

New Middle School Athletics Format

- Beginning 2024-2025 School Year –

- 3 Interscholastic Seasons (8 Weeks each) – Competing against other schools.
- 6 Intramural Sessions (2 Weeks each) – Competing with other KaMS students.
- Tryout and Non-Tryout Sports each season

Tryout Sports vs. Non-Tryout Sports	Tryout sports – - Limited number of spots. - Coaches will evaluate athletes’ skill and abilities to the best of their ability. - Coaches will use evaluation criteria for selections. - Coaches will communicate results/selections in small groups. Teams will be posted on Teams or communicated through FinalForms. - Tryouts will be 3-4 days. Separated into Varsity and Junior Varsity depending on evaluated skill and abilities. - Athletes must be present during tryouts to be considered. Athletes may miss up to one day and still be considered for team selections. Non-Tryout Sports – - All athletes of all skill levels are welcome. - Due to transportation limitations and obstacles, away competitions have limited travel numbers. Coaches will make a rotation to try and have each athlete compete at an away competition. (Size of team will determine if possible)
Not Making a Team	- Student athletes who are not selected for a varsity or junior varsity team have the opportunity to participate in non-tryout sports for that season. Additionally, the practices held for try-outs will be included in the 8 practices required to be eligible for the first competition. - We encourage all student athletes who are not chosen to join an intramural session. This provides an excellent opportunity for them to enhance their skills in a supportive environment.
Payment Format (Interscholastic Seasons)	Tryout Sports – - Payments will be open for one week after tryouts and team selections have been made. - Failure to pay within the window will result in non-participation of athlete until payment is made. Non-Tryout Sports - Payment window will be opened approximately 4 weeks (including holidays) before the first practice for each season. The payment window will close one week after the first practice. - Failure to pay within the window will result in non-participation of athlete until payment is made.
Practice Times	- Practice will be Monday, Tuesday, Thursday, and Friday. - Practice times will range from 1 ½ hour to 2 hours. - Coaches will communicate how long practices will be. (some sports take longer to set-up) - Practices are closed to the community.

Attendance	- Athletes are required to be present at 8 practices before being eligible for the first competition. - Regardless of excuse, students must be physically present and participating in practice for it to count towards the 8 initial practices. - Once the athlete has been present and participated in 8 practices, they are eligible for all season competitions. - Attendance is taken at each practice. Parents will be notified of absences regardless of pre-arranged absence. - Attendance is required at tryouts. Athletes may miss up to one tryout day and still be considered for team selections. - Full commitment is required for tryout sports. Multiple unexcused absences can result in removal from the team. - School Attendance – Students must be present for half of the school day (3 out of 6 periods) to be eligible for same day practices and competitions.
Transportation	- Transportation is only provided for athletes from KaMS to the opponent's school. - Parents/Guardians are required to pick up athletes at the school we are competing at. - Parents/Guardians are required to pick up athletes in the front of KaMS after practices within a timely manner. Failure to pick-up promptly can result in student not being able to participate. - Families are allowed to come and watch athletes but must follow all school rules and appropriate sportsmanship protocols when on LWSD school property.
Communication	- Students: Communication will be through the specific sports Microsoft Team's page. Once added to the Microsoft Team's page you can find schedules, team rosters, coaches' information, and a channel for general questions. - Parents: Communication will be through FinalForms. Coaches will also be handing out an information packet on the first day of practice to bring home.