the event.

Anyone exhibiting flagrant behavior will be asked to meet with the H.S. Principal and/or the Activities Director before any further attendance at events. This meeting could result in a written warning and/or suspension from attending future events for up to one calendar year.

## Attendance

All students must attend school during at least half of the instructional school day to be eligible to participate in a practice or game that day. Exceptions to this rule must be pre-approved by the High School Principal.

## Attendance on Wednesdays and Sundays

There will be no extra-curricular practices, meetings, or rehearsals after 6:30 p.m. on Wednesday evenings for all 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup> grade students, and after 6:00 p.m. on the first Wednesday of the month.

Students of any age who have faith community activities on Wednesdays are excused from practice without penalty as long as the coach is informed.

There will be no extra-curricular practices, meetings, or rehearsals for students on Sundays as governed by the MSHSL. This policy does not pertain to Community Ed activities.

## Cancellation of Extra-Curricular Activities

If school is dismissed early or cancelled due to weather, all activities are cancelled unless otherwise directed by the Superintendent.

## Dress Code

Participants in all extra-curricular activities are asked to dress appropriately for home and away events. Clothing worn at practices/rehearsals with wording or pictures must comply with CHS and MSHSL rules. More specific/stricter dress codes will be at the discretion of the coach/advisor.

## Grades

Participants must maintain passing grades in all courses to remain eligible. See Academic Eligibility, Down/Off List on page 8.

## Non-Sport Activities, Cont.

### Choir (7<sup>th</sup>-12<sup>th</sup>)

Choir develops and improves vocal technique and musical ear through the study, interpretation, and performance of high-quality choral literature.

Specific opportunities include:

**Middle School Choir.** Open to all 7<sup>th</sup> and 8<sup>th</sup> graders.

**High School Choir.** Open to all 9<sup>th</sup>-12<sup>th</sup> graders.

**Solo/Ensemble (MSHSL Small Group Competition).** Optional competition for soloists or small groups.

**Three Rivers Honor Choir.** Elite group of juniors and seniors nominated by the director to participate in a November festival.

**All-State Choir.** The most elite MN-wide honor choir, admission by audition, and including a week-long summer camp.

Meeting times vary.

Director: Tyler Simpson, [tsimpson@chatfieldschools.com](mailto:tsimpson@chatfieldschools.com)

### Class Officers (9<sup>th</sup>-12<sup>th</sup>)

Officers for each grade are voted in by their classmates and are tasked with creating a better school environment for all. Includes helping with Homecoming and other events, contacting classmates as needed, and promoting CHS.

In addition, Junior Class Officers serve on the Prom Committee and help with Junior Class fundraisers.

Senior Class Officers plan class reunions, and the president and secretary speak at graduation.

Meeting times vary.

Senior Class: Sara Duxbury, [sduxbury@chatfieldschools.com](mailto:sduxbury@chatfieldschools.com)

Junior Class: Laura Adams, [ladams@chatfieldschools.com](mailto:ladams@chatfieldschools.com)



# Non-Sport Activities

## Art Club (7<sup>th</sup>-12<sup>th</sup>)

A safe and inclusive place to create and appreciate art, Art Club offers drawing, painting, music, talk, and a few field trips to nearby towns to visit art museums, mid-September thru May.

Meetings on Wednesdays, 3:15-4:45 p.m.

Advisor: Abbey Potter, apotter@chatfieldschools.com

## Band (7<sup>th</sup>-12<sup>th</sup>)

Learning the technical and expressive skills to play an instrument, working together as a group, and creating music are all a part of band. It's never too late to learn an instrument!

Specific opportunities include:

**Middle School Band.** Open to all 7<sup>th</sup> and 8<sup>th</sup> graders.

**HS Wind Ensemble.** Open to all 9<sup>th</sup>-12<sup>th</sup> graders. Includes Marching Band Camp in early August, marching in the Western Days Parade, and playing at certain athletic events.

**Valley Jazz.** A small group focusing on jazz-style music.

**Solo/Ensemble (MSHSL Small Group Competition).** Optional competition (required for lettering) for soloists or small groups.

**Color Guard.** Part dance, part spinning, part tossing choreographed accompaniment to the marching band. By audition.

**Three Rivers Honor Band.** Elite group of juniors and seniors nominated by the band director to practice and participate in a November festival.

**All-State Band.** The most elite MN-wide honor band, admission by audition, and including a week-long summer camp.

Meeting times vary.

Director: Katy Schleusner, kschleusner@chatfieldschools.com

## Injuries, Insurance, and Physical Therapy

It is the responsibility of the participant to report to their coach all injuries that have been sustained while participating in practice or meets/games. Injuries do not improve by being ignored.

Insurance for injuries sustained during sport participation is the responsibility of the athlete's family.

A licensed sports physical therapist is on the CHS staff and available to all students for consultation and therapy.

In the event of major illness or injury, a doctor's permission is required to return to participation.

## Lockers and Locks

Locker rooms are available for the use of all athletes. Combination locks belonging to the school are available for students' use. Students should not bring in their own locks as the school retains the right to remove them if deemed necessary.

## Pictures

Individual and team pictures will be scheduled by the Activities Director early in each sport season. There is no obligation to purchase pictures.

## Practice or Games in the Elementary Building

Enter only through Door #3 by the cafeteria for practice or games. No roaming through the school. Arrive for practices no sooner than fifteen minutes before start of practice and wait in the cafeteria.

For after-school practices and events, the school will provide whenever possible a shuttle bus to transfer students from the High School to the Elementary.

## Starting the Season

In the event of a student joining a sport after the first day, readiness for participation is at the discretion of the coach.

## Team Selection

All reductions in regular season team membership, authorized only at the varsity level, shall be completed prior to the first regulation contest. This does not exclude reductions based on disciplinary actions.

All team members shall be given the opportunity to participate in regulation events during the season, but not necessarily every game/meet. Team rules shall be enforced consistently for all.

## Towels

Towels are NOT provided for general use. Athletes are expected to provide their own clean towels for personal use. Towels will be provided for bench needs at games.

## Transportation

All students are expected to ride school-provided transportation for all events. A student can ride with their **own parents** to or from an event by informing the coach/advisor in advance of the transport. Riding with anyone other than one's own parents is **only** possible with pre-approval from the Principal or Activities Director.

## Uniforms

Uniforms are for game/event wear only, unless designated by the coach on game day. Students are responsible for the cost of replacement equipment or uniforms if damaged or not returned.

## Weight Room

- ◆ The Weight Room is only available for student use with a coach or trainer's supervision. No horseplay allowed.
- ◆ Lifting is always done with a partner. Safety is priority.
- ◆ Respect others; share the equipment. No profanity.
- ◆ Neatness matters. Return all equipment to its proper location.
- ◆ No food or drink. Water allowed in a closed container.

## Spring Sports, Cont.

### Trap Shooting (7<sup>th</sup>-12<sup>th</sup>)

Basketball is a lesson on how to proceed through life.

Practices are after school or in the evening, rotating times.

Co-Head Coaches:

Mike Lisowski, [mlisowski@chatfieldschools.com](mailto:mlisowski@chatfieldschools.com)

and Lindsey Whalen, [lwhalen@chatfieldschools.com](mailto:lwhalen@chatfieldschools.com)

Assistant Coaches: Brian Kobs, Jesse Finley, and Tony Johnson

## All-Season Athletics

### Weight and Speed Training (7<sup>th</sup>-12<sup>th</sup>)

Guided training for student athletes to become stronger, faster, and more well-rounded physically. Long-term consistency produces results and reduces injuries.

6:00-7:30 a.m. year-round, no sign-up needed.

Coach: Chris Heppding, [cheppding@chatfieldschools.com](mailto:cheppding@chatfieldschools.com)

## Summer Athletics

### Summer Strength and Conditioning (7<sup>th</sup>-12<sup>th</sup>)

This program aims to develop athletes who are strong, fast, powerful, mobile, and resilient, both physically and mentally. The focus is on addressing range of movement and preventing injuries for better all-around athletes. Hard work is expected.

One 8:00 a.m. session and one 9:30 a.m. session, summer 2024

Limited to thirty students per session.

Coach: Steve Smith, [ssmith@chatfieldschools.com](mailto:ssmith@chatfieldschools.com)

# Spring Sports

Practices start in March. Seasons go into May, possibly into June.

## Baseball (7<sup>th</sup>-12<sup>th</sup>)

Baseball has four teams, or five teams with enough players.

Practices are after school and some mornings.

Head Coach: Brian Baum, bbaum@chatfieldschools.com

Assistant Coaches: Ron Henry, Jeff Johnson, Kyler Reys,  
and one more TBD

## Golf, Boys & Girls (7<sup>th</sup>-12<sup>th</sup>)

All skill levels welcome. You must provide your own clubs.

Practices are after school to 5:30 p.m.

Head Coach: Paul Wagner, pwagner@chatfieldschools.com

Assistant Coach: Andy Harstad

## Softball (7<sup>th</sup>-12<sup>th</sup>)

Softball focuses on developing, honing skills, and having fun.

Practices are after school or early evening.

Head Coach: Brent Berge, bberge@chatfieldschools.com

Assistant Coaches: Belle Berg, Jon Sutherland, Angie Severson,  
and Brent Sprout

## Track and Field, Boys & Girls (7<sup>th</sup>-12<sup>th</sup>)

Events include running, throwing, and jumping, with a high school and a junior high team.

Practices are after school to 5:00 p.m.

Head Coach: Jeff DeBuhr, jdebuhr@chatfieldschools.com

Assistant Coaches: Scott Schmaltz, Barb Storsveen, Niki DeBuhr,  
Damien Nickelson, Jenny Bradt, Shane Fox, & Maddie Kammer

## School Song

Tune: "Washington and Lee Swing"

*Fight, fight, fight for CHS.*

*We know the Gopher Spirit is the best,*

*For we will never ever let you down,*

*For we are fighting, striving onward to our goal.*

*Show us that CHS will win this game.*

*Uphold the royal colors and their name.*

*Come on and fight, you Gophers, onto fame!*

*For Chatfield High! Rah! Rah! Fire up!*

## Extra-Curricular Fees

**\$150 Activity Fee:** Baseball, Basketball, Cross Country, Dance,  
Football, Golf, Softball, Track, Trap, Volleyball, and Wrestling

**\$75 Activity Fee:** Speech

**\$60 Activity Fee:** Fall Play, Knowledge Bowl, Math League,  
One-Act Play, Spring Play

**Family Cap** for Activity Fees is **\$500.**

## Reduced Activity Fees

Families that qualify for free or reduced meals through the Educational Benefits program also qualify for free or reduced fees.

\$23 per sport

\$8 per non-sport activity

Reduced Family Cap is \$72.

## Fee Refunds

A refund of the Activity Fee will be made in the case of injury or illness preventing the continuation of the activity, transfer out of the school district, being cut from the squad, or dropping an activity, **ONLY up until the time of the first contest or public appearance.**

# Fall Sports

Practices start in mid-August. Seasons go into October or November.

## Cross Country, Boys & Girls (7<sup>th</sup>-12<sup>th</sup>)

Cross Country is a long distance running sport with races about once per week. High school distance is 5K (3.1 miles), while junior high distance varies from one to two miles per race. Every athlete competes at all regular season races.

Practices are after school to 5:00 p.m.

Head Coach: Niki DeBuhr, [ndebuhr@chatfieldschools.com](mailto:ndebuhr@chatfieldschools.com)

Assistant Coach: Jenny Bradt

## Football (7<sup>th</sup>-12<sup>th</sup>)

Chatfield Football is competitive and progressive. Safety is core while learning and developing in the sport. Junior high games are on Tuesdays, J.V. games are on Mondays, and Varsity games are usually on Fridays.

Practices are after school to 5:30 p.m.

Head Coach: Jeff Johnson, [jjohnson@chatfieldschools.com](mailto:jjohnson@chatfieldschools.com)

Assistant Coaches: Adam Hurley, Tom Bance, Sean Trewin, Kirk Affeldt, Cory Dornack, and one more TBD

## Volleyball (7<sup>th</sup>-12<sup>th</sup>)

Volleyball is a popular girls' sport in Minnesota. Games are usually Tuesdays and Thursdays, with some Saturday events, and there are five volleyball teams, 7<sup>th</sup> grade, 8<sup>th</sup> grade, 9<sup>th</sup> grade, J.V., and Varsity.

Practices are after school to 6:00 p.m.

Head Coach: Kristi Rindels, [krindels@chatfieldschools.com](mailto:krindels@chatfieldschools.com)

Assistant Coaches: Amanda Priebe, Maddie Kammer, and two more TBD

# Winter Sports

Practices start in November (October for Dance). Seasons go into February.

## Boys Basketball (7<sup>th</sup>-12<sup>th</sup>)

Basketball is a lesson on how to proceed through life.

Practices are after school or in the evening, rotating times.

Head Coach: Jeremy McBroom, [jmcbroom@chatfieldschools.com](mailto:jmcbroom@chatfieldschools.com)

Assistant Coaches: Damien Nickelson, Scott Schmaltz, Jeff DeBuhr, Josh Berhow, and one more TBD

## Girls Basketball (7<sup>th</sup>-12<sup>th</sup>)

There are five Girls Basketball teams, one in each level.

Practices are after school or in the evening, rotating times.

Head Coach: Kyle Tollefson, [ktollefson@chatfieldschools.com](mailto:ktollefson@chatfieldschools.com)

Assistant Coaches: Ryan Kivimagi, Kaitlyn Ellringer, Josh Whalen, and Jon Sutherland

## Dance (7<sup>th</sup>-12<sup>th</sup>)

Dance competes in High Kick and Jazz divisions, Varsity and J.V.

Practices are after school or in the evening, rotating times.

Head Coach: Demery Maughan, [dmaughan@chatfieldschools.com](mailto:dmaughan@chatfieldschools.com)

Assistant Coaches: Kayle Bernau and Kyra Throckmorton

## Wrestling, Boys & Girls (7<sup>th</sup>-12<sup>th</sup>)

Wrestling combines speed, balance, strength, and skill.

Practices are after school to 6:00 p.m., V also some mornings.

Head Coach: Matt Mauseth, [mmauseth@chatfieldschools.com](mailto:mmauseth@chatfieldschools.com)

Assistant Coaches: Sean Trewin, Chad Curry, Jason Goetzinger, and Savannah Vold (with an emphasis on girls wrestling)