

PROJECT ALERT

**A DRUG PREVENTION PROGRAM
FOR MIDDLE GRADES**

GROUND RULES

- **RESPECT**
 - **SUPPORT EACH OTHER**
 - **LISTEN CAREFULLY WHEN SOMEONE IS TALKING**
- **TRY TO PARTICIPATE**
- **CONFIDENTIALITY**

SOCIAL PRESSURES TO USE DRUGS

- **LINDSEY'S CHOICE - PROBLEM**



- **CAST OF CHARACTERS:**

- *LINDSEY – GIRL WITH A DECISION TO MAKE*
- *LINDSEY'S MOM*
- *DIANE – LINDSEY'S FRIEND*
- *ERIC*
- *MIKE – ERIC'S FRIEND*

WAYS TO SAY NO TO DRUGS

- LINDSEY'S CHOICE - SOLUTION

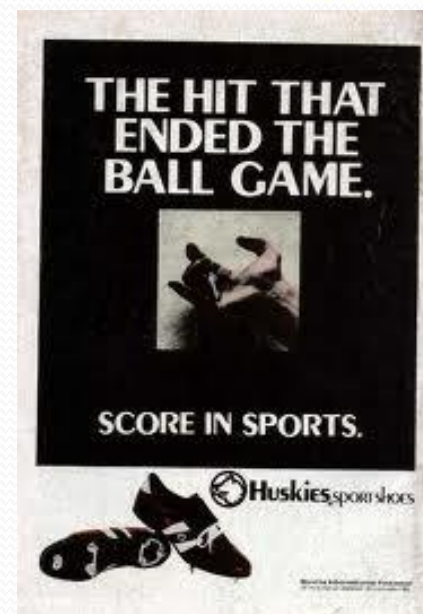
- POSSIBLE SOLUTIONS:

- *SIMPLY SAY NO*
- *GIVE A REASON*
- *GIVE AN ALTERNATIVE*
- *STAND UP TO PRESSURE*
- *LEAVE THE SCENE*
- *AVOID THE SCENE*



WAYS TO SAY NO TO DRUGS

- SIMPLY SAY NO
- GIVE A REASON
 - “I DON’T LIKE THE TASTE.”
 - “I DON’T WANT TO RUIN MY LUNGS.”
 - “I DON’T FEEL LIKE IT.”
 - “I DON’T DO DRUGS.”
 - “WE MIGHT GET CAUGHT.”
 - “I’M ON THE TRACK TEAM.”



WAYS TO SAY NO TO DRUGS

- GIVE AN ALTERNATIVE

- *“NO, BUT I’D REALLY LIKE A PEPSI.”*
- *“NO, BUT LET’S GO TO THE MALL & HANG OUT.”*



- STAND UP TO PRESSURE

- *“I ALREADY SAID NO.”*
- *“I JUST DON’T FEEL LIKE IT.”*
- *“I REALLY MEANT IT WHEN I SAID NO.”*



WAYS TO SAY NO TO DRUGS

- LEAVE THE SCENE

- “NO, I’VE GOT TO NOW.”



- AVOID THE SCENE

- RESISTANCE CAN MAKE YOU FEEL GOOD - STRONGER
- PEOPLE THAT REJECT YOU FOR NOT USING DRUGS ARE NOT VERY GOOD FRIENDS