

CSEBO WELLNESS PPO DEDUCTIBLE CREDITS

Starting in 2023¹, we'll give you up to a \$250 credit for each member in your family (maximum of 3 family members, or \$750) to lower your deductible. Think of it as a discount to your deductible. You just need to complete health activities such as getting a flu shot and health screening to keep each of the credits outlined below. And you pay nothing extra out of your pocket for these activities!

Here's what you need to do:

ACTIVITY:	YOU NEED TO:	KEEP THIS CREDIT:	INDIVIDUAL DEDUCTIBLE: \$1,250	FAMILY OF 3 DEDUCTIBLE: \$3,750
Flu shot²	Get a flu shot at an in-network pharmacy or at your doctor's office.	\$100	Revised deductible: \$1,225	Revised deductible: \$3,675
Health Assessment	Complete the Health Assessment on the Anthem website.	\$25	Revised deductible: \$1,125	Revised deductible: \$3,375
Preventive care screening	Receive an age-appropriate preventive care screening with your primary care physician (PCP).	\$100	Revised deductible: \$1,025	Revised deductible: \$3,075
ConditionCare program participation³	If you have asthma, diabetes, chronic obstructive pulmonary disease (COPD), heart failure, or coronary artery or vascular disease. If you get a letter from the ConditionCare team informing you of your eligibility to participate and you join the program.	\$25	Revised deductible: \$1,000	Revised deductible: \$3,000

Any activity completed after January 1, 2023, will qualify for the deductible credit. Deductible credits will be credited by the end of the first week of the following month the forms are processed, starting after January 1, 2023. If you have any questions, please contact: CSEBOWellness@anthem.com.

¹Deductibles run January 1 – December 31st, resetting every January 1.

²If you can't get a flu shot due to health, personal or religious reasons, you can keep the \$25 deductible credit. Call Anthem Customer Service for more information.

³If you don't have one of these conditions, you can keep the \$25 credit.

