

CIF-approved sports

Those sports for which member high schools have mutually adopted rules relating to interscholastic athletics (grades 9 through 12), and established agreed upon minimum standards for certain aspects of the interscholastic athletic program:

- Badminton
- Baseball
- Basketball
- Competitive Cheer
- Cheerleading*
- Cross-country
- Dance*
- Field hockey
- Football
- Golf
- Gymnastics
- Lacrosse
- Skiing and snow boarding
- Soccer
- Softball
- Swimming and diving
- Tennis
- Track and field
- Volleyball
- Water polo
- Wrestling

* Sideline Cheerleading and Dance are not approved interscholastic sports in the CIF Southern Section. Because cheerleading is an integral part of sports at the high school level, it is grouped with CIF sports for liability coverage purposes. The VCSSFA Guidelines for cheerleaders should be followed as if produced by CIF for CIF-approved sports.