# Best Practices for Overnight Student Activities



Determine the Educational Benefit

- 1. Relationship to curriculum
- 2. Association to a specific course,
- 3. Related to interscholastic sports or performing arts,
- 4. Originating from a school-sponsored club
- 5. Appropriate for the age group

## Chaperones/Supervision

- 1. Ensure adequate and proper supervision is available. All chaperones and supervisors are to be at least 21 years of age or older.
- 2. Coed overnight activities require male and female chaperones and supervisors.
- 3. At least one (1) Oxnard School District employee must be a supervisor.
- 4. All supervisors and chaperones are to be from within the district or immediate family members of the students involved.
- 5. All chaperones/supervisors are to complete a "Volunteer Information Form" prior to the activity.
- 6. All chaperones/supervisors are to complete the Armatus ® Online Training prior to the activity.
- 7. The recommended ratio is one (1) adult per 10 students maximum.
  - a. It is important to have enough chaperones and supervisors to share overnight shifts of one or two hours.
  - b. No fewer than five (5) individuals, minimum two (2) adults and three (3) students go on any overnight activity.
- 8. Male and female chaperones and supervisors are to sleep in separate rooms, unless married or domestic partners.
- 9. Adults and students are to sleep in separate rooms, unless the adult is a parent of the student.
  - a. No other students are allowed to join parent/student sleeping arrangements.

## **Required Forms and Student Information**

- 1. Field Trip/Excursion Authorization and Medical Treatment Authorization with attached itinerary.
  - a. Secures permission and emergency contact information
- 2. Obtain signed code of conduct agreements from student/parent/guardian prior to departure.
- 3. Secure medical release forms and medical insurance information.
- 4. Establish medication administration protocol.

### **Transportation**

- 1. Chaperones and assigned students are to travel in the same bus/vehicle.
- 2. "In Flight" operations of aircraft are totally and absolutely <u>excluded</u> from all coverages under the VCSSFA liability Coverage Program and the VCSSFA Coverage Memorandum.
  - a. "In Flight" means the period from the time an aircraft or airborne craft moves forward in taking off or in attempting to take off until it has completed its landing.
- 3. Refer to "Minimum Guidelines for Ocean Field Trips Involving Watercraft."
- 4. Refer to "Best Practices for Student Activity Transportation."

#### **Accommodations**

- 1. Hotels are the preferred accommodations.
  - a. Arrange for all student rooms to be on the same corridor
  - b. Arrange for chaperone rooms to be adjacent to assigned student rooms
- 2. Male and female students are to sleep in separate rooms.
- 3. Accommodations are to be located in a safe area of the destination.
- 4. Accommodations are to be clean and secure.

#### Free time

- 1. Develop a defined itinerary. Minimize free time.
- 2. Chaperones are to accompany assigned students at all times other than in the hotel room(s) and in restrooms.
- 3. Chaperones are to choose age-appropriate dining, entertainment, and shopping establishments.
- 4. A certified lifeguard is to be present for all "free time" pool and other water activities

### <u>Curfew</u>

- 1. Establish reasonable curfew times
- 2. Conduct room/bed checks
  - a. In-room checks are to be made by two chaperones, at least one of which should be the same gender as the students in the room
  - b. Non-intrusive example: Masking tape on the door and door jamb will indicate a door that has been opened
  - c. Students that must leave their room are to report immediately to a supervisor or chaperone
- 3. Plan for and discuss post-curfew emergencies, evacuation, and head count procedures

### <u>Discipline</u>

- 1. Hold a planning meeting with parents and volunteers prior to the activity
- 2. Define rules and enforcement for student behavior while on the activity
  - a. Distribute code of conduct identifying acceptable and non-acceptable activities
  - b. Explain ramifications
- 3. Prohibited practices include, but are not limited to:
  - a. Drugs, alcohol, and/or smoking
  - b. Free time violations
  - c. Curfew violations
  - d. Room violations
  - e. Hazing, bullying, and/or harassment of all types

## Out-of-Country Travel

- 1. Consider non-direct sponsorships
  - a. Notify parents that the Oxnard School District is not involved in the activity
  - b. Sample Language
    - i. "This activity is not endorsed by or affiliated with the Oxnard School District".
- 2. Select a qualified travel consultant
  - a. Confirm registration and adherence to "Seller of Travel" law
  - b. Secure contractual hold harmless and indemnification agreements
  - c. Obtain liability and fidelity (bond) insurance
- 3. Consider additional insurance
  - a. Travel accident/illness insurance
    - i. Students, chaperones and supervisors
  - b. Travel insurance for kidnapping and criminal defense
  - c. Insurance for emergency trip cancellation
  - d. To avoid trouble, it is prudent to purchase Mexican automobile insurance when members of a school district cross the border.
- 4. Check State Department warnings for foreign travel and disease control
- 5. Identify major medical facilities available at the destination(s).
- 6. Passports are required for travel outside the United States, including Mexico and Canada.
  - a. Photocopies of the information page of passports of all participants are to be kept on file at the school or district.