

Life Threatening Allergy **Quick Reference Guide for Food at School**

To help provide clarification about the food guidelines related to the Life Threatening Allergy procedure for our District, a quick reference guide follows. We are also including some of the most frequently asked questions we have heard thus far along with their answers. Your understanding and assistance will help us keep all children safe while they are at school.

<p>#1 <u>Lunch/Lunch Room</u></p> <ul style="list-style-type: none"> • Children are permitted to bring personal lunches of their choosing. • Children should not trade or exchange food items. • Allergen-safe tables/areas will be designated. 	<p>#2 <u>Daily Classroom Snacks</u></p> <ul style="list-style-type: none"> • Children are permitted to bring fruits, vegetables, cheese, and/or yogurt. • Children should not trade or exchange food items.
<p>#3 <u>Special Classroom Celebrations</u></p> <ul style="list-style-type: none"> • We understand students enjoy celebrating their birthday with their friends. We request the treats be non-edible in nature in order to include and respect those students with food allergies. • At times throughout the school year, teachers or school-sponsored groups may provide treats for children. For these situations, our nursing staff will send out permission slips to participating students with known dietary needs. 	<p>#4 <u>Curriculum Related Food/ All School & Grade Level Events</u></p> <ul style="list-style-type: none"> • Allergen-safe foods will be substituted whenever possible. • Parents of a student with an allergy will be informed of activities in advance and must return permission slips to participate. • Ingredient lists must be provided. • Precautions/procedures must be followed for students with life-threatening allergies. • Administrative approval; consultation with school nurse required.
<p>#5 <u>PTO/Music Boosters/LFF Sponsored Events</u></p> <ul style="list-style-type: none"> • Includes only events which are outside school hours and parents and or siblings in attendance; events must also be excluded from categories 1 – 4. • Allergen-safe foods will be substituted whenever possible. • Listing of food to be served will be provided in advance of the event. • Ingredient lists will be provided at the event and/or upon request. • Precautions/procedures must be followed for students with life-threatening allergies. • Consultation with school nurse and administration. 	

