

Burn Awareness



Did you know?

- National Burn Awareness Week is February 4th-10th, 2024 (the first full week of February every year). This is designated to provide an opportunity for burn, fire and life safety awareness and prevention in communities.
- Sparky the Fire Dog is the National Fire Protection Association (NFPA) official mascot since 1951.
- The NFPA, established in 1896, is devoted to eliminating death, injury, property and economic loss due to fire, electrical and related hazards.
- Every 60 seconds someone in the U.S. sustains a burn injury serious enough to require treatment.

Tips for Burn Awareness:

- Place objects so they cannot be pulled down or knocked over.
- Use dry oven mitts or potholders. Hot cookware can heat moisture in a potholder or hot pad which results in a scald burn.
- Have a “kid-free zone” of at least 3 feet around a stove/oven.

Workplace Burn Prevention:

- The three most common types of burns within workplaces are heat, chemical and electrical.
- Reduce exposure or contact with steam, flames, hot surfaces or hot liquids with a temperature above 115 degrees.
- Wear flame resistant clothing
- Avoid reaching over or through hot surfaces, pipes or chemicals.
- Store chemicals correctly and according to directions. Read labels and safety data sheets for any chemical you are working with.
- When performing any electrical work follow proper procedures and wear the appropriate clothing as PPE.

What to Do for Burns and Scalds

- Treat a burn right away by putting it in cold water. Cool the burn for three to five minutes.
- Cover the burn with a clean, dry cloth. Do not apply creams, ointments, sprays or other home remedies.
- Remove all clothing, diapers, jewelry and metal from the burned area. These can hide underlying burns and retain heat which can increase the skin damage.
- Don't break any blisters that occur.
- Call 911 or seek immediate care for major burns which are deep, cause the skin to be dry and leathery, are larger than 3 inches in diameter, or begin swelling very quickly.