



Please note:
This is a voluntary training
NO compensation will be
paid for attending

Fall ♦ Winter ♦ Spring Sports

First Aid/CPR &

Automated External Defibrillator Training

For Sport Coaches

2023-2024

ABOUT THE TRAINING: Action Preparedness Training will provide OSHA and EMSA compliant CPR/First Aid and AED training. Certification is valid for 2 years.

WHO: All OSD Sports Coaches

DRESS CODE: Wear comfortable clothing and tennis shoes. No open toe shoes or sandals please, bring light snack and water.



Fall	Saturday, September 23, 2023
Winter	Saturday, November 18, 2023
Spring	Saturday, January 27, 2024



[**Click Here
To Register**](#)