Green Bay East High School

Issue No. 4 | February/March 2024

East High Parent Newsletter

Note from the Principal

Dear East High School Community:

It is with mixed emotions that I'm writing to inform you that Monday, January 22, the School District of Arcadia announced that they have chosen me to serve as their next superintendent, beginning July 1, 2024. As a lifelong learner and passionate educator for all students, I am excited for this opportunity to serve in a role where I will be able to truly impact the outcomes for all students in the Arcadia School District. At the same time, it is incredibly difficult to think about leaving East High School, my high school alma mater and where I began my career in the District as a math teacher. For the majority of my professional career I have been at East High School, and it has truly been an honor to serve the students, staff, and families of East High School over the years. I will be at East through the end of June. I recognize that my decision to accept the position at Arcadia is not only a big change for me, but it impacts all of you as well. Please know that I am available for students in the next couple months, and I am grateful for this time to stay goodbye and thank you to so many individuals in the East High School Community.

In the next few weeks, more information will be provided regarding the hiring of a new principal.

Sincerely,

Lori Frerk

Principal

Principal:
Lori Frerk

Associate Principals:
Katie Bleier
Lisa Lipp

Activities Director:
Stephanie Mathu

Telephone:
Main Office: 448-2090
Attendance Office: 448-2093
Student Services: 448-2092
Activities Director: 272-7048

East High School shows its **Red Devil Pride** by being **R**espectful, **D**ependable, and **P**repared! We are encouraging and rewarding students who display great "PRIDE" this winter. Since the focus has been on attendance, the top 5 students in each grade level received a ticket to attend the Silent Night basketball games for free. There will also be a chance to win Snoball Dance tickets. The top 2 RDP students from each Advisory will be entered into a drawing for a chance to win. Show your Red Devil Pride every day by getting to class on time and having NO behavioral referrals.

RED DEVIL PRIDE

Parent Teacher Conferences

April 25 & 30

3:15-6:45 pm

Sign up opens April 11.

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Graduation Preparation



As seniors finish up their high school career, please make sure to take care of the following:

Cap and Gown: The deadline to order caps and gowns is Thursday, March 21. You may order and pay online at www.greenbayeast.shopoakhalli.com or pay by cash or check in Student Services. Checks should be made out to Brickhouse School Services. The cost is $35 and is due at the time of ordering.

School Fees: All outstanding fees and food service balances must be paid prior to May 15. Families may make partial or full payments in the East Main Office or online using the Parent Portal. Credit card payments over $15 are accepted.

Grades: Students should meet with their guidance counselor if they are unsure if credit requirements have been met.

Commencement Date:
Friday, May 31, 2024
7:00 p.m.
Green Bay East Football Stadium
If rain- East High Gymnasium

More information will be provided in spring

Senior Exam Schedule: Exams will be held during the regular school day. Students must attend all classes on all days.

May 27—Schools Closed for Memorial Day
May 28—Exams during Periods 1 and 5
May 29—Exams during Periods 2 and 4
May 30—Exams during Period 3, checkout starts at 12:45 in the Auditorium
May 31—Last required day for Seniors**
****Seniors will report to East stadium at 9 a.m. for mandatory graduation rehearsal.**

If you have any other questions, please call the main office at 920-448-2090.



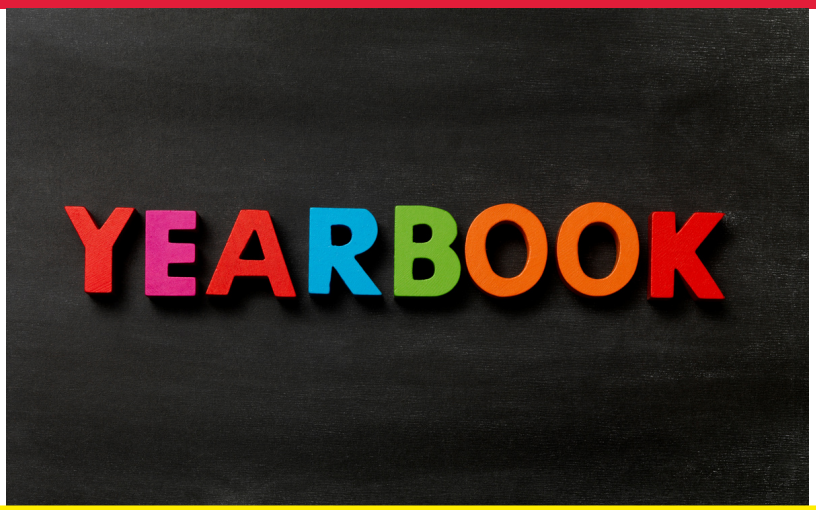
Attention Seniors:

Graduation Program Cover Design Contest

Winner gets a free graduation cap & gown

Design requirements available in Student Services.

All designs are due to Student Services by Friday, April 12



Last day to buy 2023-2024 Yearbook: May 1

Cost: $55

Yearbooks can be purchased in the Main Office or at yearbookforever.com

Questions? Email Mrs. Tobin at jmtobin@gbaps.org



SENIOR DEADLINES

Senior photos* are due on March 1.
They need to be emailed to Jenna Tobin at jmtobin@gbaps.org
*Please make sure the photo is a head shot and school appropriate.

Senior tributes are due April 1.
They can be submitted electronically on yearbookforever.com
Cost: 1/4 page is $50, 1/8 page is $30

Green Bay Area Public School District
Engagement. Equity. Excellence.

March 1st, 2024

Hello 11th grade parents/guardians,

With Senior year right around the corner, it's time to start planning for life after high school. Sign up TODAY for your child's Junior Planning Meeting. Every Junior and their parents/guardians are invited to meet with their school counselor to discuss:

- Student's high school credits and graduation requirements
- Plans for after high school graduation(college/university/military/employment)
- Financial aid
- Scholarships

Call Student Services at **920-448-2092** to make an appointment. Conferences are being scheduled from **March 1st-April 30th**(7:30am-3:00pm) for 30-45 minutes.

We look forward to meeting with you!

East High School Counselors

Counselors(by student last name):

Heather Seaborn A-G

Oriana Hunter H-O

Stacy Seaquist P-Z

Fabiola Rizo 10/11/12th grade Spanish speaking families





MILITARY CHECKLIST:

Meet with a recruiter

- Recruiters come to East and will meet with interested students in the Career Center. See Mrs. Kong for more information.

Sign up for the Armed Services Vocational Aptitude Battery (ASVAB) test

- Offered in Fall and Spring at East for FREE
- Other times by appointment with recruiter
- ASVAB information and test prep: **https://www.testprepreview.com/?s=ASVAB**

General Military Information:
https://myfuture.com/military

Scholarship Information

It's time to apply for scholarships! The GBAPS Scholarship Guide offers all GBAPS students the opportunity to quickly browse local and national scholarships. The scholarships are organized by due date and are updated often.

GBAPS Scholarship Guide

The East High Scholarship application opens March 4, 2024 and closes March 15, 2024 at 3:00pm. These scholarships are for East High students only. The link will be provided to students via email as the date gets closer.



2023-24 SAT TEST

Register online at
https://satsuite.collegeboard.org/sat/registration

2023-24 ACT TEST

Register online at
https://www.act.org/content/act/en/products-and-services/the-act/registration.html

Caring Closet/Eats for East Pantry 6



Our Story...

Imagine coming to school after being evicted out of your house the night before, and be in the same clothes you just wore the day before. For some students this is a reality. This is where the Caring Closet and Eats for East comes in. The Caring Closet and Eats for East give students a sense of stability, safety, and confidence when their basic needs are met. For students in need, clothes and food aren't just about meeting our students basic needs. It's also about maintaining the dignity of all of our students. Caring Closet and Eats for East provides quality clothing, personal supplies, cleaning supplies, school supplies, and healthy meals and snacks to students during non-school hours. To continue to do what do we need your help!! We are in need of the following:

New:

Men's boxers
Men's & women's socks
Shampoo & conditioner
Body wash
Facial cleanser
Deodorant
Toothpaste/toothbrushes
Laundry detergent
Dish soap
Floor cleaner
Disinfectant Spray

Gently Used:

Sweatpants - all sizes
Hoodies/sweatshirts - all sizes

Non-perishable, Non-expired items:

White rice
Maseca flour
Pinto beans
Breakfast bars/granola bars
Cereal
Oatmeal
Pancake mix/syrup
Pasta Sauce
Spaghetti-O's & ravioli
Sandwich crackers
Hamburger Helper
Knorr rice dishes
Knorr pasta sides





Spring Sports	Start Date**
Track and Field- Girls and Boys	**March 4**-Coach Arbour (boys) klarbour@gbaps.org Coach Fisher (girls) mlfisher@gbaps.org ***Meeting February 13 at 3:05- Upper Gym**
Softball - East/West Co-op (West hosts)	**March 11**-Coach Kasten ajkasten@gbaps.org ***Meeting February 1 at 6:00pm- West HS**
Baseball - East/West Co-op (East hosts)	**March 18**-Pitchers/catchers report on **March 13**-Coach Nelson ttnelson@gbaps.org
Boys Golf	**March 25**-Coach Vandenlangenberg bjvandenlangenberg@gbaps.org
Girls Soccer	**March 18**-Coach Tyler Perrault tjperrault1@gbaps.org
Boys Tennis	**March 25**-Coach Calo ajcalo@gbaps.org

****Students must register online for athletics. All info is posted on the Athletics tab on the East High website**





ACT- <u>11th grade only</u>
Tuesday, March 12

Grades 9, 10, & 12
Asynchronous Learning at home



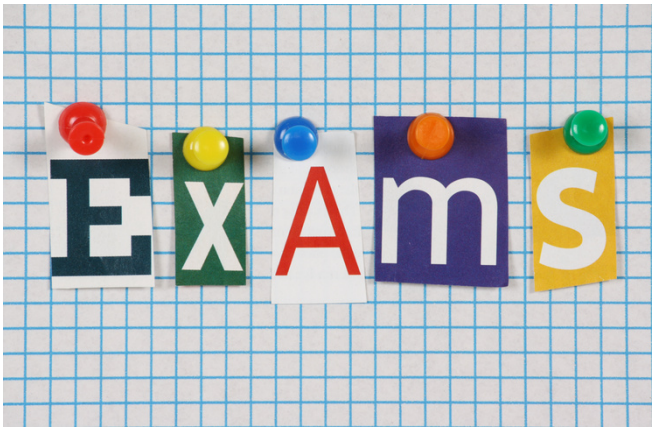
PSAT- <u>9th & 10th grade only</u>
Tuesday, March 19

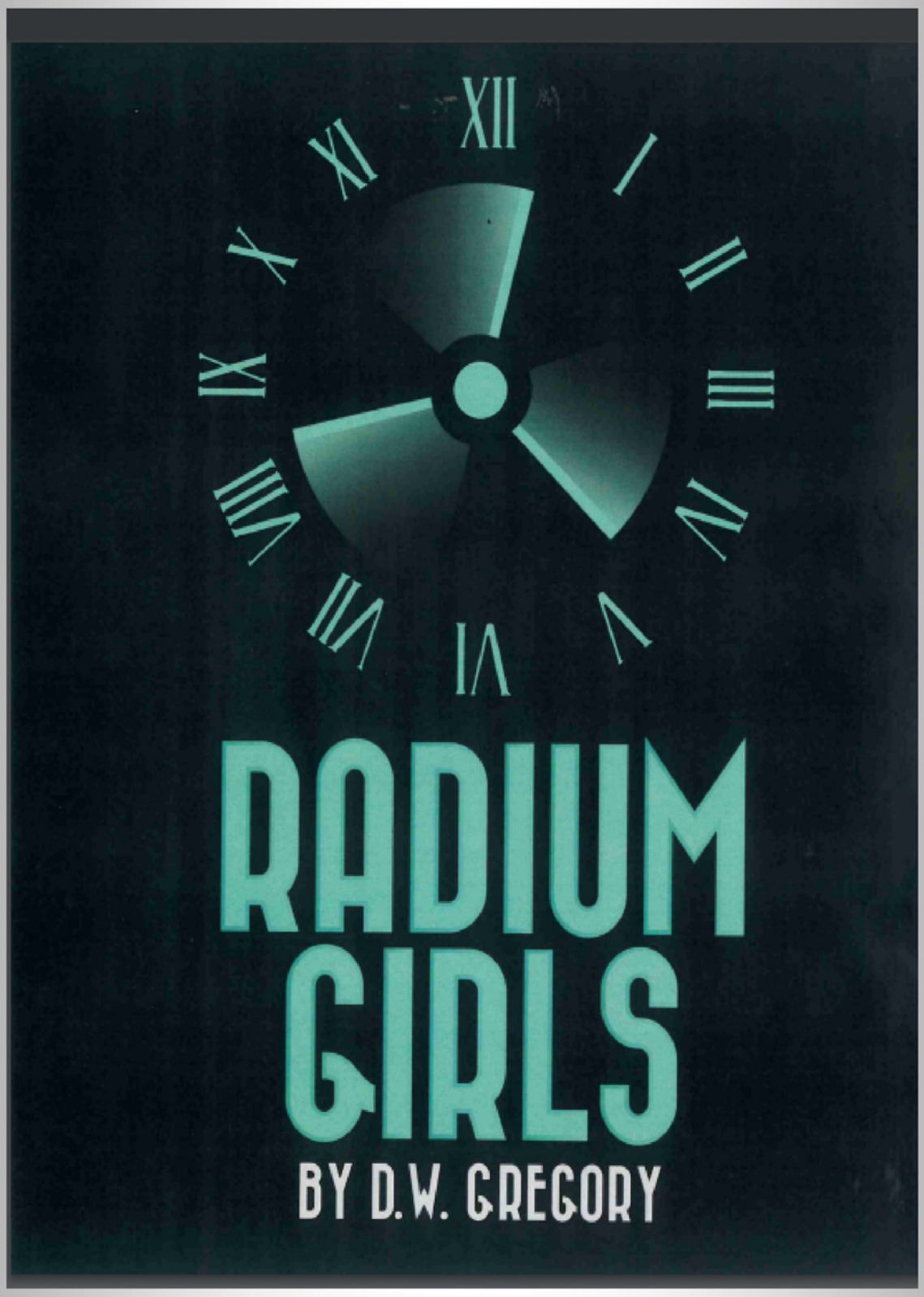
Grades 11 & 12
Asynchronous Learning at home



- ✓ **<u>February 9</u> K-12 Early Release Day (12:50 pm)**
- ✗ **<u>February 23</u> Recess Day (No School)**
- ✗ **<u>March 1</u> Professional Development (No School)**
- ✗ **<u>March 25-29</u> Spring Recess (No School)**

<u>Trimester 2 Testing</u>			
Wednesday, Feb 28		**Thursday, Feb 29**	
Period 1	7:30-9:00	Period 2	7:30-9:00
Period 3	9:15-10:45	Period 4	9:15-10:45
Unit Lunch	10:50-11:30	Unit Lunch	10:50-11:30
Period 5	11:45-1:15	Student Make-Up	11:30-3:00
Student Make-up	1:15-3:00		
Buses will drop off & pick up at regular times.			





See the ghost girls from the past in this unique and moving theatrical!

Friday April 26 and Saturday April 27, 2024

Curtain is at 7:00pm

Tickets are $6.00 /students & $8/adults





Tickets are $10 and will be sold at school.
Guest forms need to be turned in by Feb. 7

Parent Network/Booster Club Meeting Dates:

February 5
March 4
April 1
May 6

All meetings are at 6:30 pm in the East High School cafeteria. You can enter through Door 25- the cafeteria is on your right.



Trees for Tomorrow Camp

Trees for Tomorrow is a four day outdoor environmental education camp for students who are currently taking Biology. Each year, East High School sends 16 students to this camp in Eagle River, Wisconsin. It is a fun, remarkable, and unforgettable educational experience for the students who are selected. It is also an opportunity for students to add an impressive experience to their resume. Activities include orienteering, survival skills, bog ecology, wildlife ecology, a night hike, a day hike through Sylvania Wilderness Area, tree identification, and classroom lessons that develop decision-making skills. This year the girls will be going April 24-27, and the boys will be attending May 1-4. Anyone interested in attending, please see Mr. Brann in Room 214.

On January 12th, the **Green Bay East Academic Decathlon team** had to scramble and improvise our regional competition due the incoming weather. The team was able to compete virtually on the day of the competition and then had to wait. Well, it was worth the wait! **The team took second in the regional and will be on to the state meet for the 11th consecutive year**! Please give a shout out to the following students on their success: Alexia Lindsley, Zola Kambandu Schilz, Lydia Hanold, Amelia Bazett Jones, Ema Schultz, Lily Craw, Greta Gartzke, Latham Griggs, Ethan Zuidmulder, and alternates Eloise Daffner and Julianna Williams.

The following students also won individual awards:

Lydia Hanold- 1st in music

Amelia Bazett Jones- 1st overall in scholastic as well as 1st in music, 2nd in Literature and Speech, and 3rd in Math and Economics.

Ema Schultz- 1st in Essay and 3rd in Math

Lily Craw- 1st in Literature

Greta Gartzke- 1st in Speech and 2nd in Music

Latham Griggs- 3rd in Literature

Ethan Zuidmulder- 1st Overall in Varsity as well as 1st in Economics, 2nd in Math and Essay, and 3rd in Music, Art, and Social Science.



Northeast Wisconsin

Youth Apprenticeship Night *at NWTC*

Learn more about the opportunities with the Youth Apprenticeship Program:

Who Should Attend?

Sophomore and Junior students interested in learning more about the Youth Apprenticeship program.

Parents and guardians are encouraged to attend with their students.

When?

Monday, February 5th

Where?

NWTC Green Bay Campus
Student Center SC130
Enter at Door 9

AGENDA

5:45pm - Check In Begins
6:00pm - NEWYA Presentation
6:30pm - NWTC Presentation
6:45pm - Panel Discussion
7:15pm - Campus Tours

Register Here:

Northeast Wisconsin YOUTH APPRENTICESHIP



Prom

Saturday, April 20

8:00-11:00pm

Grand March @ 9:30pm

No entry after 9:30pm

National Honor Society

National Honor Society invitations for the 2024-2025 school year will be delivered to our students and families during the week of March 18th. The Induction Ceremony will take place on Sunday, April 28, at 2 PM in the East High School auditorium. Criteria used for selection is listed below. If you have any questions, please contact the **National Honor Society** advisors: Mr. William Garay (wrgaray@gbaps.org) and Ms. Karen McGrath (kamcgrath@gbaps.org).

SCHOLARSHIP: Students must have a cumulative GPA of 3.5 or higher at the end of the second trimester to be eligible to apply for **NHS**.

SERVICE: To be considered for membership, 10th grade students must have completed at least 36 service hours. 11th grade students must have 40 hours, and 12th grade students need 48 hours. Any volunteer experience done from the summer before a student's 9th grade year through April 5 (application deadline) can count toward this requirement.

LEADERSHIP: To be considered eligible for membership, 10th grade students will need to have participated in at least five (5) extracurricular activities* throughout their high school career. 11th grade students will need to have participated in seven (7), and 12th grade students will need to have participated in nine (9). Each year of involvement will count as a separate activity. **Extracurricular activities include arts, athletics, clubs, teams, employment, and personal pursuits. Both school and community activities can count toward this requirement.*

CHARACTER: At the time of application, students will choose three teachers to complete character evaluations.





Rhapsody Competitions:

Feb 3 - Destination De Pere: Let's Jam

March 9 - Southwest Packerland Powerhouse Showcase

Rhapsody Revue will be on **March 1 & 2** at 7:00 Ticket information will be released in February.



Missing a sweatshirt, water bottle, backpack, or other belongings? Please check out the Lost and Found cabinet in the Attendance Office. Claim items before Spring Break- it will be cleaned out at that time!



Happy Joe's Parent Network Fundraiser Dates

February 20

April 16

Green Bay East FFA's

Spring Plant Sale



East High Greenhouse

		Saturday, May 4 10 am. - 2 pm.
Thursday, May 9 3 - 6 pm.	Friday, May 10 3 - 6 pm.	Saturday, May 11 10 am. - 2 pm.
Thursday, May 16 3 - 6 pm.	Friday, May 17 3 - 6 pm.	Saturday, May 18 10 am. - 2 pm.

Profit goes back to the students in supporting quality, real-world agricultural experiences at Green Bay East

2024 Music Department Calendar

2/16 - Chamber Orchestra @ Weidner

2/17 - Solo/Ensemble @ Preble (Vocal & Piano)

2/24 - Solo/Ensemble @ Preble (Instrumental)

3/21-25 - New Orleans, LA trip

4/11 - Kaboom FAI Concert

4/16 - WSMA Orchestra Festival @ Southwest

4/23 - GBAPS Honors Band @ West

5/3 - Dance Concert 7:00pm

5/3-4 - State Solo/Ensemble

5/11 - Center Stage Showcase @ PAC Appleton

5/15 - Choir Spring Concert

5/22 - Band Spring Concert

5/23 - Orchestra Spring Concert



Music/Drama Parent Meeting Schedule

February 19

March 18

April 15

May 20

Meetings start at 6:30pm. Enter through Door 8 in Baird parking lot by City Stadium



Notes from the School Nurses

Immunizations

Did you know immunizations are a school requirement? Required immunizations may be waived for health, religious, or personal conviction reasons. A waiver must be signed and on file in the school office if you choose not to have your child immunized.

Immunization Requirements

K-5th Grade	7th-12th Grade
5 doses of DtaP	5 doses of DtaP
4 doses of Polio (IPV)	4 doses of Polio (IPV)
3 doses of Hep B	3 doses of Hep B
2 doses of Varicella	2 doses of Varicella
2 doses of MMR	2 doses of MMR
	1 Dose of Tdap

The following diseases are prevented by these required immunizations:

Disease	Immunization	Potential Complications of the Disease
Chicken pox	Varicella	Infected blisters, bleeding disorders, encephalitis (brain swelling), pneumonia (infection in the lungs)
Diphtheria	Dtap	Swelling of the heart muscle, heart failure, coma, paralysis
Hepatitis B	Hep B	Chronic (long lasting) liver infection, joint pain kidney, pancreatic and blood disorders
Measles, mumps and rubella	MMR	Encephalitis (brain swelling), pneumonia (lung infection), meningitis, deafness
Pertussis (whooping cough)	Dtap	Pneumonia (lung infection)
Polio	IPV	Paralysis
Tetanus	Dtap	Broken bones, breathing difficulty

A flu shot is highly **recommended** in the fall to reduce the chance of your child getting the seasonal respiratory flu and spreading it to others.

A Meningococcal immunization is also highly **recommended** to protect against meningitis (brain infection).

Where to go to get immunizations:

- **If you have insurance through your work**: make an appointment with your doctor
- **If you have badger care** (also called forward health, state insurance):make an appointment with your doctor or make an appointment at the Brown County Health Department or NEW community clinic.
- **If you have no insurance**: make an appointment with the Brown County Health Department.
- The Brown County Health Department offers free immunizations to children ages 0-18 who have Badger Care or who do not have insurance. **MUST MAKE AN APPOINTMENT**
- **Health department phone number**: 920-448-6400 and select #3 for English and #1 for Spanish



GREEN BAY STRIKERS SOCCER
2024 REGISTRATION INFORMATION
EAST GREEN BAY SOCCER PLAYERS, COACHES AND REFEREES

ON-LINE REGISTRATION OPENS:
JANUARY 1, 2024

REGISTRATION FEES EARLY BIRD DISCOUNT!
JANUARY 1-FEBRUARY 29, 2024

Ages 4 ½ - 5 years (U6)	$40.00
Ages 6-7 years (U8)	$50.00
Ages 8-11 (U10, U12)	$60.00
Ages 12-18 (U15, U19)	$70.00

*REGISTER AS A COACH BEFORE MARCH 1ST TO RECEIVE A $20 REFUND!

FEE INCREASE STARTING MARCH 1, 2024

Ages 4 ½ - 5 years (U6)	$60.00
Ages 6-7 years (U8)	$70.00
Ages 8-11 (U10, U12)	$80.00
Ages 12-18 (U15, U19)	$90.00

- **To register, login at:** www.gbstrikers.org. New families will need to create a username and password.
- A non-refundable $3.00 processing fee will be added per transaction. Register all your players in a single transaction to avoid multiple processing fees.
- **Registration fees are NON-REFUNDABLE.**
- Check or credit card payment will be accepted. Cash will only be accepted at walk-in registration.
- Make checks payable to "Green Bay Strikers". All NSF (not sufficient funds) charges will be collected.
- If paying by credit card, the charge on your credit statement will be from "Stack Pay".
- **Player's age is determined as of July 31, 2024.**
- 4 ½ year old's must be born on or before Jan 31, 2020. If a parent is willing to coach, will accept 4-year old's born on or before April 30, 2020. **NEW PLAYERS must provide a copy of a BIRTH CERTIFICATE, PASSPORT, BAPTISMAL CERTIFICATE OR IMMUNIZATION RECORD for age verification.**
- The Green Bay Strikers will not deny registration due to inability to pay. Email info@gbstrikers.org for more information.

WALK-IN ON-LINE REGISTRATION

*Assistance will be provided to complete registration through the on-line registration system.

Gandrud Chevrolet 919 Auto Plaza Drive
Thursday, February 8, 2024 5:30pm - 7:00pm**
Saturday, February 10, 2024 10:00am - 12:00pm

ABOUT THE GREEN BAY STRIKERS

The Green Bay Strikers are the recreational youth Soccer Club for the East side of Green Bay, except Allouez. We provide the opportunity for boys and girls ages 4 ½ to 18 to play soccer for fun. The Green Bay Strikers are affiliated with the Soccer Association for Youth (SAY), a national non-profit organization aiding the growth of recreational soccer. SAY was formed to provide an organization within which children could learn and enjoy playing soccer, the world's most popular sport. Everyone is guaranteed playing time regardless of skill or experience. All teams are created by random draw.

EQUIPMENT

Jersey – Team jerseys will be provided by the Green Bay Strikers and must be worn at all games.
Shin guards - All players are required to wear shin guards.
Socks - Shin guards must be completely covered by knee-high socks.
Shorts - Athletic shorts are recommended. Any color is acceptable. Shorts cannot have zippers, belt loops or pockets.
Shoes - Soccer cleats (no toe stud) are recommended but not required. All types of running shoes are allowed.
Balls – Practice and game balls will be provided by the Green Bay Strikers. Sizes for each age group are listed on the back if you want to purchase a ball for your player.
Jewelry - All jewelry, including tongue studs, must be removed before the game starts. This is important to consider when getting any new piercings. Even if the piercing is still healing, your child will be required to remove the jewelry or he/she will not be able to play.

COACHING

Coaching your child is fun and rewarding! Our program depends on volunteers to be successful. Coaching gives you the opportunity to teach skills, teamwork and sportsmanship. **REGISTER AS A COACH BEFORE MARCH 1ST TO RECEIVE A $20 REFUND!**

All Coaches are required by SAY to complete Concussion and SafeSport online training courses. There are no fees for these courses. First-year Coaches are required to attend in-person training, provided by the Green Bay Strikers. All Coaches are welcome and encouraged to attend.

When is the season?
Games start at the end of May and finish at the end of July. Teams play 12 regular season games. U8-U19 teams participate in end-of-season tournaments. U15-U19 teams participate based on their team's ranking at the end of the regular season.

What nights do the teams play?
U6 and U08 Boys - There will be two scheduling options when registering before March 1. You will choose a Monday/Wednesday or Tuesday/Thursday schedule. After March 1, your player will be placed on a schedule as needed to balance out team rosters.
U8 Girls–Games will be held on Mondays & Wednesdays.
U10 – Games will be held on Mondays and Wednesdays.
U12 – Games will be held on Tuesdays and Thursdays
U15-U19 – Games are scheduled by Bay Lakes, Mondays through Thursdays.
Watch your email and the Strikers website for schedule release announcements.

When are the practices?
Practices are set up by the coaches, usually 1-2 times a week before the season starts. Practices are held Monday thru Thursday only. No weekend practices. The coach may hold a practice if only one game is scheduled during a week.

Are the teams coed?
U6 teams are Coed. U8-U19 teams are split into individual male and female teams.

Are there discounts for families with multiple players?
Each family pays for the 3 oldest players. The rest are free.

When will we hear from the coach?
Rosters, schedules and equipment will be given to coaches at the end of April and they will contact Players' families. Please watch your email and the Green Bay Strikers website for updates.

Can my child be on a friend's team?
We cannot assign players to the same team unless they are siblings or the coach's children. Each year we get requests to assign friends to a team so their families can carpool. Our teams are selected based on the player's age and previous year's ability rating. This makes the teams evenly divided, adding to the enjoyment of the game for all.

Can my son/daughter play in a different age group?
They can play in the next older age group as long as they are only one year younger than that age group. They cannot play in a younger age group.

What size soccer ball will my player need?
The Strikers will provide soccer balls for practices and games. If you want to purchase a ball for your child, these are the sizes for each age group:
U6 – Size #3 U10 – Size #4 U15 – Size #5
U8 – Size #3 U12 – Size #4 U19 – Size #5

Do you have to have a birth certificate for registration?
Baptismal certificate, passport or immunization records are also acceptable for age verification. This is only for first time registrants to ensure that they are assigned to the correct age group.

REFEREES
The Green Bay Strikers will accept anyone 13 and older for Referee training. **Green Bay Strikers Referee training is mandatory.** New Referees will need to purchase a $45 uniform and equipment kit. The kit will include a short sleeve shirt, shorts, socks, whistle/lanyard and data wallet. Payment will be required when receiving your uniform at training. **The cost of the kit will be refunded after completion of training and a minimum of 12 games worked.** Pay rates are $15-20 per game, depending on division of game.. Online registration will open January 1 at ww.gbstrikers.org.

PARKING/PETS
- Please be aware of NO PARKING ZONES.
- City ordinances state that NO DOGS are allowed in the parks where we play.
- VIOLATIONS CAN RESULT IN CITATIONS.

CONTACT INFORMATION

Website: **www.gbstrikers.org**
Email: **info@gbstrikers.org**
Postal Mail: **Green Bay Strikers**
PO Box 9001
Green Bay, WI 54308-9001
920-412-7557

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