



Bellefontaine City Schools

in partnership with
Marysville Exempted School District

K-4 Child Sexual Abuse Prevention Module



Innovate Collaborate Inspire



NOTICE

This module was designed to meet the requirements of Ohio Senate Bill 288.

Given the highly sensitive nature of this topic, this module was designed for use at school and home. It will take approximately 30-40 minutes to complete and includes developmentally appropriate information, infographics, videos, and optional activities. You may stop the module and opt-out at anytime.

The content was adapted from the Fight Child Abuse curriculum from the Barbara Sinatra Foundation, The SPEAK UP curriculum from The Foundation United, Digital Citizenship from Common Sense Media, and best practices in cyber safety and preventing child abuse.



CONTENT BLOCKS

(Click to go to a Specific Area)

**SAFE &
UNSAFE
TOUCH**

**DOESN'T
MATTER
WHO IT IS**

**SAFE
STRANGERS**

**KNOW
WHEN TO
TELL**



SAFE & UNSAFE TOUCH

SAFE & UNSAFE TOUCH

- There are safe and unsafe touches.
 - Most touches are okay, but there are some touches that are unsafe.
- An unsafe touch is a touch to your private body parts or a touch that hurts. No one should ever ask you to keep an unsafe touch a secret.
 - No one should ever touch parts of your body that would be covered by a bathing suit. This is your “private area.”
 - If they do, a parent or caregiver will be with you - like at a doctor’s appointment.
 - People should never touch you in a way that hurts you.
 - If someone gives you an unsafe touch, you should tell a safe person right away.







DISCUSS

- What are some rules that we have at home and at school?
 - ◆ How do we know if touches are safe or unsafe at home, at school, and when we are in the community?
- What are parts of the body that other people should not touch (e.g. places that would be covered by a bathing suit or anywhere else that they do not want to be touched)
 - ◆ These are unsafe touches.
- We have ownership of our bodies!
 - ◆ Our bodies belong to us – we can tell people to stop, to go away, and we can tell a grown-up or other safe person that we trust to make them stop.



RECAP: SAFE & UNSAFE TOUCHES

- Your body belongs to you.
- You can tell other people if you don't want to be touched.
- If someone touches you in a way that they shouldn't, or a way that hurts you, you can tell them to stop, or say, "I don't want to be touched."





**IT DOESN'T
MATTER WHO IT IS**



UNSAFE TOUCHING IS NEVER OKAY

- ➔ Unsafe touching is never okay, no matter who is doing it. It is wrong for anyone to touch a “private area” or “bathing suit area,” no matter who it is - even if it’s someone in your family, a family friend, or a teacher. If someone gives you an unsafe touch, no matter who it is, you should tell a safe grown-up.
- ◆ You might be confused if the person who gives you an unsafe touch is:
 - Someone you like
 - Someone in your family
 - A friend
 - Someone you thought you could trust
- ◆ No matter who it is, you must tell someone you trust. After you tell, you and the others will be protected.

SAFE PEOPLE



- Safe people will never touch us in ways that are unsafe, or ask us to touch them in ways that are unsafe, unless our parent or caregiver is with us - like at a doctor's appointment.
- What are the qualities of safe people?
 - Safe people are: honest or truthful, they listen to us, do not make us feel uncomfortable, they respect your personal space, do not ask us to keep secrets, and/or someone that makes you feel safe.
 - Unsafe people: ask you to keep secrets, make you feel uncomfortable, do not respect your personal space, and/or do not care about how you feel (or your feelings).





DISCUSS

- The importance of personal space and how we are most comfortable when those around us are mindful of personal space boundaries:
 - ◆ Have your child stand up and stretch their arms to the side. Our personal space bubbles stretch all the way around us to our fingertips.
 - ◆ Have you and your child walk around the room and (carefully) bounce off each other's outstretched hands. They can ask permission to get closer as well.
 - ◆ Explain that if we have to get closer to someone than this, such as when we're in a crowded space, we say "excuse me."
 - ◆ With hands outstretched, have your child pass through your bubble, they should ask permission or say "excuse me."
 - ◆ Have them sit down and discuss boundaries once again.



RECAP: IT DOESN'T MATTER WHO IT IS

- Unsafe touching is never okay – no matter who is doing it.
- We can go to safe people if we feel uncomfortable or need help for ourselves or a friend.
- We have the right to tell anyone not to get in our personal space bubble.





SAFE STRANGERS

SAFE STRANGERS

- Who or what is a stranger?
 - Someone that we do not know or recognize.
- There are also safe strangers, but there are ways to know that they are safe.
- Safe strangers:
 - Will be wearing uniforms, have badges and name tags, or even official vehicles - like a fire truck, police car, or ambulance.
 - Can be other children or adults in our life – like children at school or on teams, our teacher, principal, custodian, or even the school counselor or school resource officer.





STRANGER SAFETY

- When is it okay to leave or go somewhere with a stranger?
 - ◆ When a trusted adult (like our parent or caregiver) tells us.
 - ◆ We should always ask a trusted adult if we're unsure if a situation or person is safe or not.
- When we feel a situation or a person is unsafe, is it okay to shout, scream, and make a scene in a crowded place if someone makes us feel unsafe?
 - ◆ YES! When we feel unsafe in a situation or around another person, we should use the Shout-Run-Tell method.



ONLINE SAFETY



- What about online safety?
 - People online are strangers too.
- Always make sure your parent(s) or caregiver(s) know who you're speaking to online.
- It is important not to believe everything that you see on the internet since people can make things up that aren't true – always think carefully about the things you see online!
- Some information is private and should not be shared with others online – like your name, phone number, or address.



RECAP: SAFE STRANGERS

- Know who your safe strangers are and the characteristics of safe strangers.
- Always ask a trusted adult or safe person (like your parent or a caregiver) if you're unsure a situation or person is safe.
- Use Shout-Run-Tell to alert others that you are feeling unsafe.
- We need to be safe online too.



**KNOW WHEN TO
TELL**

HOW TO KNOW WHO IS A SAFE PERSON

- How do we know if an adult or person is safe?
 - They take care of others.
 - Know the importance of other people's safety and wellbeing.
 - Their words match their actions.
 - Some safe people in our lives could be: our parents or caregivers, friends, teachers, counselors, doctors, nurses, police officers, and firefighters.
- As a reminder, unsafe touching is never okay, even if the person doing it was a safe person.





DISCUSS

Who are safe people in our life? Can we name them?
How do we know that these people are safe?





DISCUSS

What are other times when we should tell a safe person?

UNSAFE AND SAFE SECRETS

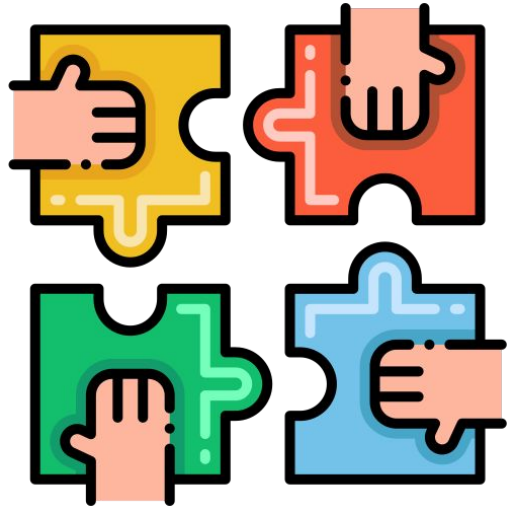


- Some secrets are safe and others are unsafe.
- What are some unsafe secrets?
 - If you or your friends are being hurt.
 - If you or your friends are being touched in their bathing suit or private areas.
- What are some safe secrets?
 - Surprise parties, birthdays, or trips that a sibling or friend may not know about.
 - Birthday and holiday gifts for a family member or friend.



RECAP: KNOW WHEN TO TELL

- Always go to a safe person when you feel unsafe, even if you are unsure.
- Always go to a safe person when you feel like someone else may be unsafe, even if you are unsure.
- A safe person could be a parent or caregiver, a family member, or an adult at school.
- Know what makes someone or something unsafe for yourself or others.



**Bringing it
All Together**

BRINGING IT ALL TOGETHER



1. There are **safe and unsafe touches**.
2. Unsafe touches are never okay – **no matter who it is**.
3. We should **never leave or go with strangers**.
4. We can use **shout-run-tell to alert others** that we feel unsafe.
5. There are **safe people in our lives** that we can go to if we feel unsafe or if we think someone else is unsafe – even if we're unsure.
 - a. If we tell a safe person that we feel unsafe, but nothing happens, we should tell another safe person – keep telling safe people until something happens!

PRINTABLE RESOURCES, ACTIVITIES, AND BOOKLETS

(click the colored blocks to access)



**SAFE &
UNSAFE
TOUCH**

**DOESN'T
MATTER
WHO IT IS**

**SAFE
STRANGERS**

**KNOW
WHEN TO
TELL**



THANK YOU