

Darien Public Schools
Department of Nursing Services

Sick Day Guidelines for Families 2024-2025

To help provide a safe and healthy learning environment, please keep your child home when exhibiting any of the following symptoms.

- Fever of 100.4 or greater
- Significant respiratory symptoms (heavy cough, green nasal discharge, chest congestion) *DPS recommends that families seek advice of their medical provider when experiencing symptoms of respiratory illness*
- Sore Throat with fever and/or behavioral changes (until medical provider determines that the illness is not a communicable disease)
- Diarrhea or vomiting in the last 24 hours unless it is determined to be caused by a non communicable condition and the child is not in danger of dehydration
- Abdominal pain that continues for more than 2 hours or intermittent pain associated with fever or other signs or symptoms
- Mouth sores with drooling that child, unless child's physician determines child is not infectious
- Rash with fever or behavioral changes until child's physician determines illness is not a communicable disease
- Skin sore with weeping fluid on exposed surface unable to cover with a waterproof dressing
- Discolored eye drainage (profuse and or thick)

Your child may return to school when symptoms have significantly resolved, they feel well enough to learn, AND they are-

- Fever free for 24 hours without the use of fever reducing medication and feeling well enough to return to school)
- Diarrhea and or vomiting has stopped for a minimum of 24 hours
- Rash has been assessed by a medical provider (must provide a note to the school nurse that includes clearance for when the child may return)
- 12-24 hours after an antibiotic has been started

DPS Nurses reserve the right to send home any student who displays signs of ill health or injury. Please be sure your contact and emergency contact information on Aspen is current and accurate and that you have arrangements in place for your child to be picked up within 30 minutes of notification should they become sick during the school day and need to be picked up. Contact your school nurse with any questions.

Guidelines are based on the Center of Disease Control and Prevention, the American Academy of Pediatrics and the local and state departments of public health, and are subject to change.