

Nobel Algarve British International School

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# The

# Outdoor Education and Adventure Activities

The Journey offers students a transformative path, fostering skills, abilities, and global outlooks. Outdoor Education and Adventure Activities spark personal discovery and growth. Facing challenges builds resilience and teamwork, nurturing competencies for life. This Journey fuels a sense of exploration, enriching students' perspectives and preparing them for a dynamic world ahead.



### **The Journey**

"The Journey" is our comprehensive outdoor learning program, spanning nursery to Year 13, developed by the Globeducate Education Department. Anchored by four pillars—Identity, Adventure, Nature, and Community—it's integrated across the curriculum. This unique experience builds character, knowledge, skills, competencies, and global perspectives, offering all students a transformative opportunity to connect with nature and develop holistically.

The school Journey begins in preschool and primary with forest school lessons, fostering nature connection and environmental understanding. Students learn decision-making amidst natural surroundings. As they progress, camps in picturesque settings introduce activities like archery, bush craft, whittling, nature walks, and bug hunts, alongside team-building exercises. Over the years, they shoulder greater responsibilities, gaining independence and resilience particularly in the camps in year 7 and 8 when we prepare them for the next stage of challenge. This progressive experience cultivates a widerange of development, shaping confident and adaptable learners attuned to their environment.





## The Duke of Edinburgh International Award

The Duke of Edinburgh International Award, available from Year 9 onwards, is a prestigious achievement culminating in Bronze, Silver, and Gold Awards through successive school years. This internationally recognized qualification, highly regarded by employers and universities, enhances students' skills and experiences. Participants engage inphysical recreation, skills development, and volunteering services. They alsoembark on expeditions in mountainous environments, fostering teamwork, resilience, and outdoor proficiency. The program not only cultivates personal growth and achievement but also prepares students for future challenges, offering valuable experiences and qualifications for life beyond academia.





### Journey as a Celebration

The school's Journey includes significant adventures marking pivotal stages. At the end of Year 6, pupils celebrate with an adventure activity trip, camping out and enjoying coasteering, paintballing, and kayaking, preparing for secondary school. In Year 10, they embark on a sixday "Journey of Discovery" ahead of GCSEs. Here, they reflect on their past, assess teamwork and communication skills, and envision their future adult selves. Families contribute by writing letters expressing dreams and aspirations, enhancing this powerful rite of passage, fostering cohort cohesion and teamwork. These adventures cultivate personal growth and collective unity among students.

Year 11 students culminate their exam Journey with an exhilarating adventure in northern Portugal. They embark on epic gorge walks, conquer Europe's largest zipline, and engage in thrilling activities like paintballing. This experience allows them to celebrate their hard work and dedication during GCSEs in a memorable outdoor setting. The adventure not only rewards their achievements but also creates lifelong memories, marking a triumphant conclusion to their school years. It's a fitting finale that underscores the value of perseverance and the joy of shared experiences in shaping their educational journey.





#### Why choose Nobel Algarve British International School?

The British education system is renowned throughout the world, not only for its academic excellence but for always being in the forefront of educational research and methodology.

In the British education system, outdoor learning is integral to the curriculum, enhancing education and fostering holistic development. It allows direct nature connection, sensory experiences, and promotes lasting learning. Outdoor activities encourage an active, healthy lifestyle, develop social-emotional skills, stimulate creativity, and improve concentration. This approach offers multifaceted benefits, enriching students academically, personally, and socially, making education more engaging and effective.

Our wide outdoor education programme equips our students with the tools they need to successfully meet the challenges they will face at school and beyond.







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## Shaping the world



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