



# Bellefontaine City Schools

in partnership with

Marysville Exempted School District

## *Grade 5-6 Child Sexual Abuse Prevention Module*



Innovate Collaborate Inspire



## NOTICE

This module was designed to meet the requirements of Ohio Senate Bill 288.

Given the highly sensitive nature of this topic, this module was designed for use at school and home. It will take approximately 30-40 minutes to complete and includes developmentally appropriate information, infographics, videos, and optional activities. You may stop the module and opt-out at anytime.

The content was adapted from the Fight Child Abuse curriculum from the Barbara Sinatra Foundation, The SPEAK UP curriculum from The Foundation United, Digital Citizenship from Common Sense Media, and best practices in cyber safety and preventing child abuse.



## CONTENT BLOCKS

(Click to go to a Specific Area)

**SAFE &  
UNSAFE  
TOUCH**

**DOESN'T  
MATTER  
WHO IT IS**

**SAFE  
STRANGERS**

**KNOW  
WHEN TO  
TELL**



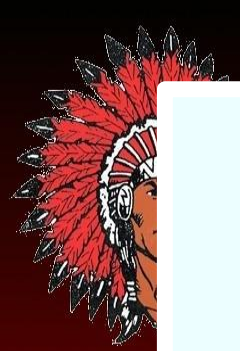
# **SAFE & UNSAFE TOUCH**

## SAFE & UNSAFE TOUCH

An unsafe touch is a touch to private body parts, a touch that hurts, or a touch that violates your personal space. No one should ever ask you to keep an inappropriate touch a secret. If they do, that is an unsafe touch.

- No one can ever touch parts of your body that would be covered by a bathing suit.
- This is your "private area."
- No one can touch your personal belongings without your permission.
- You have the right to change your clothes in total privacy.
- People should never touch you in a way that hurts you.
- If someone gives you an unsafe touch, you should tell a safe adult immediately.







## PERSONAL BOUNDARIES

- We feel more comfortable when people respect our personal space.
  - ◆ If someone touches us in a way that makes us feel uncomfortable, even if it is someone we know, we have to tell them to stop.
- We know what interactions we like and what makes us uncomfortable.
  - ◆ This is how we set personal boundaries, and that's why Tell Them to Stop is a rule to protect ourselves.
  - ◆ It reminds us that we have to enforce those boundaries.
- The most important rule to protect yourself is to always tell an adult or safe person if someone or something makes you feel unsafe.

## RECAP: SAFE & UNSAFE TOUCHES



- Your body belongs to you, and you can tell other people if you don't want to be touched.
- If someone touches you in a way they shouldn't, or a way that hurts you, you can tell them to stop, or say, "I don't want to be touched."
- The most important rule to protect yourself is to always tell an adult or safe person if someone or something makes you feel unsafe.





**IT DOESN'T  
MATTER WHO IT IS**



## UNSAFE TOUCHING IS NEVER OKAY

- ➔ Unsafe touching is never okay, no matter who is doing it. It is wrong for anyone to touch a “private area” or “bathing suit area,” no matter who it is - even if it’s someone in your family, a family friend, or a teacher. If someone gives you an unsafe touch, no matter who it is, you should tell a safe grown-up or person.
- ◆ You might be confused if the person who gives you an unsafe touch is:
  - Someone you like
  - Someone in your family
  - A friend
  - Someone you thought you could trust
- ◆ No matter who it is, you must tell someone you trust. After you tell, you and the others will be protected.



## SAFE PEOPLE



- Safe people will never touch us in ways that are unsafe, or ask us to touch them in ways that are unsafe.
- What are the qualities of safe people?
  - Safe people are: honest or truthful, they listen to us, do not make us feel uncomfortable, they respect your personal space, do not ask us to keep secrets, and/or someone that makes you feel safe.
  - Unsafe people: ask you to keep secrets, make you feel uncomfortable, do not respect your personal space, and/or do not care about how you feel (or your feelings).



## RECAP: IT DOESN'T MATTER WHO IT IS

- Unsafe touching is never okay, no matter who it is.
- It can be confusing and hard to believe we think someone we trust has abused us, but we have to trust our instincts. We know that any touch to a private body part is an Unsafe Touch.
  - It doesn't matter who it is – we have to tell about unsafe touches, regardless of who does it.
- Someone who is abused may feel alone, but we are never really alone. There are lots of safe adults and people who want to help us. Who are some safe adults and people we can go to if we need help?
- If someone believes they've been abused and cannot get help at home or at school, what are other ways they can get help? (ex., Calling an abuse hotline, calling 911, etc).





# SAFE STRANGERS

# SAFE STRANGERS



- There are other things that we can do to keep us safe around strangers and online.
  - Never take things from, or leave somewhere with, a person you do not know.
  - Never share personal information or meet with people you met online.
  - Use the buddy system – walk places with friends and people you know.
  - Avoid walking alone.

# SAFE STRANGERS



- There are people who are safe strangers.
- What are characteristics of a safe stranger?
  - Will be wearing uniforms, have badges and name tags, or even official vehicles.
  - Can be other children or adults in our life – like students at school or on teams and our teacher, principal, school counselor, or the school resource officer.



## STRANGER SAFETY

- When is it okay to leave or go somewhere with a stranger?
  - ◆ When a trusted adult (like our parent or caregiver) tells us.
  - ◆ We should always ask a trusted adult if we're unsure if a situation or person is safe or not.
- When we feel a situation or a person is unsafe, is it okay to shout, scream, and make a scene in a crowded place if someone makes us feel unsafe?
  - ◆ YES! When we feel unsafe in a situation or around another person, we should use the RESIST method.

# SAFE STRANGERS



- Run: Run away if possible or as soon as possible.
- Escape: if you can't get away immediately, do so as safely as possible.
- Scream: scream "NO" or "STOP" and threaten to tell.
- Ignore: if someone is trying to engage you in conversation, ignore them and move on
- Stay away: avoid all future contact or at least contact where you would be alone with that person
- Tell: tell a safe adult

# ONLINE SAFETY



- What about online safety?
  - People online are strangers too.
- Always make sure your parent(s) or caregiver(s) know who you're speaking to online.
- It is important not to believe everything that you see on the internet since people can make things up that aren't true – always think carefully about the things you see online!
- Some information is private and should not be shared with others online – like your name, phone number, or address.





## RECAP: SAFE STRANGERS

- Know who your safe strangers are and the characteristics of safe strangers.
- Always ask a trusted adult or safe person (like your parent or a caregiver) if you're unsure a situation or person is safe, including online – we need to be safe online too
- Use RESIST to alert others that you are feeling unsafe



**KNOW WHEN TO  
TELL**

# HOW TO KNOW WHO IS A SAFE PERSON

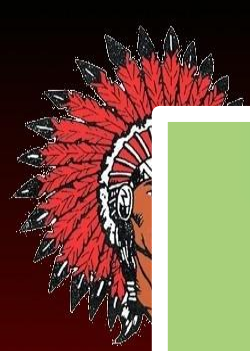
- How do we know if an adult or person is safe?
  - They take care of others.
  - Know the importance of other people's safety and wellbeing.
  - Their words match their actions.
  - Some safe people in our lives could be: our parents or caregivers, friends, teachers, counselors, doctors, nurses, police officers, and firefighters.
- As a reminder, unsafe touching is never okay, even if the person doing it was a safe person.





## DISCUSS

Who are safe people in our life? Can we name them?  
How do we know that these people are safe?





## WHEN SHOULD WE GO TO A SAFE ADULT OR PERSON

- For a peer or friend, if we notice:
  - ◆ Suspicious bruising
  - ◆ Odd or big changes in behavior
  - ◆ Sudden changes in their appearance (not washing, eating, etc.)
- For yourself when:
  - ◆ An adult asks you to keep an unsafe secret
  - ◆ You're being hurt or you have experienced an unsafe touch
  - ◆ Someone asks for, or sends, inappropriate pictures

# UNSAFE AND SAFE SECRETS



- Some secrets are safe and others are unsafe.
- What are some unsafe secrets?
  - If you or your friends are being hurt.
  - If you or your friends are being touched in their bathing suit or private areas.
- What are some safe secrets?
  - Surprise parties, birthdays, or trips that a sibling or friend may not know about.
  - Birthday and holiday gifts for a family member or friend.



## RECAP: KNOW WHEN TO TELL

- Always go to a safe adult when you feel unsafe, even if unsure.
- Always go to a safe adult when you feel like someone else may be unsafe, even if you are unsure.
- A safe adult could be a parent or caregiver, a family member, or an adult at school.
- Be able to identify what makes something unsafe for yourself or others.
- Be able to tell the difference between safe and unsafe secrets.



**Bringing it  
All Together**

# BRINGING IT ALL TOGETHER



1. There are **safe and unsafe touches**.
2. Unsafe touches are never okay – **no matter who it is**.
3. We should **never leave or go with strangers**.
4. We can use **RESIST to alert others** that we feel unsafe.
5. There are **safe people in our lives** that we can go to if we feel unsafe or if we think someone else is unsafe – even if we're unsure.
  - a. If we tell a safe person that we feel unsafe, but nothing happens, we should tell another safe person – keep telling safe people until something happens!
6. If you need to call someone about a situation that is unsafe, you can contact **855-O-H-CHILD (855-642-4453)** to make an anonymous report.



## PRINTABLE RESOURCES, ACTIVITIES, AND BOOKLETS

(click the colored blocks to access)

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**THANK YOU**