

Wisconsin Comprehensive School Counseling Program, Grades K-6

Description The Wisconsin Comprehensive School Counseling Model (WCSCM) builds on the content of the comprehensive school counseling program around nine student content standards. The WCSCM standards are implemented through classroom guidance, groups, and career planning activities. In partnership with staff members, parents and members of the community, K-6 counselors assist students in maximizing their achievement while interacting appropriately in the school, home, and community. School counselors help all students in the areas of academic achievements, personal/social development and career development to ensure students to become productive and well-adjusted individuals.

Credits None

Prerequisites None

Textbooks/Resources Ancillaries

Required Assessments Individual Learning Plan Grade 5, 8, and 10

Board Approved June 2012

Revised

AASD School Counseling Goals for K-12 Students:

- *Provide academic, career and personal/social counseling for all students.*
- *In partnership support students in acquiring skills, knowledge, and attitudes needed to become successful lifelong learners and responsible citizens*

AASD School Counseling Standards for Students in Grades K-6

- I. Academic Domain**
 - A. Students will acquire the attitudes, knowledge, and skills that contribute to successful learning in school and across their life span.
 - B. Students will develop the academic skills and attitudes necessary to make effective transitions from elementary to middle school, from middle school to high school, and from high school to a wide range of postsecondary options.
 - C. Students will understand how their academic experiences prepare them to be successful in the world of work, in their interpersonal relationships, and in the community.

- II. Personal/Social Domain**
 - A. Students will acquire the knowledge, attitudes, and interpersonal skills to understand themselves and appreciate the diverse backgrounds and experiences of others.
 - B. Students will demonstrate effective decision-making, problem-solving, and goal-setting skills.
 - C. Students will understand and use safety and wellness skills.

- III. Career Domain**
 - A. Students will acquire the self-knowledge necessary to make informed career decisions.
 - B. Students will understand the relationship between educational achievement and career development.
 - C. Students will employ career management strategies to achieve future career success and satisfaction.

Essential Learning Objectives/ Content Themes	Performance Indicators	Grade Level Course/Unit/ Lesson	Classroom Resource	Assessment
<p>1. Goal Setting</p>	<p>Performance will be satisfactory when the student:</p> <ul style="list-style-type: none"> a. sets realistic expectations for work and achievement. (A.4.1.2) b. establishes challenging academic goals in elementary, middle school, and high school. (B.4.2.1) 	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons • Matrix (PBIS) 	<ul style="list-style-type: none"> • The Month-to-Month ME by Linda Schwartz • School of Champions 	<ul style="list-style-type: none"> • Conferencing • Worksheets • Discussions • Role Plays
<p>Objectives are linked to these AASD standards: School Counseling: I. Academic A-C; II. Personal/Social B; III. Career A-C Communication Arts: I. Reading/Literature A; II. Writing A,B; III. Speaking/Listening A,B; VI. Research B,C,D Art: II. Envision A, B, C</p>				
<p>2. Self-knowledge</p>	<p>Performance will be satisfactory when the student:</p> <ul style="list-style-type: none"> a. demonstrates competence and confidence as a learner (A.4.1.1) b. demonstrates positive attitudes toward self as a unique and worthy person (D.4.1.1) c. practices self-control (D.4.1.3) d. identifies and compares potential consequences of a decision (E.4.1.1) e. gives examples of positive personal characteristics (e.g. honesty, dependability, responsibility, integrity, and loyalty). (G.4.1.1) 	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons • Matrix (PBIS) 	<ul style="list-style-type: none"> • Cool Tools • School of Champions • Bibliotherapy • Lions Quest • Health Waves • SuperFlex • Activities that Teach • Story Telling Guidance • Safari • Puzzle Pieces • Conscious Discipline • Different and the Same 	<ul style="list-style-type: none"> • Conferencing • Worksheets • Discussions • Role plays • Utilizing skills and techniques • Pair and Share • SWIS Data
<p>Objectives are linked to these AASD standards: School Counseling: II. Personal/Social A-C Science: VIII Social and Personal Perspectives A</p>				

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<p>3. Self-Management</p>	<p>Performance will be satisfactory when the student:</p> <ul style="list-style-type: none"> a. identifies and models personal attitudes and behaviors that lead to successful learning (A.4.1.4) b. compares the relationship between parent(s)' education and career choice, while examining other education and career examples that are similar or different. (C.4.1.2) c. demonstrates socially-acceptable group behavior. (D4.2.5) d. demonstrates when, where, and how to seek help with solving problems and making decisions. (E.4.1.4) e. demonstrates the ability to seek assistance (e.g., with problems at work or school) from appropriate resources, including other people. (G.4.3.2) 	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons • Cool Tools (PBIS) • ATODA 	<ul style="list-style-type: none"> • Lions-Quest • Community Partners • Bibliotherapy • Peer Helpers- TATU & Bully Prevention • Health Waves • Activities that Teach • Story Telling Guidance • Safari • Kelly Bear- Video • Natural High-Video • Different and the Same Video • Safe Side-Internet • Here is Looking at You 2000-Staying Out of Trouble with Your Friends 	<ul style="list-style-type: none"> • Conferencing • Worksheets • Writings/Reflections • Discussions • Role plays • Utilizing skills and techniques • Pair and Share • SWIS Data
<p>Objectives are linked to these AASD standards: School Counseling: I. Academic A-C; II. Personal/Social A-C Communication Arts: I. Reading/Literature A; II. Writing A; III. Speaking/Listening A-D Physical Education: V. Health Enhancing Fitness A-E</p>				

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<p>4. Study Skills</p>	<p>Performance will be satisfactory when the student:</p> <ul style="list-style-type: none"> a. uses communication skills to know when and how to ask for help when needed. (A4.2.1) b. demonstrates how effort and persistence positively affect learning. (A.4.2.2) c. creates an effective plan of action that could result in a successful outcome. (E.4.1.2) 	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons 	<ul style="list-style-type: none"> • School of Champions • Puzzle Pieces • Safari • Biliotherapy • Marco Products-Homework Habits Study Skills Bingo • Classroom Activities- Your Study Habits 	<ul style="list-style-type: none"> • Conferencing • Worksheets • Writings/Reflections • Discussions • Role plays • Utilizing skills and techniques • Pair & Share
<p>Objectives are linked to these AASD standards: School Counseling: I. Academic A-C Art: III. Engage and Persist A-C</p>				
<p>5. Academic Support</p>	<p>Performance will be satisfactory when the student:</p> <ul style="list-style-type: none"> a. demonstrates the ability to work independently and/or to work cooperatively with other students.(A.4.3.2) b. shares knowledge. (A.4.3.3) c. demonstrates positive social skills while interacting with others in a way that is respectful, honest, helpful, and appreciative.(G.4.2.1) 	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons 	<ul style="list-style-type: none"> • School of Champions • Lions Quest • Marco Products – Study Skills • Bibliotherapy 	<ul style="list-style-type: none"> • Conferencing • Worksheets • Discussions • Role-plays • Utilizing Skills and Techniques • Pair and Share
<p>Objectives are linked to these AASD standards: School Counseling: I. Academic A-C; II. Personal/Social A-C Communication Arts: II. Writing A, B; III. Speaking/Listening A-D Physical Education: V. Health Enhancing Fitness A-E</p>				

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<p>6. Communication Skills</p>	<p>Performance will be satisfactory when the student:</p> <ul style="list-style-type: none"> a. seeks information and support from faculty, staff, family, and peers. (A.4.1.1) b. uses communication skills to know when and how to ask for help when needed. (A.4.2.1) c. respects alternative points of view. (D.4.2.3) 	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons • Cool Tools (PBIS) 	<ul style="list-style-type: none"> • Cool Tools • Lions Quest • School of Champions • Coping with Conflict – An Elementary Approach • Activities That Teach • 101 Ways to Teach Children Social Skills • 104 Activities That Build • Bibliotherapy • Safari • De-Bugging System • Friendship Scavenger Hunt 	<ul style="list-style-type: none"> • Using I-Statements • Role-plays • Worksheets • Discussions • Pair and share • Journaling
<p>Objectives are linked to these AASD standards: School Counseling: II. Personal/Social A-C Physical Education: V. Health Enhancing Fitness A, B Communication Arts: I. Reading/Literature B; III. Speaking/Listening B, D Social Studies: V. Behavioral Sciences A-D</p>				

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<p>7. Transition</p>	<p>Performance will be satisfactory when the student: a. uses effective problem-solving and decision-making skills to make safe and healthy choices. (F.4.1.6)</p>	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons 	<ul style="list-style-type: none"> • Safari – Becoming Successful in Middle School • Bibliotherapy • School of Champions • Middle School Counselor/Principal/Staff/Students • How to Succeed in Middle School – Sunburst Video 	<ul style="list-style-type: none"> • Role-plays • Worksheets • Discussions • Pair and share • Journaling • Reflection Questions - 321
<p>Objectives are linked to these AASD standards: School Counseling: I. Academic A-C; II. Personal/Social A-C Art: VI. Reflect A-C Science: VIII. Science in Social and Personal Perspectives A-C Physical Education: III. Learning Skills A, E</p>				

Essential Learning Objectives/ Content Themes	Performance Indicators	Grade Level Course/Unit/ Lesson	Classroom Resource	Assessment
<p>8. Character Education</p>	<p>Performance will be satisfactory when the student:</p> <ul style="list-style-type: none"> a. takes responsibility for actions. (A.4.3.1) b. identifies and express feelings appropriately. (D.4.1.2) c. describes the relationship between rules, laws, safety, and the protection of rights of the individual. (F.4.1.5) d. discusses and explain behaviors and decisions that reflect interests, likes, and dislikes. (G.4.1.2) e. demonstrates the ability to resolve conflicts peacefully and to negotiate acceptable solutions with an adult’s assistance if necessary. (G.4.2.2) f. demonstrates the ability to resolve conflicts and to negotiate acceptable solutions. (I.4.3.2) 	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons • Cool Tools (PBIS) 	<ul style="list-style-type: none"> • Character Muscles – What Do You Stand For • Bibliotherapy • SuperFlex 	<ul style="list-style-type: none"> • Conferencing • SWIS Data • Discussion • Utilizing Skills and Techniques • Self-reflection and self-assessment
<p>Objectives are linked to these AASD standards: School Counseling: II. Personal/Social A-C Communication Arts: II. Writing A; III. Speaking/Listening A-D Physical Education: Health Enhancing Fitness A, B, C, D, E</p>				

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<p>9. Cultural Competence</p>	<p>Performance will be satisfactory when the student:</p> <ul style="list-style-type: none"> a. identifies basic human rights and responsibilities. (D.4.2.2) b. respects individual differences. (D.4.2.4) c. demonstrates appreciation for one’s own cultural background and for the cultural background of others. (I.4.3.1) 	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons • Cool Tools (PBIS) 	<ul style="list-style-type: none"> • Community Members • Bibliotherapy • Different and Safe Video Series • Marco Products – Coat of Amazing Colors • Sticks and Stones • Safari 	<ul style="list-style-type: none"> • Class discussion • Self-reflection • Writing • Group discussion • Journaling
<p>Objectives are linked to these AASD standards: School Counseling: I. Academic A, B, C; II. Personal/Social A-C Art: IV. Express A, B, C; VI. Reflect B, C Social Studies: V. Behavioral Sciences A, B, C, D</p>				

Essential Learning Objectives/ Content Themes	Performance Indicators	Grade Level Course/Unit/ Lesson	Classroom Resource	Assessment
<p>10. Protective Behaviors</p>	<p>Performance will be satisfactory when the student: a. takes responsibility for actions. (A.4.3.1) b. lists the skills related to personal safety and protective behaviors. (F.4.1.3) c. demonstrates the ability to resolve conflicts peacefully and to negotiate acceptable solutions with an adult's assistance if necessary. (G.4.2.2)</p>	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons • Cool Tools (PBIS) • Shaken Baby Syndrome (SBS) -School Counselors 	<ul style="list-style-type: none"> • Shaken Baby Syndrome- Children's Trust Fund • Safe Side Super Chick • Lions Quest • Bibliotherapy • Community Partners • DUSO • Kelly Bear • Safety Tips, Strangers with Pooh • Safari • Water Safety – Disney Timon and Pumba (Safari) 	<ul style="list-style-type: none"> • Think Pair Share • Journaling • Discussion • Review and reflect
<p>Objectives are linked to these AASD standards: School Counseling: II. Personal/Social A-C Art: II. Envision A,C; VI. Reflect A, B, C Physical Education: V. Health Enhancing Fitness A, B, C, D, E</p>				

Essential Learning Objectives/ Content Themes	Performance Indicators	Grade Level Course/Unit/ Lesson	Classroom Resource	Assessment
11. Social Skills	Performance will be satisfactory when the student: a. distinguishes between appropriate and inappropriate behavior.(D.4.2.1) b. identifies and explains the ways peer pressure can influence a decision. (E.4.1.5) c. demonstrates use of personal information (i.e., telephone number, home address, emergency contact). (F.4.1.1) d. practices respect for the rights and privacy of self and others. (F.4.1.2)	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons • Cool Tools (PBIS) 	<ul style="list-style-type: none"> • Bibliotherapy • Lions Quest • School of Champions • 104 Activities That Build • Marco Product – Ways to keep a friend 	<ul style="list-style-type: none"> • Think Pair Share • Journaling • Discussion • Review and reflect
Objectives are linked to these AASD standards: School Counseling: II. Personal/Social A-C Physical Education: V. Health Enhancing Fitness A, B, C, D, E				
12. School Safety	Performance will be satisfactory when the student: a. identifies and models personal attitudes and behaviors which lead to successful learning.(A.4.1.3) b. identifies alternative solutions to a problem or decision. (E.4.1.3)	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons • Cool Tools (PBIS) 	<ul style="list-style-type: none"> • Lions Quest • Bibliotherapy • Safe Side Super Chick • Safari 	<ul style="list-style-type: none"> • Discussion • Pair and Share • Review and reflect
Objectives are linked to these AASD standards: School Counseling: I. Academic A-C; III. Career B Communication Arts: I. Reading/Literature A; II. Writing A, III. Speaking/Listening B, C Art: II. Envision A, B, C				

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<p>13. Career Awareness</p>	<p>Performance will be satisfactory when the student:</p> <ul style="list-style-type: none"> a. seeks information and support from faculty, staff, family, and peers. (B.4.1.1) b. understands the relationship between learning and work. (C.4.1.1) c. compares the relationship between parent(s)' education and career choice, while examining other education and career examples that are similar or different. (C.4.1.2) d. identifies personal strengths and assets. (D.4.1.4) e. identifies and uses resource people in the school and community. (F.4.1.4) f. learns to work together in a classroom setting. (H.4.1.1) g. acquires age-appropriate employability skills, such as, organizing and problem-solving. (H.4.1.2) 	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons • 5th Grade IPC 	<ul style="list-style-type: none"> • Marco Products – Career Bingo/Busy Town/Career Inventories/Picture Me This • Community Partners • WISCareers • Safari • Bibliotherapy • Counselor's Pages • You're Smarter Than You Think • Puzzle Pieces 	<ul style="list-style-type: none"> • Worksheets • Discussions • Conferencing • Parent-Child Survey and activities • Learner Resume
<p>Objectives are linked to these AASD standards: School Counseling: III. Career A-C Communicative Arts: VI. Research B, C, D Science: VII. Science in Social and Personal Perspectives A Art: I. Stretch and Explore A Physical Education: V. Health Enhancing Fitness A, B, C, D, E Social Studies: V. Behavioral Sciences A, B, C, D</p>				

Essential Learning Objectives/ Content Themes	Performance Indicators	Grade Level Course/Unit/ Lesson	Classroom Resource	Assessment
<p>14. Career Exploration</p>	<p>Performance will be satisfactory when the student: a. identifies potential consequences of a decision. (E.4.1.1)</p>	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons 	<ul style="list-style-type: none"> • Marco Products – Career Bingo/Busy Town/Career Inventories/Picture Me This • Community Partners • WISCareers • Safari • Bibliotherapy • Counselor’s Pages • You’re Smarter Than You Think • Puzzle Pieces 	<ul style="list-style-type: none"> • Worksheets • Discussions • Conferencing • Parent-Child Survey and activities • Learner Resume
<p>Objectives are linked to these AASD standards: School Counseling: II. Personal/Social A-C; III. Career A, B Communication Arts: I. Reading/Literature A; II. Writing B; III. Speaking/Listening B Science: VII. Science Applications A Social Studies: II. History A; IV. Economics A</p>				

Essential Learning Objectives/ Content Themes	Performance Indicators	Grade Level Course/Unit/ Lesson	Classroom Resource	Assessment
<p>15. Career Preparation and Planning</p>	<p>Performance will be satisfactory when the student: No benchmarks</p>	<ul style="list-style-type: none"> • 5th Grade IPC 	<ul style="list-style-type: none"> • Marco Products – Career Bingo/Busy Town/Career Inventories/Picture Me This • Community Partners • WISCareers • Safari • Bibliotherapy • Counselor’s Pages • You’re Smarter Than You Think • Puzzle Pieces 	<ul style="list-style-type: none"> • Worksheets • Discussions • Conferencing • Parent-Child Survey and activities • Learner Resume
<p>Objectives are linked to these AASD standards: School Counseling: III. Career G, H, I Communication Arts: I Reading/Literature A, B; II. Writing A, C, D; III. Speaking/Listening A, B, C, D; V. Media/Technology A, B, C: VI. Research A, B, C, D</p>				

Essential Learning Objectives/ Content Themes	Performance Indicators	Grade Level Course/Unit/ Lesson	Classroom Resource	Assessment
<p>16. Career Management and Life Long Learning</p>	<p>Performance will be satisfactory when the student: a. explains how good nutrition, adequate rest, and physical activity affect energy levels and productivity in school and at work. (G.4.3.1)</p>	<ul style="list-style-type: none"> • K-6 teachers • Classroom Guidance Lessons • 5th Grade IPC 	<ul style="list-style-type: none"> • Marco Products – Career Bingo/Busy Town/Career Inventories/Picture Me This • Community Partners • WISCareers • Safari • Bibliotherapy • Counselor’s Pages • You’re Smarter Than You Think • Puzzle Pieces 	<ul style="list-style-type: none"> • Worksheets • Discussions • Conferencing • Parent-Child Survey and activities • Learner Resume
<p>Objectives are linked to these AASD standards: School Counseling: III. Career A-C Physical Education: III. Learning Skills A; IV. Understanding Physical Activity and Well Being B, C, E</p>				

Resources and learning activities that address course objectives: